

A = 0,1

B = 0,2

C = 0,3

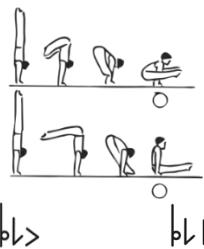
D = 0,4

E = 0,5

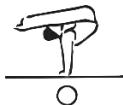
F = 0,6 G = 0,7 H = 0,8

**EG I: Non-acrobatic Elements**

1. From hdst. lower to L-sit or strad. L-sit (2 s.).



2. V-sit (2 s.).

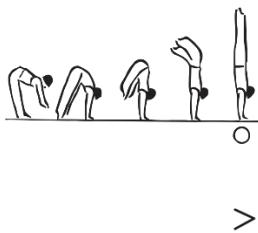
3. V-sit with legs horizontal. (2 s.).  
(Manna)

4.

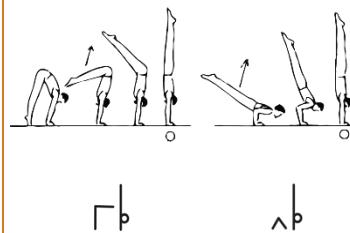
5.

6.

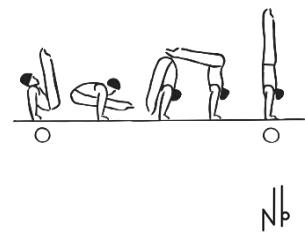
7. From stand, Swiss press to hdst. (2 s.).



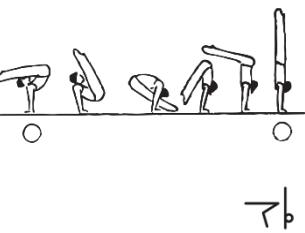
8. Piked body, str. arm or str. body, bent arm press to hdst. with legs together (2 s.).



9. V-sit (2 s) and press to hdst. (2 s.). Also final phase with straddle.



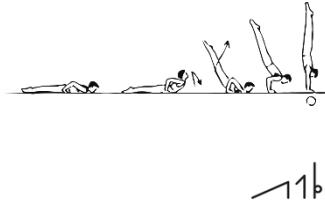
10. Manna (2 s.) and press to hdst. (2 s.). Also final phase with straddle.



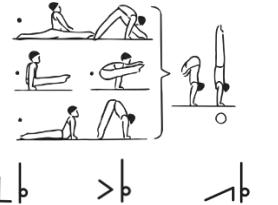
11.

12.

13. Rock to hdst. from prone position (2 s.).

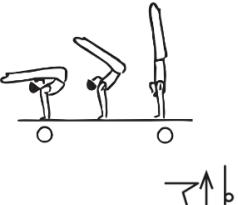


14. Press from split, L-sit strad. or front sup. (2 s.).



15.

16. From Manna (2 s.), turn over (dislocation) to handstand (2 s.).



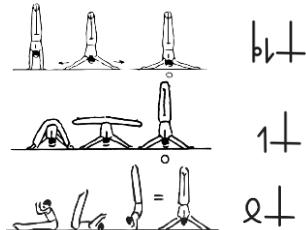
17.

18.

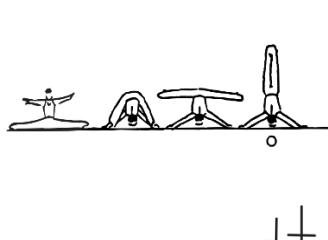
19. Handstand (2 s.).



20. Press or lower or swing to Japanese hdst. (2 s.).



21. From split press to Japanese handstand (2 s.).

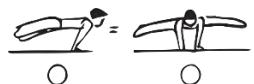
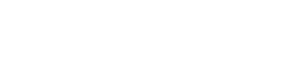
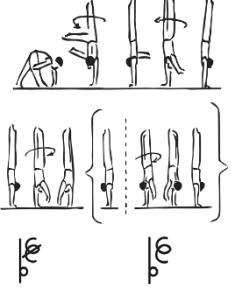
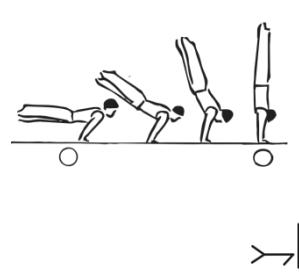
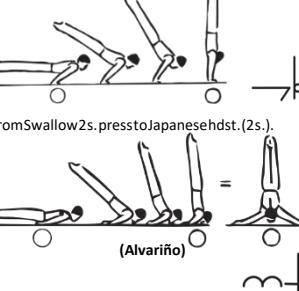
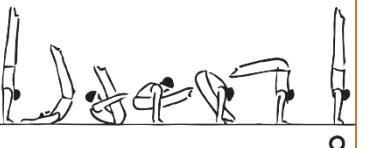


22.

23.

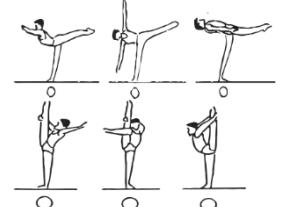
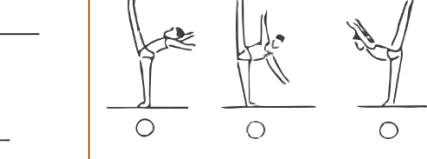
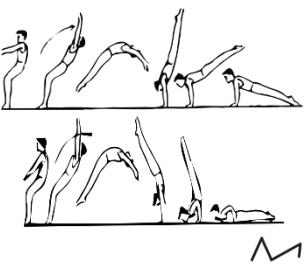
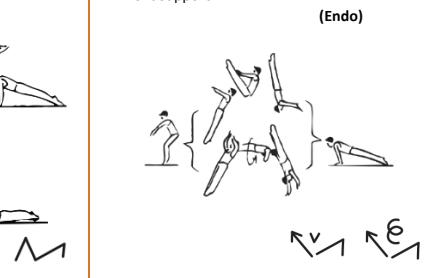
24.



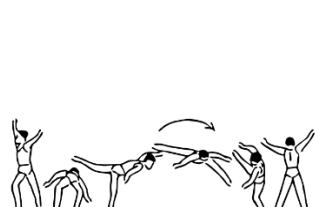
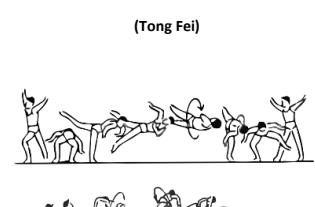
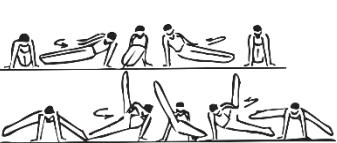
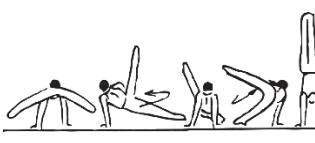
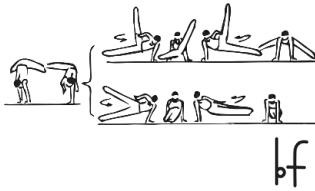
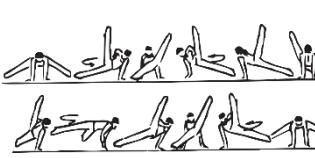
A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG I: Non-acrobatic Elements EG I: Non-acrobatic Elements</b>					
25. Planche, legs straddle (2 s.).  →	26. 	27. Planche (2 s.) / Swallow (2 s.).  →      ↗	28. 	29. 	30. 
31. ½ or 1/1 turn in handstand or to handstand.  ↓↓	32. From straddled planche (2 s.) press hdst. (2 s.).  →↓	33.  →↓	34. From Planche 2 s. press handstand (2 s.).  From Swallow 2s. pressto Japanesehdst.(2s.). (Alvariño) ↓↓	35. 	36. 
37. From L-sit, etc., turn over bwd. to stand.  ↓↓	38. 	39. 	40. 	41. 	42. 
43. 	44. Endo roll to handstand (2 s.).  * ↓	45. Endo roll piked to handstand legs together (2 s.).  * ↓	46. 	47. 	48. 

\* Does not need to come from handstand to be recognised



A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG I: Non-acrobatic Elements</b>					
49. Forward walkover. 	50. 	51. 	52. 	53. 	54. 
55. Cross or side split (stop required). 	56. 	57. 	58. 	59. 	60. 
61. Any standing scale (2 s.). 	62. Any standing scale with 180° straddle, no hand hold (2 s.). 	63. 	64. 	65. 	66. 
67. Jump bwd. to front support. 	68. Jump bwd. with pike-stretch or with 1/1 turn to front support (Endo) 	69. 	70. 	71. 	72. 



A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG I: Non-acrobatic Elements</b>					
73. Butterfly.	74. Butterfly with 1/1 twist fwd. or bwd. <b>(Tong Fei)</b>	75. Butterfly with 2/1 twist.	76.	77.	78.
					
<b>B</b>	<b>B6</b>	<b>B8</b>			
79. 1 circle or flair.	80. Circles or flair to handstand.	81. Flair or circle to hdst. continue to flair or circle. <b>(Gogoladze)</b>	82. Flairhopping with 360° t.bwd.thr.hdstand back to flair (2 hops).	83.	84.
					
<b>f</b>	<b>fb</b>	<b>fbf</b>	<b>f↑bf</b>		
85.	86. Lower from hdst. to flair or circle.	87.	88.	89.	90.
					
	<b>bf</b>				
91. Flair with ½ spindle.	92. Flair with 1/1 spindle (in 2 circles).	93. Flair with >270 spindle (in 2 circles) directly to handstand.	94.	95.	96.
					
<b>fϕ</b>	<b>fϕ</b>	<b>fϕb</b>			



A = 0,1

B = 0,2

C = 0,3

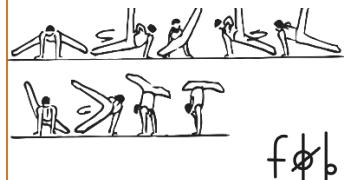
D = 0,4

E = 0,5

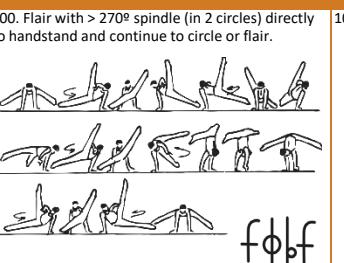
F = 0,6 G = 0,7 H = 0,8

**EG I: Non-acrobatic Elements**

97.

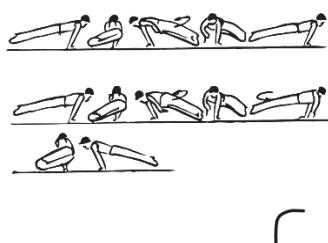
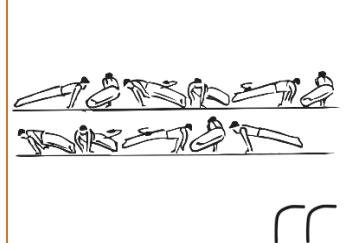
98. Flair with  $\frac{1}{2}$  spindle to handstand.

99.

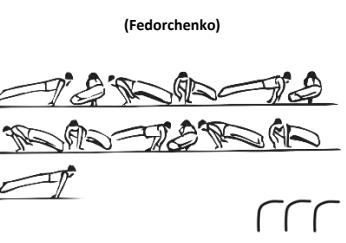
100. Flair with  $> 270^\circ$  spindle (in 2 circles) directly to handstand and continue to circle or flair.

101.

102.

103. Russian wendeswing with  $360^\circ$  or  $540^\circ$ .104. Russian wendeswing with  $720^\circ$  or  $900^\circ$ .105. Russian wendeswing with  $1080^\circ$  or more.

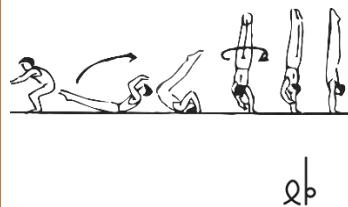
(Fedorchenko)



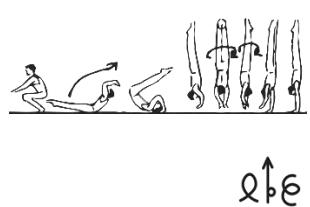
106.

107.

108

109. Roll bwd. through hdst. with  $\frac{1}{2}$  t.

110. Roll bwd. with hop 1/1 t. through hdst.



111.

112.

113.

114.

115.

116.

117.

118.

119.

120.



A = 0,1

B = 0,2

C = 0,3

D = 0,4

E = 0,5

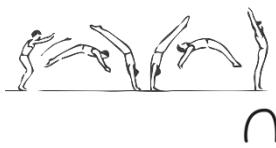
F = 0,6 G = 0,7 H = 0,8

**EG II: Acrobatic elements forward**

1. Forward handspring or flyspring.



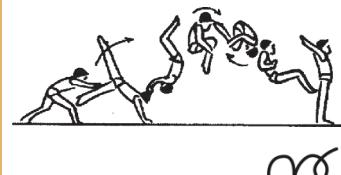
2.



3.

4. Handspring salto fwd. tuck.

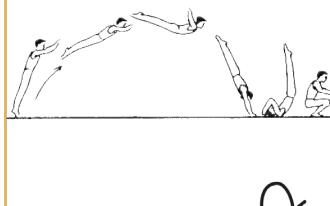
(Morandi)



5.

6.

7. Dive roll.



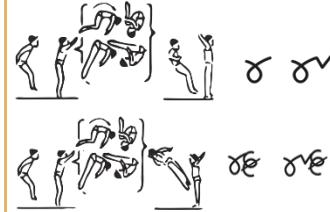
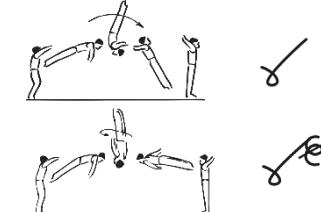
8.

9.

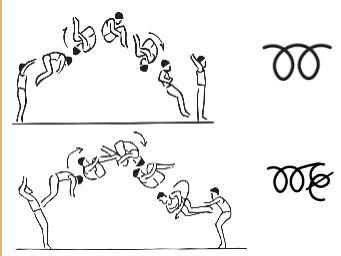
10.

11.

12.

13. Salto fwd. tucked or piked, also with  $\frac{1}{2}$  t.14. Salto fwd. straight, also with  $\frac{1}{2}$  t.

15.

16. Double salto fwd. tucked, also with  $\frac{1}{2}$  t.17. Double salto fwd. piked, also with  $\frac{1}{2}$  t.

18.

19.

20.

21.

22.

23.

24.



A = 0,1

B = 0,2

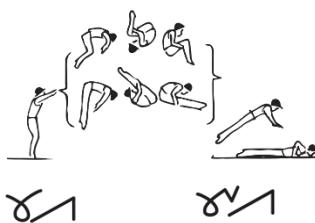
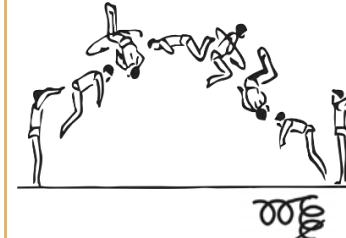
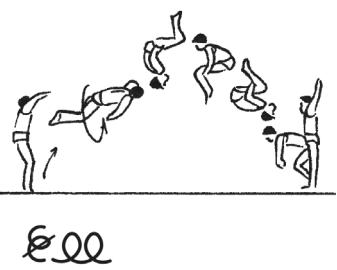
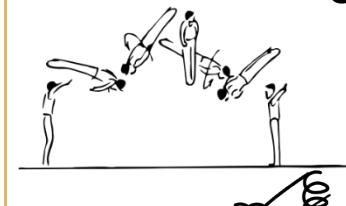
C = 0,3

D = 0,4

E = 0,5

F = 0,6 G = 0,7 H = 0,8

**EG II: Acrobatic elements forward**

25.	26.	27.	28.	29.	30.
31.	32.	33.	34.	35.	36. Double salto fwd. tucked with 1/1 turn. 
37.	38. Salto fwd. t. or p. to front support. 	39.	40.	41.	42. Double salto fwd. tucked with 3/2 turn. (Zapata) 
43.	44.	45.	46. Jump fwd. with ½ t. to dbl. salto bwd. Tuck (Deferr) 	47.	48. Double salto fwd. piked or straight with 3/2 turn. (Zapata 2) 

A = 0,1

B = 0,2

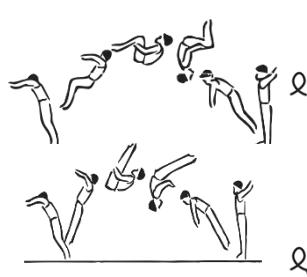
C = 0,3

D = 0,4

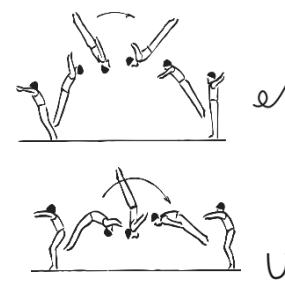
E = 0,5

F = 0,6 G = 0,7 H = 0,8  
I=0,9 J=1,0**EG III: Acrobatic elements backward**

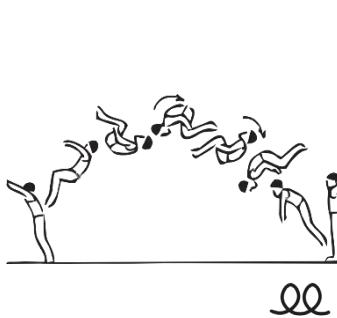
1. Salto backwards tucked or piked.



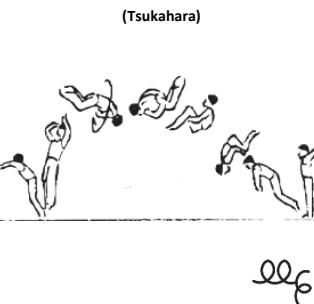
2. Salto backwards str. or Tempo salto bwd.



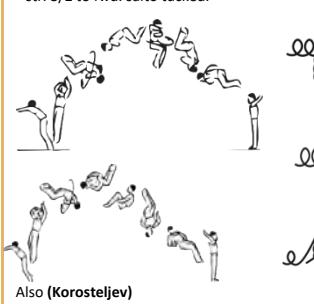
3. Double salto bwd. tucked.



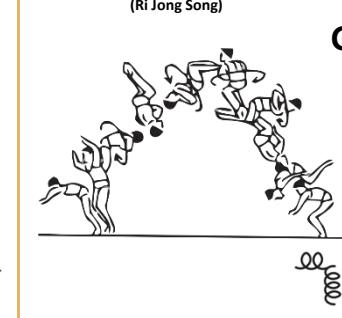
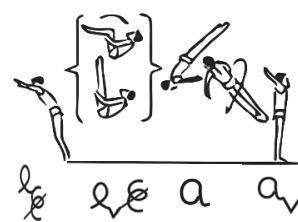
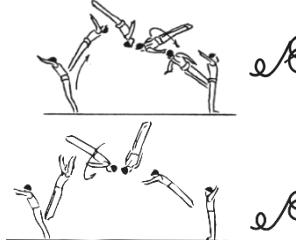
4. Salto bwd. with 1/1 t. and salto bwd.



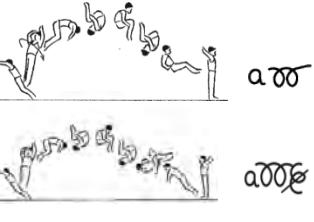
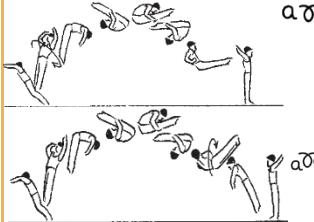
5. Double salto bwd. tucked with 2/1 t. or double salto bwd t. with 3/2 t. or salto bwd. str. 3/2 to fwd. salto tucked.



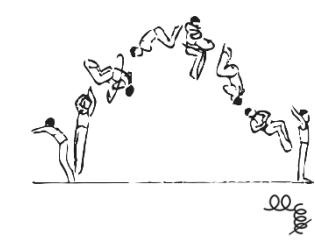
6. Double salto bwd. tucked with 3/1 t.

**G**7. Salto backwards tucked or piked w.  $\frac{1}{2}$  t. or Arabian tucked or piked.8. Salto backwards str. w.  $\frac{1}{2}$  t. or 1/1 t.

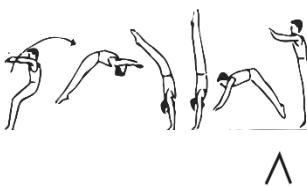
9.

10. Arabian jump bwd. to double salto fwd tucked, also with  $\frac{1}{2}$  t.11. Arabian jump bwd. to double salto fwd piked, also with  $\frac{1}{2}$  turn

12. Double salto bwd. tucked with 5/2 t.

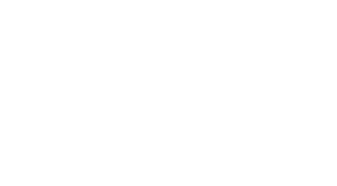


13. Back handspring.



14.

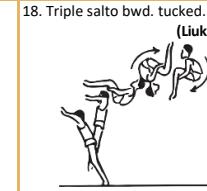
15.



16. Double salto bwd. piked.



17.

**I**

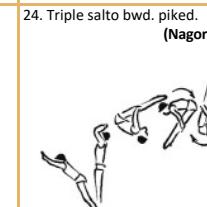
19.

20.

21.

22.

23.

**J**

A = 0,1

B = 0,2

C = 0,3

D = 0,4

E = 0,5

F = 0,6 G = 0,7 H = 0,8

**EG III: Acrobatic elements backward**

25.

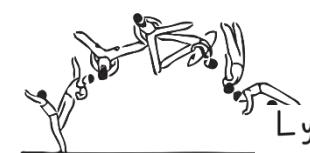
26.

27.

28.

29. Double salto straddled with 1/1 t.

(Lou Yun)



30. Double salto str w 5/2 t.

**H**

31. Jump bwd. with ½ t. to roll fwd.

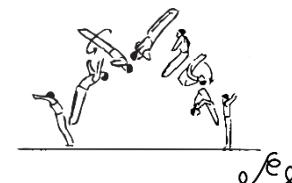
*ar*

32.

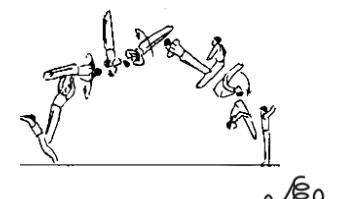
33.

34.

35. Salto bwd. str. with 1/1 t and salto bwd piked.

*el*

36. Salto bwd. str. with 2/1 t and salto bwd piked. (Kolyvanov)

*el*

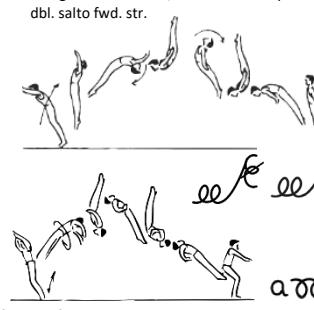
37.

38.

39.

40.

41. Double salto bwd. straight or Double salto bwd. straight and with ½ t., or Arabian Jump bwd. to dbl. salto fwd. str.



(Tamayo)

42. Double salto bwd. str. with 3/2 t. or Arabian Jump bwd. to dbl. salto fwd. str. with 1/1 t.

*el*

Also Hypolito

*el*

43.

44.

45.

46.

47.

48. Doublesaltobwd.straight with 1/1t.orArabian jump bwd. to dbl. salto fwd. str. with ½ t.



Also Penev

*el*

Also Penev

A = 0,1

B = 0,2

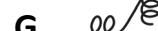
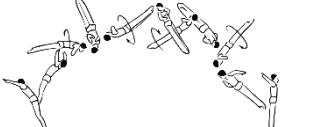
C = 0,3

D = 0,4

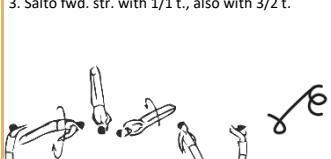
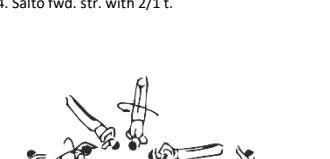
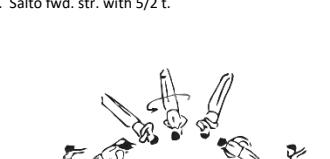
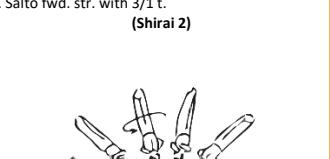
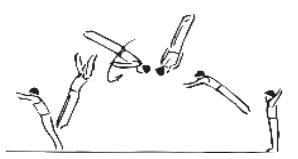
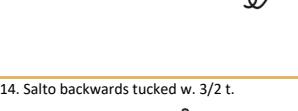
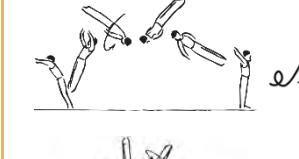
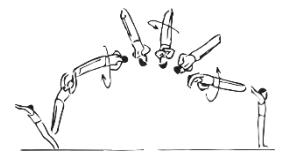
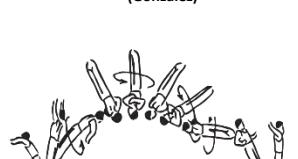
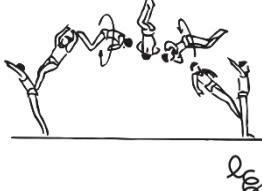
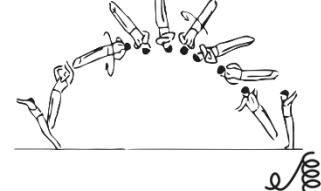
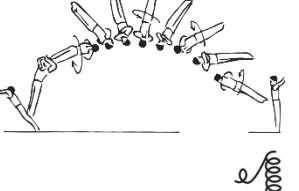
E = 0,5

F = 0,6 G = 0,7 H = 0,8

**EG III: Acrobatic elements backward**

49.	50.	51.	52.	53.	54. Double salto bwd. str. with 2/1 t.  <b>G</b> 
55.	56.	57.	58.	59.	60. Double salto bwd. with 7/2 t. (Minami)  <b>H</b> 
61.	62.	63.	64.	65.	66. Double salto bwd. str. with 3/1 t. (Shirai 3)  <b>I</b> 
67.	68.	69.	70.	71.	72. Double salto bwd. str. with 7/2 t. (Jarman)  <b>J</b> 



A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG IV: Single salto forward and backward with 1 or more turns.</b>					
1.	2. Salto fwd. tucked with 1/1 t., also with 3/2 t.  	3. Salto fwd. str. with 1/1 t., also with 3/2 t.  	4. Salto fwd. str. with 2/1 t.  	5. Salto fwd. str. with 5/2 t.  	6.. Salto fwd. str. with 3/1 t. (Shirai 2)  
7.	8.Salto backwards str. w. 1/1 t  	9. Salto bwd. str. with 3/2 t. or 2/1 t.  	10. Salto bwd. str. with 5/2 t.  	11. Salto bwd. str. with 7/2 t (González)  	36. Salto fwd. str. with 7/2 t. (Goshima)   <b>G</b>
13.	14. Salto backwards tucked w. 3/2 t.  	15.	16.	17.	18.
19.	20.	21.	22. Salto bwd. str. with 3/1 t.  	23.	24. Salto bwd. str. with 4/1 t. (Shirai / Nguyen)  

A = 0,1

B = 0,2

C = 0,3

D = 0,4

E = 0,5

F = 0,6 G = 0,7 H = 0,8

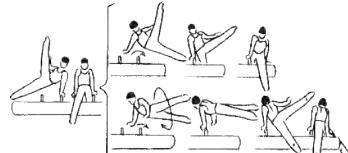
**EG I: Single leg swings and scissors**

1. Scissor forward.



X

2. Scissor forward with travel sideways (also with 1/2 t)



→ X →

3. Scissor fwd. with hop sideways from one end to the other (3/3).



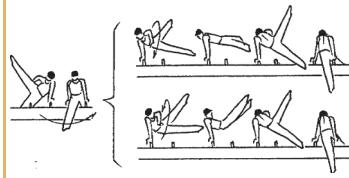
X

4.

5.

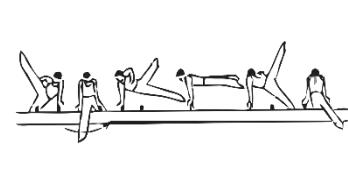
6.

7. Scissor forward with ½ t.



X6

8. Double scissor fwd. (½ t. fwd. a. ¼ t. bwd.).



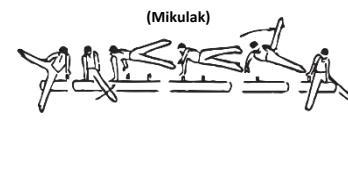
X6

9. Double scissor fwd. (½ t. fwd. a. ¼ t. bwd.) with travel sideways.



X6

10. Double scissor forward sideways from one end to the other (3/3).



X6

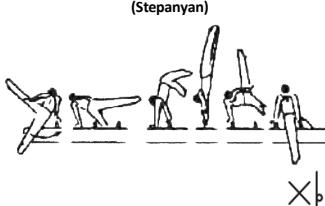
11.

12.

13.

14.

15. Double Scissor fwd. with travel sideways through handstand.



X1

16.

17.

18.

19.

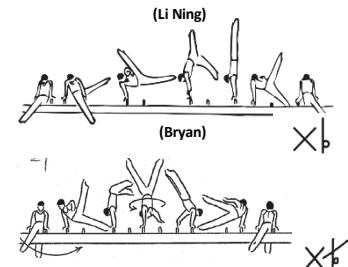
20. Leg cut or undercut bwd. through handstand and lower to support with straddle legs.



Up

21.

22. Scissor fwd. with ½ t. through handstand on 1 pommel, lower to support with straddle legs on the other arm (with legs changing)



X1

23.

24.



A = 0,1

B = 0,2

C = 0,3

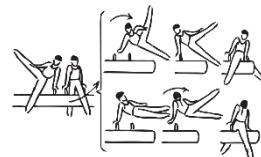
D = 0,4

E = 0,5

F = 0,6 G = 0,7 H = 0,8

**EG I: Single leg swings and scissiors**

25. Scissor backward.

X<sub>o</sub>26. Scissor bwd. with travel sideways (also with  $\frac{1}{2}$  t.).X<sub>o</sub>X<sub>o</sub>

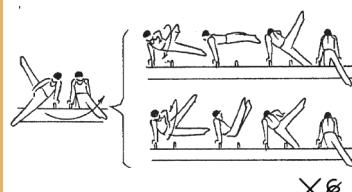
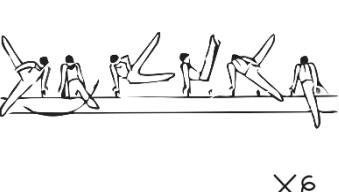
27. Scissor bwd. with hop sideways from one end to the other (1-2 to 4-5).

X<sub>o</sub>

28.

29.

30.

31. Scissor backward with  $\frac{1}{2}$  turn.X<sub>o</sub>32. Double scissor bwd. ( $\frac{1}{4}$  t. fwd. a.  $\frac{1}{4}$  t. bwd.).X<sub>o</sub>

33.

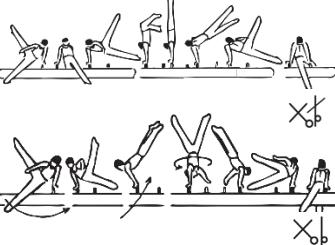
34.

35.

36.

37.

38.

39. Swing bwd. w.  $\frac{1}{4}$  t. through handstand on 1 pommel (also with  $\frac{1}{4}$  t. after), lower to support with straddle legs (with legs changing)

40.

41.

42.

43.

44.

45.

46.

47.

48.

A = 0,1

B = 0,2

C = 0,3

D = 0,4

E = 0,5

F = 0,6 G = 0,7 H = 0,8

**EG II: Circle and flairs, with and/or without spindles and handstands, Kehrswings, Russian wendeswings, flops and combined elements**

1. Any circle or flair in side support.



2. Circle in side support outside pommels or between the pommels.



3.



4.

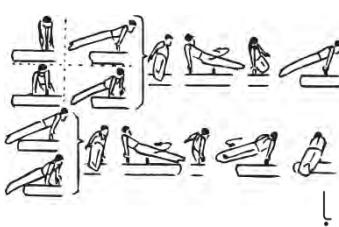
5.

6.

7. Circles in cross support frontways on end.



8. Circles in cross support on 1 pommel (from or to ¼ t. fwd.).



9.



10.

11.

12.

13. Circles in cross support rearways on end.



14. Circles in cross support between the pommels.



15.



16.

17.

18.

19.

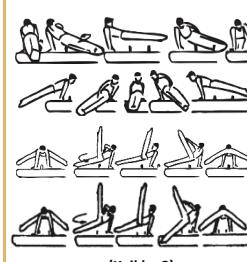
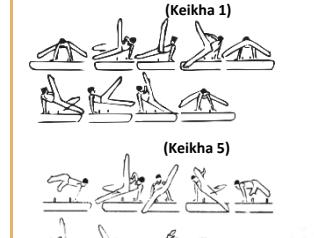
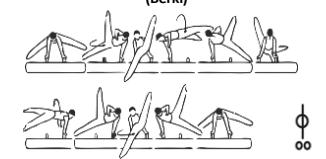
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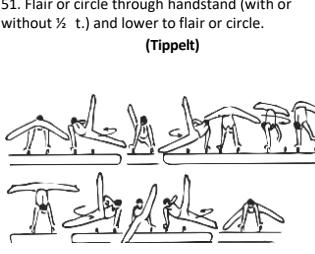
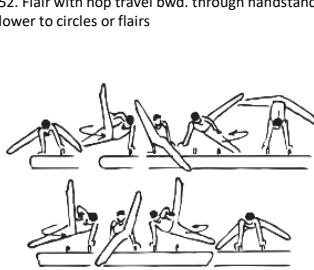
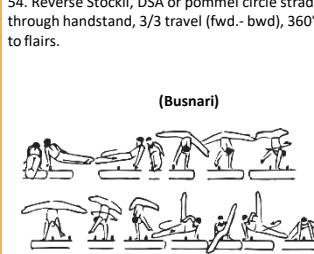
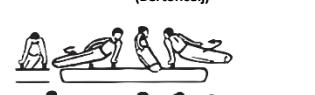
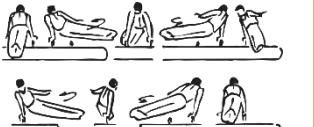
21.

22.

23.

24.

A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG II: Circle and flairs, with and/or without spindles and handstands, Kehrswings, Russian wendeswings, flops and combined elements</b>					
25. Any $\frac{1}{4}$ spindle 	26. Any $\frac{1}{2}$ spindle   (Keikha 2) 	27. 	28. Any side support pommel between hands 1/1 spindle w. legs straddle inside max. 2 circles. 	29. Any side support 1/1 spindle with hand support to the other side and return (max. 2 flairs or circles) (Eichorn)   (Keikha 1) 	30. Any 1/1 spindle with both pommels between the hands (flair or circle).   (Keikha 5) 
31.	32.	33.	34. Any 1/1 spindle within max. 2 circles on the end. (Magyar) 	35. 1/1 spindle w. legs straddle or together on the pommels inside max. 2 circles. (Berki)   Cross support, 1/1 spindle with hands between the pommels max. 2 circles.   (Keikha 6) 	36.
37.	38. Direct Stöckli A (DSA) on the pommels or pommel between hands.   Sa 	39.	40. Direct Stöckli A (DSA) outside pommels. (Keikha 3)   (Keikha 6)   Sa 	41.	42.
43.	44. Direct Stöckli B (DSB).   S 	45.	46.	47.	48.

A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG II: Circle and flairs, with and/or without spindles and handstands, Kehrswings, Russian wendeswings, flops and combined elements</b>					
49.	50.	51. Flair or circle through handstand (with or without $\frac{1}{2}$ t.) and lower to flair or circle. <b>(Tippelt)</b> 	52. Flair with hop travel bwd. through handstand and lower to circles or flairs  f lf	53.	54. Reverse Stöckli, DSA or pommel circle straddle through handstand, 3/3 travel (fwd.- bwd), 360° turn to flairs.  <b>(Busnari)</b>  S abef
55. Double rear (kehr).	56. Kehr with 270° t. on 1 p. (Sohn technique) from cross to side support.  k	57. Kehr with 270° t. on 1 pommel (Sohn technique) from side to cross support. <b>(Bertoncelj)</b>  Γ α k	58. Kehr with 1/1 turn on 1 pommel. <b>(Sohn)</b>  k	59.	60.
61.	62. Direct Tramlot.  x k	63.	64.	65.	66.
67.	68. Reverse Stöckli 180° (or 270° from one pommel) turn in one circle.  R	69. Reverse Stöckli with 270° t. (Bezugo technique) from 2 pommels to cross support on 1 pommel <b>(Davtyan)</b>  R	70.	71. Reverse Stöckli with 360° t. on 1 pommel. <b>(Bezugo)</b>  R o	72.

A = 0,1

B = 0,2

C = 0,3

D = 0,4

E = 0,5

F = 0,6 G = 0,7 H = 0,8

**EG II: Circle and flairs, with and/or without spindles and handstands, Kehrswings, Russian wendeswings, flops and combined elements**

73. Schwabenflank.



S

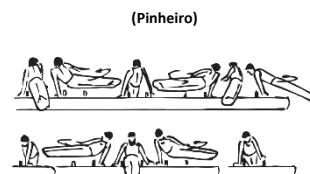
74. Czechkehre on the pommels or pommel between hands.



75.

C

76. Czechkehre outside pommels



(Pinheiro)

77.

78.

79. Wendeswing fwd. with  $\frac{1}{2}$  t. to support fwd. on the end, from side support using 1 or 2 pommels.

W

80.

81.

82.

83.

84.

85. Russian wendeswing with 180° or 270°.



R

86.

87.

88.

89.

90.

91. Russian wendeswing with 360° or 540°.



L

92. Russian wendeswing with 720° or 900°.



R

93. Russian wendeswing with 1080° or more.



RR

94.

95.

96.

A = 0,1

B = 0,2

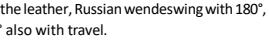
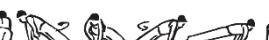
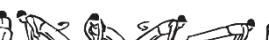
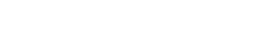
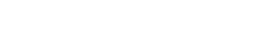
C = 0,3

D = 0,4

E = 0,5

F = 0,6 G = 0,7 H = 0,8

**EG II: Circle and flairs, with and/or without spindles and handstands, Kehrswings, Russian wendeswings, flops and combined elements**

97. On the leather, Russian wendeswing with 180°, or 270° also with travel.  	98.  	99.  	100.  	101.  	102.  
103. On the leather, Russian wendeswing with 360° or 540°.  	104. On the leather, Russian wendeswing with 720° or 900°.  	105. On the leather, Russian wendeswing with 1080° or more.  	106.  	107.  	108.  
109.  	110. Russian wendeswing with 180° or 270° on 1 pommel or between the pommels.    	111. Russian wendeswing with 360° or 540° on 1 pommel or between the pommels.    	112. 720° or 900° Russian wendeswing on 1 pommel or between the pommels.    	113. 1080° Russian wendeswing or more on 1 pommel or between the pommels.    	114.  
115.  	116.  	117.  	118.  	119.  	120.  



A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG III: Travel type elements, including Tong Fei, Wu Guonian, Roth and Traveling Spindles</b>					
1. Circles with any travel in side support (1/3) (also with $\frac{1}{4}$ t.).	2. Circles with any travel in side support (3/3).	3. Any travel in side support (3/3), hands between pommels.	4 Any travel in side support (3/3) over both pommels (also with hop).	5.	6.
7.	8. Circles with any hop travel in side support (1/3)	9. Circles with any hop travel 2x in side support (3/3).	10.	11. From side support beside the pommel, travel hop over 2 pommels to support fwd on other end (1-1 to 5-5). <i>(Yamawaki)</i>	12.
13.	14. Travel fwd. or bwd. with $\frac{1}{4}$ spindle to side support on 2 pommels.	15. All travels with $\frac{1}{2}$ spindle in side support.	16.	17. From an end side travel with 2x $\frac{1}{2}$ spindle to other end.	18.
19.	20.	21.	22. Any travel fwd. 3/3 with $\frac{1}{2}$ Spindle from one pommel over the other pommel. <i>(Nin Reyes)</i>	23. Travel 3/3 over both pommels with $\frac{1}{2}$ Spindle. <i>(Nin Reyes 2)</i>	24.
			<img alt="Diagram 22: Three rows of three illustrations showing travel fwd. 3/3 with 1/2 Spindle from one pommel over the other pommel. The first row shows a person lying on their side, traveling fwd. 3/		

A = 0,1

B = 0,2

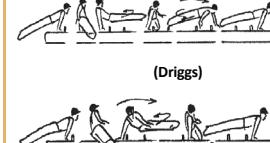
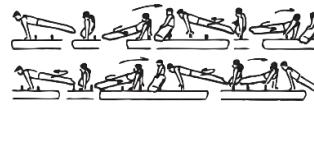
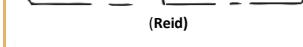
C = 0,3

D = 0,4

E = 0,5

F = 0,6 G = 0,7 H = 0,8

**EG III: Travel type elements, including Tong Fei, Wu Guonian, Roth and Traveling Spindles**

25.	26.	27.	28.	29. Any 3/3 travel in flairs with 1/1 Spindle inside 2 circles.  <b>U</b> (Urzica 2)	30.
31.	32. Travel fwd. in cross support (1/2 or 2/3).  <b>/</b>	33. Travel fwd. in cross support with support on leather, pommel, pommel, leather (3/3)(1-2-4-5).  <b>/</b>	34. Any other travel fwd. in cross support to other end (3/3).  <b>(Magyar)</b> <b>/</b>	35. Travel forward in cross support over both pommels (also with hop).  <b>(Driggs)</b>  <b>/</b>	36.
37. Travel bwd. in cross support from one horse part or pommel to another (3/3).  <b>/</b>	38. Travel bwd. in cross support (1/2 or 2/3).  <b>/</b>	39. Travel bwd. in cross sup with support on leather, pommel, pommel, leather (3/3) (5-4-2-1).  <b>/</b>	40. Any other travel bwd. in cross support to other end (3/3).  <b>(Sivado)</b> <b>/</b>	41. Travel backward in cross support over both pommels (also with hop).  <b>(Kurbanov)</b>  <b>/</b>	42.
43.	44.	45.	46. Kehre fwd., reverse Stöckli, kehre fwd.  <b>(Moguliny)</b> <b>/</b>	47.	48.



A = 0,1

B = 0,2

C = 0,3

D = 0,4

E = 0,5

F = 0,6 G = 0,7 H = 0,8

**EG III: Travel type elements, including Tong Fei, Wu Guonian, Roth and Traveling Spindles**

49.	50.	51.	52. Kehre bwd., kehre fwd., kehre bwd.  (Belenki)    Be	53.	54.
55.	56.	57. From support on 1 pommel, Russian wendeswing fwd. to other end without support on or between the pommels (side to side support, side to cross support).   TF	58. From support on end, Russian wendeswing fwd. to other end without support on or between the pommels (side to side, side to cross, cross to side, cross to cross).  (Tong Fei)   TF	59. On the leather, from cross support, Russian wendeswing with 360° or more-over both pommels.  (Vammen)   V	60.
61.	62.	63.	64. From support 1-2, 3/3 travel in Russian type wendeswing with 630° or more turning.   Wu	65. Any 3/3 travel in Russian type wendeswing with 720° or more turning w. two hands between pommels  (Wu Guonian)   Wu	66.
67.	68.	69.	70. Any Russian wendeswing with 360° t. and 3/3 travel.  (Roth)   Ro	71.	72.



A = 0,1

B = 0,2

C = 0,3

D = 0,4

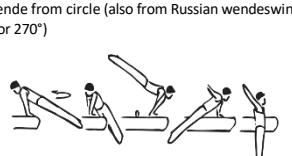
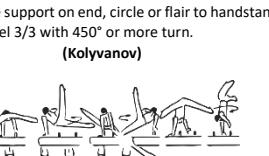
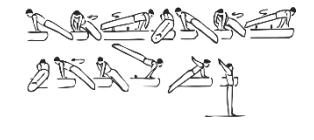
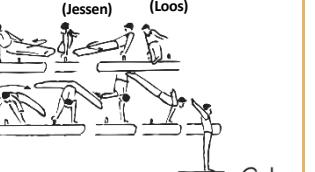
E = 0,5

F = 0,6 G = 0,7 H = 0,8

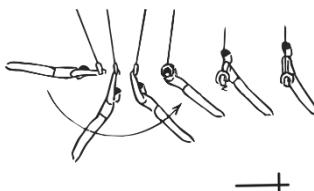
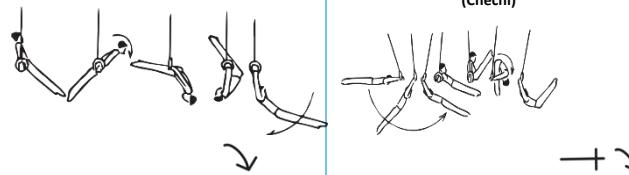
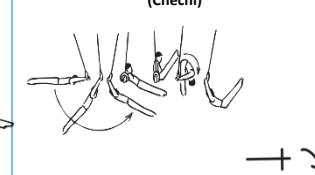
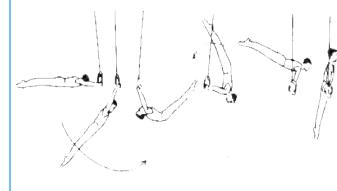
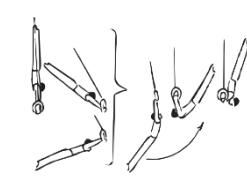
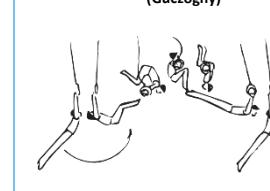
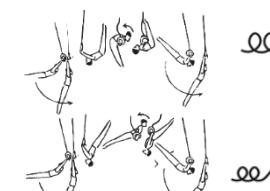
**EG III: Travel type elements, including Tong Fei, Wu Guonian, Roth and Traveling Spindles**

73.	74.	75. Reverse Stöckli from cross support on end to the far pommel  <b>(Romero)</b>  <b>Rm</b>	76. Reverse Stöckli from cross support on one end to the other.  <b>(Abu Alsoud)</b>  <b>R</b>	77.	78.
79.	80.	81.	82.	83.	84.
85.	86.	87.	88.	89.	90.
91.	92.	93.	94.	95.	96.



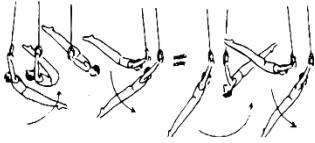
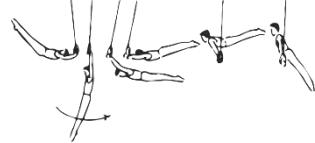
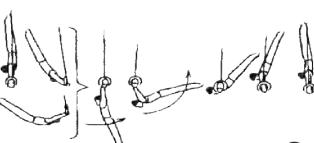
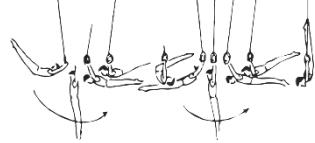
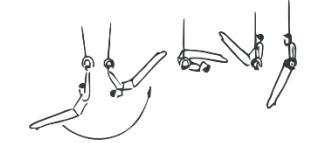
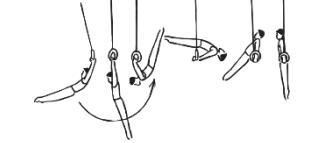
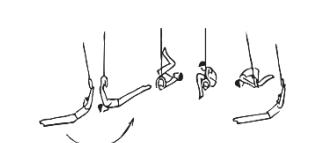
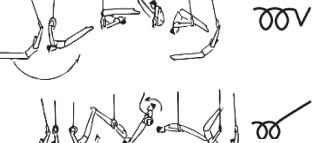
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<b>EG IV: Dismounts</b>					
1. Wende from circle (also from Russian wendeswing 180° or 270°)  W↗	2. Chaguinian to wende.  Cg	3.	4. From side support on end, circle or flair to handstand and travel 3/3 with 450° or more turn. (Kolyvanov)  fle	5. DSA to handstand 3/3 with 450° or more turn. (Kolyvanov)  Sal ↗ le ↗ R le	6.
7. On the end, Russian wendeswing with 360° or 540°  W↗	8. On the end, Russian wendeswing with 720° or 900°.  W↗	9. On the end, Russian wendeswing with 1080° or more.  W↗	10. From pommels, circle with 1/4 turn to Russian wendeswing 270° on one pommel to handstand. (Dolidze)  krb	11.	12.
13. From side support wendeswing fwd. with ½ t. to support followed by wende.  W↗	14.	15. DSA, reverse Stöckli or circle on one pommel through handstand.  Sal ↗ l b ↗ R b	16. DSA with hop bwd. through handstand on other end. (Jessen) (Loos)  Sal ↗	17.	18.
19.	20. Circle or flair through handstand (also with ¾ t. with or without travel).  flb ↗ l b	21. Circle or flair with hop travel bwd. through handstand.  flb ↗	22. 180° Russian from one end of the horse to the other end through handstand to dismount  Sal ↗	23.	24.

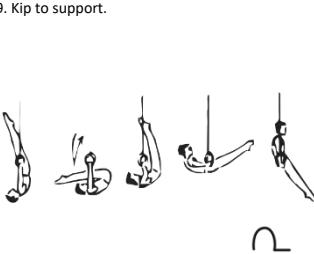
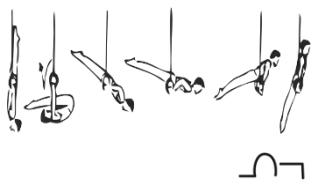
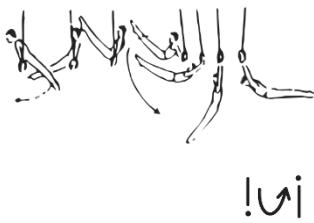
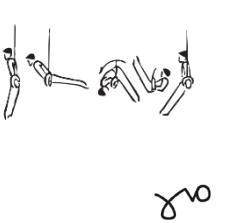
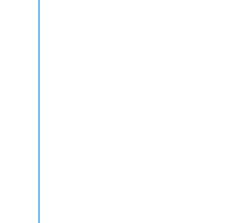
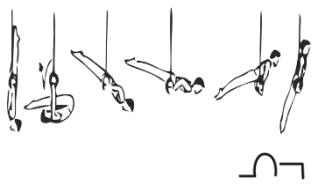
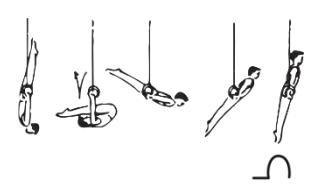
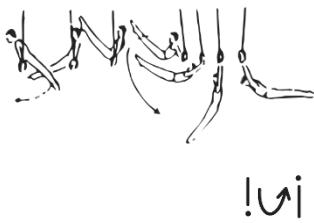
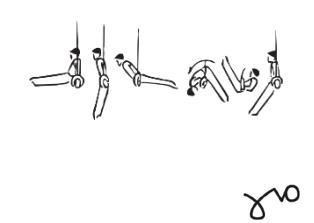
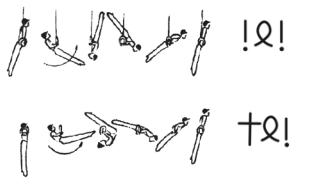


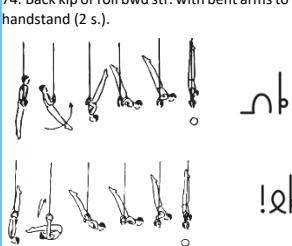
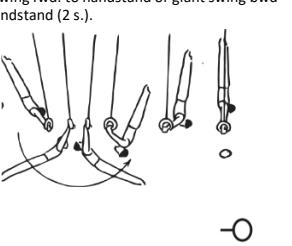
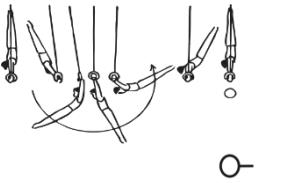
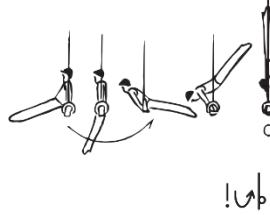
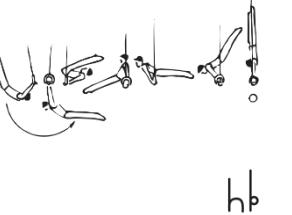
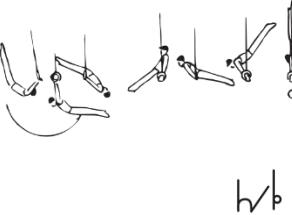
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<b>EG I: Kip and swing elements &amp; swings through or to handstand</b>					
1. Uprise fwd. to support. 	2.	3.	4.	5.	6.
7. From any support scale, swallow or swing bwd in support, roll forward to bwd swing in hang. 	8. Uprise fwd and counter salto fwd. to bwd swing in hang. (Chechi) 	9.	10.	11.	12.
13.	14.	15.	16.	17.	18.
19. From hang, felge upward to support.  f!	20. Swing fwd. through hdst.  Q	21. Tucked double salto bwd. to hang (Guczoghy)  Q	22. Piked or straight double salto bwd. to hang.  ee	23.	24.

● Prohibited for juniors.

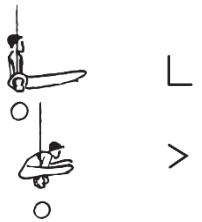
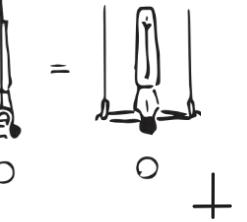
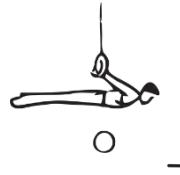
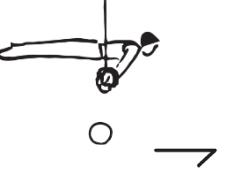
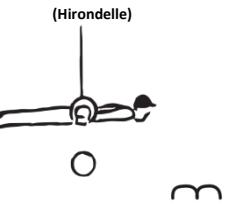
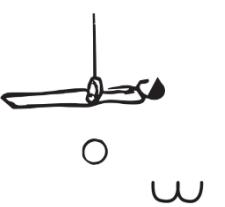
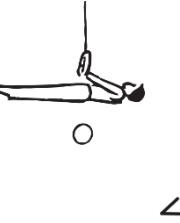
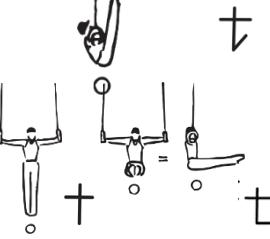
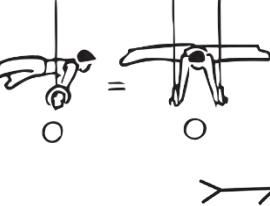
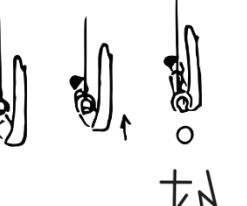
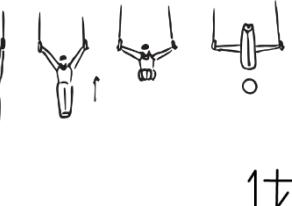


A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG I: Kip and swing elements &amp; swings through or to handstand</b>					
25. Dislocate bwd. piked or straight.	26.	27.	28.	29.	30.
					
d					
31. Uprise bwd. to support.	32. Uprise bwd. str. through handstand.	33.	34.	35.	36.
					
+		Q			
37. Inlocate piked or straight.	38. Backward swing to salto fwd. piked to support <i>(Honma)</i>	39. Honma straight.	40.	41.	42.
					
l	h	hv			
43. Slow inlocate from hang.	44. Double salto fwd. tucked to hang. <i>(Yamawaki)</i>	45. Double salto fwd. piked or straight to hang. <i>(Jonasson)</i>	46.	47.	48.
					
il	oo	oo			

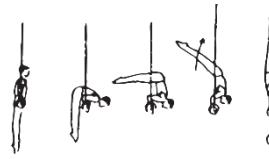
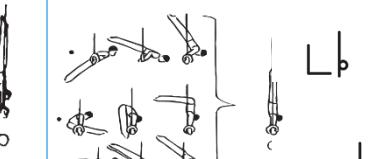
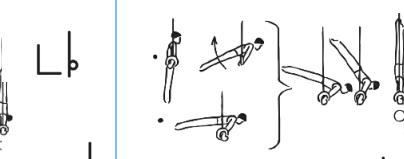
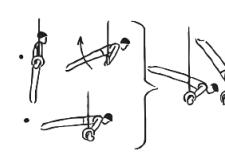
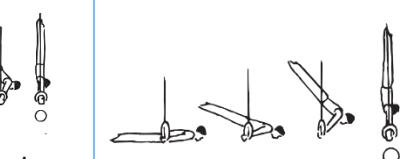
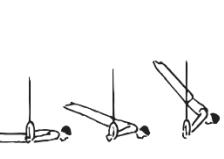
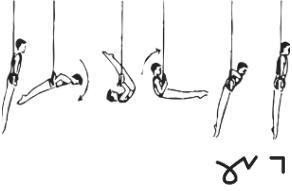
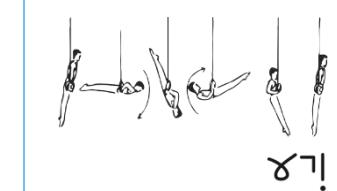
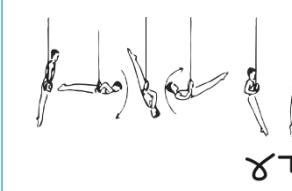
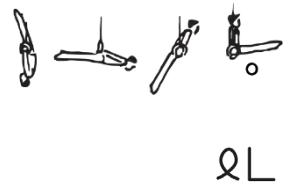
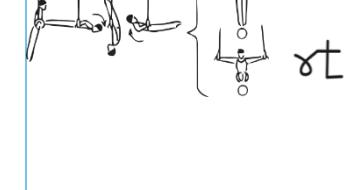
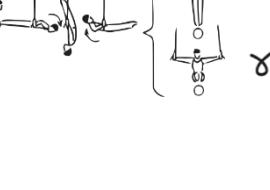
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<b>EG I: Kip and swing elements &amp; swings through or to handstand</b>					
49. Kip to support. 	50. 	51. 	52. 	53. 	54.
55. Back kip with bent arms to support. 	56. Back kip to support. 	57. 	58. 	59. 	60.
61. Fwd. swing to swing bwd. in hang. 	62. 	63. Bwd. swing, salto piked to support. 	64. 	65. 	66.
67. From support or cross, felge bwd. piked or straight with bent arms to support. 	68. 	69. 	70. 	71. 	72.

A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG I: Kip and swing elements &amp; swings through or to handstand</b>					
73.	74. Back kip or roll bwd str. with bent arms to handstand (2 s.). 	75. Swing fwd. to handstand or giant swing bwd to handstand (2 s.). 	76.	77.	78.
79.	80.	81. Uprise bwd. to handstand or giant swing fwd to handstand (2 s.). 	82.	83.	84.
85.	86. From support swing bwd. to handstand (2 s.). 	87. Honma and swing bwd. to handstand (2 s.). 	88. Honma str. and swing bwd. to handstand (2 s.). 	89.	90.
91.	92.	93.	94.	95.	96.



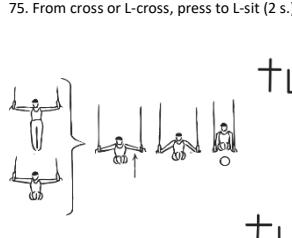
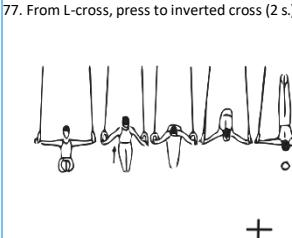
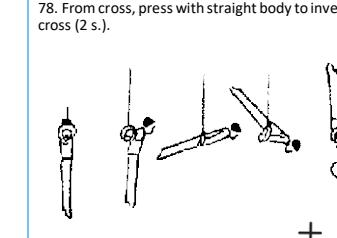
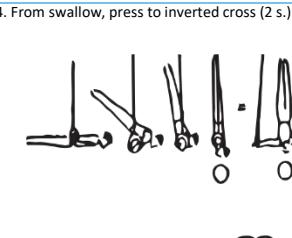
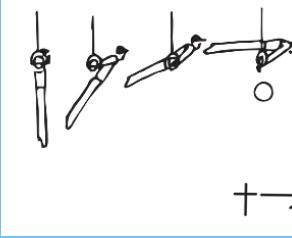
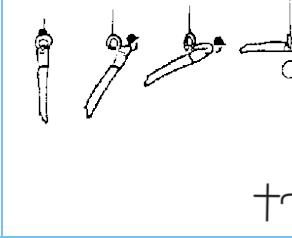
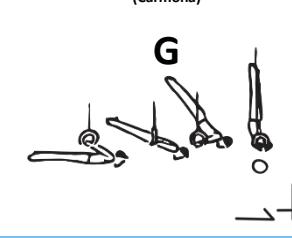
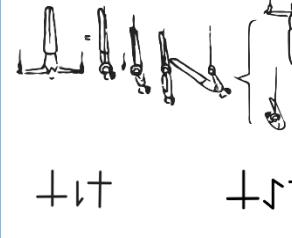
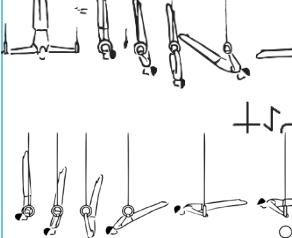
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<b>EG II: Strength elements and hold elements (2 sec.)</b>					
1. L-sit (2 s.) or straddled L-sit (2 s.).	2. V-sit (2 s.).	3.	4. Inverted cross (2 s.)	5.	6.
					
7. Hanging scale rearways (back lever) (2 s.).	8.	9. Support scale (planche)(2 s.).	10. Support scale at ring height (swallow or maltese cross) (2 s.). <i>(Hirondelle)</i>	11. Inverted swallow (2 s.).	12.
					
13. Hanging scale frontways (front lever) (2 s.).	14..	15. Any cross (2 s.)or V cross (2 s.).	16.	17.	18.
					
19. Support scale straddled (2 s.).	20.	21.	22. V Cross, press to V-sit (2 sec.). <i>(Tsukahara 3)</i>	23. Vertical pull up with str. arms to V-cross (2 s.). <i>(Colak)</i>	24.
					



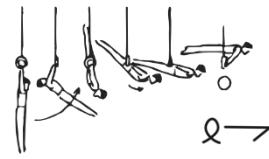
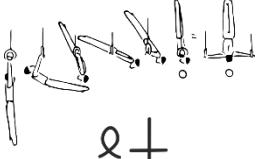
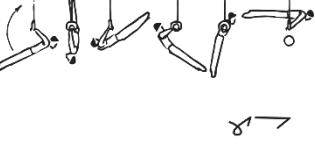
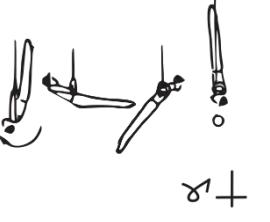
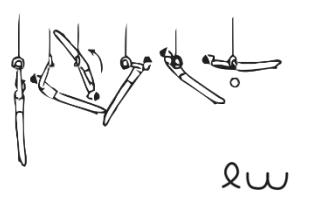
A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG II: Strength elements and hold elements (2 sec.)</b>					
25. Press to hdst. with bent body and bent arms (2 s.)  - Also straddle legs. 	26. Press to hdst. with str. body a. bent arms or b. body. a. str. arms, or fr. strad. sup. lever (2 s.).  - Also straddle legs. 	27. Press to hdst. with str. body and str. arms from support or support scale (2 s.).  	28 . Press to hdst. with str. body and str. arms from swallow (2 s.).  	29.	30.
31. Slow roll fwd. piked with bent arms, to support.  	32. Slow roll fwd. straight with bent arms, to support.  	33.	34.	35.	36.
37.	38. Slow roll bwd. slowly and straight. body to L sit (2 s.).  	39. Slow roll fwd. straight to cross or L-cross (2 s.).  	40.	41.	42
43.	44.	45.	46.	47.	48.

A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG II: Strength elements and hold elements (2 sec.)</b>					
49.	50. Vertical pull up with bent arms to hanging scale rearways (2 s.).	51. Vertical pull up with straight arms to hanging scale rearways (2 s.).	52. Slow Roll bwd. with straight body to cross, L-cross or V cross (2 s.).	53.	54.
	A sequence of four stick figures showing a gymnast performing a vertical pull-up from a horizontal bar to a hanging scale rearways position. The sequence is labeled with a '1' above the first figure and a '2' above the second figure.	A sequence of four stick figures showing a gymnast performing a vertical pull-up with straight arms to a hanging scale rearways position. The sequence is labeled with a '1' above the first figure and a '2' above the second figure.	A sequence of five stick figures showing a slow roll backward with a straight body to a cross, L-cross, or V cross position. The sequence is labeled with '(Azarian)' above the first figure and '(Tay)' below it.		
55.	56. Fr. cross or L-cr., move fwd. to back lever (2 s.).	57. Vertical pull up to L-sit (2 s.).	58. From or through hanging scale rearways pull to cross, L-cross, or V cross (2 s.).	59.	60. Through hanging scale rearways pull with str. body through cross to inv. swallow (2 s.).
	A sequence of three stick figures showing a front cross or L-cross followed by a forward move to a back lever. The sequence is labeled with a '1' above the first figure and a '2' above the second figure.	A sequence of four stick figures showing a vertical pull-up to an L-sit position. The sequence is labeled with a '1' above the first figure and a '2' above the second figure.	A sequence of five stick figures showing a pull from or through a hanging scale rearways position to a cross, L-cross, or V cross. The sequence is labeled with '(Nakayama)' above the first figure and '(NG Kiu Chung)' below it.		A sequence of four stick figures showing a through hanging scale rearways pull with a straight body through a cross to an inverted swallow. The sequence is labeled with '(Zahran)' above the first figure.
61.	62. From hdst., lower horiz. to back lever (2 s.).	63. From sup. or cross, lower slowly to hang, and pull with str. arms to cross (2 s.).	64. Vertical pull up to cross or L-cross (2 s.).	65. From planche, lower horiz. and slowly to hanging scale rw. and press to swallow (2 s.) or from swallow same to planche or planche to planche.	66. From hang vertical pull up, slowly with straight arms through cross to inverted swallow (2 s.).
	A sequence of four stick figures showing a handstand (hdst.) followed by a lower horizontal move to a back lever. The sequence is labeled with a '1' above the first figure and a '2' above the second figure.	A sequence of four stick figures showing a supine or cross position followed by a lower slow move to a hang, and then a pull with straight arms to a cross. The sequence is labeled with a '1' above the first figure and a '2' above the second figure.	A sequence of four stick figures showing a vertical pull-up to a cross or L-cross. The sequence is labeled with a '1' above the first figure and a '2' above the second figure.	A sequence of six stick figures showing a planche, followed by a lower horizontal move, and then a transition to a hanging scale rearways position and a press to a swallow. The sequence is labeled with '(Van Gelder)' above the first figure.	A sequence of four stick figures showing a vertical pull-up from a hang, followed by a slow move with straight arms through a cross to an inverted swallow. The sequence is labeled with '(Tulloch 2)' above the first figure.
67.	68. From handstand, lower slowly through inverted cross to inverted hang.	69.	70. From swallow, press to support scale (2 s.).	71. From swallow, lower slowly to hanging scale, press to swallow (2 s.).	72. From hanging scale rw. press to swallow (also to Support Scale) (2 s.).
	A sequence of four stick figures showing a handstand followed by a lower slow move through an inverted cross to an inverted hang. The sequence is labeled with a '1' above the first figure and a '2' above the second figure.		A sequence of three stick figures showing a swallow followed by a press to a support scale. The sequence is labeled with a '1' above the first figure.	A sequence of four stick figures showing a swallow followed by a lower slow move to a hanging scale, and then a press to a swallow. The sequence is labeled with a '1' above the first figure.	A sequence of four stick figures showing a hanging scale rearways followed by a press to a swallow. The sequence is labeled with a '1' above the first figure.

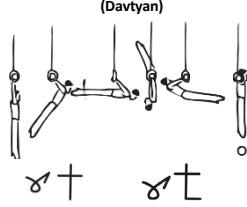
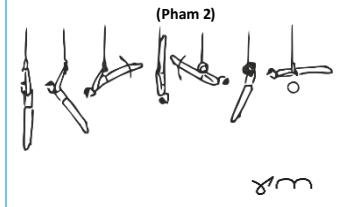
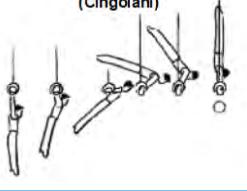
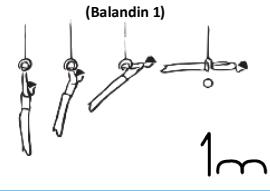
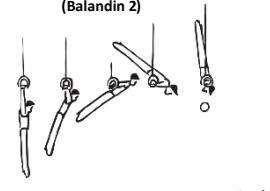


A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG II: Strength elements and hold elements (2 sec.)</b>					
73.	74.	75. From cross or L-cross, press to L-sit (2 s.). 	76.	77. From L-cross, press to inverted cross (2 s.). 	78. From cross, press with straight body to inverted cross (2 s.). 
79.	80.	81.	82.	83.	84. From swallow, press to inverted cross (2 s.). 
85.	86.	87.	88. From cross, press to planche without first going to support (2 s.). 	89. From cross, press to swallow (2 s.). 	90. Through hang rearways press and straight body to inverted cross (2 s.) (Carmona) 
91.	92.	93.	94. From inverted cross lower slowly to inverted hang and felge bwd. slowly to cross (2 s.) (Vorobiov/Zou) 	95. From inverted cross lower slowly to inverted hang and felge bwd. slowly to swallow (2 s.) or to support scale (2 s.) (Jotchev) 	96.



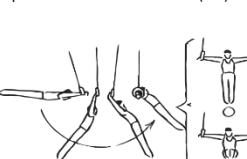
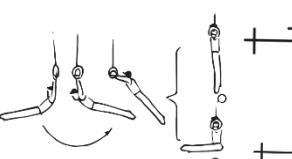
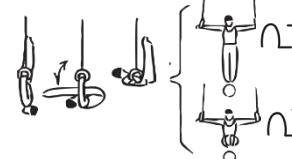
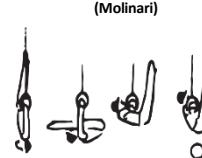
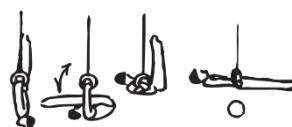
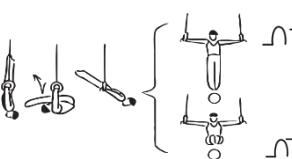
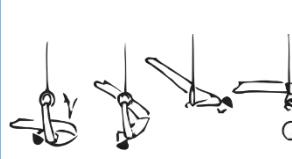
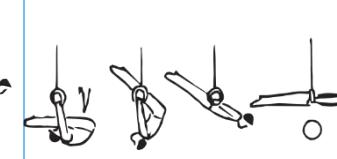
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<b>EG II: Strength elements and hold elements (2 sec.)</b>					
97.	98.	99.	100.	101. Roll bwd. slowly with str. arms and body to free sup. scale (2 s.). <i>(Yan Mijayoung)</i> 	102.
103.	104.	105.	106.	107. Slow Roll bwd. with str. body to swallow (2 s.). 	108. Roll backward slowly with straight arms and body to inverted cross through swallow. <i>(Simonov)</i> 
109.	110.	111.	112.	113.	114.
115.	116.	117.	118. Slow roll fwd. with straight body through cross and press to support scale without first going to support (2 s.). <i>(Ng Kiu Chung 2)</i> 	119. Slow roll fwd. with straight body through cross to inverted cross (2 s.). <i>(Wynn)</i> 	120. Azarian to inverted Swallow (2 s.). <i>(Tulloch)</i> 

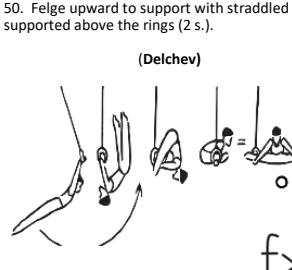
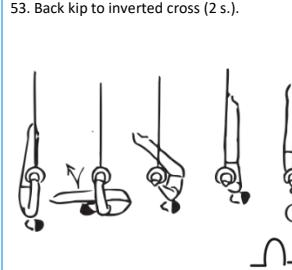
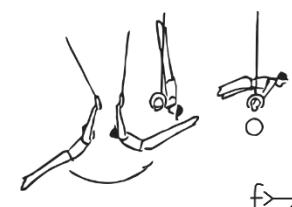
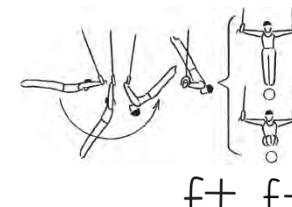
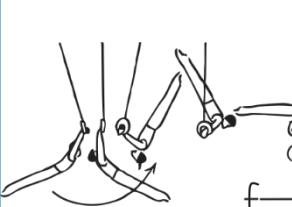
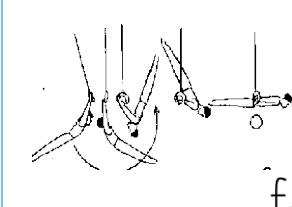
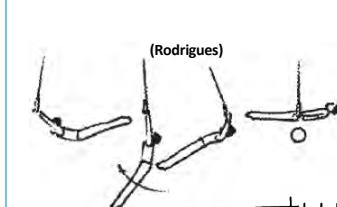
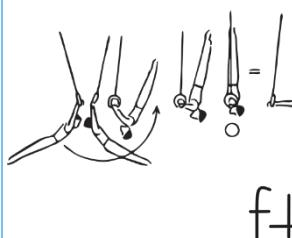
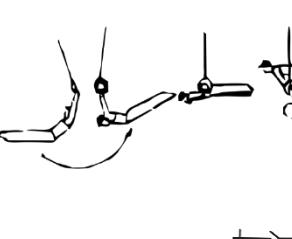
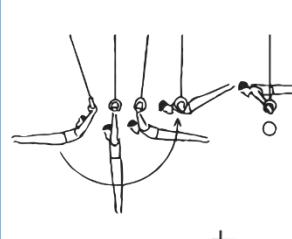
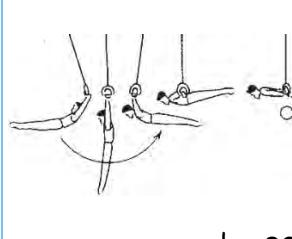


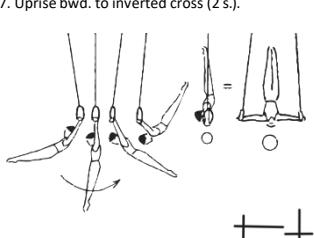
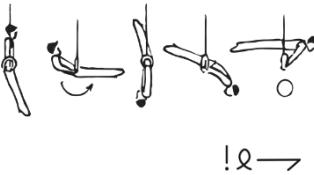
A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG II: Strength elements and hold elements (2 sec.)</b>					
121.	122.	123.	124. Slow roll fwd. with str. body to Cross or L-Cross (2 s.), also from inverted hang.  (Davtyan)  ♂+ ♂+	125. Slow roll forward with straight body through cross to swallow (2 sec.).  (Pham 2)  ♂m	126.
127.	128.	129.	130. From hang vertical pull up support and press to hdst. with straight body and straight arms.  (Cingolani)  1+	131.	132. From hang vertical pull up to swallow (2 s.).  (Balandin 1)  1m
133.	134.	135.	136.	137. From hang vertical pull up thr. swallow to sup. scale (2 s.).  (Balandin 3)  1→	138. From hang vertical pull up to inv. cross (2 s.).  (Balandin 2)  G 1+
139.	140.	141.	142.	143.	144.



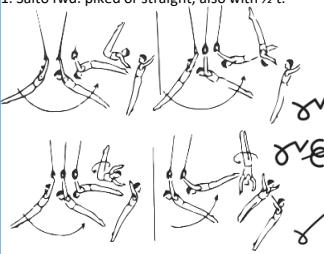
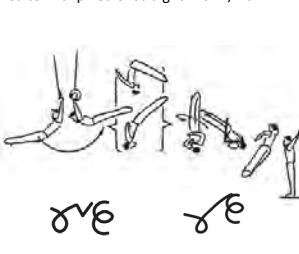
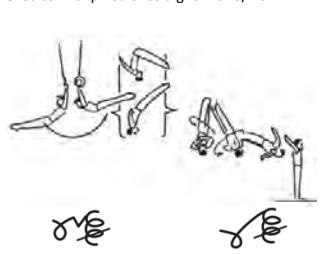
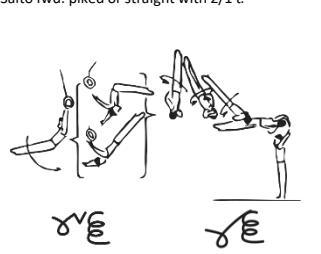
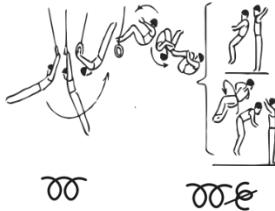
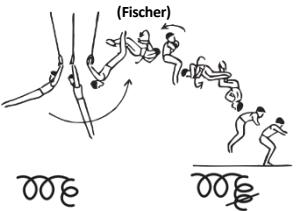
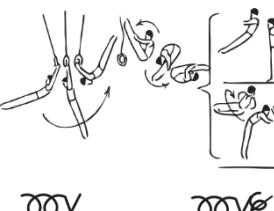
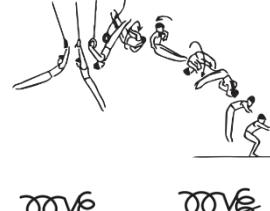
A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG III: Swing to Strength hold elements (2 sec.)</b>					
1.	2. Uprise fwd. to L-sit, (2 s.). 	3. Uprise fwd. to V-sit (2 s.). 	4.	5.	6.
7.	8. Kip to L-sit (2 s.). 	9. Kip to V-sit (2 s.). 	10.	11.	12.
13.	14. Honma to L-sit (2 s.). 	15. Honma to V-sit (2 s.). 	16. Honma to cross / L-cross (2 s.). 	17. Honma to V cross (2 s.). 	18.
19.	20.	21.	22. Bwd. swing, salto fwd p. to cross or L-cross (2 s.). 	23.	24.

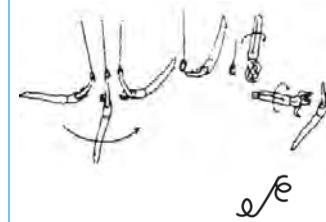
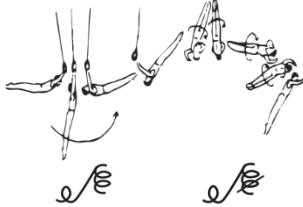
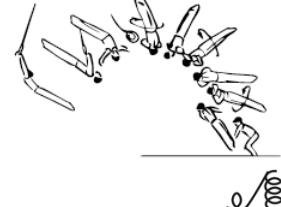
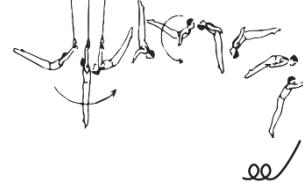
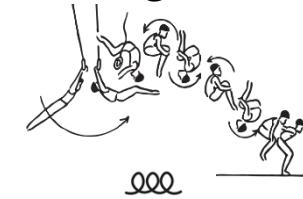
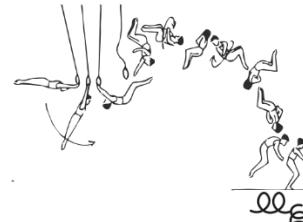
A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG III: Swing to Strength hold elements (2 sec.)</b>					
25.	26.	27. Uprise fwd. to cross or L-cross (2 s.).  -+t -+t	28.	29.	30.
31.	32.	33. Uprise bwd. to cross or L-cross (2 s.).  ++t ++t	34.	35.	36.
37.	38.	39. Kip to cross, or L-cross (2 s.).  nt	40. Kip to V cross (2 s.). (Molinari)  nt	41.	42. Kip to inverted swallow (2 s.).  nω
43.	44.	45. Back kip to cross or L-cross (2 s.).  nt	46. Back kip to support scale (2 s.).  n→	47. Back kip to swallow (2 s.).  nω	48.

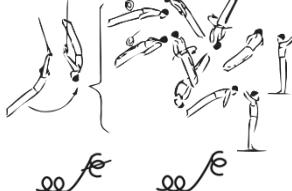
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<b>EG III: Swing to Strength hold elements (2 sec.)</b>					
49.	50. Felge upward to support with straddled legs supported above the rings (2 s.).  (Delchev)  f>	51.	52.	53. Back kip to inverted cross (2 s.). 	54.
55.	56. Felge upward to support scale straddled (2 s.).  f>	57. Felge upward to cross or L-cross (2 s.).  ft ft	58. Felge upward to support scale (2 s.).  f>	59. Felge upward to Swallow (2 s.).  fm	60. Uprise forward to inverted swallow (2 s.).  (Rodrigues)
61.	62.	63.	64.	65. Felge upward to invert. cross (2 s.).  f+	66.
67.	68. Uprise bwd. to support scale straddled (2 s.).  +>	69.	70. Uprise bwd. to support scale (2 s.).  +>	71. Uprise bwd. to sup. scale at ring height (2 s.).  +m	72.

A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG III: Swing to Strength hold elements (2 sec.)</b>					
73.	74.	75.	76.	77. Uprise bwd. to inverted cross (2 s.). 	78.
79.	80.	81.	82. Felge bwd. straight to free sup. scale. (2 s.)  ! ↗	83.	84.
85.	86.	87.	88.	89.	90.
91.	92.	93.	94.	95.	96.



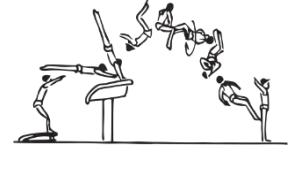
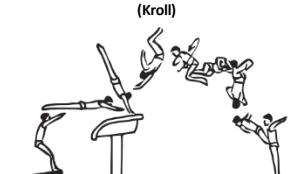
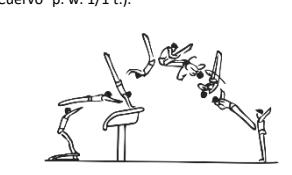
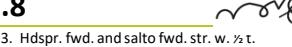
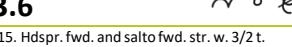
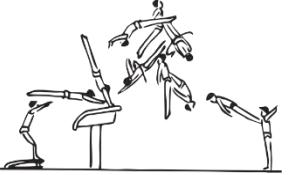
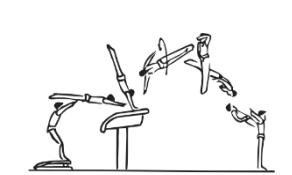
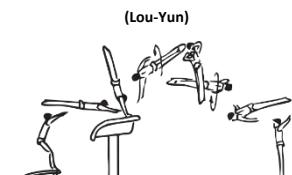
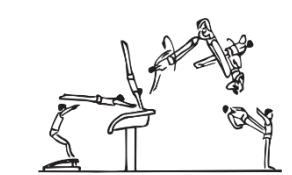
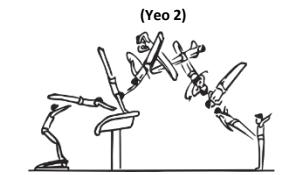
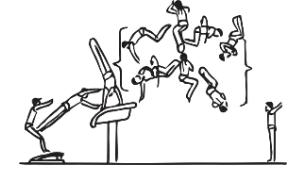
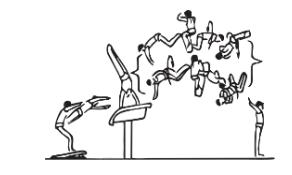
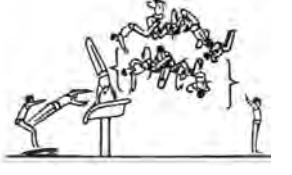
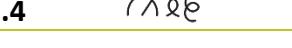
A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG IV: Dismounts</b>					
1. Salto fwd. piked or straight, also with $\frac{1}{2}$ t.	2. Salto fwd. piked or straight with 1/1 t.	3. Salto fwd. piked or straight with 3/2 t.	4. Salto fwd. piked or straight with 2/1 t.	5.	6.
					
7.	8.	9. Double salto fwd. tucked or tucked with $\frac{1}{2}$ t.	10. Double salto fwd. tucked with 3/2 t (also 1/1 t.) <i>(Fischer)</i>	11.	12.
					
13.	14.	15.	16. Double salto fwd. piked or piked with $\frac{1}{2}$ t. <i>(Balabanov)</i>	17. Double salto fwd. piked with 3/2 t. (also 1/1 t.)	18.
					
19.	20.	21.	22.	23.	24.

A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG IV: Dismounts</b>					
25. Salto bwd. piked or straight also with $\frac{1}{2}$ .	26. Salto bwd. straight with 1/1 t.	27. Salto bwd. straight with 2/1 t. or 3/2 t.	28.	29. Salto bwd. straight with 3/1 t.	30.
					
31.	32. Double salto bwd. tucked or piked.	33. Double salto bwd. straight.	34.	35.	36. Triple salto bwd. tucked.
					
37.	38.	39.	40.	41.	42. Triple salto bwd. piked.
					
43.	44.	45. Double salto bwd. t. with $\frac{1}{2}$ or 1/1 t. Double salto bwd. t. with 3/2 t.	46.	47. Double salto bwd. t. with 2/1 t.	48. Double salto bwd. t. with 5/2 t.
		 			

A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG IV: Dismounts</b>					
49.	50.	51. Salto bwd. str. with 1/1 t. and salto t.	52. Double salto bwd. straight with $\frac{1}{2}$ or 1/1 t.	53.	54. Double salto bwd. straight with 3/2 or 2/1 t.
					
55.	56.	57.	58.	59.	60.
61.	62.	63.	64.	65.	66.
67.	68.	69.	70.	71.	72.



**EG I: Single salto vaults with complex twists**

101. Hdspr. fwd. and salto fwd. t. w. $\frac{1}{2}$ t. (or Cuervo t.)	102. Hdspr. fwd. and salto fwd. t. w. 1/1 t. (Cuervo t. w. $\frac{1}{2}$ t.).	103. Hdspr. fwd. and salto fwd. t. w. 3/2 t. (Cuervo t. w. 1/1 t.).	104. Hdspr. fwd. and salto fwd. t. w. 2/1 t. (or Cuervo t. w. 3/2 t.).	105.	106.
		 (Kroll)	 (Canbas)		
2.4 	2.8 	3.2 	3.6 		
107. Hdspr. fwd. and salto fwd. p. w. $\frac{1}{2}$ t. (Cuervo p.).	108. Hdspr. fwd. and salto fwd. p. w. 1/1 t. (Cuervo p. w. $\frac{1}{2}$ t.).	109. Hdspr. fwd. and salto fwd. p. w. 3/2 t. (Cuervo p. w. 1/1 t.).	110.	111.	112.
					
2.8 	3.2 	3.6 			
113. Hdspr. fwd. and salto fwd. str. w. $\frac{1}{2}$ t. (Cuervo str.).	114. Hdspr. fwd. and salto fwd. str. w. 1/1 t. (Cuervo str. $\frac{1}{2}$ t.).	115. Hdspr. fwd. and salto fwd. str. w. 3/2 t. (Cuervo str. w. 1/1 t.).	116. Hdspr. fwd. and salto fwd. str. w. 2/1 t. (Cuervo str. 3/2 t.).	117. Handspring fwd. and salto fwd. str. w. 5/2 t. (Yeo 2)	118. Handspring fwd. and salto fwd. str. w. 3/1 t. (Yang Hak Seon)
		 (Lou-Yun)			
3.6 	4.0 	4.4 	4.8 	5.2 	5.6 
119. Hdspr. sw. w. $\frac{1}{4}$ t. a. salto fwd. t. w. $\frac{1}{2}$ t. or Tsuk. t. w. 1/1 t. (Kasamatsu)	120. Tsukahara t. w. 3/2 t. or Kasamatsu t. $\frac{1}{2}$ t	121. Tsukahara t. with 2/1 t. (Barbieri)	122. Tsukahara t. with 5/2 t.	123.	124.
		 (Barbieri)			
2.4 	2.8 	3.2 	3.6 		



**EG I: Single salto vaults with complex twists**

125. Tsukahara str. w. 1/1 t. or Kasamatsu str. 	126. Kasamatsu str. with ½ t. or Tsukahara str. w. 3/2 t. 	127. Kasamatsu str. w. 1/1 t. or Tsukahara str. w. 2/1 t <b>(Akopian)</b> 	128. 	129.	130.
131. Kasamatsu str. with 3/2 t. <b>(Driggs)</b> 	132. Kasamatsu str. with 2/1 t. <b>(López)</b> 	133. Kasamatsu str. with 5/2 t. or Tsukahara str. with 7/2 t. <b>(Yonekura)</b> 	134.	135.	136.
137.	138.	139.	140.	141.	142.
143.	144.	145.	146.	147.	148.



**EG II: Handspring salto vaults with or without simple twists, and all double salto fwd.**

201. Forward handspring.	202. Forward handspring with $\frac{1}{2}$ t.	203. Forward handspring with 1/1 t.	204. Forward handspring with 3/2 t.	205. Forward handspring with 2/1 t.	206. Forward handspring with 5/2 t. (Tsygankov)
<b>1.2</b> 	<b>1.4</b> 	<b>1.6</b> 	<b>1.8</b> 	<b>2.0</b> 	<b>2.2</b> 
207. Handspring fwd. and salto fwd. tucked.	208.	209.	210.	211.	212.
<b>2.0</b> 					
213. Handspring fwd. and salto fwd. piked.	214.	215.	216.	217.	218.
<b>2.4</b> 					
219. Handspring fwd. and salto fwd. str.	220.	221.	222.	223.	224.
<b>3.2</b> 					

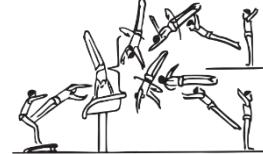
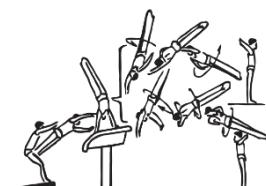
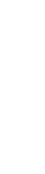
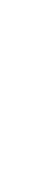
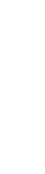
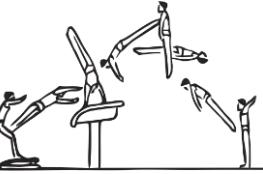
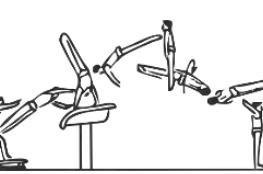
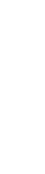
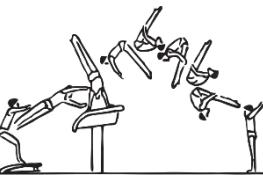
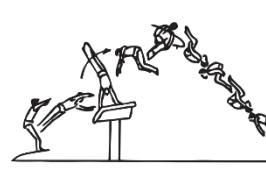


**EG II: Handspring salto vaults with or without simple twists, and all double salto fwd.**

225. Handspring fwd. and dbl. salto fwd. t. (Roche)	226. Roche with $\frac{1}{2}$ turn. (Dragulescu)	227.	228. Handspring fwd. and salto fwd. t. w. $\frac{1}{2}$ t. and salto bwd. t. (Zimmerman)	229.	230.
 <b>4.8</b> ~~~~	 <b>5.2</b> ~~~~		 <b>5.2</b> ~~~~		
231. Handspring fwd. and dbl. salto fwd. piked. (Blanik)	232. Dragulescu piked. (Ri Se Gwang 2)	233.	234.	235.	236.
 <b>5.2</b> ~~~~	 <b>5.6</b> ~~~~				
237.	238.	239.	240.	241.	242.
243.	244.	245.	246.	247.	248.

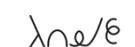
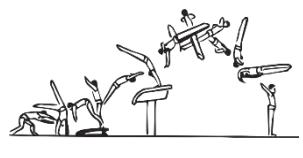
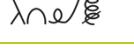
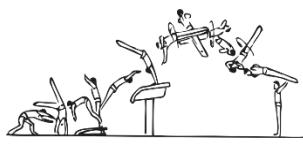
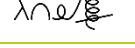
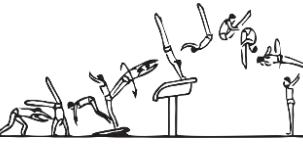
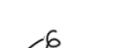
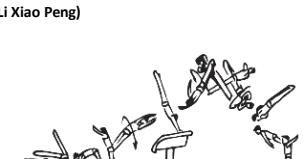


**EG III: Handspring sideways and Tsukahara vaults with or without simple twists, and all double salto bwd.**

301. Handspring sw. with $\frac{1}{4}$ t.  <b>1.2</b> 	302. Handspring sw. with $\frac{3}{4}$ t.  <b>1.4</b> 	303. Handspring sw. with $\frac{5}{4}$ t.  <b>1.6</b> 	304. 	305. 	306. 
307. Handspring sw. w. $\frac{1}{4}$ t. a. salto bwd. t. (Tsukahara)  <b>1.8</b> 	308. Tsukahara piked.  <b>2.0</b> 	309. Tsukahara t. with $\frac{1}{2}$ t.  <b>2.0</b> 	310. 	311. 	312. 
313. Tsukahara straight.  <b>2.8</b> 	314. Tsukahara str. with $\frac{1}{2}$ t.  <b>3.2</b> 	 	316. 	317. 	318. 
319. Tsukahara with salto bwd. t. (Yeo)  <b>4.8</b> 	320. Tsukahara with salto bwd. piked. (Lu Yu Fu)  <b>5.2</b> 	321. Double Tsukahara with 1/1 twist. (Ri Se Gwang)  <b>5.6</b> 	322. 	323. 	324. 

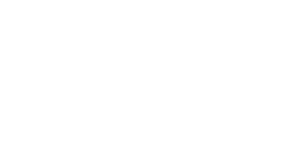
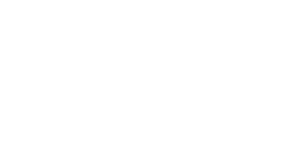


**EG IV: Round off entry and single salto vaults with complex twists.**

401. Yurchenko t. with 1/1 t.  <b>2.4</b> 	402. Yurchenko t. with 3/2 t.  <b>2.8</b> 	403. Yurchenko t. with 2/1 t.  <b>3.2</b> 	404. Yurchenko straight with 1/1 t.  <b>3.6</b> 	405. Yurchenko straight with 3/2 t.  <b>4.0</b> 	406. Yurchenko straight with 2/1 t.  <b>4.4</b> 
407. Yurchenko straight with 5/2 t. <b>(Shewfelt)</b>  <b>4.8</b> 	408. Yurchenko Straight 3/1 t. <b>(Shirai - KIM Hee Hoon)</b>  <b>5.2</b> 	409. Yurchenko Straight 7/2 t. <b>(Shirai 2)</b>  <b>5.6</b> 			412.
413. Round off, $\frac{1}{2}$ t. and hdspr. fwd. and salto fwd. tucked with $\frac{1}{2}$ t.  <b>2.6</b> 	414. Round off, $\frac{1}{2}$ t. and hdspr. fwd. and salto fwd. p. with $\frac{1}{2}$ t. <b>(Nemov)</b>  <b>3.0</b> 	415. Round off, $\frac{1}{2}$ t. and hdspr. fwd. and salto fwd. str. with $\frac{1}{2}$ t. <b>(Hutcheon)</b>  <b>3.8</b> 	416. Round off, $\frac{1}{2}$ t. and hdspr. fwd. and salto fwd. str. with 1/1 t.  <b>4.2</b> 	417. Round off, $\frac{1}{2}$ t. and hdspr. fwd. and salto fwd. straight with 3/2 t.  <b>4.6</b> 	418.
419. Round off, $\frac{1}{2}$ t. and hdspr. fwd. and salto fwd. straight with 2/1 t.  <b>5.0</b> 	420. Round off, $\frac{1}{2}$ t. and hdspr. fwd. and salto fwd. str. with 5/2 t. <b>(Li Xiao Peng)</b>  <b>5.4</b> 	421.	422.	423.	424.



**EG V: Round off entry vaults with or without simple salto and all double salto fwd. or bwd.**

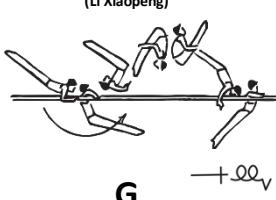
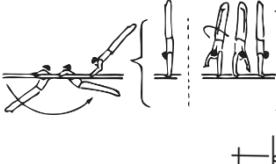
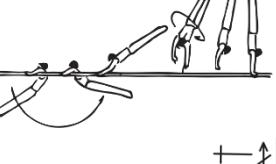
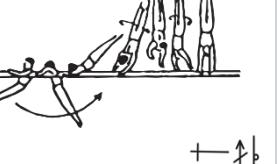
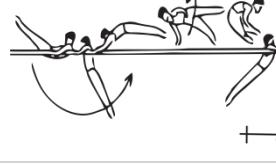
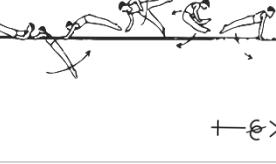
501. Round off, handspring bwd.  <b>1.2</b> λn	502. Round off, handspring bwd. with ½ turn.  <b>1.4</b> λn½	503. Round off, handspring bwd. with 1/1 turn.  <b>1.6</b> λn½	504. 	505. 	506. 
507. Round off, hdspr. bwd. and salto bwd. t. (Yurchenko)  <b>1.8</b> λne	508. Yurchenko t. with ½ t.  <b>2.0</b> λne½	509. Yurchenko piked.  <b>2.0</b> λnev	510. Yurchenko straight.  <b>2.8</b> λnes	511. Yurchenko straight with ½ t.  <b>3.2</b> λnes½	512. 
513. Round off, ½ t. and handspring fwd.  <b>1.4</b> λen	514. Round off, ½ t. and hdspr. fwd. with ½ t.  <b>1.6</b> λene	515. Round off, ½ t. and hdspr. fwd. with 1/1 t.  <b>1.8</b> λene	516. Round off, ½ t. and hdspr. fwd. and salto fwd. tucked.  <b>2.2</b> λenos	517. Round off, ½ t. a. hdspr. fwd. and salto fwd. p.  <b>2.6</b> λenos	518. Round off, ½ t. and hdspr. fwd. and salto fwd. str.  <b>3.4</b> λenos
519. Yurchenko and salto bwd. tucked. (Melissanidis)  <b>4.8</b> λnee	520. Melissanidis piked. (Yang Wei)  <b>5.2</b> λneev	521. Round off, ½ t. a. hdspr. fwd. and double salto fwd. tucked.  <b>5.0</b> λenos	522. 	523. 	524. 



A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG I: Elements starting in upper arm position</b>					
1. Fwd. uprise to support.	2. Fwd. uprise and straddle cut bwd to handstand.	3. Fwd. uprise and straddle cut bwd to hang.  (Muntean)	4.	5. Fwd. uprise with $\frac{1}{2}$ t. to handstand.	6. Fwd. uprise with Stützkehr 3/4 t. or 1/4 t. to handstand followed by a kip on one rail
$\rightarrow \text{S}$	$\rightarrow \text{B}$	$\rightarrow \text{i}$		$\rightarrow \text{S}$	$\rightarrow \text{B}$
7. Fwd. uprise with $\frac{1}{4}$ t. to hang on 1 rail.	8. Roll bwd. with $\frac{1}{2}$ t. from upper arm hang or Fwd. uprise to Kato hop to support.	9.	10.	11. Fwd. uprise to Makuts to upper arm.	12. Fwd. uprise to Makuts to support.
		  (Watanae)			
$\rightarrow \text{Q}$	$\rightarrow \text{Ka}$ $\rightarrow \text{E}$			$\rightarrow \text{Mk}$	$\rightarrow \text{Mk}$
<b>G</b>				<b>G</b>	
13.	14. Roll bwd. to handstand with straight arms.	15. Back toss from upper arm with 1/4 turn to one rail  (Kovtun)	16.	17. Fwd. uprise with 1/1 t. to handstand.  (Richards)	18. Fwd. uprise with 3/2 t. to handstand.  (Tsolakidis 2)
	$\rightarrow \text{P}$	$\rightarrow \text{F}$		$\rightarrow \text{d}$	$\rightarrow \text{d}$
19.	20. Salto bwd. with straddled. cut to upper arm hang.	21. Roll bwd. with straddled cut to support.	22.	23.	24. Roll bwd. with salto bwd. tuck to upper arm hang.  (Dimitrenko)
	$\rightarrow \text{Q}$	$\rightarrow \text{Q}$			$\rightarrow \text{Q}$

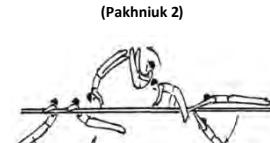
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A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG I: Elements starting in upper arm position</b>					
25.	26.	27.	28.	29.	30. Roll bwd. with salto bwd. pike to upper arm hang  (Li Xiaopeng)  G
31.	32.	33.	34. Roll bwd. with $\frac{1}{2}$ t. tuck to upper arm hang.  (Harada)  ●	35. Roll bwd. with $\frac{1}{2}$ t. tuck to hang.  (Dalton)  —+<—	36.
37.	38. Bwd. uprise to handstand (or with $\frac{1}{2}$ t.).   —+<	39. Bwd. uprise with $\frac{1}{2}$ t. hop to handstand.   —+↑	40. Bwd. uprise with $\frac{3}{4}$ t. hop to handstand on 1 rail.   —+↑	41.	42.
43.	44. Bwd. uprise with $\frac{1}{2}$ t. and straddle cut bwd. to upper arm hang.   —+<>	45. Bwd. uprise with $\frac{1}{2}$ t. a. straddled cut bwd. to support.   —+<>	46.	47.	48.

● Prohibited for junior



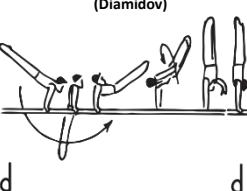
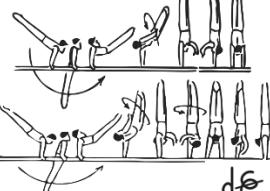
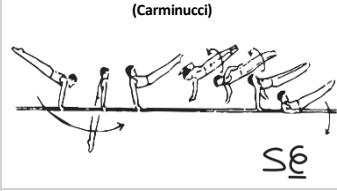
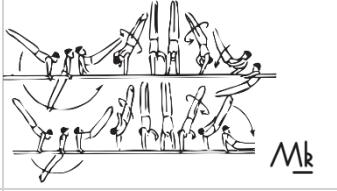
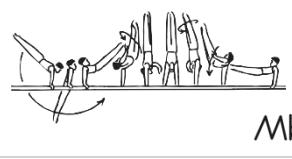
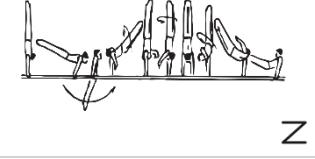
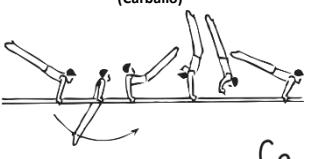
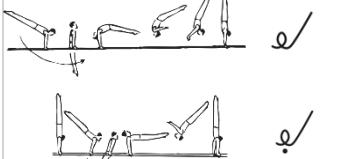
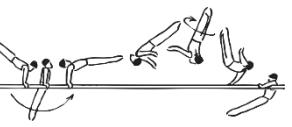
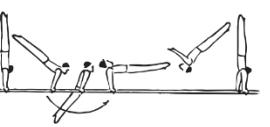
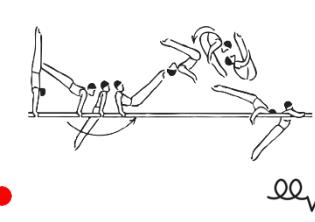
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<b>EG I: Elements starting in upper arm position</b>					
49.	50. Bwd. uprise with $\frac{1}{2}$ t. to support.	51. Bwd. uprise and 5/4 salto fwd. t. to upper arm hang  (Yamawaki)	52. Bwd. uprise and salto fwd. pike or straight to support.	53.	54. Bwd. uprise and double salto fwd. tuck to upper arm hang.
					
		+♂	●	+♂	+♂
55.	56.	57.	58.	59. Bwd. uprise and 5/4 salto fwd. straddled to upper arm hang.  (Pakhniuk 1)	60. Bwd. uprise and 5/4 salto fwd. straddled to hang.  (Pakhniuk 2)
					
61. Bwd. uprise and straddled cut or flank over to support. bent arm.	62. Bwd. uprise and straddled cut or flank over to support straight. arm.	63.	64.	65.	66.
					
+→↗	+→				
67.	68.	69.	70.	71.	

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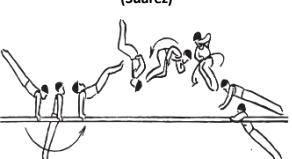
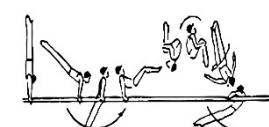
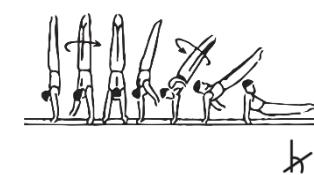
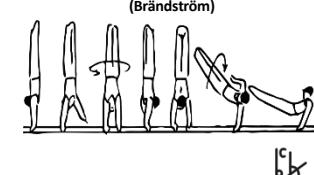
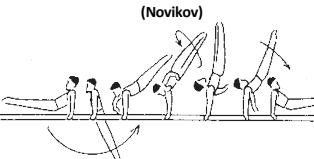
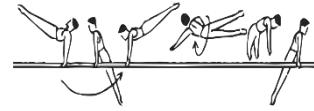
A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG II: Elements in support or through support on 2 bars</b>					
1. Any swing to handstand	2. Bent arm swing fwd. to hop $\frac{1}{2}$ t. to support.  (Kato)	3. Stützkehr fwd. to handstand (to 1 or 2 bars).	4. Stützkehr fwd. to handstand (1 rail (also with additional $\frac{1}{4}$ or $\frac{3}{4}$ turn to handstand)  (Bilozerchev - Peters) (Dimic)	5.	6.
7. Any L-sit on 1 or 2 rails (2 s.)	8. Any press with bent arm straight. body, or str. arm bent body to handstand., on 1 or 2 rails (2 s.) also straddled	9. Diamidov and $\frac{1}{2}$ turn to upper arms.  (Salazar)	10. $\frac{1}{4}$ Diamidov and rear vault to side hang on 1 bar.  (De Freitas)	11.	12.
13. Straddle cut bwd. to support.	14. Straddle cut bwd. to handstand.	15. Straddle cut bwd. directly to hang  (Babos)	16.	17.	18.
19. Straddle cut fwd. to support or L-sit (2 s.).	20.	21.	22.	23.	24.



A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG II: Elements in support or through support on 2 bars</b>					
25.	26.	27. Swing fwd. with 1/1 t. on 1 arm to handstand.  (Diamidov)  d	28. Diamidov with ¼ or ½ t. to handstand.   d	29.	30.
31.	32. Swing fwd. with 1/1 t. to upper arm hang.  (Carminucci)  SE	33. Makuts to upper arm hang or ¼ Diamidov ½ Healy to support.   Mk	34. Swing forward with 5/4 t. on one arm through handstand. and Healy to upper arm.   Z	35. ¼ Diamidov & ½ Healy on the other hand to support  (Makuts)  Mk	36. Swing forward with 5/4 t. on one arm through handstand. and Healy to support.  (Zonderland)  Z
37.	38. Swing fwd. to handstand, hop to support.  (Carballo)  Ca	39. Salto bwd to handstand. Also to one rail.   e	40. Salto backward with straddle cut to support.   e	41.	42.
43.	44.	45. Salto bwd. with ½ t. to upper arm hang.  (Toumilovich)  Tu	46. Salto bwd to handstand 1 rail ( <u>connected to Healy type element</u> ).  (Rumbutis)  e	47. Double salto tuck to upper arm hang.  (Morisue)  ee	48. Double salto pike to up. arm hang.  (Huang Liping)  ee

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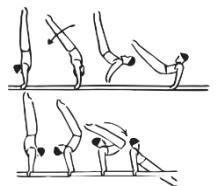
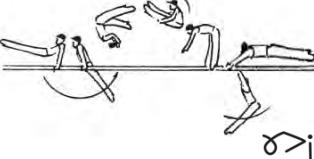
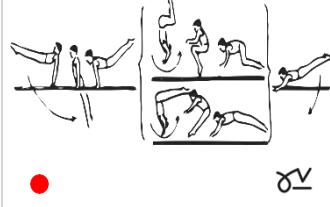
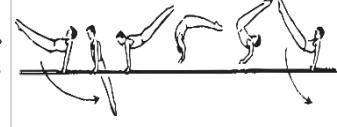
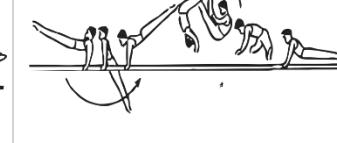
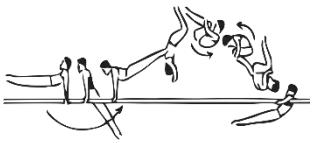
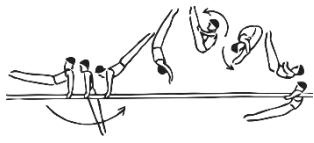
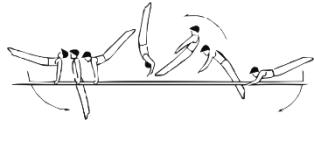
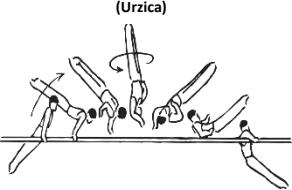
A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG II: Elements in support or through support on 2 bars</b>					
49.	50.	51.	52. 3/2 salto bwd. with $\frac{1}{2}$ t. to upper arm hang.  (Suarez)	53.	54. Double salto backwards with half turn to upper arm.  (Kuavita)
			 Su		 G
55.	56. Handstand. with $\frac{1}{4}$ t. and fall back to support with $\frac{1}{4}$ t.	57. Handstand. with $\frac{1}{4}$ t. and fall back to support with $\frac{1}{4}$ t.	58.	59.	60.
	 h	 h			
61.	62. Stützkehr bwd. to support.	63. Stützkehr bwd. through handstand. to support.	64.	65.	66.
	 b	 bb			
67.	68.	69. Stützkehr bwd. with straddle cut bwd. to support	70.	71.	72.
		 b>			

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A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG II: Elements in support or through support on 2 bars</b>					
73. Healy to upper arm hang (also from handstand on 1 rail).	74. Following a swing element (min. B) to handstand on 1 rail, Healy to upper arm hang.	75. Healy to support (also from handstand on 1 rail).  (Healy)	76. Following a swing element (min. B) to handstand on 1 rail, Healy (360° or more) to support.  (Bejenaru)	77.	78.
b	Min. B h	h	Min. B h		
79.	80..	81. Swing bwd. with $\frac{1}{2}$ t. hop to handstand.	82. Swing bwd. with $\frac{3}{4}$ t. hop to handstand.	83. Swing bwd. with $\frac{1}{1}$ t. hop to handstand.	84. Gatson 1 with $\frac{1}{4}$ t to handstand on 1 rail and $\frac{1}{4}$ t. handstand on 2 rails.
		↗	↗	↗	↗
85.	86. From handstand on 1 rail, $\frac{1}{2}$ or $\frac{3}{4}$ t. fwd. or bwd. In handstand.  ↗ ↘	87.	88.	89.	90.
91. Any handstand . with $\frac{1}{2}$ turn. (also with 2 s.)	92. Any 1/1 pirouette in handstand on 2 rails.  ↗ ↘	93.	94.	95.	96.
↗ ↘	↗ ↘				



A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG II: Elements in support or through support on 2 bars</b>					
97.	98.	99. From handstand, salto fwd to support or from handstand with rotated grip, inlocate to support.  (Carballo 2)	100.	101.5/4 salto fwd. straddle directly to hang.  (Lee Chul Hon/Sasaki)	102.
					
103.	104. 5/4 salto fwd. tuck or pike to upper arm hang.	105. Salto fwd to support.	106. 5/4 salto fwd. straddled to upper arm hang	107.5/4 salto fwd. straddled to bent arm support.	
					
109.	110.	111. Salto fwd. piked to hang.  (Juarez 2)	112.	113. Double salto fwd. tuck to upper arm hang.	114. Double salto fwd. pike to upper arm hang.
					
115.	116.	117. 5/4 salto fwd. straight to upper arm hang	118.	119. Salto fwd. with 1/1 t. to upper arm hang.  (Urzica)	120.
					

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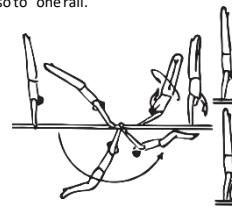
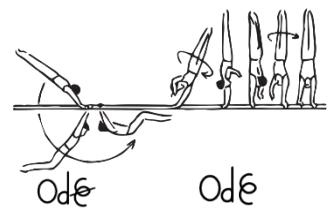
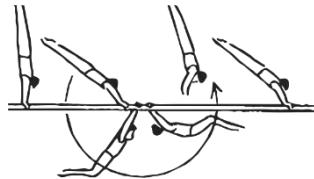
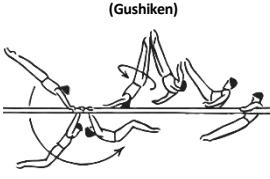
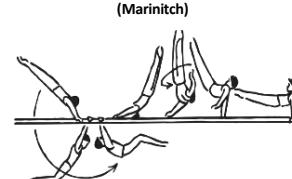
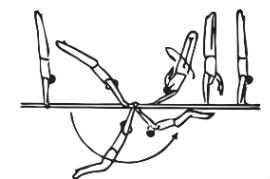
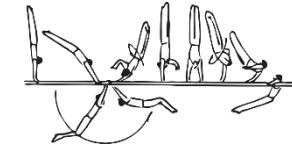
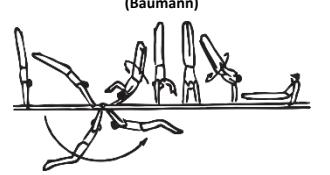




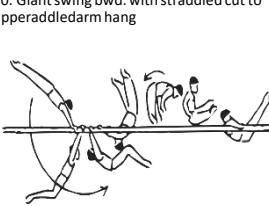
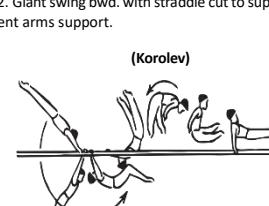
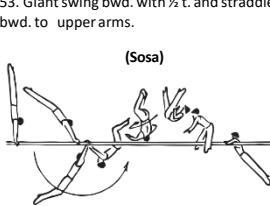
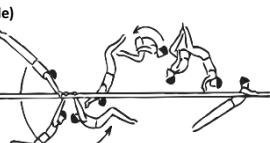
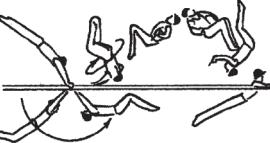
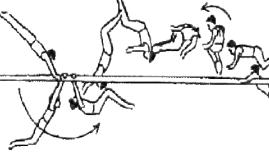
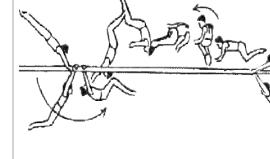
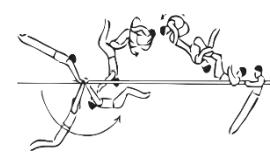
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<b>EG III: Long swings in hang on 1 or 2 bars and Underswings</b>					
1.	2.	3. Swing forward, straddle cut backward, and regrasp with straight body at horizontal to bent and upper arm.  (Alsadi)	4. Moy piked with straddle bwd to handstand  (Tippelt)	5. Swing forward, straddle cut backward, and regrasp with straight body at horizontal.  (Bhavasar)	6.
7.	8. Moy piked with straddled, cut bwd, and $\frac{1}{2}$ t. to upper arm hang (also legs together).  (Nolet)	9. Moy piked with 1/1 t. to upper arm hang.  (Moy)	10. Moy and salto fwd. tuck, pike. or straddled. to upper arm hang.  (Giraldo)	11.	12.
13.	14. Moy to support bent legs (also without grip release).  (Mz)	15. Moy to support straddled legs (also without grip release).  (M)	16.	17..	18.
19.	20.	21. Giant swing bwd. to handstand or with inlocation fwd. (also with $\frac{1}{4}$ or $\frac{1}{2}$ turn and to one rail).  (Kenmotsu)  (Wells)	22. Giant swing bwd. to handstand on one rail (connected to Healy type element).  (Piasecky)	23.	24.

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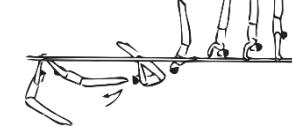
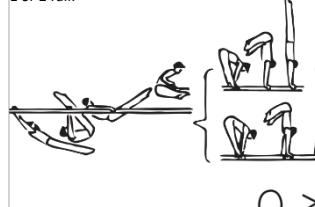
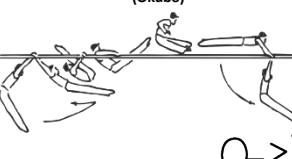
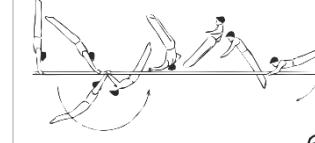
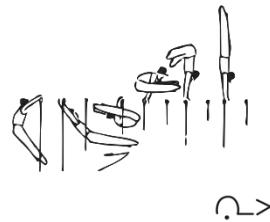
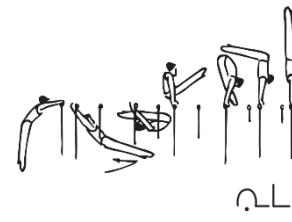
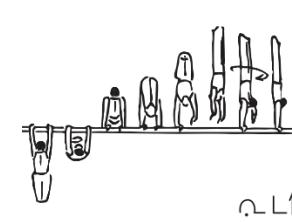
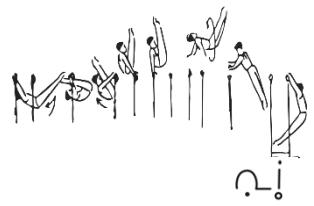
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<b>EG III: Long swings in hang on 1 or 2 bars and Underswings</b>					
25.	26.	27.	28.	29. Giant swing bwd. with Diamidov to handstand, also to one rail. 	30. Giant swing Diamidov with ¼ or ½ t. to handstand. 
31.	32.	33.	34.	35.	36.
37.	38. Swing down with salto bwd. straight to hang  Oj	39. Giant swing bwd. with ½ t. to upper arm hang.  Og	40. Giant swing bwd. with ½ t. to support.  Ma	41.	42. Giant swing bwd. with Diamidov to handstand to one rail (connected to Healy type element).  Oj
43.	44.	45.	46. Giant swing bwd. with Makuts to upper hang.  Om <sub>Mk</sub>	47.	48. Giant swing bwd. with Makuts.  Om <sub>Mk</sub>



A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG III: Long swings in hang on 1 or 2 bars and Underswings</b>					
49.	50. Giant swing bwd. with straddled cut to upper addled arm hang 	51.	52. Giant swing bwd. with straddle cut to support or bent arms support. (Korolev) 	53. Giant swing bwd. with ½ t. and straddled cut bwd. to upper arms. (Sosa) 	54.
55.	56.	57.	58.	59. From giant. sw-bwd., double salto tuck to upper arm hang. (Belle) 	60. Belle pike. 
61.	62.	63.	64.	65.	66. Belle with 1/1 turn. 
67.	68.	69. Giant swing bwd. and salto with ½ t. to hang on the end. (Chartrand) 	70. Giant swing bwd. and salto with ½ t. to upper arm hang. 	71. Giant swing bwd. and salto with ½ t. to hang. 	72. Giant swing bwd. with ½ t. and 3/2 salto fwd to upper arm hang. (Tanaka) 

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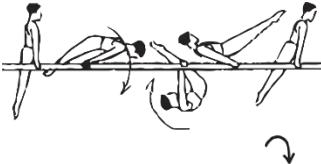
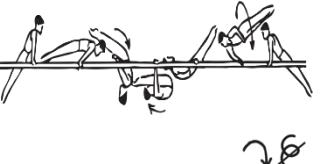
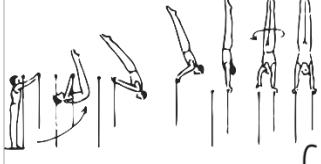
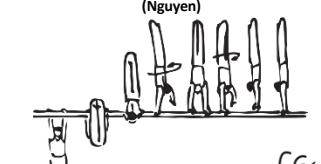
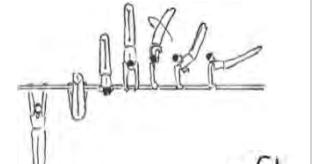
A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG III: Long swings in hang on 1 or 2 bars and Underswings</b>					
73. Glide kip.	74. Glide kip with $\frac{1}{2}$ t. to support.	75. Glide kip bwd. to handstand.	76.	77. Giant swing bwd. and salto with $\frac{1}{2}$ t. to support. (Torres)	78. Giant swing backward with $\frac{1}{2}$ t. and 3/2 salto forward piked to upper arm hang. (Esparza)
					
79.	80. Glide kip to straddled cut bwd. handstand on 1 or 2 rail.	81. Glide kip to straddled cut bwd. to hand. (Okubo)	82.	83. Giant swing bwd. and salto with $\frac{1}{2}$ str to upper arm hang (Fokin)	84.
					
85.	86. Glide kip one rail through L-sit straddled to handstand.	87. Glide kip through L-sit piked to handstand.	88. Glide kip through L-sit piked to handstand and hop with 3/4 t. or more.	89.	90.
					
91.	92. Glide kip through V-sit and hop $\frac{1}{2}$ turn to hang on other rail. (Li Donghua)	93.	94.	95.	96.
					

● Prohibited for juniors



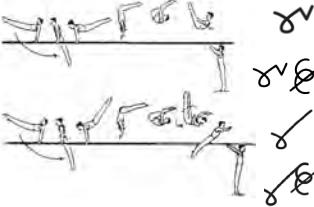
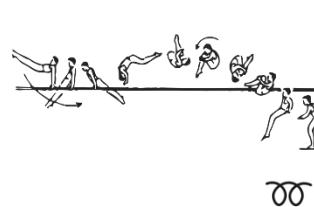
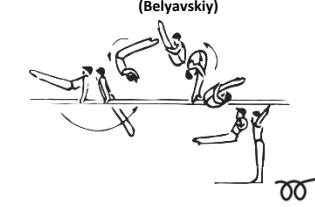
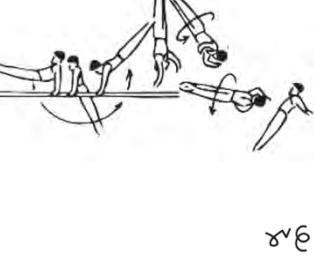
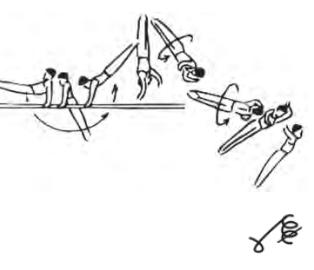
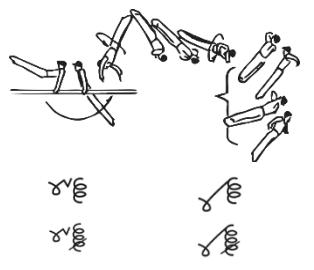
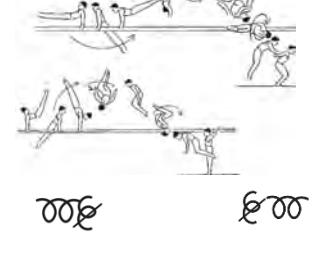
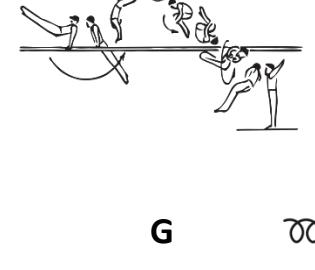
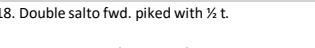
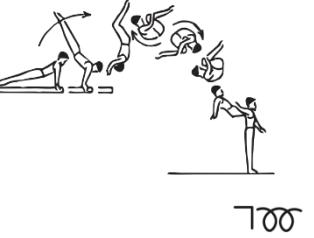
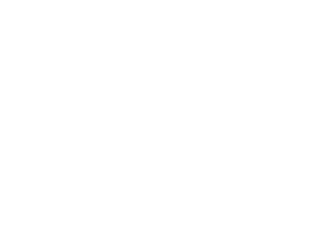
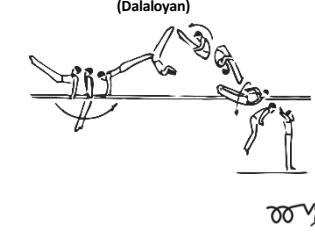
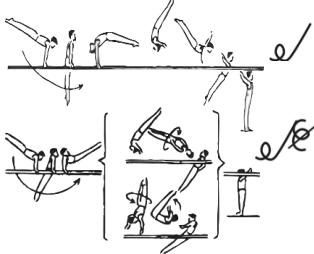
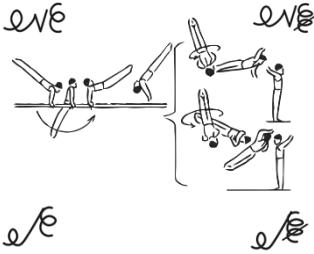
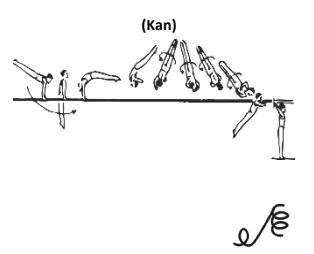
A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG III: Long swings in hang on 1 or 2 bars and Underswings</b>					
97. Cast to upper arm hang.	98. Cast to support.	99. Felge with $\frac{1}{2}$ t. to upper arm hang.	100. Felge with $\frac{1}{2}$ t. to rear support.	101.	102.
u	u!	f	f!		
103.	104. Cast with $\frac{1}{2}$ t. to up. arm hang.	105. Cast with $\frac{1}{2}$ t. to support.	106. Felge to handstand. Also to one rail or $\frac{1}{4}$ t. (Cucherat - Celen)	107. Felge with $\frac{1}{2}$ or $\frac{1}{4}$ t. to handstand.	108. Felge with $\frac{1}{1}$ t. to handstand. (Teng Hai Bin)
	ue	ue	f fe	fe fe	fe
109.	110.	111. Cast to straddle cut backward to handstand. (Arican)	112.	113.	114. Felge with $\frac{5}{4}$ t. to handstand. (Zhou Shixiong)
		u>			G fe
115. Felge with travel to hang	116. Felge to support	117. Felge with immediate straddle cut to support.	118.	119. Felge to one rail handstand <small>(connected to Healy type element).</small>	120. Felge through handstand to Makuts.
fi	fi	f>		(Chiarlo)	(Yamamuro) f Mk



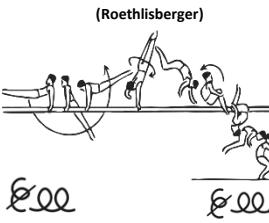
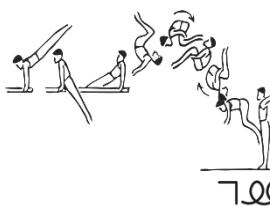
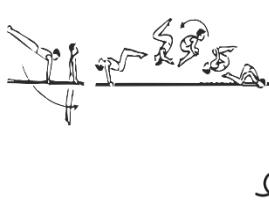
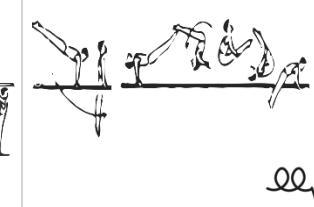
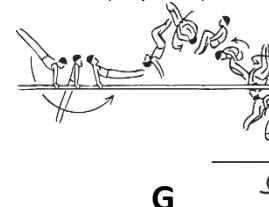
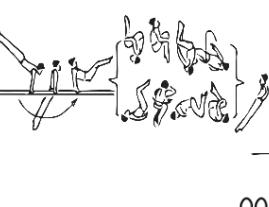
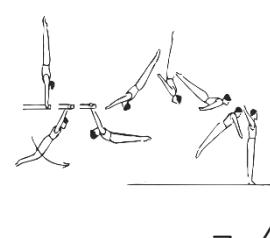
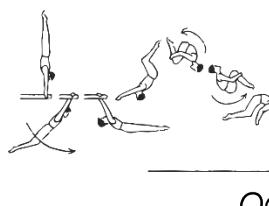
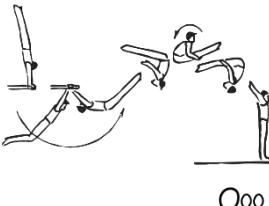
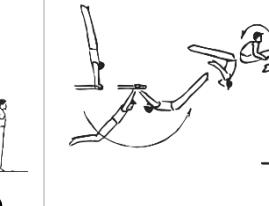
A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG III: Long swings in hang on 1 or 2 bars and Underswings</b>					
121.	122. Felge roll backward with tucks salto $\frac{1}{2}$ to upper arm hang.  (Gagnon)  Ga	123. Felge roll backward with straight salto $\frac{1}{2}$ to upper arm hang.  (Gagnon 2)  Ga <sub>2</sub>	124.	125. Felge with salto bwd tuck to upper arm hang.  (Tejada)  f <sub>2</sub>	126. Felge with salto bwd p. to up. arm hang.  (Juarez 1)  fev
127. Felge forward to support.  	128. Felge forward with $\frac{1}{2}$ t. to support.  	129.	130. Shoot up with $\frac{1}{4}$ t. to handstand.  	131. Shoot up with $\frac{1}{2}$ or $\frac{3}{4}$ t. to handstand.  (Nguyen) 	132.
133.	134.	135.	136.	137. Shoot up to handstand and fall back to support with $\frac{1}{4}$ turn.  (Malone) 	138.
139.	140.	141.	142.	143.	144.

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A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG IV: Dismounts</b>					
1. Salto fwd. piked or straight also with $\frac{1}{2}$ t.	2.	3.	4.	5. Double salto fwd. tuck.	6. Double salto fwd. p.
					
7.	8. Salto fwd. piked or straight with 1/1	9. Salto fwd. piked or straight. 3/2 t.	10. Salto fwd. piked or straight with 2/1 or 5/2 t.	11. Double salto fwd. tuck with $\frac{1}{2}$ t. or $\frac{1}{2}$ t. double salto bwd.	12. Double salto fwd. tucked with 1/1 t. (Larduet)
					
13.	14.	15. Double salto fwd. tuck from end.	16.	17..	18. Double salto fwd. piked with $\frac{1}{2}$ t. (Dalaloyan)
					
19. Salto bwd. piked or straight, also with $\frac{1}{2}$ t.	20.	21. Salto bwd. piked or straight with 1/1 or 3/2 t.	22. Salto bwd. straight with 2/1 t.	23.	24.
					

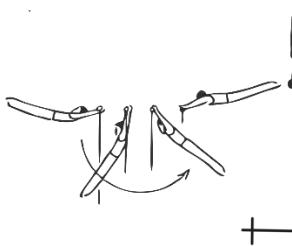
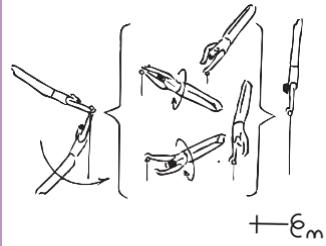
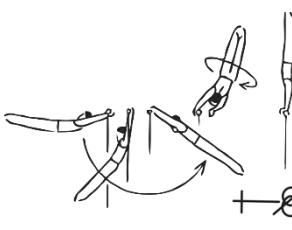
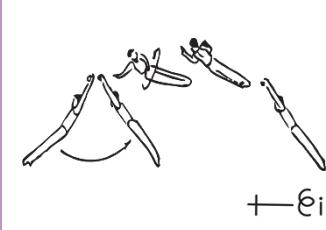
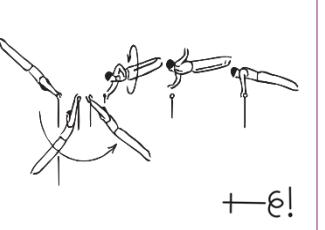
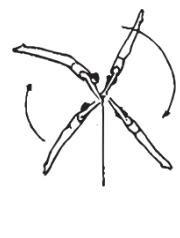
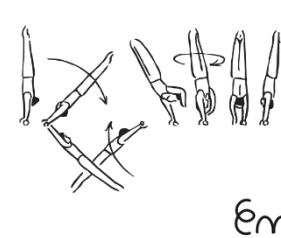
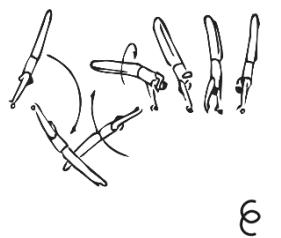
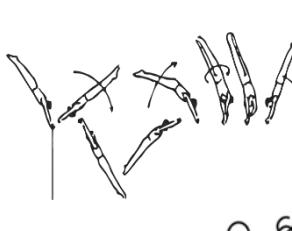
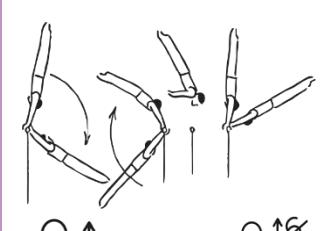
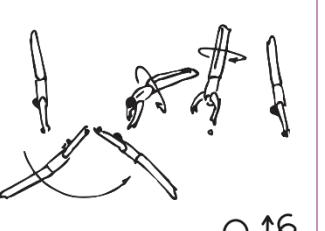


A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG IV: Dismounts</b>					
25.	26.	27.	28. High wende and salto bwd tuck or pike. <i>(Roethlisberger)</i> 	29.	30.
31.	32. Double salto bwd. tuck from end. 	33. Double salto bwd. tuck. 	34. Double salto bwd. pike. 	35.	36. Double salto bwd. t. with 1/1 t. <i>(Hiroyuki Kato)</i> 
37.	38.	39.	40. Double salto bwd. tucked with ½ t. or salto bwd. ½ tucked to salto fwd. tucked. 	41.	42.
43. From hang on end, salto bwd. straight. 	44.	45. From hang on end, double salto bwd. Tuck. 	46. From hang on end, double salto bwd. pike. 	47. From hang on end, double salto bwd straight 	48. From hang on end, triple salto bwd. Tuck <b>G</b> 

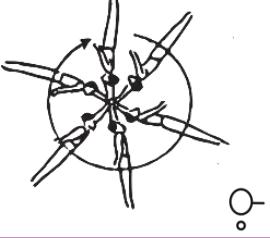
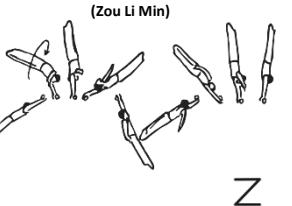
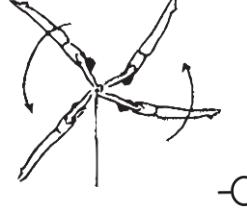
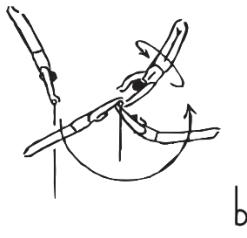
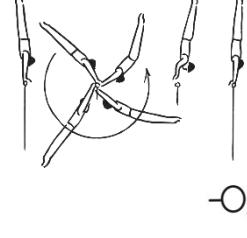
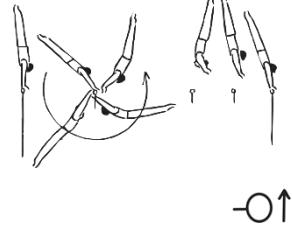
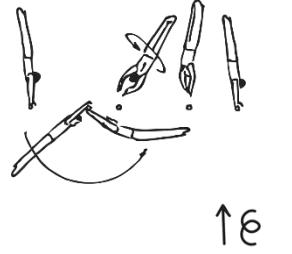


A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG IV: Dismounts</b>					
49.	50.	51.	52.	53. From hang on end, double salto bwd. tuck with 1/1 or $\frac{1}{2}$ t.	54. From hang on end, double salto bwd. tuck with 2/1 t.
				 Oee Oee	 Oee
55.	56.	57.	58.	59.	60.
61.	62.	63.	64.	65.	66.
67.	68.	69.	70.	78.	79.

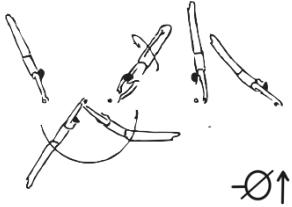
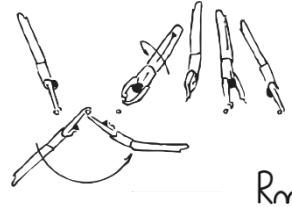
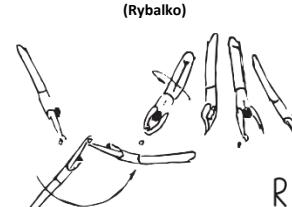
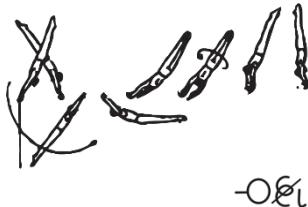
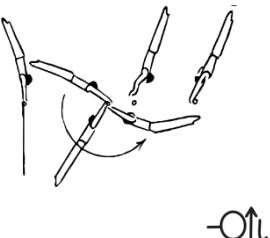
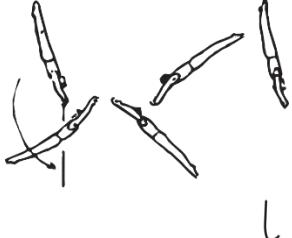
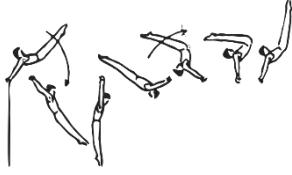
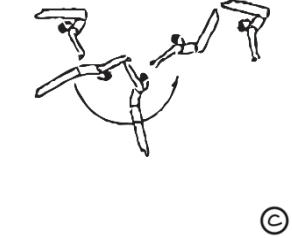


A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG I: Long hang swings and turns</b>					
1. Back uprise to handstand. 	2. Back uprise to hdst. with 1/1 turn also to mixt. 	3. 	4.	5.	6.
7. Back uprise to handstand with ½ turn. 	8. Swing bwd. and pirouette to hang. 	9. Swing bwd. and pirouette to support. 	10.	11.	12.
13. Giant swing fwd. 	14. Giant swing fwd. with 1/1 turn in mixt grip. 	15. Giant swing fwd. with 1/1 turn in double elgrip 	16.	17.	18.
19. Giant swing fwd. with ½ t. thr. hdst. 	20. Flying giant swing fwd. or with ½ turn. 	21. Flying giant swing fwd. with 1/1 t. 	22.	23.	24.

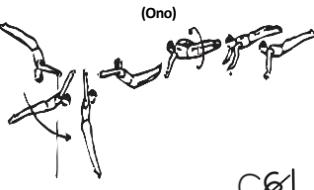
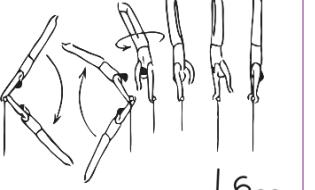


A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG I: Long hang swings and turns</b>					
25.	26. Giant swing fwd. with one arm in ungr. 	27. On one arm, giant swing fwd. w. 1/1 t. to el-grip and 1/1 t. 	28.	29.	30.
31. Giant swing bwd. 	32 One arm giant swing bwd. 	33.	34.	35.	36.
37. Giant swing bwd. with ½ turn. 	39.	40.	41.	42.	
43. Giant swing bwd. with hop to undergrip. 	44. Flying giant swing bwd. 	45. Flying giant swing bwd. with 1/1 t. 	46.	47.	48.



A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG I: Long hang swings and turns</b>					
49.	50. Giant swing bwd. with hop $\frac{1}{2}$ t. to el-grip. 	51. Giant swing bwd. with hop $\frac{3}{2}$ t. to undergrip, mixed el-grip. 	52. Giant swing bwd. with hop $\frac{3}{2}$ t. to double el-grip (Rybalko) 	53.	54.
55.	56.. Giant swing bwd. with $\frac{1}{2}$ t. to el-grip. 	57.	58.	59.	60.
61.	62. Long swing fwd. with hop to el-grip. 	63.	64.	65.	66.
67.	68. El-grip giant swing. 	69. Giant swing rearways fwd. (Russian giant). 	70. Giant swing rw. bwd. (Czech giant swing). 	71.	72.

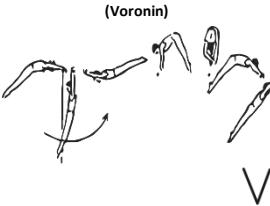
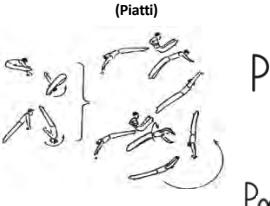
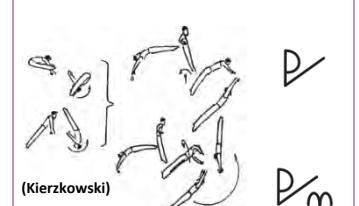
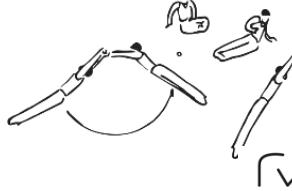
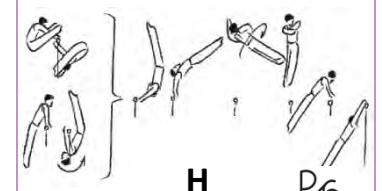
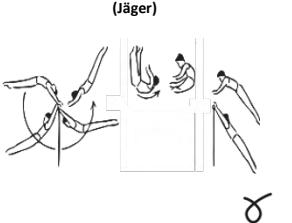
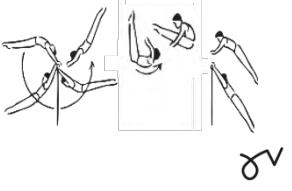
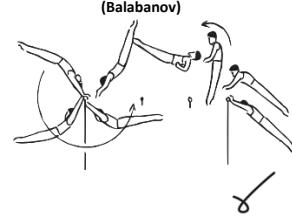
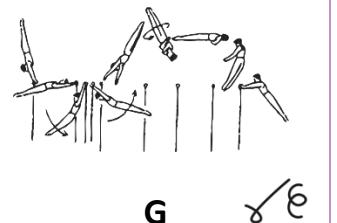
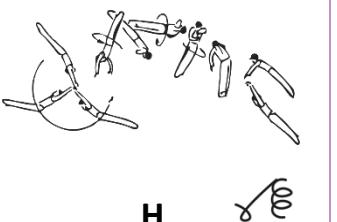


A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG I: Long hang swings and turns</b>					
73.	74. Steineman uprise w. $\frac{1}{2}$ t. to support.  (Ono) C&!	75. El-grip giant swg. with 1/1 t. thr. hdst. in mx. gr.  Lem	76. Giant swing rw. bwd. (Czech giant swing) with $\frac{1}{2}$ turn to fwd giant swing.  C&	77.	78.
79.	80.	81.	82.	83.	84.
85.	86.	87.	88.	89.	90.
91.	92.	93.	94.	95.	96.

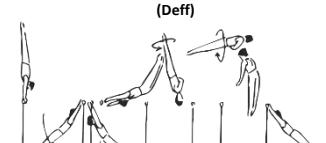
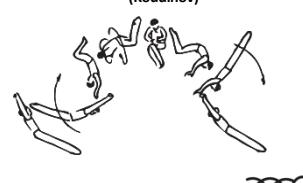


A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG II: Flight elements</b>					
1.	2. Back uprise and straddle over to hang rw. 	3. Back uprise and strad. hecht with $\frac{1}{2}$ t. to hang. also w. $\frac{1}{2}$ t. 	4.	5.	6. Back uprise and hecht straight with $\frac{3}{2}$ t. to hang.  <b>G</b>
7.	8.	9. Markelov str. with legs together .also with $\frac{1}{2}$ t.  <b>Y</b> <b>Ym</b>	10.	11.	12.
13.	14.	15. Swing fwd. and vault bwd. strad. to hang, also with $\frac{1}{2}$ t.  <b>T</b> <b>Tm</b>	16. Tkatchev straight, also with $\frac{1}{2}$ t. to mix el-grip into back uprise to hdst.  <b>T</b> <b>Tm</b>	17.	18. Tkatchev straight with $\frac{1}{1}$ t.  <b>G</b> <b>T</b> <b>Tl</b>
19.	20.	21. Swing fwd. and vault bwd. piked to hang, also with $\frac{1}{2}$ t.  <b>Tv</b> <b>Tvm</b>	22.	23. Tkatchev straddled $\frac{1}{2}$ t. to double el-grip.  <b>Tl</b>	24.

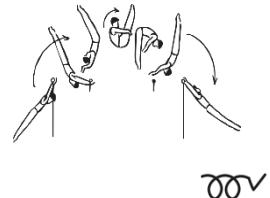
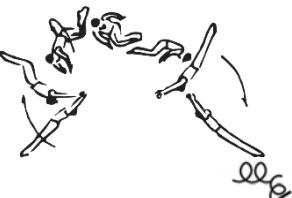
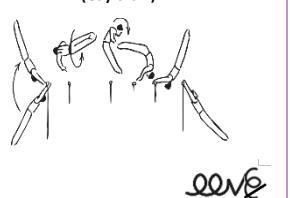
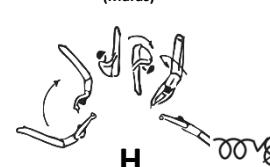
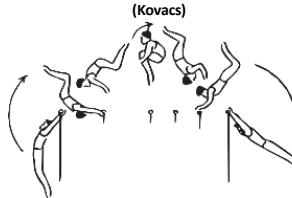
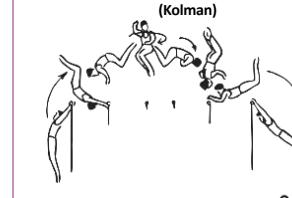
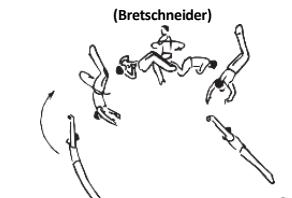
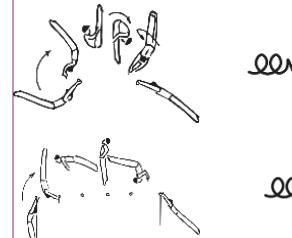
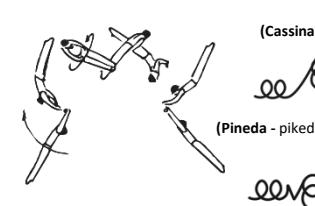
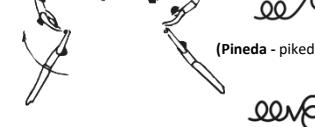


A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG II: Flight elements</b>					
25.	26. Back uprise and piked vault with $\frac{1}{2}$ t. to hang.  (Voronin) 	27.	28. Stalder or free hip circle bwd to Tkatchev straddle, also with $\frac{1}{2}$ t.  (Piatti) 	29. Piatti straight, also with $\frac{1}{2}$ t. to mix el-grip into back uprise to hdst.  (Kierzkowski) 	30.
31.	32. Back uprise and rear vault with $\frac{1}{4}$ t. to hang.  	33.	34. Piatti piked, also w. $\frac{1}{2}$ t.  	35.	36. Piatti straight with 1/1 turn.  (Suarez) 
37.	38.	39. Swing bwd. And salto fwd t. or strad. to hg. Also from el-grip  (Jäger) 	40. Swing bwd. and salto fwd. p. to hg. also from el-grip.  	41. Salto fwd. straight, also from el-grip.  (Balabanov) 	42. Salto fwd. straight with 1/1 t. also from el grip  (Winkler - Pogorelev) 
43.	44.	45. .	46.	47.	48. Salto fwd. straight with 2/1t. also from el grip.  

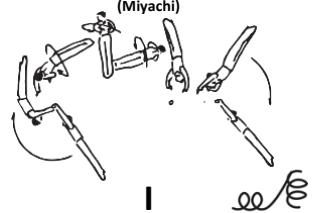
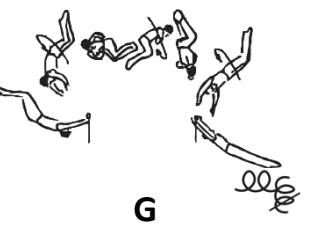


A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG II: Flight elements</b>					
49.	50.	51. Czech giant and vault bwd. strad. to hang.  CT	52. Swing fwd. and counter salto fwd. straddled to hang. (Xiao Ruizhi)  T $\delta$	53.	54.
55.	56.	57. Swing fwd. $\frac{1}{2}$ t. to salto fwd. strad. to hang. (Deltchev)  G>	58. Swing fwd. and salto bwd. piked w. $\frac{1}{2}$ t. to hang. (Gienger)  (Sapronenko) cG	59.	60. Swing fwd. and salto bwd. w. $\frac{3}{2}$ t. to hang. (Deff)  G G $\delta$
61.	62.	63.	64.	65. Salto fwd, tuck over the bar, also from el-grip. (Gaylord)  OO	66. Gaylord with $\frac{1}{2}$ t. (Pegan)  G OOG
67.	68.	69.	70.	71.	72. Gaylord with 1/1 t. (Koudinov)  H OOG

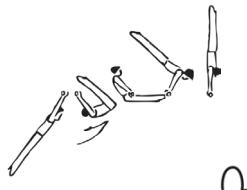
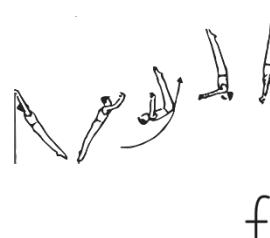


A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG II: Flight elements</b>					
73.	74.	75.	76.).	77.	78. Gaylord piked. 
79.	80.	81.	82. Salto bwd. ½ t. tucked over the bar. 	83. Salto bwd. ½ t. piked over the bar. (Gaylord 2) 	84. Pegan piked. 
85.	86.	87.	88. Double salto bwd. t. over the bar. (Kovacs) 	89. Kovacs with 1/1 t. (Kolman) 	90. Kovacs with 2/1 t. (Bretschneider) 
91.	92.	93.	94.	95. Kovacs piked or straight. 	96. Kovacs straight or piked with 1/1 turn. (Cassina)  (Pineda - piked) 



A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG II: Flight elements</b>					
97.	98.	99.	100.	101.	102. Kovacs straight with 2/1 turn. 
103.	104.	105.	106.	107.	108. Kovacs with 3/2 t. to mix grip. 
109.	110.	111.	112.	113.	114.
115.	116.	117.	118.	119.	120.

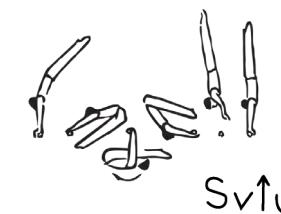
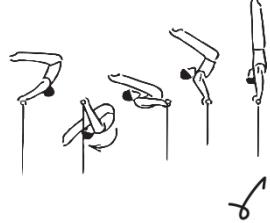
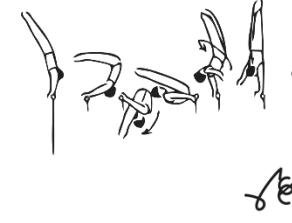
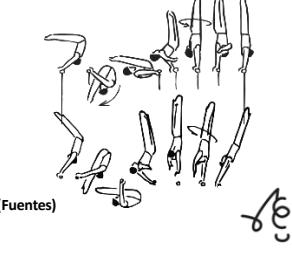
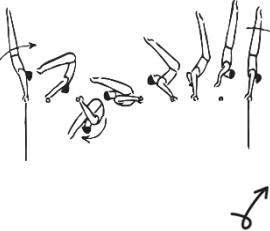


A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG III: In bar and Adler elements</b>					
1. Kip to hdst. or from mixed grip to hdst.	2.	3.	4.	5.	6.
					
7.	8. From hdst., free hip circle fwd. thr. hdst. (Weiler)	9.	10.	11.	12.
					
13. From hang or from support, free hip circle through handstand.	14.	15.	16.	17..	18.
					
19.	20.	21.	22.	23.	24.

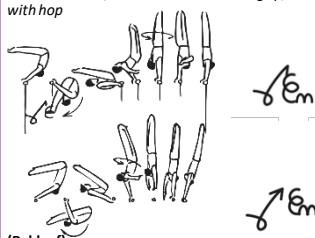
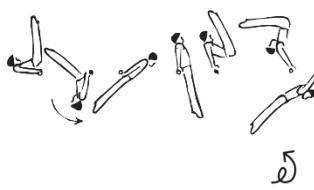
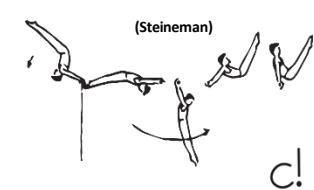
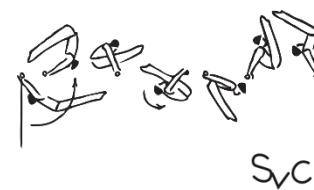
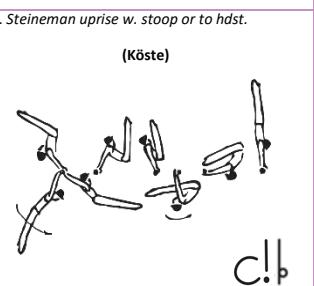
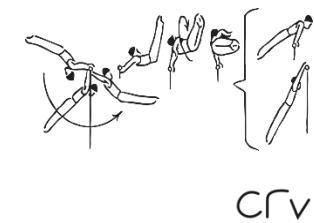


A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG III: In bar and Adler elements</b>					
25. From hang or from support, free hip circle hop to handstand.	26.	27.	28.	29.	30.
31.	32. Free circle fwd. straddled thr. hdst.  (Endo)	33. Free circle fwd. legs together thr. hdst.  ev	34.	35.	36.
37.	38. Free circle bwd. straddle thr. hdst.  (Stalder)	39.	40. Stalder with hop 3/2 turn through hdst. in mix el-grip.	41. Stalder with hop 3/2 turn through hdst. in el-grip.	42.
43.	44.	45. Stalder legs together thr. hdst.	46.	47.	48.
		 Sv			

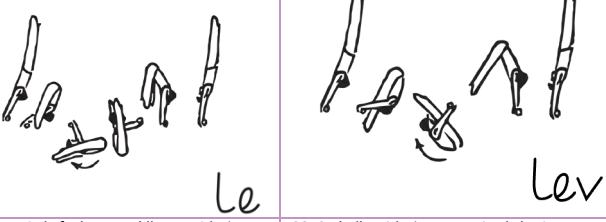
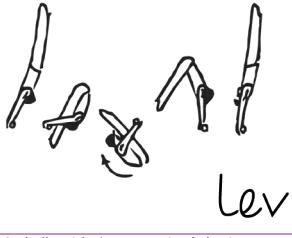
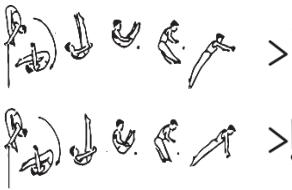
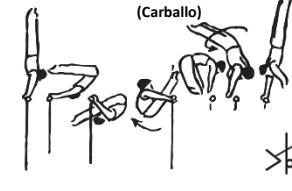
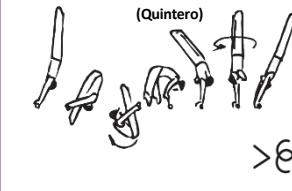
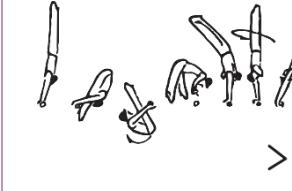


A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG III: In bar and Adler elements</b>					
49.	50.	51.	52.	53.	54.
55.	56. Stalder with hop through hdst. 	57. Stalder legs together with hop through hdst. 	58.	59.	60.
61.	62.	63. Stoop circle rearward fwd. through hdst. (Adler). 	64. Adler with ½ t. through hdst. in ovgr. 	65. Adler and 1/1 t. through hdst. in ungr.  (Fuentes)	66.
67.	68.	69.	70. Adler hop to hdst. in ungr. or ovgr. or mixed grip 	71.	72.

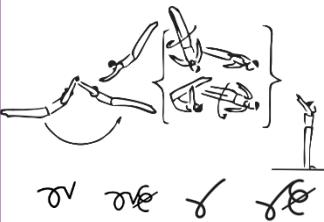
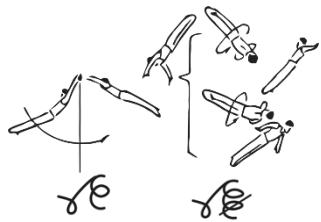
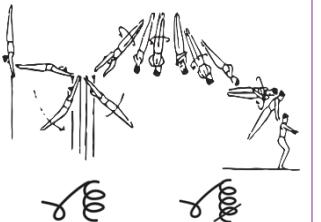
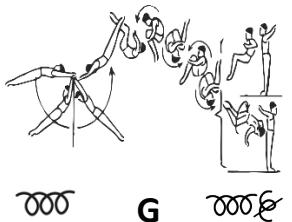
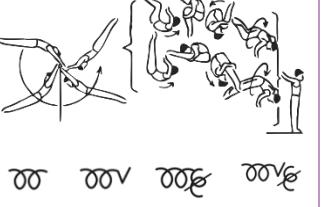
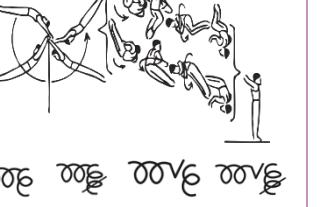
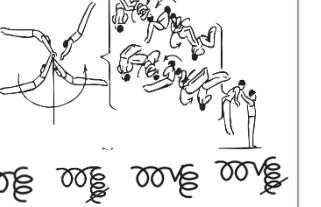
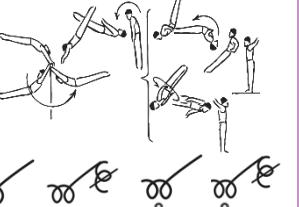
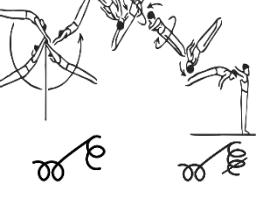
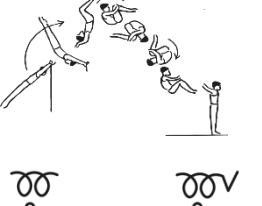
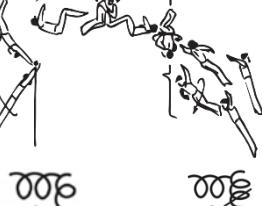


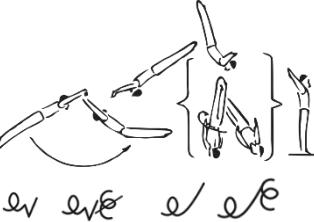
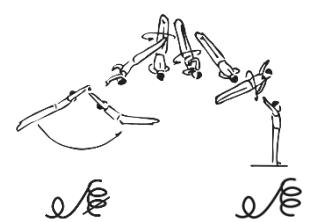
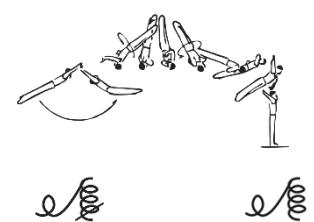
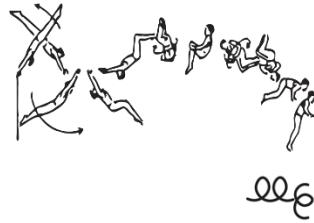
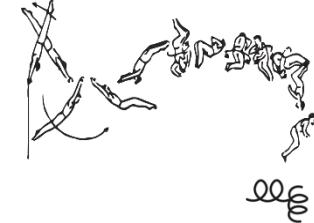
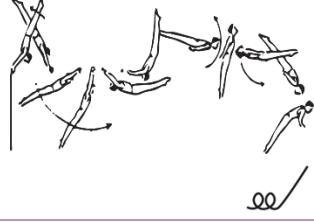
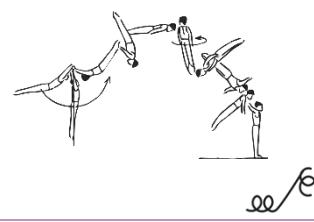
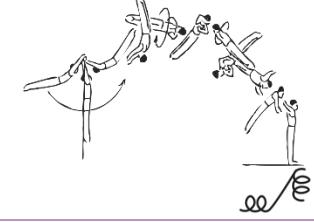
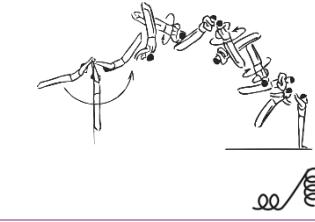
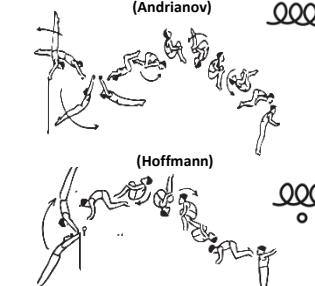
A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG III: In bar and Adler elements</b>					
73.	74.	75.	76. Adler and 1/1 t. thr. hdst. in mixed grip, also with hop 	77.	78.
79. Back toss to dorsal hang. 	80. From dorsal hang, uprise fwd. to support rw. 	81. Stoop in and free back toss to dorsal hang 	82.	83.	84.
85.	86.	87. Steineman uprise w. stoop or to hdst. 	88.	89.	90.
91.	92. Steineman uprise w. flank bwd. to sup. or hang. 	93.	94.	95.	96.



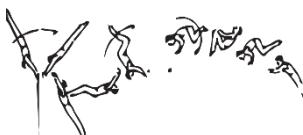
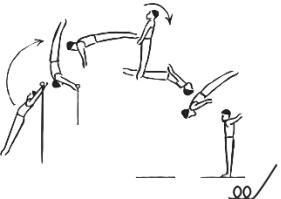
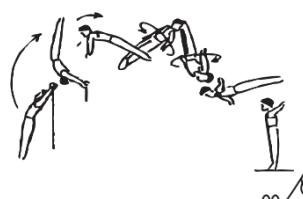
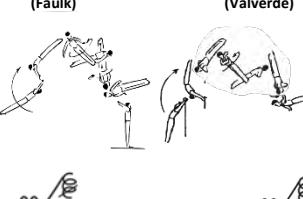
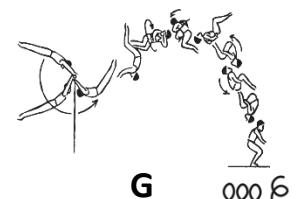
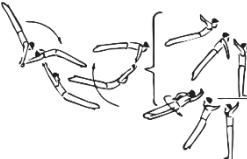
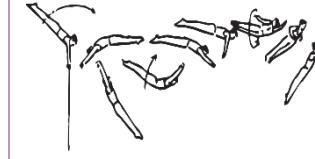
A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG III: In bar and Adler elements</b>					
97.	98.	99. <i>Endo in el-grip thr. hdst.</i>	100. <i>Endo legs together in el-grip thr. hdst.</i>	101.	102.
					
103. <i>Stoop circle fwd. to straddle cut to hang or sup.</i>	104. <i>Stoop circle fwd. to straddle cut through hdst.</i>	105. <i>Stoop circle fwd. to straddle cut with ½ t.</i>	106. <i>Carballo with ½ turn to mixed el-grip.</i>	107. <i>Quintero to el-grip.</i>	108.
					
109.	110.	111.	112.	113.	114.
115.	116.	117.	118.	119.	120.



A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG IV: Dismounts</b>					
1. Salto fwd. piked or straight, also with $\frac{1}{2}$ t.	2. Salto fwd. str. with 1/1 or 3/2 t.	3. Salto fwd. str. with 2/1 or 5/2 t.	4.	5.	6. Triple salto fwd. t. or with $\frac{1}{2}$ t. (Rumbutis)
 oo ✓ oo ✓ oo	 oo ✓ oo ✓ oo	 oo ✓ oo ✓ oo			 ooo G ooo oo
7.	8.	9. Double salto fwd. t. or p. or with $\frac{1}{2}$ turn.	10. Double salto fwd. t. or p. with 1/1 or 3/2 t.	11. Double salto fwd. t. or p. with 2/1 or 5/2 t.	12.
		 oo oo oo oo	 oo oo oo oo	 oo oo oo oo	
13.	14.	15.	16. Double salto fwd. str. or with $\frac{1}{2}$ t. or over the bar (Roethlisberger 2)	17.. Double salto fwd. str. with 1/1 or 3/2 t. (Alvarez)	18.
			 oo oo oo oo	 oo oo oo oo	
19.	20.	21. Double salto fwd. t. or p. or with $\frac{1}{2}$ turn over the bar.	22. Dbl. salto fwd. t. or p. w. 1/1 or 3/2 t. over the bar. (Roethlisberger 1)	23.	24.
		 oo oo oo oo	 oo oo oo oo		

A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG IV: Dismounts</b>					
25. <i>Salto bwd. piked or str. also with <math>\frac{1}{2}</math> or <math>\frac{1}{1}</math> t.</i>	26. <i>Salto bwd. str. with <math>\frac{3}{2}</math> or <math>\frac{2}{1}</math> t.</i>	27. <i>Salto bwd. str. with <math>\frac{5}{2}</math> or <math>\frac{3}{1}</math> t.</i>	28.	29.	30.
					
31.	32. <i>Double salto bwd. tuck or pike.</i>	33. <i>Double salto bwd. t. with <math>\frac{1}{1}</math> t.</i> (Tsukahara)	34. <i>Double salto bwd. t. with <math>\frac{2}{1}</math> t.</i>	35.	36.
					
37.	38.	39. <i>Double salto bwd. str.</i>	40. <i>Double salto bwd. str. with <math>\frac{1}{1}</math> t.</i>	41. <i>Double salto bwd. str. with <math>\frac{2}{1}</math> t.</i> (Watanabe)	42. <i>Double salto bwd. str. with <math>\frac{3}{1}</math> t.</i> (Fedorchenko)
					
43.	44.	45.	46.	47.	48. <i>Triple salto bwd. t. or over the bar.</i> (Andrianov) (Hoffmann)
					



A = 0,1	B = 0,2	C = 0,3	D = 0,4	E = 0,5	F = 0,6 G = 0,7 H = 0,8
<b>EG IV: Dismounts</b>					
49.	50. Double salto bwd. t. over the bar.	51. Doble salto bwd. t. with 1/1 t. over the bar.	52. Double salto bwd. t. with 2/1 t. over the bar	53.	54. Triple salto bwd. p. (Fardan)
					
55.	56.	57. Double salto bwd. str over the bar.	58. Double salto bwd. str. w. 1/1 t. over the bar. (Hayden)	59. Double salto bwd str. w. 3/2 or 2/1 turn over the bar. (Faulk) (Valverde)	60. Triple salto bwd. t. with 1/1 t. (Belle)
					
61. Hecht strad., hecht or hecht w. $\frac{1}{2}$ t.	62. Hecht w. 1/1 or 3/2 t.	63.	64. Hecht w. 2/1 t.	65.	66.
					
H	He	He	He		
67.	68.	69.	70.	71.	72.

