# Recitation Notes: Gradient Descent — Theory and Key Points

CPSC-381/581: Introduction to Machine Learning

### 1 Gradient Descent for Linear Regression

#### 1.1 Loss Function and Gradient Derivation

We define the mean squared error (MSE) loss as:

$$\ell(w_0, w_1) = \frac{1}{N} \sum_{n=1}^{N} (\mathbf{w}^T \mathbf{x}^{(n)} - y^{(n)})^2,$$

with

$$\mathbf{w} = \begin{pmatrix} w_0 \\ w_1 \end{pmatrix}$$
 and  $\mathbf{x}^{(n)} = \begin{pmatrix} x_0^{(n)} \\ x_1^{(n)} \end{pmatrix}$ .

Often, to remove the constant factor in the derivative, we define the loss as:

$$\ell(\mathbf{w}) = \frac{1}{2N} \sum_{n=1}^{N} \left( \mathbf{w}^{T} \mathbf{x}^{(n)} - y^{(n)} \right)^{2}.$$

#### Gradient Derivation (Unscaled Loss)

Taking the derivative with respect to  $w_0$ :

$$\frac{\partial}{\partial w_0} \ell(w_0, w_1) = \frac{\partial}{\partial w_0} \left[ \frac{1}{N} \sum_{n=1}^N \left( w_0 x_0^{(n)} + w_1 x_1^{(n)} - y^{(n)} \right)^2 \right] 
= \frac{1}{N} \sum_{n=1}^N 2 \left( w_0 x_0^{(n)} + w_1 x_1^{(n)} - y^{(n)} \right) \frac{\partial}{\partial w_0} \left( w_0 x_0^{(n)} + w_1 x_1^{(n)} \right) 
= \frac{2}{N} \sum_{n=1}^N \left( w_0 x_0^{(n)} + w_1 x_1^{(n)} - y^{(n)} \right) x_0^{(n)}.$$

Similarly, for  $w_1$ :

$$\frac{\partial}{\partial w_1} \ell(w_0, w_1) = \frac{2}{N} \sum_{n=1}^{N} \left( w_0 x_0^{(n)} + w_1 x_1^{(n)} - y^{(n)} \right) x_1^{(n)}.$$

In vector form, the gradient is:

$$\nabla \ell(\mathbf{w}) = \frac{2}{N} \sum_{n=1}^{N} \left( \mathbf{w}^{T} \mathbf{x}^{(n)} - y^{(n)} \right) \mathbf{x}^{(n)}.$$

When the loss is defined as  $\ell(\mathbf{w}) = \frac{1}{2N} \sum (\cdots)^2$ , the gradient simplifies to:

$$\nabla \ell(\mathbf{w}) = \frac{1}{N} \sum_{n=1}^{N} \left( \mathbf{w}^{T} \mathbf{x}^{(n)} - y^{(n)} \right) \mathbf{x}^{(n)}.$$

## 1.2 Gradient Descent Update Rule

The standard update rule is:

$$\mathbf{w}^{(t+1)} = \mathbf{w}^{(t)} - \alpha \nabla \ell(\mathbf{w}^{(t)}).$$

For the unscaled loss, the update becomes:

$$\mathbf{w}^{(t+1)} = \mathbf{w}^{(t)} - \alpha \frac{2}{N} \sum_{n=1}^{N} (\mathbf{w}^{(t)T} \mathbf{x}^{(n)} - y^{(n)}) \mathbf{x}^{(n)}.$$

## 2 Gradient Descent for Logistic Regression

#### 2.1 Loss Function and Gradient Derivation

The logistic regression loss (negative log-likelihood) is defined as:

$$\ell(\mathbf{w}) = \frac{1}{N} \sum_{n=1}^{N} \log \left( 1 + \exp\left(-y^{(n)} \mathbf{w}^{T} \mathbf{x}^{(n)}\right) \right),$$

where  $y^{(n)} \in \{-1, +1\}.$ 

#### Gradient Derivation (Sketch)

Using the chain rule, the partial derivative with respect to  $w_i$  is:

$$\frac{\partial}{\partial w_i} \ell(\mathbf{w}) = \frac{1}{N} \sum_{n=1}^{N} \frac{\exp(-y^{(n)} \mathbf{w}^T \mathbf{x}^{(n)}) (-y^{(n)}) x_i^{(n)}}{1 + \exp(-y^{(n)} \mathbf{w}^T \mathbf{x}^{(n)})}.$$

This can be rewritten as:

$$\frac{\partial}{\partial w_i} \ell(\mathbf{w}) = \frac{1}{N} \sum_{n=1}^{N} \frac{y^{(n)} x_i^{(n)}}{1 + \exp(y^{(n)} \mathbf{w}^T \mathbf{x}^{(n)})}.$$

In vector form, the gradient is:

$$\nabla \ell(\mathbf{w}) = \frac{1}{N} \sum_{n=1}^{N} \frac{y^{(n)} \mathbf{x}^{(n)}}{1 + \exp(y^{(n)} \mathbf{w}^{T} \mathbf{x}^{(n)})}.$$

### 2.2 Gradient Descent Update Rule

The update rule for logistic regression is:

$$\mathbf{w}^{(t+1)} = \mathbf{w}^{(t)} - \alpha \, \nabla \ell(\mathbf{w}^{(t)}),$$

or explicitly,

$$\mathbf{w}^{(t+1)} \; = \; \mathbf{w}^{(t)} - \alpha \, \frac{1}{N} \sum_{n=1}^{N} \frac{y^{(n)} \, \mathbf{x}^{(n)}}{1 + \exp \left( y^{(n)} \, \mathbf{w}^{(t)T} \mathbf{x}^{(n)} \right)}.$$

## 3 Learning Rate and Backtracking Line Search

### 3.1 General Update Rule Reminder

Recall the gradient descent update:

$$\mathbf{w}^{(t+1)} = \mathbf{w}^{(t)} - \alpha \nabla \ell(\mathbf{w}^{(t)}).$$

The learning rate  $\alpha$  determines the step size.

### 3.2 Backtracking Line Search Algorithm

- 1. **Initialization:** Set an initial step size  $\alpha_0$ .
- 2. Candidate Update: Compute

$$\mathbf{w}^{(t+1)} = \mathbf{w}^{(t)} - \alpha \, \nabla \ell(\mathbf{w}^{(t)}).$$

3. Armijo-Goldstein Condition: Check whether

$$\ell\left(\mathbf{w}^{(t)} - \alpha \,\nabla \ell(\mathbf{w}^{(t)})\right) \, \leq \, \ell\left(\mathbf{w}^{(t)}\right) - \beta \,\alpha \,\|\nabla \ell(\mathbf{w}^{(t)})\|^2,$$

where  $\beta \in (0,1)$  is a constant.

4. **Adjust**  $\alpha$ : If the condition is not satisfied, reduce  $\alpha$  (e.g., set  $\alpha \leftarrow \frac{1}{2}\alpha$ ) and repeat step 3.

**Lemma 3.1** (Sufficient Decrease). Under standard smoothness assumptions on  $\ell(\mathbf{w})$ , there exists an  $\alpha > 0$  such that the Armijo-Goldstein condition holds.

*Proof Sketch.* Using the Taylor expansion around  $\mathbf{w}^{(t)}$ :

$$\ell(\mathbf{w}^{(t)} - \alpha \nabla \ell(\mathbf{w}^{(t)})) \approx \ell(\mathbf{w}^{(t)}) - \alpha \|\nabla \ell(\mathbf{w}^{(t)})\|^2 + \frac{L\alpha^2}{2} \|\nabla \ell(\mathbf{w}^{(t)})\|^2,$$

where L is the Lipschitz constant for  $\nabla \ell$ . For sufficiently small  $\alpha$ , the quadratic term is dominated by the linear term, ensuring the condition holds if

$$\frac{L\alpha}{2} \le \beta.$$

## **Key Points Summary**

• Gradient Descent Update Rule:

$$\mathbf{w}^{(t+1)} = \mathbf{w}^{(t)} - \alpha \, \nabla \ell(\mathbf{w}^{(t)}),$$

- **Gradient Derivation:** For both models, the gradient is derived using the chain rule. For linear regression, explicit computation shows how the constant arises and how it is removed by loss re-scaling.
- Backtracking Line Search: This method adjusts the learning rate  $\alpha$  to ensure a sufficient decrease in the loss function, as specified by the Armijo-Goldstein condition, and guarantees progress under smoothness assumptions.
- Theoretical Guarantees: Under Lipschitz continuity of the gradient, there exists a small enough  $\alpha$  such that the sufficient decrease condition holds, ensuring that gradient descent converges.