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Bhrigu Lake Trek

₹Himachal Pradesh - ★★★★★ 5.0 Ratings



Difficulty
Easy

Reporting Place
manali

Pickup/Drop (Optional)
manali

Highest Altitude
14100

Temperature
Day time: 8°C-18°C; Night time: 5°C-25°C

Best time to visit
April to October

Days
3

Nights
2

Trek Available Dates

September

September 09 To September 12 (open)

₹ 5555 (*5% GST extra)

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Overview

Detail Itinerary

Food & Misc

Things to Carry

Terms & Conditions

How to Reach

Rent a Gear

FAQ

Trip Reviews

Overview

Bhrigu Lake trek is a 3-day trek nestled at an elevation of 14,100 ft ASL in the laps of Kullu Valley of Himachal Pradesh. It is a popular summer trek priced for its rich meadows. Generally, access to alpine meadows requires a vigorous trek of 2-3 days with a steep ascent but in Bhrigu Lake trek one can encounter the green meadows just 10 minutes into the trek. The trail takes you through the ancient villages of Old Manali while traversing the British colonial roads. The charm is otherworldly. Bhrigu Lake gets its name from Maharshi Bhrigu, one of the Saptarishis created by Brahma. Legend states that Sage Bhrigu used to meditate near the lake and hence due to his blessings the lake never completely freezes. In addition to the lush meadows and crystal clear streams, you also get to trek on snow patches as you get closer to the lake.

Our trek starts in Old Manali at Riding Solo's basecamp. From there you are driven to Kolang Village where the actual trekking begins. Your first day will be utilized trekking to the campsite of Mori Thach. Most trekking companies take you through the Rola Khuli route but Riding Solo takes you through the Mori Thach route because it is very less crowded, has better views and there is no pollution at all at the campsites. The next day you will trek to Bhrigu Lake and return back the same day to Mori Thach. See more specifics in the detailed itinerary. Night stays will be in tents on a twin or triple sharing basis. Sleeping bags will keep you cozy. Three meals and two-time refreshments are provided every day. The menu is designed keeping in mind the nutrient requirements of the trekkers. In addition to these various activities like rock climbing and river crossing are organized.

Bhrigu Lake is one of the most revered summer treks of India due to its ease and the alpine views that it offers akin to Switzerland. Kids as young as five and senior citizens as old as 60 years can easily do this trek. It can be the perfect introduction for a beginner to the world of trekking.

Detail Itinerary

1 Day 1 Old Manali → Mori Thach via Kulang (Altitude- 9350ft)

All the members assemble at our camp site beside Club House in Old Manali around 8:30 am. After having piping hot tea on arrival, we start our drive to Kulang around 9 am. The meandering roads with hair-pin bends, views of snow-capped peaks and the fresh breadth of air kickstarts your journey. After driving for 7 kms, we reach the quaint village of Kolang. Trekking from Kulang, we pass through forests of birch and oak and cross streams such as Chor Nallah and Kohli Nallah on the way to reach Mori Thach in 2-3 hours. We also pass through by gazing to Manali Bazar and Solang Bazar from top of the hills before reaching to Mori Thach Campsite. The campsite of Mori Thach is the only place from where Hanuman Tibba peak can be seen clearly. Mori Thach route is preferred over Rola Khuli route because of overcrowding and pollution of water sources near the campsite of Rola Khuli. Hot lunch is served on arrival. The night is spent camping with bonfire, stargazing, binging on good food and prepping for the next day.

2 Day 2 Mori Thach to Bhrigu Lake(Altitude- 14100ft)

We start pretty early at 7 am as it is a round trip and we have to be back at Mori Thach before it gets dark. The round trip stretch of 12 kms requires us to ascend and descend steep slopes. The ridges are steep and depending on the weather are either covered in snow or flowers. The trail starts turning brown as we approach Bhrigu Lake, enjoying the ivous charades of wild

horses. All your exhaustion will vanish when you see the mighty blue Bhriku Lake, partly sprinkled with snow and in the lap of tall mountain ridges. We spend some time there catching our breath, taking pictures and introspecting about the stories of Rishi Bhriku. Bathing in the lake or playing with the water is strictly prohibited as the lake is deemed sacred. We take care of our litter and keep the place clean. After a while, it's time to return back to Mori Thach to spend the night. After we return back around 4 pm, the campsite is alive with cacophony of excited members after achieving the feat. Food and stories flow free around the bonfire with contentment on everyone's faces.

3 Day 3 Mori Thach to Kulang and back to Manali (Altitude- 6,560ft)

A night will turns shine when Solar deity comes in power in early morning. We welcome the raise of shine with sipping tea . We will serve hot breakfast as this will be the last meal with us. This is the last leg of the trek and we trek back to Kolang and then drive to Old Manali from there. Everyone bids adieu to each other for the experiences gained, the friendships that were formed and for the amazing memories.

4 Day 4 Old Manali Mori Thach Via Kulang (Altitude- 9350ft)

Get down at the bus stop of Old Manali. From there you will have to reach our basecamp for which you can use google maps, ask around or take our help with directions. We recommend that you reach one day before the trek starts to be able to acclimatize to the weather and to attend the orientation session we organize in the evening. The orientation session is addressed by experts who will give you various kinds of information regarding trekking and camping. You can also clear your own doubts by asking questions to them. It will be an interactive workshop. Regarding your night stay, you can use Riding Solo's hostel and can opt for the same while booking by talking to your travel executive. You are totally free to book your own separate stay as well. You just need to reach the starting point the next morning in time. The first day of the Bhriku Lake trek starts at 8 AM after all the members have assembled. You will be driven to Kolang Village where the actual trekking will begin. The scenic meandering drive takes you through lush green mountains with an imposing view of the Solang Valley. The drive is included in the package and will be provided by us. Kolang is a small village of few houses which we cross to ascend up. The first 30 minutes are a steep ascent but since you'd be energetic in the morning, you would not get tired. After walking for a while, our first stop would be a small tea point to catch some breath. It is an open meadow area with a view of Old Manali and few villages like Khaddar, Tulah, Tikru etc, and peaks like Hanuman Tibba and Seven Sisters. This trail has good condition roads which were mainly built by the Britishers as they had many summer guest houses in the area. You must think Riding Solo has built these roads but that isn't the case. Since most travel companies don't use this trail it is well preserved. Others go from Gulaba and that route becomes very congested. That is why Riding Solo takes you through this personal route for less crowd and lots of natural views. You won't find mules here. The whole trail is covered with trees and it is so dense in some places that even rain can't penetrate the canopy. The sun shining through the leaves feels great on your face. If you are trekking during summers, the trees protect you. Sun can be quite harsh in the hills and especially in open spaces and moraines but the air filtered through the leaves of the trees gives you a feel of an air conditioner. Keep drinking water during this time because as you move forward you will find a big water nallah midway which you can use to refill your water bottles. This same nallah flows down to form the famous Jogini Falls of Manali which you can visit if you arrive one day earlier in Manali. After crossing the Nallah, you reach the campsite of Mori Thach. As you keep progressing, the area of meadows keeps increasing, and slowly instead of small hillocks and tibbas you will notice huge expanses of grasslands and large tibbas. This means you are getting closer to your campsite. Till here you even get a mobile network. Before our campsite, we will cover a cairn. You will be provided hot lunch included in the package. Once you have arrived at the campsite, you are served hot tea and are shown to your tents. The guides will brief you on other amenities like the kitchen, water facilities, and toilets. The toilets are pit toilets and you'd need to use toilet paper. It is advised you directly don't go to sleep in your tents cause it may make you sick. We have a spacious dining hall where you can sit along with other members of your group. Find the hidden star in your group who can play songs or guitars for your entertainment. We always have musical instruments lying around there. You can also indulge yourself in indoor games like Ludo, Chess, Carrom, etc. After some time of having reached the campsite, you will be assembled by the guide for an activity session which would be of around 1.5 hours. Since your body is not accustomed to heavy work every day and we need to get you ready for the next day, we will do a light stretching session. After that, we have fun games. It can be any group activity like volleyball and depends on the day. After making you tired with all the activities, we provide you evening snacks like pakodas or anything depending on the menu. There is the network available here as well but we suggest you set aside your phones and instead of watching Insta Reels videos made your own videos and photos for memories. We want you to cherish and live these moments that you have given to us. The dinner is a buffet and you can eat as much as you want. Bonfire in the evening is subject to availability. You can play games and Antakshari during a bonfire. We will try to sleep early tonight because we have to get up pretty early the next day and you guys must be tired as well. Before you go to sleep we want you to take a moment and look around you. Look up, look down and look around before entering the tent and come to the realization of where you are right now. Generally, we get so involved

with our group of friends that we fail to enjoy the moment personally. Just for tonight, feel that you own the place. Those 5 minutes should be your own. After this, you can go sleep in your tent. If the night gets colder, you are provided with Bournvita or soup, subject to the itinerary.

5 Day 5 Mori Thach To Bhrigu Lake(Altitude- 14100ft)

Generally in the mountains, the environment is such that you yourself wake up early. Even if you don't a guide will come to wake you up with a wake-up call. After you get up, you're served some morning tea before you have to get ready. Getting ready is not a chore in the mountains. You won't be disqualified if you have only brushed your teeth as a getting ready ritual. Your body is considerably warm after sleeping inside the tent and getting in contact with the cold wind outside can prove disastrous for your body. Carry your jacket with you when you venture out of the tent so that you don't get sick. The trek begins after a hearty breakfast. The trek today will be moderately tougher than the previous day. As you keep ascending passing through the meadows, the visibility of the surrounding peaks keeps increasing. You will start seeing peaks like Hanuman Tibba and Seven Sisters. The areas of Rohtang Pass and Gulaba will also become clearly visible as you ascend more. The network would be available in certain sections of the trek. To reach Bhrigu Lake, you need to trek through a beautiful snow patch. The size of the patch depends on which month you are trekking in and generally melts only after July/August. Bhrigu Lake is mostly frozen throughout the year and only melts for few days in August. In winters the snow is so thick that you won't even be able to reach the base camp. Braving the snow patch, you finally reach the lake. The lake is situated in a low-lying area surrounded by peaks on all sides. Green meadows carpet the vicinity of the lake with flowers of myriad colors dotting the whole landscape. The aura of the ancient Bhrigu Lake engulfs you with a sense of peace and bliss. The beauty of the trek is incomparable. Generally, when we have visited many beautiful places in our lifetime, we tend to compare them. We suggest you don't do that as every place is unique in its own sense. There is only one Bhrigu Lake in the world and you should admire its beauty in all its entirety. Enjoy your packed lunch in that beautiful surroundings. After spending some time near the lake, it's time to return back. Consider that the trek till there was an exam and you reaching Bhrigu Lake signifies your passing the exam with flying colors. Savor this sense of achievement and don't let it get side-lined. You are among the very few people out of 7 billion people on this earth who have conquered Bhrigu Lake at 14,100 ft above sea level. That is not a small feat no matter how easy or difficult was it for you. When you go back to your workplace, you can go back with a renewed sense of confidence that you can achieve anything you set your mind to. It will be very helpful for your future treks or any other endeavors. Back at the campsite, there is a current of celebration in the air. Make merry and enjoy your dinner. Spend time with your team around the bonfire playing games and sharing stories. Take at the moment as you go to sleep.

6 Day 6 Mori Thach To Kulang And Back To Manali (Altitude- 6,560ft)

Wake up to a marvelous sunrise and start descending after having a hearty breakfast. The descent is pretty easy and we will reach Manali by 12 noon. On reaching the basecamp, you will be awarded a trek completion certificate. Since Riding Solo is an IMF-certified company, that certificate is valid as a sports activity in any government or private institution. It is proof of your achievement. Your trek with Riding Solo ends here. Members planning to return the same day can take the Volvo buses that run in the evening. Manali has good connectivity to Delhi and Chandigarh. We suggest you utilize that buffer time to explore the local sites of Manali like Hidimba Devi Temple, Mall Road, Manu Temple, etc. You can deposit your extra luggage in Riding Solo's office or campsite for a hassle-free excursion to the city. You can take the help of our guides and local staff for assistance with your local Manali sightseeing. We want you to properly utilize every minute of your remaining time.

Food & Misc

Pump up Mornings 50

Rise & Shine with a cup of Tea- Filled with high antioxidants which will help in boosting energy.

Power Pack Lunch 650

Have your energetic lunch in Pahari style - We will provide a packed lunch which includes Veg Biryani/ Dal-Rice

Energising Evening 400

Evening Snack time - crunch munch, chit chat and relax! tea, with vegetable pakora/Maggi/popcorn

Happy Dinner 700

Dinner time - Tin!! Tin!! Dinner is poured. Matar paneer/seasonal mix veg cooked followed by a sweet dish by our Pahari chef in Pahari style.

Things to Carry

We Recommend you to please read this carefully and bring all Essentials. You can also reach us for more clarification on Things to carry, We will be glad to assist you.



Terms & Conditions

- Insurance :Travel insurance is mandatory for everyone who wants to go on an adventure with us. The insurance is provided by Care Insurance, one has to muster in mind that the liability lies between an insurance holder and the company, RidingSolo isn't responsible for anything in between.
- Liability clause:Whenever you book any trek with Ridingsolo, it's mandatory to go through liability, medical form first before agreeing. That's how the booking is completed stepwise. If you haven't read the entire clause and agreed to the liability clause, you have to bear the consequences. Based on that same liability, our company will prove our responsibility accordingly.
- Inclusion:Please refer to the above Inclusion and Exclusion criteria. The mountains and the world around it are having very uncertain weather conditions. Nobody is sure about what is going to happen next moment. So if any unprecedent incident takes place, we hold complete rights to change or cancel the trip/trip without any prior information. According to changes and services we provide due to bad weather, you have to pay extra charges, if needed.
- Transportation :You can opt for transportation from Ridingsolo. The service of transportation from our side is third-party reliable. It's just that we're helping you in between to make your journey smoother. So anything related to transportation has to be taken individually by the third party you, in between. We can just help you in making it better.
- Medical form:Being fit and devoid of any medical condition is the utmost requirement before going for any trek. So if you're booking individually or in the group, make sure that you download the medical form individually. It's important to go through all the necessary details before proceeding ahead.
- Rescue :Rescue is subject to availability during unwanted incidents. The rates depend on the air-lines working in the time-span, and the customer has to bear the cost of airlifting.
- Everyone has to adhere to our global campaign «NoTrashTrails». We aim to provide better earth for the next generations. That's why marching behind this goal is very important. If you don't follow the guidelines of NoTrashTrails, you will be fined according to the Forest Department's notice.
- The decision of the Guide will be the final call, and everyone has to follow that decision, without any other thing in mind.
- Accommodation in single, twin, or triple sharing will be decided by us.
- Do's and Don'ts
 - Behave properly with co-travelers and guide
 - Greet the locals
 - Follow your guide
 - Don't leave trash on trails
 - No smoking
 - No alcohol during the trek
 - Make way for horses and local people on the trail while trekking
 - Inform your guide first if it's a physical problem or anything else
 - Don't waste food
 - No loud music allowed
 - Don't try to make other trails than already made.
-

Cancellation Policy



What's Included

- ✓ Accommodation during trekking in Twilight Camping on twin or triple sharing basis along with all the camping gears like sleeping mattress, blankets and other related items.
- ✓ Proper food menu is followed based on each trek- its altitude, weather, number of days and health of trekkers. It includes 3

What's not Includes

- ✗ No kind of insurance or medical expenses are included.
- ✗ Any kind of personal expenses or for porters or ponies are not included.
- ✗ Transportation charges from the starting point before the excursion and from the ending point to back to the pickup point are not included.

- full meals & mid-day + evening meals.
(Total five time feed each day during camping) The food menu is planned by the professional trekker & dietitian.
- ↳ First aid Medical Kit
 - ↳ Permits of treks where permission is to be taken
 - ↳ Qualified & experienced Trek leader, Guide and support staff
- are not included.
- ↳ Any other food & beverage charges other than food menu are not included. (on local shop)
 - ↳ Any other costing involved due to the any kind of natural calamity, forced circumstances are out of control.
 - ↳ Bag offloading up to 10 kgs comes with a fees.(need to pay in cash directly to porter And also confirmation of offloading must be informed us 2 days prior to trek starting day)
 - ↳ Dehradun to Sankri and return in sharing cab/public transportation

📍 How to Reach

Where to Reach: Reach RidingSolo Campsite Old Manali

✈️ By Air

The nearest airport is at Bhuntar, around 50 kms from Manali. You can take a flight to Bhuntar and then take a bus(Rs. 600-800) or a cab to Manali(Rs. 700- 1000). Alternately, you can also take a flight to Delhi and then catch a bus or cab to Manali(537 kms).

🚂 By Train

There are no direct trains to Manali. You can catch a train till Chandigarh and then catch a bus or hire a cab till Manali. The cabs cost around 5000-6000 bucks. The total distance is 305 kms. Bus fare will be 560-1250 bucks.

🚌 By Bus

Manali can be reached from Delhi or other cities in between by road. While the air-conditioned Volvo buses cost around 1500 bucks, the state-run HRTC buses charge around 700-800 rupees. It takes 12-13 hours of overnight journey to reach Manali by bus. The buses mostly leave from Majnu ka Tila or Kashmiri Gate in Delhi.

Private Vehicle:

You can take your own private vehicle or those self-drive cars from Delhi or Chandigarh. But keep in mind that you will trek for more than 5 days and won't need your vehicle. So if you have a safe location to park your vehicle for 5 days, go ahead otherwise use public transport.

The road route is generally this:

Delhi- Sonepat- Panipat- Ambala- Sirhind- Kiratpur- Bilaspur- Mandi- Kullu- Manali.

One advantage of a private vehicle is that you have the liberty to stop anywhere you want.

👉 Rent a Gear



💡 Frequently Asked Questions

Pick your question

💬 Trip Reviews - 23

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 **Mukul** - 99 ***** 05
September 23,2019

★★★★★

Took this trek with Riding Solo from 16th to 18th Sept. The whole experience went as a breeze with excellent guides (Kudos to Padam) and camp staff. The meal selection is very thoughtful with different meals planned for different days, depending on whether you'll trek upwards or downwards. Definitely worth a shot.

 **Vinit Sharma** - 76 ***** 46
September 21,2019

★★★★★

It's part of life when you choose different , Riding solo great

 **Aaditya Sharma** - 75 ***** 01
September 19.2019

★★★★★

My trek to Bhrigu lake was made wholesome and successful by the efforts of riding solo. The excellent guides, (Sachin Bhai in particular) made the trek seem like a breeze and the food was excellent and unbelievably sumptuous. Meticulous effort had been done to make the trek and the stay convenient and everyone was really friendly in panning out the minute details of the trek. Professionalism was shown and every detail was worked out to avoid any glitches. A great work by Riding solo and I would recommend it to everyone. P.S. I've already planned another trek for December with them :))

 **Manish Chauhan** - 97 ***** 43
July 17,2019



I am a big mountain person and my wife shares the same enthusiasm. So it's no wonder that she suggested we do Bhrigu lake this year. Riding Solo's meetup point is at beside the club house in old Manali after which we were driven to Kalong Village. The views of Manali and Solang Bazar while driving was amazing. The route was even more beautiful than the drive. We could see the Hanuman Tibba peak clearly from our campsite in Mori Thach. When we reached the lake we were mesmerized. A sudden calmness and tranquility engulfed us. According to legend, Rishi Bhrigu used to meditate at the lake so it's considered very sacred. Our guide also told us that the lake never completely freezes, even in peak winter season. That was an interesting piece of information. Our night camp at Mori Thach was the best with bonfire, stories, good food and stars above us. The team has really done a commendable job with all the arrangements. Thank you for all the experiences.

 **Olivia** - 73 ***** 80
July 17,2019



Me and my friends were looking for adding a trek in our India's 2 months long vacation. While searching on web we found this trek on TripAdvisor and then we directly approach Ridingsolo (Because even on TripAdvisor it's clearly mention that trip will be organize by Ridingsolo). We zeroed in on Bhrigu Lake trek. Moreover i researched more on other websites as well and then came to know that Riding Solo is offering the trek via a new route, I immediately jumped at the opportunity. The new route is through Kolang Village and Mori Thach. It was cleaner and less crowded than the Rola Khuli route(i read many people reviewed that it's over crowded). I noticed that the team was taking special care to not pollute this route so that it doesn't meet the same fate of Rola Khuli. I think that Riding Solo is one of the only few ethical trekking companies out there who actually care about the ecosystem. Highly recommended. Love from New Zealand.

Write A Review

Name _____ Mobile Number _____

Your Rating : ★★★★☆

Your Review

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Certifications



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