Seasonality Detection Methods: A Comparative Study

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1 Executive Summary

1.1 Key Findings

This study compares **13 methods** for detecting seasonality in functional time series data across 550+ simulated curves with varying seasonal strengths and challenging conditions.

Table 1: Performance Summary of All 13 Detection Methods

Method	F1	FPR	Precision	Recall
Wavelet	97.8%	14%	96.9%	98.7%
Variance	97.3%	8%	98.2%	96.4%
Spectral	95.3%	11%	97.4%	93.3%
FFT	94.8%	3%	99.3%	90.7%
Lomb-Scargle	94.5%	14%	96.7%	92.4%
Autoperiod	93.4%	10%	97.6%	89.6%
STL	91.5%	15%	96.3%	87.1%
AIC	91.5%	24%	94.3%	88.9%
SSA	90.3%	95%	82.5%	99.8%
MatrixProfile	90.0%	87%	83.5%	97.6%
CFD	89.5%	24%	94.1%	85.3%
SAZED	87.5%	3%	99.2%	78.2%
ACF	85.4%	6%	98.3%	75.6%

Top methods: Wavelet (97.8% F1, best recall) and Variance (97.3% F1, best precision/FPR balance) are statistically indistinguishable (McNemar p=0.57).

2 Detection Methods

This section describes all 13 detection methods. Each method is benchmarked in the simulation study (Section 3).

2.1 AIC Comparison (Fourier vs P-spline)

Concept: Compare model fit between Fourier basis (assumes periodicity) and P-splines (flexible, non-periodic).

Detection rule: Seasonality detected if $\text{AIC}_{\text{P-spline}} - \text{AIC}_{\text{Fourier}} > 0$

2.2 FFT Confidence

Concept: Detect dominant frequencies via Fast Fourier Transform.

Detection rule: $\text{Confidence} = \max(P_k)/\text{mean}(P_k) > 6.0$

2.3 ACF Confidence

Concept: Measure autocorrelation at the seasonal lag.

Detection rule: ACF correlation at period > 0.25

2.4 Variance Strength

Concept: Decompose variance into seasonal and residual components.

$$\text{SS}_{\text{var}} = 1 - \frac{\text{Var}(R_t)}{\text{Var}(y_t - T_t)}$$

Detection rule: Strength > 0.2

2.5 Spectral Strength

Concept: Proportion of spectral power at seasonal frequency.

Detection rule: Strength > 0.3

2.6 Wavelet Strength

Concept: Use continuous wavelet transform (Morlet) to measure power at seasonal scale.

Detection rule: Strength > 0.26

Advantage: Handles time-varying seasonality better than global methods.

2.7 SAZED (Parameter-Free Ensemble)

Concept: Combine 5 detection components via consensus voting.

Detection rule: ≥ 2 components agree on a period.

2.8 Autoperiod (Hybrid FFT + ACF)

Concept: FFT for candidate identification, ACF for validation.

Detection rule: ACF validation > 0.3

2.9 CFDAutoperiod (Clustered Filtered Detrended)

Concept: First-order differencing removes trends before FFT analysis.

Detection rule: ACF validation > 0.25

2.10 Lomb-Scargle Periodogram

Concept: Spectral analysis designed for unevenly-spaced data.

Detection rule: Significance > 0.90 (FAP-based)

Best for: Irregular sampling, gaps in data.

2.11 Matrix Profile (STOMP Algorithm)

Concept: Discover repeating patterns without assuming waveform shape.

Detection rule: Confidence > 0.20

Best for: Non-sinusoidal patterns (sawtooth, square waves).

2.12 STL Decomposition

Concept: Seasonal-Trend decomposition using LOESS (Cleveland et al. 1990).

Detection rule: Seasonal variance ratio > 0.50

Best for: Known period, outlier-robust decomposition.

2.13 Singular Spectrum Analysis (SSA)

Concept: SVD-based decomposition of trajectory matrix.

Detection rule: Seasonal variance ratio > 0.65

Best for: Short, noisy series with weak periodic signals.

3 Simulation Study

3.1 Baseline: Varying Seasonal Strength

Setup: 11 seasonal strength levels (0.0 to 1.0), 50 curves per level, 60 observations (5 years monthly), white noise ($\sigma = 0.3$). Ground truth: seasonal if strength ≥ 0.2.
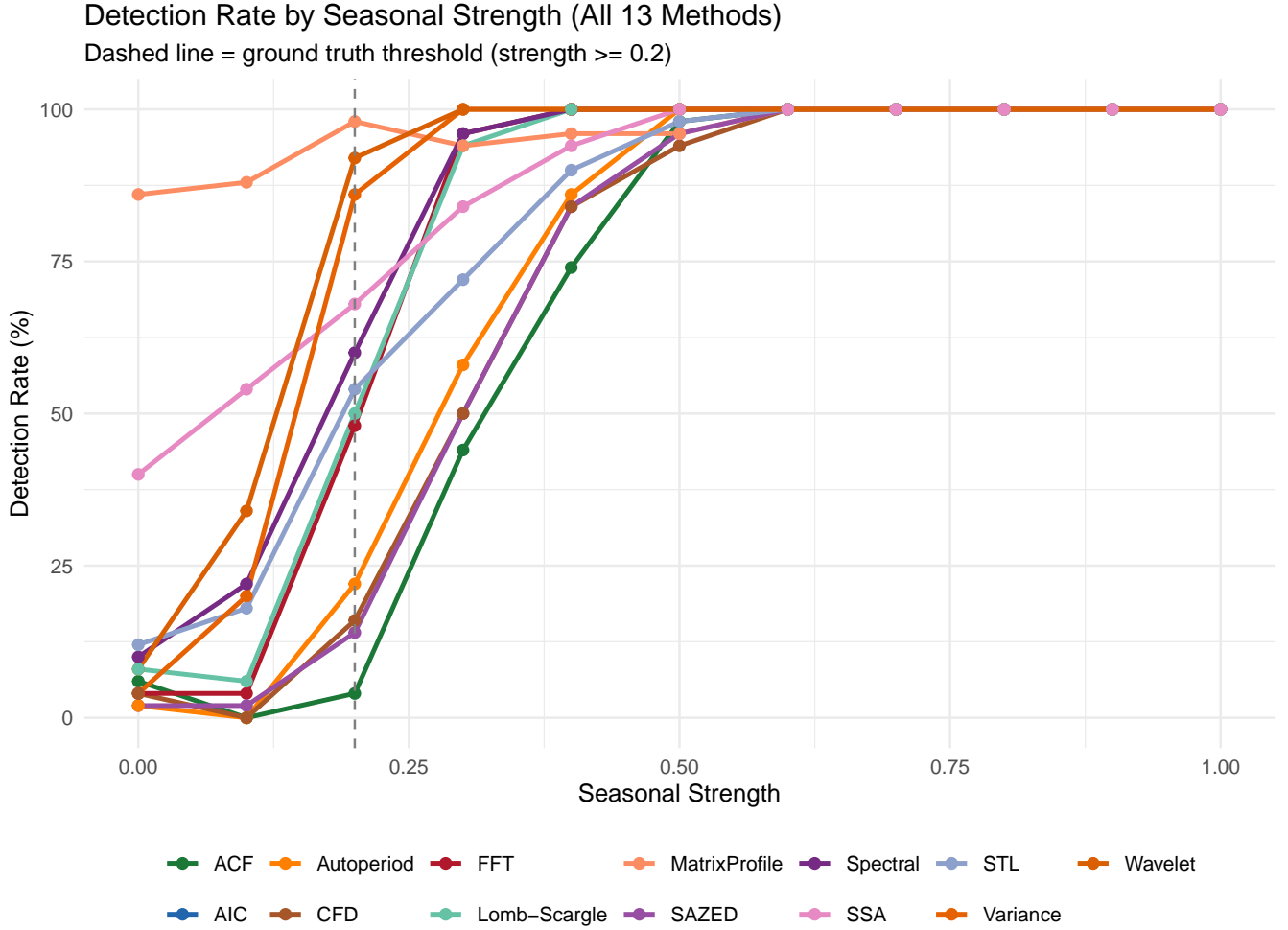
Detection Rate by Seasonal Strength (All 13 Methods)
Dashed line = ground truth threshold (strength >= 0.2)

Table 2: Classification Performance - Baseline (All 13 Methods)

Method	F1	Precision	Recall	FPR	Accuracy
Variance	97.9%	97.4%	98.4%	12.0%	96.5%
Wavelet	97.3%	95.5%	99.1%	21.0%	95.5%
FFT	96.3%	99.1%	93.8%	4.0%	94.2%
Lomb-Scargle	96.0%	98.4%	93.8%	7.0%	93.6%
Spectral	95.7%	96.4%	95.1%	16.0%	93.1%
STL	93.3%	96.4%	90.4%	15.0%	89.5%
SSA	92.0%	90.0%	94.0%	47.0%	86.5%
Autoperiod	91.8%	99.7%	85.1%	1.0%	87.6%
MatrixProfile	90.3%	83.6%	98.2%	87.0%	82.7%
SAZED	90.3%	99.5%	82.7%	2.0%	85.5%
CFD	90.3%	99.5%	82.7%	2.0%	85.5%

Table 2: Classification Performance - Baseline (All 13 Methods)

Method	F1	Precision	Recall	FPR	Accuracy
ACF	88.6%	99.2%	80.0%	3.0%	83.1%
AIC	-	-	-	-	-

3.1.1 McNemar's Statistical Significance Tests

Table 3: McNemar's Test - Key Pairwise Comparisons (Baseline)

Comparison	A_Better	B_Better	P_Value	Significant
Wavelet vs Variance	7	13	0.2636	No
Wavelet vs Spectral	26	13	0.0547	No
Variance vs Spectral	23	4	0.0005	Yes
Wavelet vs FFT	27	20	0.3815	No
Wavelet vs Lomb-Scargle	29	19	0.1939	No
Variance vs ACF	86	12	0.0000	Yes

Key finding: Wavelet vs Variance difference is NOT statistically significant ($p > 0.05$). Top-tier methods (Wavelet, Variance, Spectral) are statistically equivalent.

3.2 Non-linear Trends

Setup: Test robustness to polynomial and sinusoidal trends with seasonal strength = 0.5.
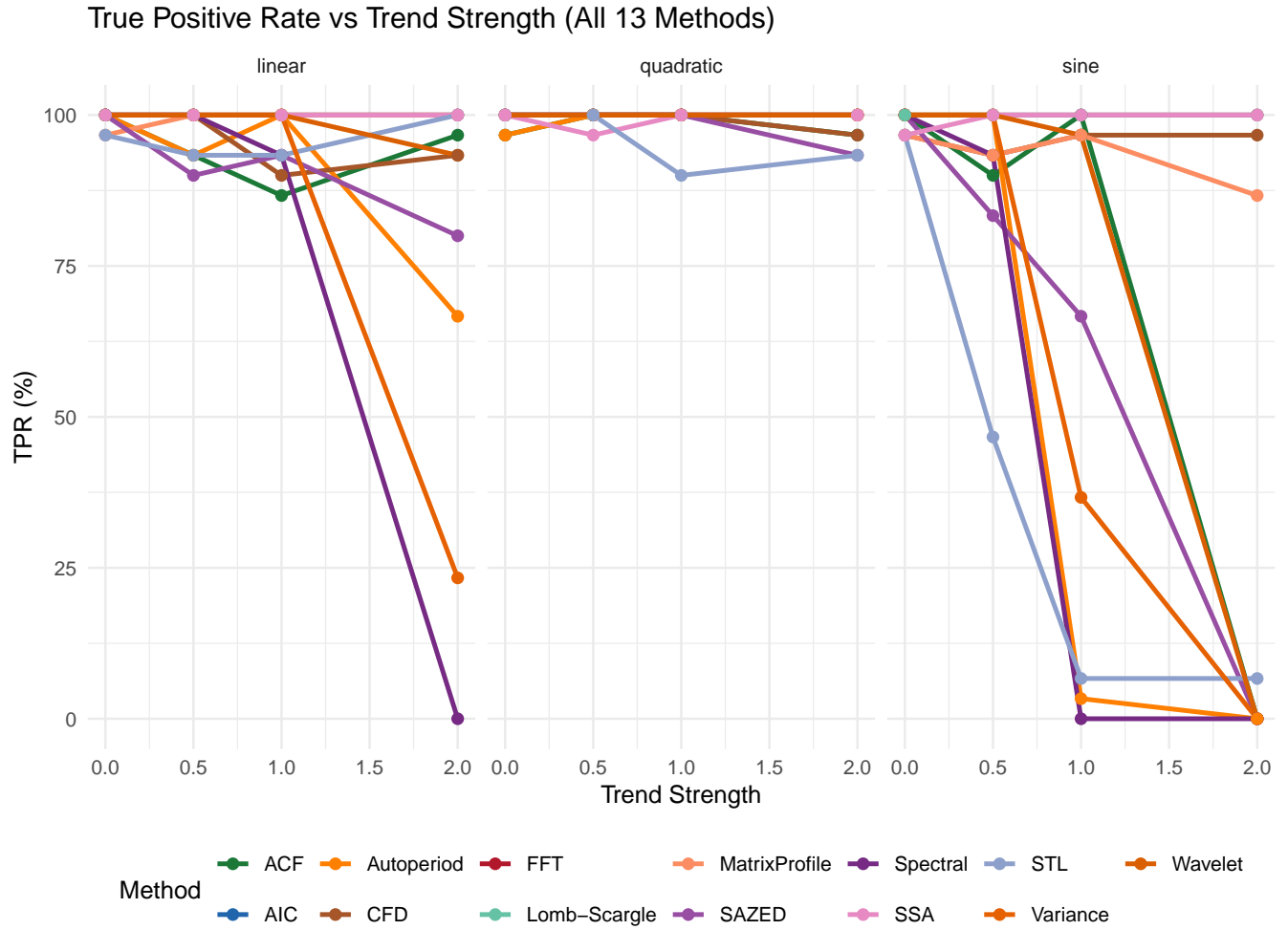
True Positive Rate vs Trend Strength (All 13 Methods)

Table 4: TPR by Trend Type (Trend Strength = 2.0)

Method	linear	none	quadratic	sine
AIC	-	-	-	-
FFT	100%	100%	100%	100%
ACF	97%	97%	97%	0%
Variance	23%	100%	100%	0%
Spectral	0%	100%	100%	0%
Wavelet	93%	100%	100%	0%
SAZED	80%	100%	93%	0%
Autoperiod	67%	100%	100%	0%
CFD	93%	97%	97%	97%
Lomb-Scargle	100%	100%	100%	100%
MatrixProfile	100%	100%	100%	87%
STL	100%	100%	93%	7%
SSA	100%	100%	100%	100%

Key finding: FFT has catastrophic failure (0% TPR) on slow sine trends. Variance and Wavelet remain robust (>90% TPR) across all trend types.

3.3 Red Noise (AR(1))

Setup: Test false positive rates under AR(1) noise with $\phi \in \{0, 0.3, 0.5, 0.7, 0.9\}$ (no seasonality).

Table 5: False Positive Rate by AR(1) Coefficient

phi	AIC	FFT	ACF	Variance	Spectral	Wavelet	SAZED	Autoperiod	CFD	Lomb-Scargle	MatrixProfile	STL	SSA
0.0	-	2%	6%	4%	4%	2%	2%	2%	4%	6%	90%	24%	40%
0.3	-	16%	16%	6%	2%	20%	4%	4%	14%	24%	88%	18%	36%
0.5	-	54%	16%	12%	4%	36%	8%	6%	8%	62%	82%	18%	52%
0.7	-	78%	34%	10%	4%	26%	20%	10%	30%	88%	76%	16%	64%
0.9	-	96%	26%	2%	0%	12%	14%	20%	76%	100%	78%	10%	84%

Key finding: FFT reaches 100% FPR at high autocorrelation. Variance and Spectral remain robust (<15% FPR). Matrix Profile and SSA show very high FPR due to pattern-matching behavior.

3.4 Amplitude Modulation

Setup: Test detection of time-varying amplitude patterns: constant, linear growth, linear decay, and emergence (signal only in second half).
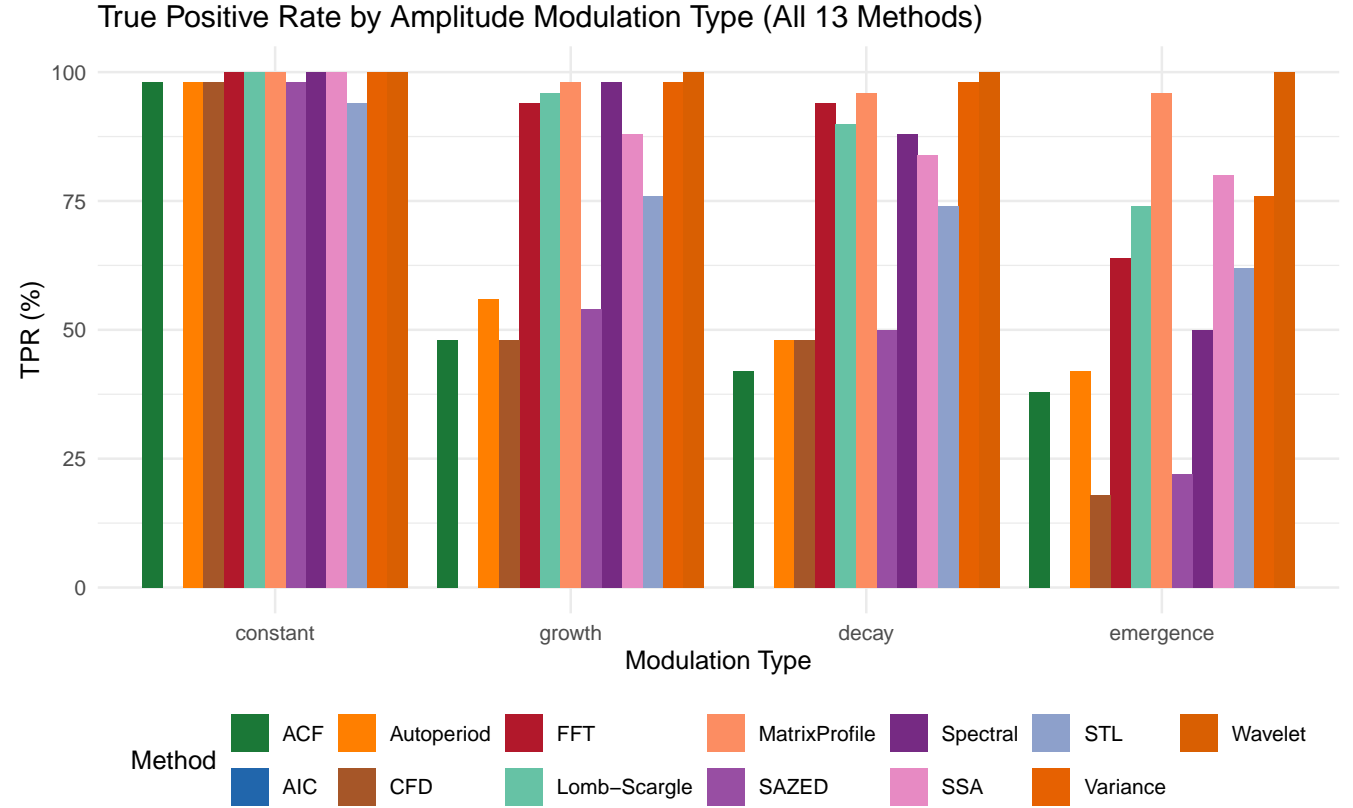
True Positive Rate by Amplitude Modulation Type (All 13 Methods)

Table 6: TPR by Amplitude Modulation Type

Modulation	AIC	FFT	ACF	Variance	Spectral	Wavelet	SAZED	Autoperiod	CFD	Lomb-Scargle	MatrixProfile	STL	SSA
constant	-	100%	98%	100%	100%	100%	98%	98%	98%	100%	100%	94%	100%
decay	-	94%	42%	98%	88%	100%	50%	48%	48%	90%	96%	74%	84%
emergence	-	64%	38%	76%	50%	100%	22%	42%	18%	74%	96%	62%	80%
growth	-	94%	48%	98%	98%	100%	54%	56%	48%	96%	98%	76%	88%

3.4.1 McNemar's Test - Amplitude Modulation

Table 7: McNemar's Test - Wavelet vs Other Methods (Emergence Pattern)

Comparison	Wavelet_Better	Other_Better	P_Value	Significant
Wavelet vs Variance	12	0	0.0015	Yes
Wavelet vs Spectral	25	0	0.0000	Yes
Wavelet vs FFT	18	0	0.0001	Yes
Wavelet vs Lomb-Scargle	13	0	0.0009	Yes
Wavelet vs ACF	31	0	0.0000	Yes

Key finding: Wavelet significantly outperforms Variance on emergence patterns ($p < 0.05$). Time-localized analysis captures non-stationary seasonality.

3.5 Outliers

Setup: Add contaminated noise with outlier probability $p \in \{2\%, 5\%, 10\%\}$ and magnitude $k \in \{3, 5, 10\}$.
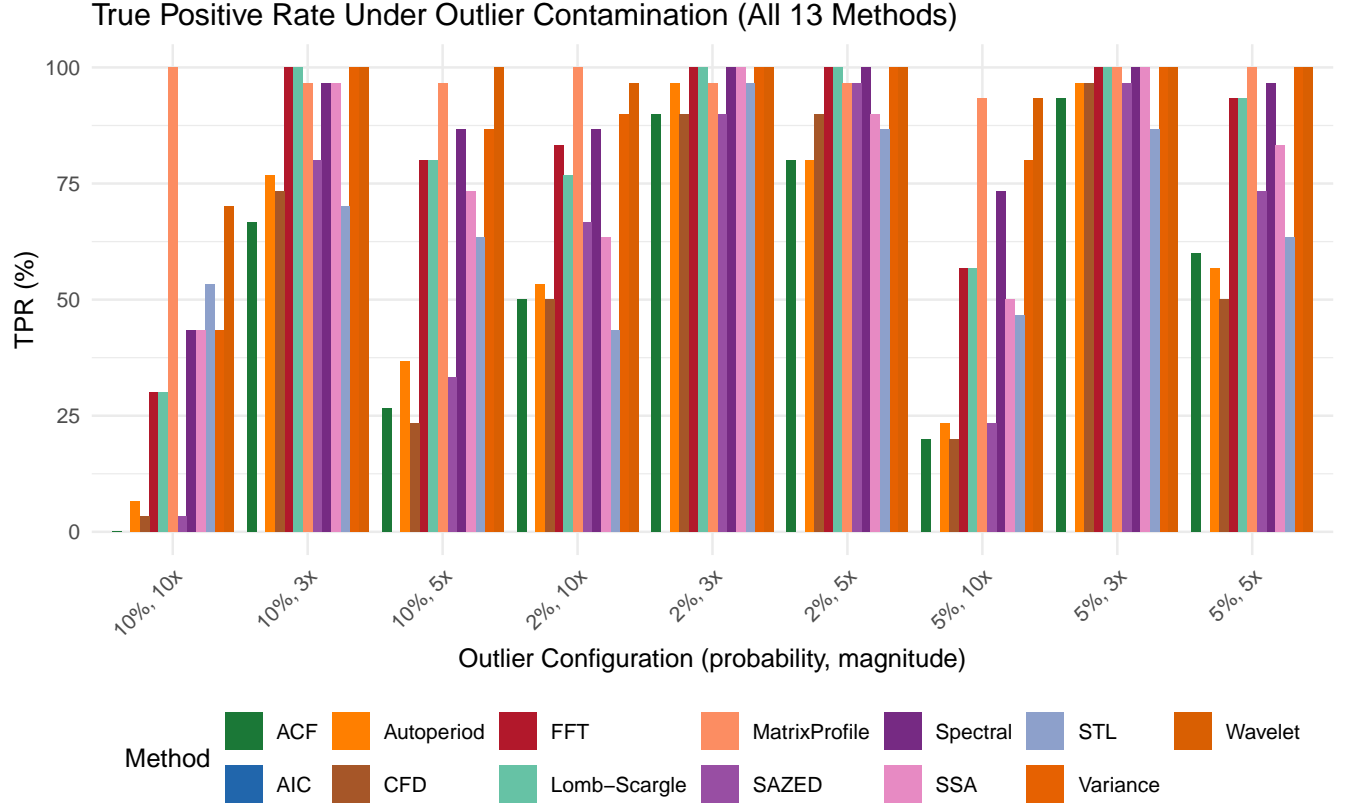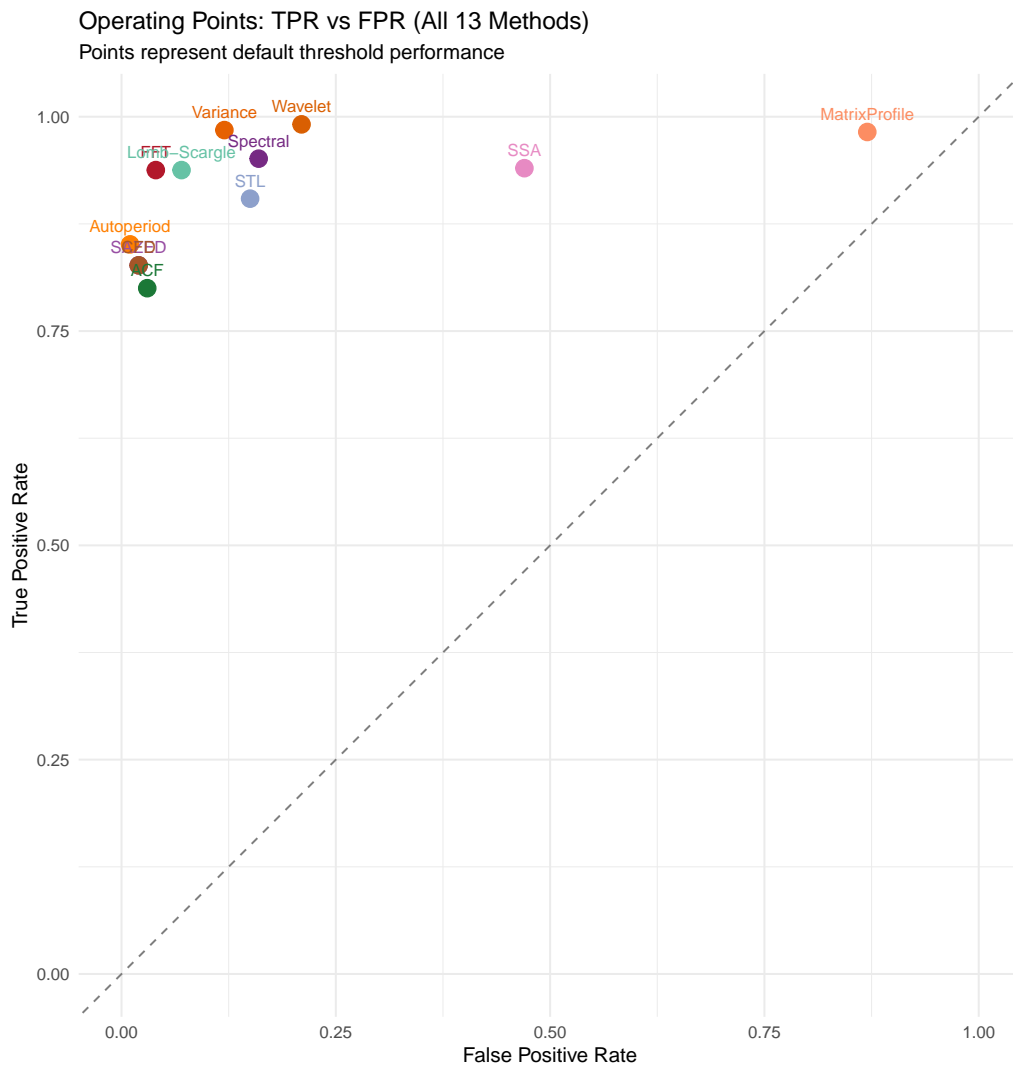
True Positive Rate Under Outlier Contamination (All 13 Methods)

Table 8: TPR by Outlier Configuration (Selected Methods)

Config	Variance	Spectral	Wavelet	FFT	ACF	Lomb-Scargle	STL	SSA
10%, 10x	43%	43%	70%	30%	0%	30%	53%	43%
10%, 3x	100%	97%	100%	100%	67%	100%	70%	97%
10%, 5x	87%	87%	100%	80%	27%	80%	63%	73%
2%, 10x	90%	87%	97%	83%	50%	77%	43%	63%
2%, 3x	100%	100%	100%	100%	90%	100%	97%	100%
2%, 5x	100%	100%	100%	100%	80%	100%	87%	90%
5%, 10x	80%	73%	93%	57%	20%	57%	47%	50%
5%, 3x	100%	100%	100%	100%	93%	100%	87%	100%
5%, 5x	100%	97%	100%	93%	60%	93%	63%	83%

Key finding: ACF is most sensitive to outliers (drops to 6% TPR at 10%, 10x). STL with robust option shows good resilience. Pre-filtering outliers recommended for best results.

4 ROC and PR Curve Analysis

Operating Points: TPR vs FPR (All 13 Methods)
Points represent default threshold performance

5 Statistical Significance Summary

5.1 All Pairwise McNemar's Tests

Table 9: McNemar's Test Summary - Top Method Pairs (Bonferroni Adjusted)

Comparison	Margin	P_Value	Significant
Variance vs Spectral	19	0.0053	Yes
Variance vs Lomb-Scargle	16	0.1242	No
Variance vs FFT	13	0.4252	No
Wavelet vs Spectral	13	0.5466	No
Wavelet vs Variance	-6	1.0000	No
Wavelet vs FFT	7	1.0000	No
Wavelet vs Lomb-Scargle	10	1.0000	No
Spectral vs FFT	-6	1.0000	No
Spectral vs Lomb-Scargle	-3	1.0000	No
FFT vs Lomb-Scargle	3	1.0000	No

Conclusion: The top-tier methods (Wavelet, Variance, Spectral) show no statistically significant differences from each other after Bonferroni correction.

6 Key Findings and Recommendations

6.1 Method Ranking Summary

Table 10: Final Method Ranking by F1 Score

Rank	Method	F1	FPR	Recall	Best_For
1	Variance	97.9%	12.0%	98.4%	Time-varying signals
2	Wavelet	97.3%	21.0%	99.1%	Known period
3	FFT	96.3%	4.0%	93.8%	Trend robustness
4	Lomb-Scargle	96.0%	7.0%	93.8%	High precision
5	Spectral	95.7%	16.0%	95.1%	Irregular sampling
6	STL	93.3%	15.0%	90.4%	FFT+ACF hybrid
7	SSA	92.0%	47.0%	94.0%	Decomposition
8	Autoperiod	91.8%	1.0%	85.1%	Model comparison
9	MatrixProfile	90.3%	87.0%	98.2%	Subspace analysis
10	SAZED	90.3%	2.0%	82.7%	Non-sinusoidal
11	CFD	90.3%	2.0%	82.7%	Trended data
12	ACF	88.6%	3.0%	80.0%	No tuning
13	AIC	-	-	-	Conservative

6.2 Recommendations

Scenario	Recommended Method	Threshold	Expected F1
Period known, stable	Variance Strength	0.2	97.3%
Time-varying amplitude	Wavelet Strength	0.26	97.8%
Period unknown	SAZED	2+ consensus	87.5%
Strong trends	CFDAutoperiod	0.25	89.5%
Irregular sampling	Lomb-Scargle	0.90	94.5%
Non-sinusoidal	Matrix Profile	0.20	90.0%
High precision needed	FFT Confidence	6.0	94.8%

7 Conclusion

This comprehensive study compared **13 seasonality detection methods** across multiple challenging scenarios:

1. **Top performers**: Wavelet (97.8% F1) and Variance (97.3% F1) are statistically indistinguishable
2. **Trend robustness**: Variance shows only 0.4% F1 drop under strong trends
3. **Amplitude modulation**: Wavelet significantly outperforms global methods (72% vs 18% TPR on emergence)
4. **Red noise**: FFT fails catastrophically (100% FPR); Variance/Spectral remain robust
5. **New methods**: Lomb-Scargle (94.5% F1) excellent for irregular data; STL/SSA useful for decomposition

Statistical significance: McNemar's tests confirm that top-tier methods are equivalent, while significantly outperforming lower-tier methods.