

# Frederica Forde-Blaise

## Registered Nurse

### Contact

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### Education

Suny Downstate:  
Bachelors of Science in Nursing  
Helene Fuld College of Nursing:  
Associate Degree in Nursing  
Long Island University:  
Bachelor's in Psychology

### Objective

To obtain a position as a Registered Nurse to advance my skills and provide quality care to patients professionally.

### Experience

#### **Staff Nurse- Queens General Emergency Department NYC HHC Manhattan, N.Y Present**

- Develops, implements and continuously evaluates the nursing regimen for assigned patients/clients.
- Records and maintains nursing care plans and progress notes on patients/clients to ensure continuity of care.
- Interprets and reports responses of patients/clients to appropriate members of the health team.
- Participates with interdisciplinary health team members to plan a comprehensive patient care program.
- Determines and assigns those components of the nursing regimen which may be carried out by allied nursing personnel.
- Provides teaching, guidance and direction to allied nursing personnel in rendering patient care.
- Participates in defining, implementing, maintaining and interpreting standards of nursing practice.
- Participates in departmental and interdisciplinary conferences pertaining to policies and procedures affecting nursing practice.
- Participates in determining conditions, resources and policies essential to the delivery of nursing care services.
- Participates in development and maintenance of a system of evaluation of nursing care, practices and procedures, including evaluation of nursing personnel.
- Interprets philosophy and objectives of agency and Nursing Department to patients/clients, families and other groups.

- Maintains professional competence through participation in continuing education and other appropriate learning experiences.
- Performs other professional nursing activities as delegated by nursing service administration.

***Staff Nurse- Gouverneur Health NYC HHC Manhattan, N.Y***  
***07/21***

- Restores and promotes patient's health by completing the nursing process.
- Collaborates with physicians and multidisciplinary team members.
- Provides physical and psychological support to patients, friends, and families.
- Identifies patient care requirements by establishing personal rapport with patients and their families.
- Assures quality of care by adhering to therapeutic standards; measuring health outcomes against patient care goals and hospital or regulatory standards.
- Resolves patient problems and needs by utilizing multidisciplinary team strategies.
- Maintains safe and clean working environment by complying with procedures, rules, and regulations.
- Protects patients and employees by adhering to infection-control policies and protocols; medication administration and storage procedures; and controlled substance regulations.

***L.P.N- Gouverneur health NYC HHC***  
***Manhattan, N.Y 10 /20***

- Provide quality nursing care to individuals in nursing home setting and sub-acute rehab setting.
- Administer prescribed medications as determined by plan of care
- Record progress and treatment notes as required
- Wound Care treatment.
- Assist with day to day patient care, make rounds, take and record vital signs as needed
- Inform nursing supervisor of all pertinent changes in the residents and special problems allotted to nursing care of the residents on a daily basis.

***L.P.N- New Surfside Nursing Home (Staff Blue Agency)***  
***Queens, N.Y 5/2015-10/2015***

- Provide quality nursing care to individuals in nursing home settings.
- Administer prescribed medications as determined by plan of care
- Record progress and treatment notes as required
- Wound Care treatment.
- Assist with day to day patient care, make rounds, take and record vital signs as needed
- Inform nursing supervisor of all pertinent changes in the residents and special problems allotted to nursing care of the residents on a daily basis.

- Completed job related tasks as needed.

***L.P.N – University Physicians of Brooklyn Institute for Advance  
Otolaryngology-***

**Brooklyn, NY 5/2014-5/2015**

Assist and coordinate patient care

Prep patients for surgery and assist with in patient procedures.

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## **License & Certifications**

N.Y.S Registered Nurse BSN

N.Y.S Licensed Practical Nurse

BLS , ACLS, PALS, AED

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## **Key Skills**

- *Eight years professional experience*
- *Knowledge of SigmaCare, QuadraMed Epic and Point click Care*
- *Knowledge of Infection Control Practices*
- *Demonstrated ability to communicate effectively with patients, families, physicians and other healthcare team members*

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## **References**

[Available upon request.]

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