

OPAL HERNANDEZ, RN, BSN

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SUMMARY

Registered Nurse with clinical experience in primary care, medical surgery, and cardio-thoracic surgery in a large, multi-specialty academic medical center. Recognized by hospital leadership for consistently delivering high quality patient care.

PROFESSIONAL EXPERIENCE

Northshore University Hospital, Manhasset, NY

Aug 2021 - Present

Registered Nurse

Various clinical and patient care responsibilities including LVAD competent, heart and lung transplant, cardiac surgery preop and postop, stepdown unit care.

- Proficient practice of clinical skills in delivering outstanding patient care.
- Consistently employ best practices and bedside manner to ensure a productive, healthy, and friendly patient care experience.
- Responsible for ensuring proper infection control and best practices.
- Trained to detect physiological challenges and distress.
- Manage medication administration to ensure accurate delivery, patient safety and proper security of controlled drugs.
- Participate and facilitate medical response activity and other collaborative patient care activity.
- Capable of multitasking, listening, proper communication, and prioritizing patient care and clinical responsibilities.
- Trained in best practices for the promotion and maintenance of health and wellness.

CLINICAL ROTATIONS

Various clinical rotations in hospital and ambulatory setting:

Jan 2019 - May 2021

- Forest Hills Hospital LIJ, Queens NY: Leadership.
- Forest Hills Hospital LIJ, Queens NY: Medical Surgical III.
- Virtual Stimulation: Pediatrics
- Hospital for Special Surgery: NY, NY: Medical Surgery II
- NYP Psychiatry, Westchester, NY: Mental Health.
- Stern Rehab. Center, Northwell Health Manhasset NY Medical Surgical I.
- Forest Hills Hospital LIJ Queens. NY: Maternity
- Jeanne Jugan Residence, Bronx, NY: Fundamental.

EDUCATION & CERTIFICATIONS

Mercy College, Dobbs Ferry New York

Bachelor of Science in Nursing

Honors: Magna Cum Laude

Sigma Theta Tau International Honor Society of Nursing

- Mental Health First Aid Certified, 2020
- BLS Certification for Health Care Professions (adult and infant) 2022
- ACLS Certification 2022
- COVID-19 Pulmonary, ARDS, and Ventilator Resources 2021

COMPUTER & TECHNOLOGY

Microsoft Office, Apple OS, Sunrise EMR, Other EMR