

# CHEMICALS IN COSMETICS



"The Average Woman Puts 515 Synthetic Chemicals On Her Body Every Day Without Knowing And 60 percent of what we put onto our skin is absorbed into our bodies."

## WHY?

Even though we do get told the ingredients used in our products are, we often never dive deep into finding out the harm it might do to our skin and our body!

We have been taught to have a balanced diet since a very young age.

If we carefully introspect what we eat everyday well then we should also know what we put on our skin!

After all the skin is our body's biggest organ! Surprising isn't it?

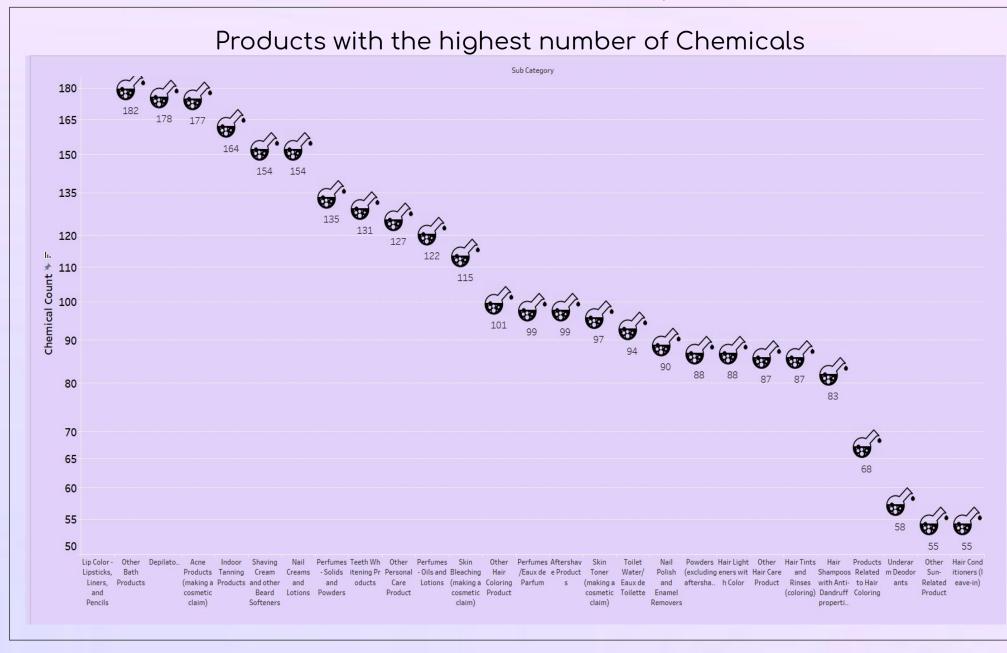
The laws governing cosmetics and personal care products are so limited that known cancer-causing chemicals, are legally allowed in personal care products. Some carcinogens, such as formaldehyde and formaldehyde-releasing preservatives, are common in personal care products, while others are less common, but still occasionally present. \*\*All opinions are based on the dataset used for this particular analysis, this is not professional advice.

Sources for the infographic

http://www.safecosmetics.org/get-the-facts/chemicals-of-concern/known-carcinogens/ https://www.cdph.ca.gov/Programs/CCDPHP/DEODC/OHB/CSCP/Pages/CSCP.aspx

### WOAH?

Check out this analysis of the products we use on a daily basis! It gives us the product categories with the highest number of chemicals.



Topping the charts are lipsticks & bath products. You never thought they were harmful right? Well, think again!

#### WHAT CAN WE DO?

#### DO YOUR RESEARCH

It requires an extra effort to open your product and read the package behind it.

It will mostly have all the information you need!

There is so much credible information available on the internet! It is time we care for ourselves, introspect and not let companies lie to us!

Start now!

Ingredients and their studies are the star of the show here! Pick up your product and read about it.

Checkout resources like incidecoder.com

\* DECODER "When in doubt, licensed aesthetician Hadiyah Daché — also known as the "Fairy Glow Mother" — said shoppers should type the product into INCIdecoder, an online cosmetics database, to get a full rundown."

\*NOT SPONSORED



Infographic by Siri Tarmale Your next door skincare enthusiast. Let me know your opinion!



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