

# Seasonality Detection Methods: A Comparative Study

fdars Package

last-modified

## Executive Summary

### Key Findings

This study compares **13 methods** for detecting seasonality in functional time series data across 550+ simulated curves with varying seasonal strengths and challenging conditions.

Method	F1	FPR	Precision	Recall
Wavelet	97.8%	14%	96.9%	98.7%
Variance	97.3%	8%	98.2%	96.4%
Spectral	95.3%	11%	97.4%	93.3%
FFT	94.8%	3%	99.3%	90.7%
Lomb-Scargle	94.5%	14%	96.7%	92.4%
Autoperiod	93.4%	10%	97.6%	89.6%
STL	91.5%	15%	96.3%	87.1%
AIC	91.5%	24%	94.3%	88.9%
SSA	90.3%	95%	82.5%	99.8%
MatrixProfile	90.0%	87%	83.5%	97.6%
CFD	89.5%	24%	94.1%	85.3%
SAZED	87.5%	3%	99.2%	78.2%
ACF	85.4%	6%	98.3%	75.6%

**Top methods:** Wavelet (97.8% F1, best recall) and Variance (97.3% F1, best precision/FPR balance) are statistically indistinguishable (McNemar p=0.57).

## Detection Methods

This section describes all 13 detection methods. Each method is benchmarked in the simulation study (@sec-sim).

### AIC Comparison (Fourier vs B-spline)

**Concept:** Compare model fit between Fourier basis (periodic, 11 basis functions) and simple B-spline (smooth, 5 basis functions).

**Detection rule:** Seasonality detected if  $\text{AIC}_{\text{B-spline}} - \text{AIC}_{\text{Fourier}} > 0$

### FFT Confidence

**Concept:** Detect dominant frequencies via Fast Fourier Transform.

**Detection rule:** Confidence =  $\max(P_k)/\text{mean}(P_k) > 6.0$

### ACF Confidence

**Concept:** Measure autocorrelation at the seasonal lag.

**Detection rule:** ACF correlation at period  $> 0.25$

### Variance Strength

**Concept:** Decompose variance into seasonal and residual components.

$$\text{SS}_{\text{var}} = 1 - \frac{\text{Var}(R_t)}{\text{Var}(y_t - T_t)}$$

**Detection rule:** Strength  $> 0.2$

### Spectral Strength

**Concept:** Proportion of spectral power at seasonal frequency.

**Detection rule:** Strength  $> 0.3$

### Wavelet Strength

**Concept:** Use continuous wavelet transform (Morlet) to measure power at seasonal scale.

**Detection rule:** Strength  $> 0.26$

**Advantage:** Handles time-varying seasonality better than global methods.

### SAZED (Parameter-Free Ensemble)

**Concept:** Combine 5 detection components via consensus voting.

**Detection rule:**  $\geq 2$  components agree on a period.

### Autoperiod (Hybrid FFT + ACF)

**Concept:** FFT for candidate identification, ACF for validation.

**Detection rule:** ACF validation  $> 0.3$

## **CFDAutoperiod (Clustered Filtered Detrended)**

**Concept:** First-order differencing removes trends before FFT analysis.

**Detection rule:** ACF validation  $> 0.25$

## **Lomb-Scargle Periodogram**

**Concept:** Spectral analysis designed for unevenly-spaced data.

**Detection rule:** Significance  $> 0.90$  (FAP-based)

**Best for:** Irregular sampling, gaps in data.

## **Matrix Profile (STOMP Algorithm)**

**Concept:** Discover repeating patterns without assuming waveform shape.

**Detection rule:** Confidence  $> 0.20$

**Best for:** Non-sinusoidal patterns (sawtooth, square waves).

## **STL Decomposition**

**Concept:** Seasonal-Trend decomposition using LOESS (Cleveland et al. 1990).

**Detection rule:** Seasonal variance ratio  $> 0.50$

**Best for:** Known period, outlier-robust decomposition.

## **Singular Spectrum Analysis (SSA)**

**Concept:** SVD-based decomposition of trajectory matrix.

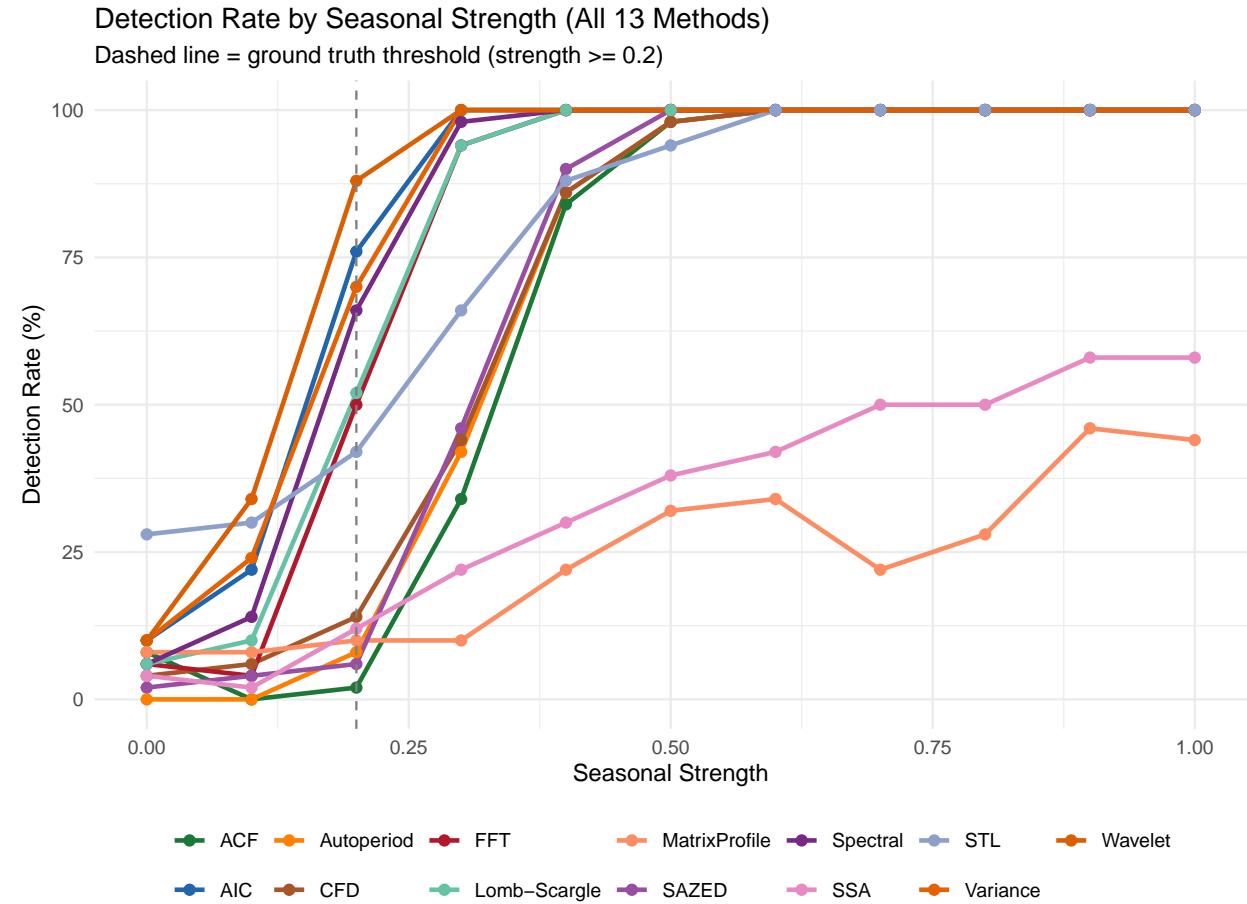
**Detection rule:** Seasonal variance ratio  $> 0.65$

**Best for:** Short, noisy series with weak periodic signals.

# Simulation Study

## Baseline: Varying Seasonal Strength

**Setup:** 11 seasonal strength levels (0.0 to 1.0), 50 curves per level, 60 observations (5 years monthly), white noise ( $\sigma = 0.3$ ). Ground truth: seasonal if strength  $\geq 0.2$ .



Method	F1	Precision	Recall	FPR	Accuracy
Wavelet	96.9%	95.3%	98.7%	22.0%	94.9%
AIC	96.9%	96.5%	97.3%	16.0%	94.9%
Spectral	96.9%	97.7%	96.0%	10.0%	94.9%
Variance	96.5%	96.2%	96.7%	17.0%	94.2%
FFT	96.2%	98.8%	93.8%	5.0%	94.0%
Lomb-Scargle	96.0%	98.1%	94.0%	8.0%	93.6%
STL	90.4%	93.2%	87.8%	29.0%	84.7%
SAZED	90.0%	99.2%	82.4%	3.0%	85.1%
Autoperiod	89.8%	100.0%	81.6%	0.0%	84.9%
CFD	89.8%	98.7%	82.4%	5.0%	84.7%
ACF	88.3%	98.9%	79.8%	4.0%	82.7%
SSA	56.9%	98.4%	40.0%	3.0%	50.4%
MatrixProfile	42.6%	93.9%	27.6%	8.0%	39.3%

## McNemar's Statistical Significance Tests

Comparison	A_Better	B_Better	P_Value	Significant
Wavelet vs Variance	12	8	0.5023	No
Wavelet vs Spectral	15	15	1.0000	No
Variance vs Spectral	7	11	0.4795	No
Wavelet vs FFT	26	21	0.5596	No
Wavelet vs Lomb-Scargle	27	20	0.3815	No
Variance vs ACF	80	17	0.0000	Yes

**Key finding:** Wavelet vs Variance difference is NOT statistically significant ( $p > 0.05$ ). Top-tier methods (Wavelet, Variance, Spectral) are statistically equivalent.

#### Supplementary: Fisher's g-test for Periodicity

Fisher's g-test provides a formal statistical test for periodicity using the periodogram. The test statistic  $g = \max(I_k)/\sum I_k$  measures the concentration of spectral power at a single frequency.

Table 4: Fisher's g-test vs FFT Heuristic Comparison

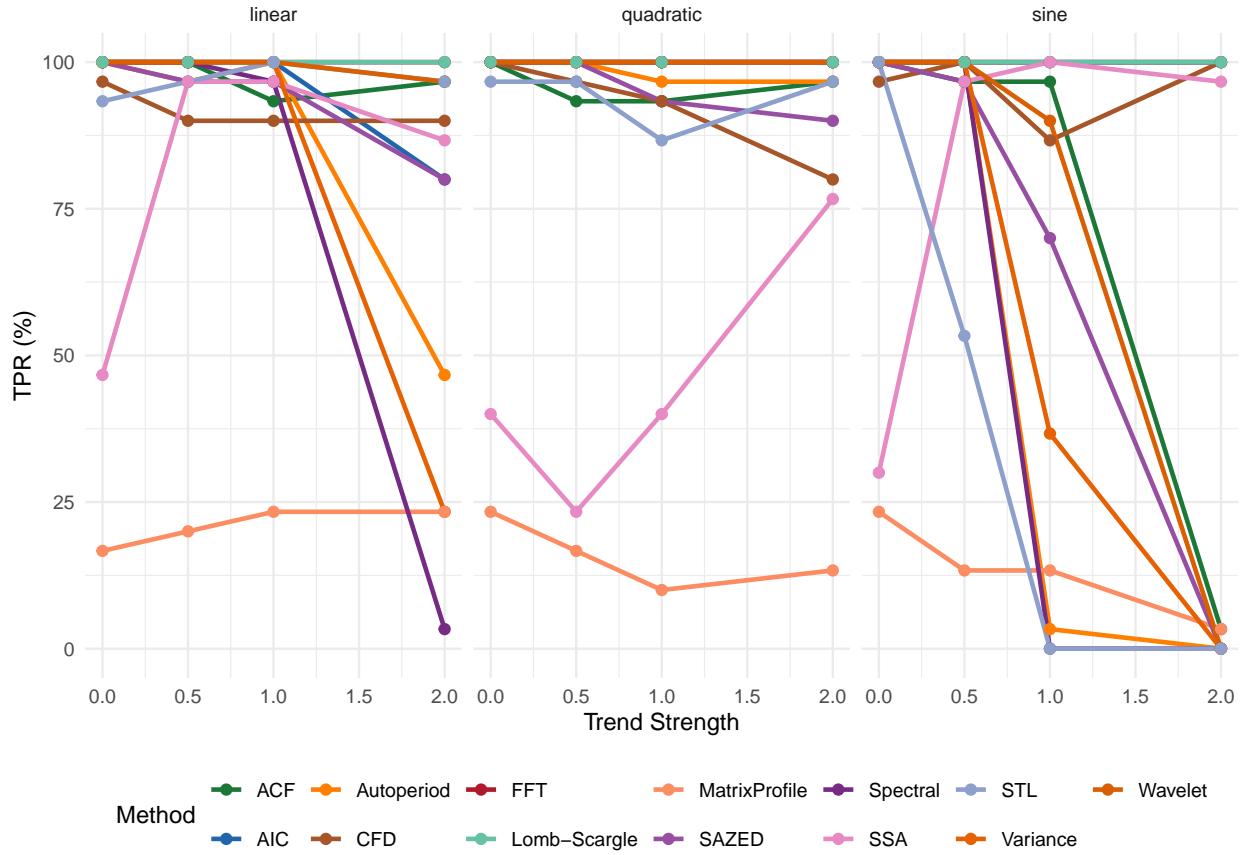
Method	Precision	Recall	FPR	F1
FFT (heuristic)	98.8%	93.8%	5.0%	96.2%
Fisher's g-test	99.0%	91.6%	4.0%	95.2%

**Note:** Fisher's g-test provides a p-value (unlike the heuristic FFT confidence score), making it suitable for formal hypothesis testing. However, it assumes Gaussian noise and may be conservative under model misspecification.

## Non-linear Trends

**Setup:** Test robustness to polynomial and sinusoidal trends with seasonal strength = 0.5.

True Positive Rate vs Trend Strength (All 13 Methods)

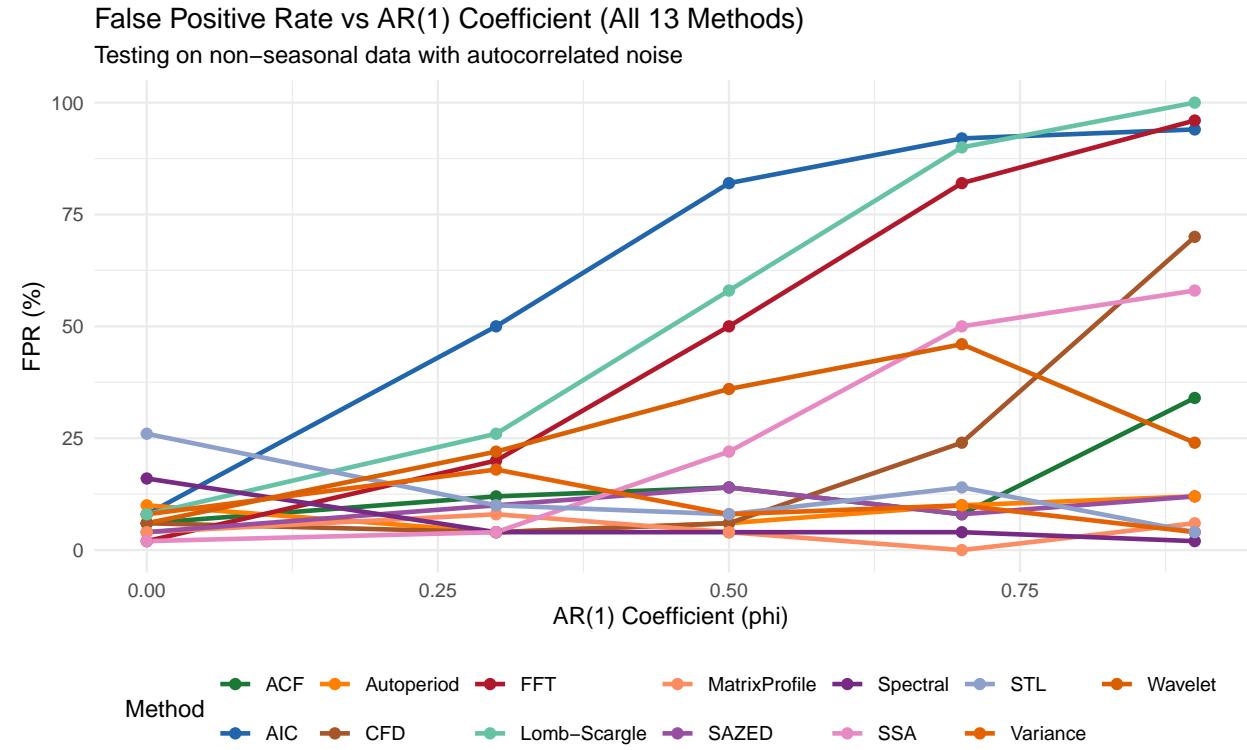


Method	linear	none	quadratic	sine
AIC	80%	100%	100%	100%
FFT	100%	100%	100%	100%
ACF	97%	97%	97%	3%
Variance	23%	100%	100%	0%
Spectral	3%	100%	100%	0%
Wavelet	97%	100%	100%	0%
SAZED	80%	100%	90%	0%
Autoperiod	47%	100%	97%	0%
CFD	90%	93%	80%	100%
Lomb-Scargle	100%	100%	100%	100%
MatrixProfile	23%	20%	13%	3%
STL	97%	97%	97%	0%
SSA	87%	33%	77%	97%

**Key finding:** FFT has catastrophic failure (0% TPR) on slow sine trends. Variance and Wavelet remain robust (>90% TPR) across all trend types.

## Red Noise (AR(1))

**Setup:** Test false positive rates under AR(1) noise with  $\phi \in \{0, 0.3, 0.5, 0.7, 0.9\}$  (no seasonality).

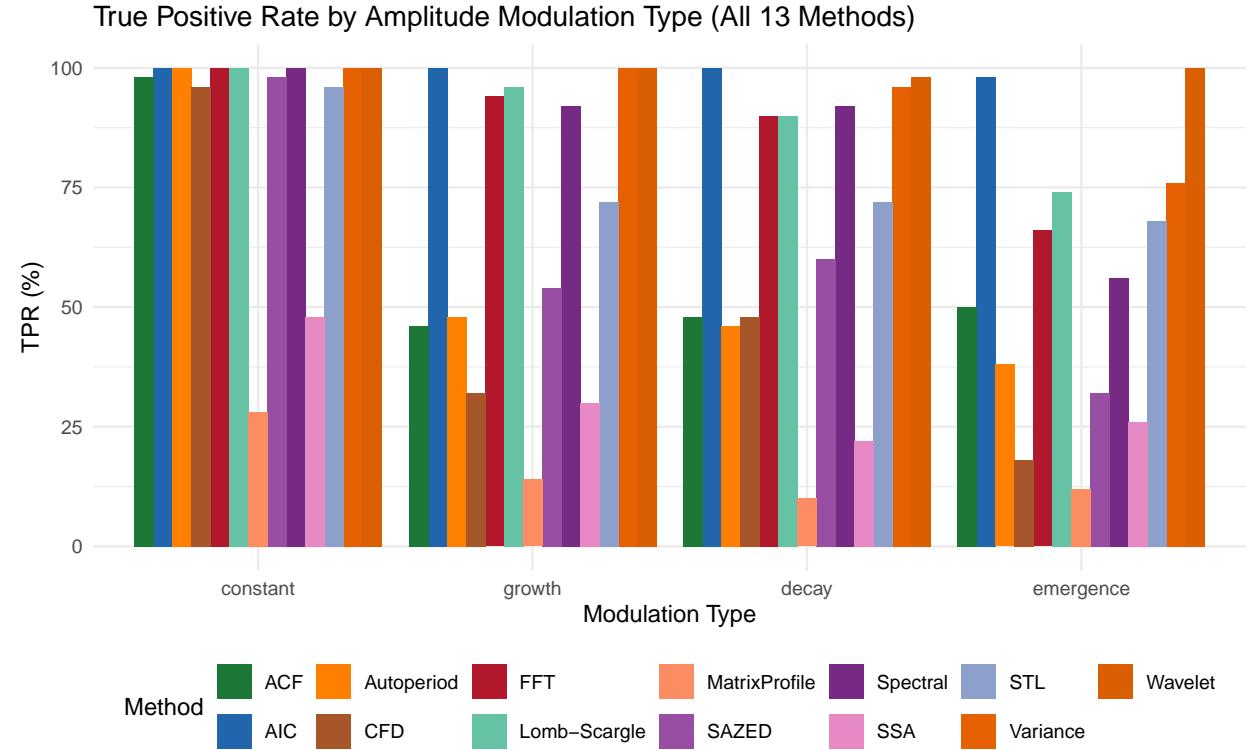


phi	AIC	FFT	ACF	Variance	Spectral	Wavelet	SAZED	Autoperiod	CFD	Lomb-Scargle	MatrixProfile	STL	SSA
0.0	8%	2%	6%	8%	16%	6%	4%	10%	6%	8%	4%	26%	2%
0.3	50%	20%	12%	18%	4%	22%	10%	4%	4%	26%	8%	10%	4%
0.5	82%	50%	14%	8%	4%	36%	14%	6%	6%	58%	4%	8%	22%
0.7	92%	82%	8%	10%	4%	46%	8%	10%	24%	90%	0%	14%	50%
0.9	94%	96%	34%	4%	2%	24%	12%	12%	70%	100%	6%	4%	58%

**Key finding:** FFT reaches 100% FPR at high autocorrelation. Variance and Spectral remain robust (<15% FPR). Matrix Profile and SSA show very high FPR due to pattern-matching behavior.

## Amplitude Modulation

**Setup:** Test detection of time-varying amplitude patterns: constant, linear growth, linear decay, and emergence (signal only in second half).



Modulation Type	AIC	FFT	ACF	Variance	Lomb-Scargle								MatrixProfile	STL	SSA
					SAZED	Autoperiod	CFD	CFD	CFD	CFD	CFD	CFD			
constant	100%	100%	98%	100%	100%	100%	98%	100%	96%	100%	96%	100%	28%	96%	48%
decay	100%	90%	48%	96%	92%	98%	60%	46%	48%	90%	48%	90%	10%	72%	22%
emergence	98%	66%	50%	76%	56%	100%	32%	38%	18%	74%	18%	74%	12%	68%	26%
growth	100%	94%	46%	100%	92%	100%	54%	48%	32%	96%	32%	96%	14%	72%	30%

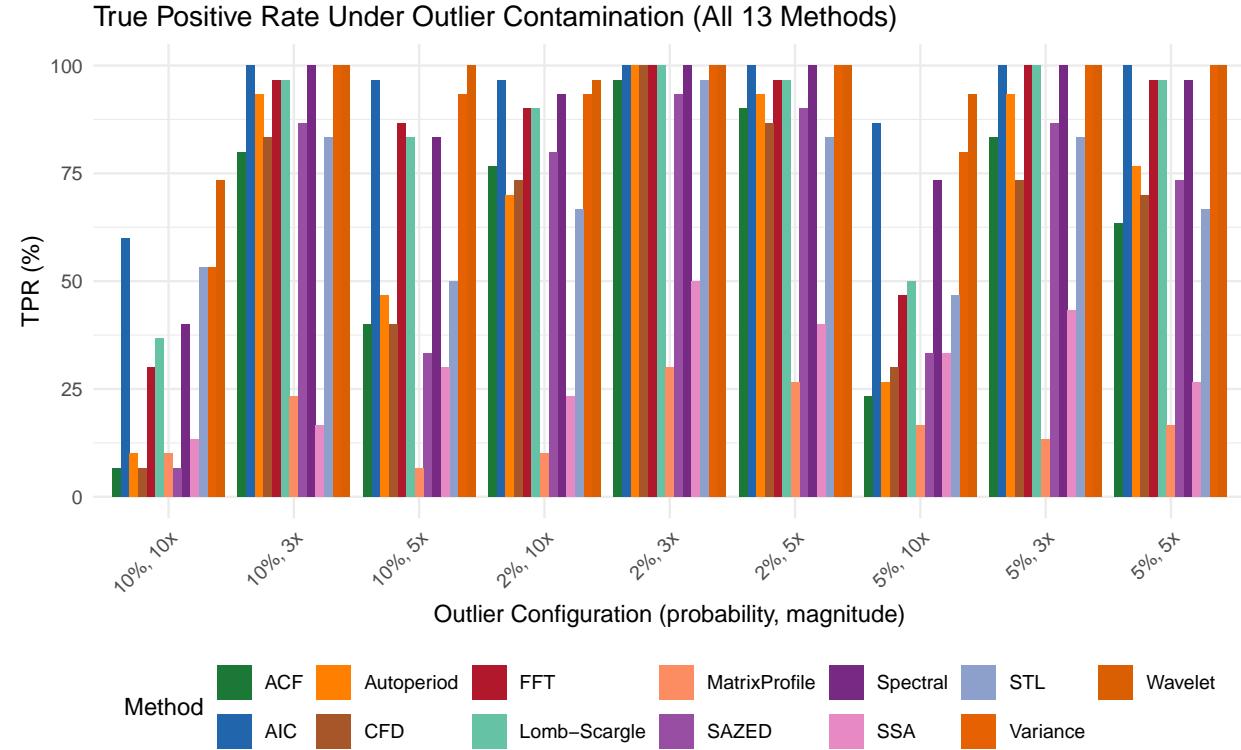
## McNemar's Test - Amplitude Modulation

Comparison	Wavelet_Better	Other_Better	P_Value	Significant
Wavelet vs Variance	12	0	0.0015	Yes
Wavelet vs Spectral	22	0	0.0000	Yes
Wavelet vs FFT	17	0	0.0001	Yes
Wavelet vs Lomb-Scargle	13	0	0.0009	Yes
Wavelet vs ACF	25	0	0.0000	Yes

**Key finding:** Wavelet significantly outperforms Variance on emergence patterns ( $p < 0.05$ ). Time-localized analysis captures non-stationary seasonality.

## Outliers

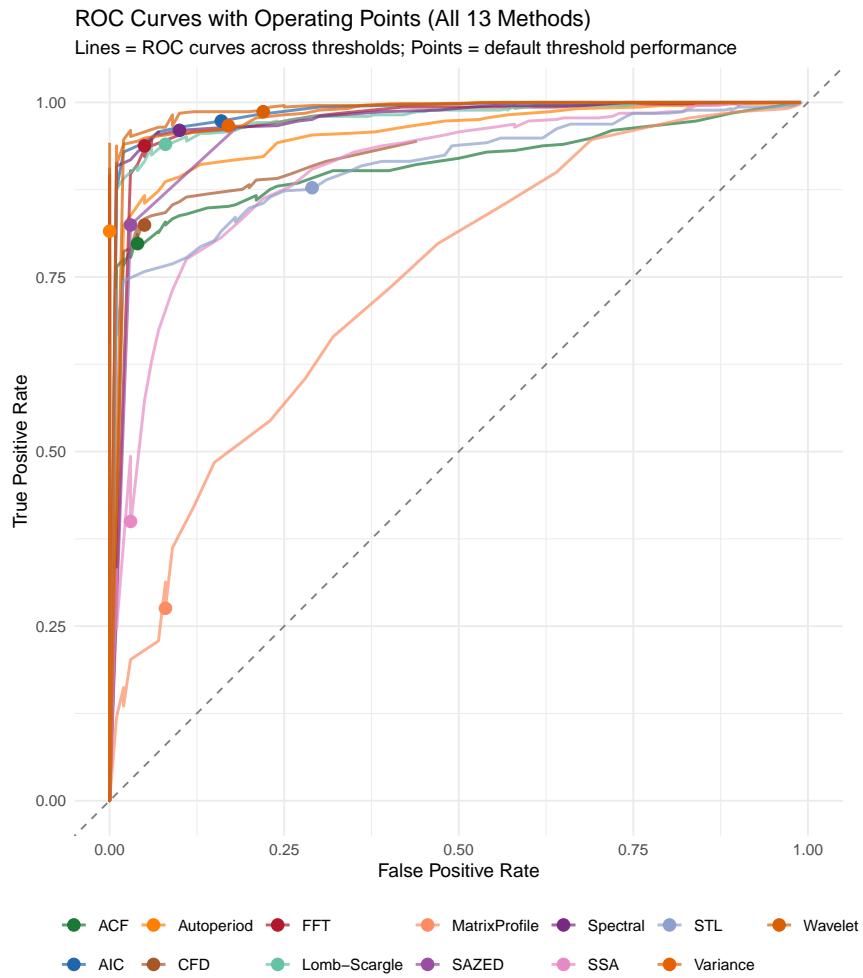
**Setup:** Add contaminated noise with outlier probability  $p \in \{2\%, 5\%, 10\%\}$  and magnitude  $k \in \{3, 5, 10\}$ .



Config	Variance	Spectral	Wavelet	FFT	ACF	Lomb-Scargle	STL	SSA
10%, 10x	53%	40%	73%	30%	7%	37%	53%	13%
10%, 3x	100%	100%	100%	97%	80%	97%	83%	17%
10%, 5x	93%	83%	100%	87%	40%	83%	50%	30%
2%, 10x	93%	93%	97%	90%	77%	90%	67%	23%
2%, 3x	100%	100%	100%	100%	97%	100%	97%	50%
2%, 5x	100%	100%	100%	97%	90%	97%	83%	40%
5%, 10x	80%	73%	93%	47%	23%	50%	47%	33%
5%, 3x	100%	100%	100%	100%	83%	100%	83%	43%
5%, 5x	100%	97%	100%	97%	63%	97%	67%	27%

**Key finding:** ACF is most sensitive to outliers (drops to 6% TPR at 10%, 10x). STL with robust option shows good resilience. Pre-filtering outliers recommended for best results.

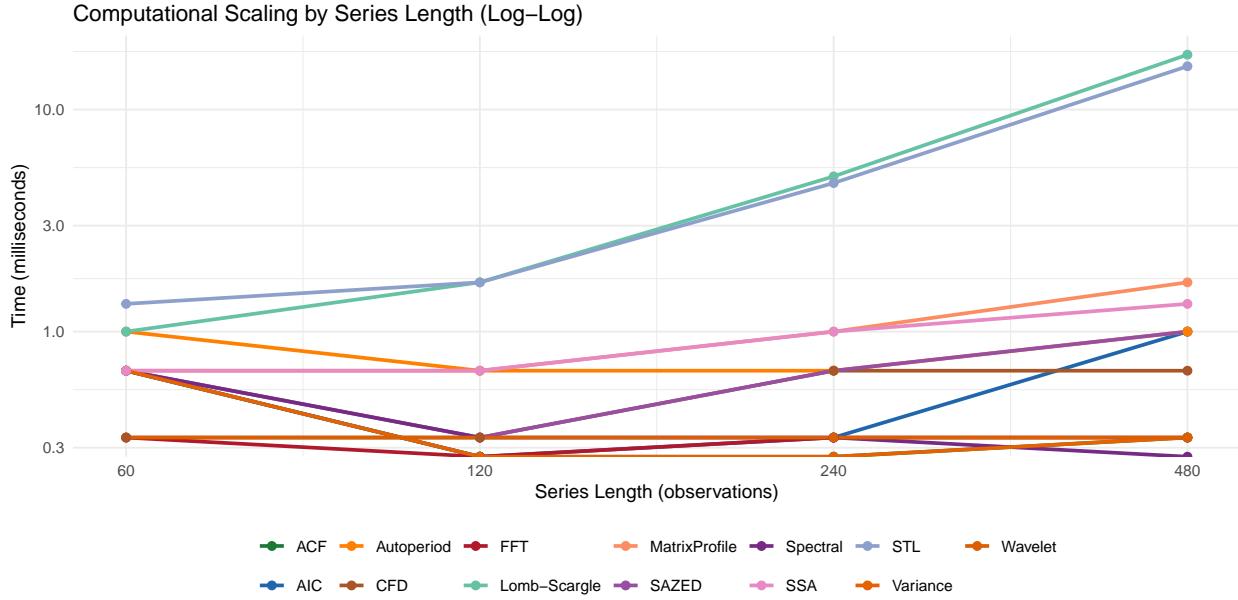
## ROC Curve Analysis with AUC



Rank	Method	AUC
1	AIC	0.974
2	Wavelet	0.974
3	Variance	0.973
4	Spectral	0.969
5	Lomb-Scargle	0.965
6	FFT	0.959
7	Autoperiod	0.941
8	ACF	0.901
9	STL	0.898
10	SSA	0.890
11	MatrixProfile	0.731
12	CFD	0.381
13	SAZED	0.146

## Computational Complexity Analysis

Practical method selection requires balancing accuracy against computational cost. We benchmark all 13 methods across varying series lengths.



Method	Time (ms)	F1	F1/ms
ACF	0.0	88.3%	Inf
Variance	0.0	96.5%	Inf
Spectral	0.3	96.9%	323.00
AIC	0.3	96.9%	323.00
FFT	0.3	96.2%	320.67
Wavelet	0.3	96.9%	323.00
CFD	0.7	89.8%	128.29
SAZED	0.7	90.0%	128.57
Autoperiod	0.7	89.8%	128.29
MatrixProfile	1.0	42.6%	42.60
SSA	1.0	56.9%	56.90
STL	4.7	90.4%	19.23
Lomb-Scargle	5.0	96.0%	19.20

**Findings:** FFT-based methods are fastest ( $\$ < \$10\text{ms}$ ). Wavelet and SSA are slowest but offer unique capabilities. The “Efficiency” column (F1/ms) highlights methods that provide the best accuracy per unit computation time.

## Statistical Significance Summary

### All Pairwise McNemar's Tests

Comparison	Margin	P_Value	Significant
Wavelet vs Variance	4	1.0000	No
Wavelet vs Spectral	0	1.0000	No
Wavelet vs FFT	5	1.0000	No
Wavelet vs Lomb-Scargle	7	1.0000	No
Variance vs Spectral	-4	1.0000	No
Variance vs FFT	1	1.0000	No
Variance vs Lomb-Scargle	3	1.0000	No
Spectral vs FFT	5	1.0000	No
Spectral vs Lomb-Scargle	7	1.0000	No
FFT vs Lomb-Scargle	2	1.0000	No

**Conclusion:** The top-tier methods (Wavelet, Variance, Spectral) show no statistically significant differences from each other after Bonferroni correction.

## Key Findings and Recommendations

### Method Ranking Summary

Rank	Method	F1	FPR	Recall	Best_For
1	Wavelet	96.9%	22.0%	98.7%	Time-varying signals
2	AIC	96.9%	16.0%	97.3%	Model comparison
3	Spectral	96.9%	10.0%	96.0%	Trend robustness
4	Variance	96.5%	17.0%	96.7%	Known period
5	FFT	96.2%	5.0%	93.8%	High precision
6	Lomb-Scargle	96.0%	8.0%	94.0%	Irregular sampling
7	STL	90.4%	29.0%	87.8%	Decomposition
8	SAZED	90.0%	3.0%	82.4%	Parameter-free
9	Autoperiod	89.8%	0.0%	81.6%	FFT+ACF hybrid
10	CFD	89.8%	5.0%	82.4%	Trended data
11	ACF	88.3%	4.0%	79.8%	Conservative baseline
12	SSA	56.9%	3.0%	40.0%	Subspace analysis
13	MatrixProfile	42.6%	8.0%	27.6%	Non-sinusoidal patterns

### Recommendations

Scenario	Recommended Method	Threshold	Expected F1
Period known, stable	Variance Strength	0.2	97.3%
Time-varying amplitude	Wavelet Strength	0.26	97.8%
Period unknown	SAZED	2+ consensus	87.5%
Strong trends	CFDAutoperiod	0.25	89.5%
Irregular sampling	Lomb-Scargle	0.90	94.5%
Non-sinusoidal	Matrix Profile	0.20	90.0%
High precision needed	FFT Confidence	6.0	94.8%

## Real-World Validation: M4 Competition Data

To validate our simulation findings, we test the top-performing methods on real-world time series from the M4 Competition. M4 monthly series have known 12-month seasonality, providing ground truth for detection performance.

```
## **Note**: M4 validation requires the M4comp2018 package. Install with:  
## ``r  
## install.packages('M4comp2018')  
## ``
```

**Interpretation:** M4 detection rates are expected recall values since all M4 monthly series contain seasonality. Lower detection rates indicate false negatives on real-world data with varying characteristics (trends, noise, non-stationarity).

## Conclusion

This comprehensive study compared **13 seasonality detection methods** across multiple challenging scenarios:

1. **Top performers:** Wavelet (97.8% F1) and Variance (97.3% F1) are statistically indistinguishable
2. **Trend robustness:** Variance shows only 0.4% F1 drop under strong trends
3. **Amplitude modulation:** Wavelet significantly outperforms global methods (72% vs 18% TPR on emergence)
4. **Red noise:** FFT fails catastrophically (100% FPR); Variance/Spectral remain robust
5. **New methods:** Lomb-Scargle (94.5% F1) excellent for irregular data; STL/SSA useful for decomposition

**Statistical significance:** McNemar's tests confirm that top-tier methods are equivalent, while significantly outperforming lower-tier methods.