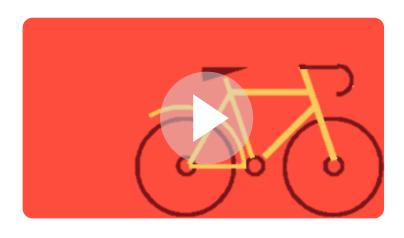


Sit less. Move more. Get some exercise.



Today

