

**Sandra Opoku**

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### **Professional Summary**

Zealous and patient-focused Doctor of Pharmacy (PharmD) candidate from Kwame Nkrumah University of Science and Technology, graduated November 2024. Experienced in diverse pharmacy settings, including hospital, community, and retail, with a comprehensive 9-month clinical rotation and multiple internships at Komfo Anokye Teaching Hospital. Skilled in patient counselling, medication safety, pharmacy operations, and medical repping. Proficient in working collaboratively with multidisciplinary teams to ensure outstanding pharmaceutical care. Eager to contribute to the continued success of your noble institution by enhancing patient outcomes and operational efficiency.

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### **Education**

#### **Doctor of Pharmacy (Pharm.D)**

Kwame Nkrumah University of Science and Technology, Kumasi, Ghana

Graduated: November 25, 2024

#### **West Africa Secondary School Certificate Examination (WASSCE)**

Kumasi Wesley Girls' High School, Tafo, Ashanti Region

September 2014 - May 2017

#### **Basic Education Certificate Examination (BECE)**

Global Community School, Kotwi, Kumasi

June, 2014

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## Key Skills

- **Clinical Knowledge:** Extensive understanding of pharmacology, drug interactions, and therapy management.
  - **Patient Counseling:** Skilled in explaining complex medication regimens in an accessible manner.
  - **Operational Efficiency:** Experienced in inventory management and optimizing pharmacy workflows.
  - **Medical Repping:** Proficient in product presentations, client engagement, and market research.
  - **Regulatory Compliance:** Familiar with Ghana Pharmacy Council standards and practices.
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## Professional Experience

### Clinical Rotation

Komfo Anokye Teaching Hospital, Kumasi, Ghana

November, 2023 – August, 2024

- Rotated through internal medicine, paediatrics, Obstetrics and Gynaecology, accident and emergency and surgical units, applying clinical pharmacy knowledge to diverse patient cases.
- Conducted detailed medication therapy reviews, identified potential drug interactions, and recommended alternative therapies to medical teams.
- Educated patients and their families on proper medication use, side effect management, and adherence strategies.

### Intern Pharmacist

Komfo Anokye Teaching Hospital, Kumasi, Ghana

June 2023 – July 2023

- Assisted in the preparation, dispensing, and counselling of prescriptions in both outpatient and inpatient settings.
- Monitored patient medication use and supported adherence programs to improve therapeutic outcomes.
- Contributed to drug utilization reviews and audits to ensure compliance with hospital protocols.
- Coordinated with multidisciplinary teams to resolve complex medication-related challenges.

### **Intern Pharmacist**

Kings Pharmacy, Kumasi, Ghana

February 2023 – March 2023

- Counselling patients on the use of over-the-counter medications and explained potential interactions with prescription drugs.
- I participated in a community outreach program focused on promoting the safe disposal of expired and unused medications.

### **Intern Pharmacist**

Ernest Chemist Limited, Kumasi, Ghana

October 2022 – December 2022

- Dispensed medications accurately, verified prescriptions, and provided detailed patient counselling to ensure proper use and adherence.
- Conducted inventory audits, ensuring stock levels were optimal and all medications were stored per regulatory standards.
- Assisted blood pressure and blood glucose monitoring and RDT, to promote preventative care.

### **Medical Representative (Internship)**

Palb Pharma, Kumasi, Ghana

March 2023 – April 2023

- Conducted in-depth product presentations to healthcare professionals, focusing on Palb Pharma's therapeutic solutions and usage guidelines.
- Managed a client portfolio, ensuring timely follow-ups and building strong professional relationships with prescribers.
- Analyzed market trends and competitor strategies to identify opportunities for improved product positioning and sales growth.
- Collaborated with the sales team to meet regional targets and enhance brand visibility in the healthcare community.

### **Intern Pharmacist**

Komfo Anokye Teaching Hospital, Kumasi, Ghana

October 2021 – November 2021

- Managed medication orders for inpatients and outpatients, ensuring timely and accurate delivery of prescribed treatments.
- Conducted patient education sessions on diabetes management, emphasizing medication adherence and lifestyle changes.
- Collaborated with healthcare professionals to optimize antimicrobial therapy, reducing instances of antibiotic resistance.

### **Intern Pharmacist**

Western Pharmacy, Kumasi, Ghana

June 2019 – August 2019

- Supported pharmacists in preparing, labelling, and dispensing a high volume of prescriptions daily.
  - Contributed to a team research project aimed at improving patient adherence to chronic disease medications, analysing data and providing actionable insights.
  - Assisted in organizing a health awareness workshop for customers, focusing on medication safety and chronic disease management.
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## Interests

- **Health Education:** Passionate about promoting public health awareness through community outreach and educational workshops.
  - **Pharmaceutical Research:** Interested in exploring innovations in medication therapies and patient-centered drug development.
  - **Mentorship:** Enjoy guiding and supporting aspiring pharmacy students and colleagues in their professional journeys.
  - **Fitness & Wellness:** Enthusiastic about maintaining a balanced lifestyle and inspiring others to prioritize health and wellness.
  - **Volunteering:** Actively involved in initiatives focused on improving healthcare accessibility in underserved communities.
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## Professional Affiliations

- Ghana Pharmacy Council
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## References

### Dr Hanson Obeng

Superintendent Pharmacist, Western Pharmacy

055 410 7264

### Dr Ebenezer Darko

Pharmacist, Komfo Anokye Teaching Hospital

026 291 7075

### Dr Afua Adomaah Buadooh

Pharmacist, Ernest Chemist Limited

054 327 9316

**Dr Tony Gollo**

Pharmacist, Manager, The Kings Pharmacy

024 459 9800

**Dr Abakka**

Pharmacist, Ashanti Regional Rep, Palb Pharma

050 301 1056

**Dr Ishaak Ahmed**

Pharmacist, Komfo Anokye Hospital

054 549 0800

**Dr Cynthia Yeboah**

Pharmacist, O&G, Komfo Anokye Hospital

024 498 8474

**Dr Lawrence Oppong Anokye**

Pharmacist, A&E, Komfo Anokye Hospital

024 466 8065