



Our Philosophy

An encounter at the Hacienda SPA is a journey into a world of sensation, beauty and balance. Positioned in the midst of Hacienda's historically inspired architecture and vibrant colors and textures, occupying a rich and glorious place in Mexico's history, the HACIENDAS are unique memorial sites that offer tangible connections to our past and where we can relive and **experience the incredible richness of history.**

The Haciendas of agave and seeds are particularly significant in Mexico because of the cultural importance of plants in pre-Hispanic times. Hacienda SPA offers a combination of SPA therapies and beauty treatments based on ancient pre-Hispanic traditions and Mexican herbal remedies to discover a sense of balance, renewal and spiritual regeneration, evoking the splendor of nature and its inner harmony.

The SPA's holistic approach is translated through enchanting settings and unique spaces. Outdoor relaxation lounges, water features, and soaking pools all contribute to the allure of the natural forces at work in harmonious environment.





Rituals of Touch

HACIENDA SIGNATURE RITUAL

Inspired by the rhythms and formations abundantly present in nature, this beautiful treatment brings balance and harmony to mind and body. This ritual will awaken and stimulate energy, release the tensions built up from daily life, and promote overall well-being. The experience contains a welcome foot cleanse, a purifying exfoliation, and a deep massage to relieve tension and expand the breath. Herbal compresses with traditional medicinal plants reach areas of profound tension and release blocked energy. At the same time, pure essential oils nourish and replenish the skin, leaving you feeling refreshed and vibrant.

2hrs. \$ 379 USD

YIN & YANG RITUAL

Enjoy some time together to relax and unwind in the intimacy of our couple's suite with this special treatment. Begin your experience with a private jacuzzi session; the ritual involves a full body exfoliation with black and white sesame seeds followed by a deep tissue massage, leaving the body nourished and entirely tension-free. The sesame seeds signify prosperity among native cultures, and the colors of black and white support the balance of opposing energies in nature. An aromatherapy scalp treatment concludes the experience, head to toe!

2hrs. \$ 630 USD per couple

CITRUS RITUAL

Restore the vitality of damaged skin by the sun, free radicals, and signs of premature aging by immersing your skin in the antioxidant power of this vitamin C treatment. This wonderful ritual includes a face and body exfoliation, an antioxidant concentrate, a massage, and a facial mask. Undoubtedly the perfect way to start your day fresh and invigorated.

2hrs. \$ 429 USD

Diamond Rituals

Personalize your treatment with

DIAMOND WELL-LIVING EXPERIENCE

How do you want to feel today?

Choose the oil that will make you feel the way you want and design your ritual.

When you need
a reset



DETOX

Seaweed and
chia

Your dose of peace
and serenity



DE-STRESS

Lavender and
grape seed

Bye bye
fatigue



FITNESS

Mint and
eucalyptus

A boost of
vitality



ENERGIZING

Citrus, cypress, sage
and rosemary

How much time do you have
today to take care of yourself?

Exfoliating treatments, massages, and body masks
that make your day extraordinary.



- Body Scrub
 - Body Massage
- \$136 USD

- Body Massage
- Body Scrub + Massage
- Body Scrub + Mask

\$239 USD



- Body Massage
- Body Scrub + Massage
- **SIGNATURE RITUALS:**
Body Scrub + Mask + Massage

\$299 USD



16% Tax and 15% Service Charge Included in prices.

Sensory Experiences

SOUND OF THE SEA RELAXING MASSAGE

This Swedish inspired, relaxing massage is the ideal way to begin your vacation. Release all tension and enjoy the blissful experience while pure organic essential oils and special massage techniques will contribute to relaxation and restoration. Chase away any travel fatigue and prepare for the vacation of a lifetime.

50min. \$ 259 USD / 80min. \$ 299 USD

DEEP TISSUE MASSAGE

Enjoy this massage to relieve tension and an achy body. An individually selected variation of pressure and deep stretching work will be paired with natural products to suit your personal needs. The essential oils will re-balance your vital energies, restore harmony and calm your body and mind.

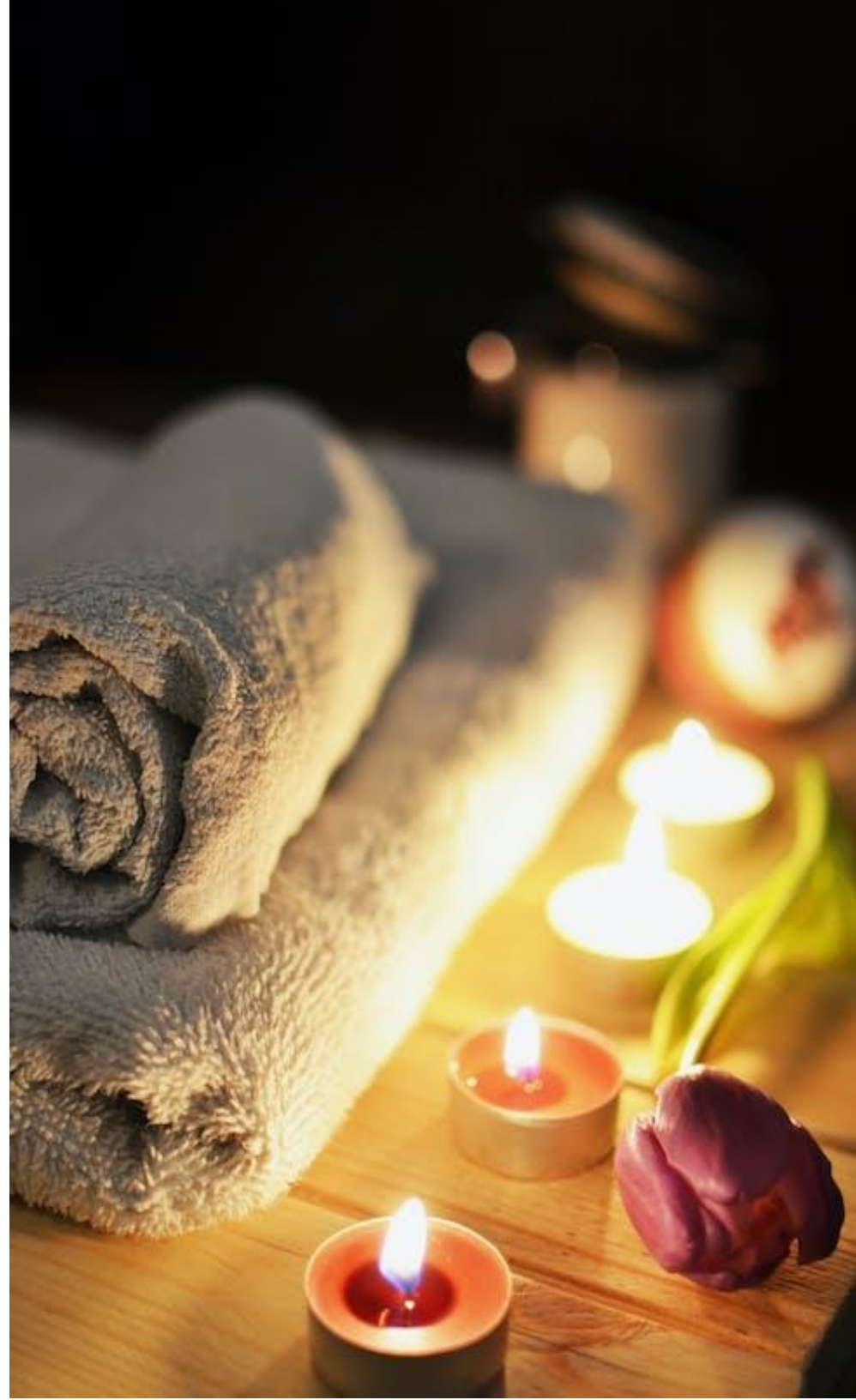
50min. \$ 288 USD / 80min. \$ 338 USD

PERSONALIZED MASSAGE

Experience the healing effects of a customized massage on your specific problem areas. Our skilled therapist will ensure that all your muscle tension melts away by using neuromuscular and trigger point massage applied to particular areas of the body and isolated stretching, circulatory, and lymphatic techniques where needed.

80min. \$ 368 USD

16% Tax and 15% Service Charge Included in prices.





MOTHER TO BE

Specially designed for expectant mothers, this treatment relieves pain associated with backaches, leg cramps, tender joints, lowered blood circulation, and fluid retention. This massage is customized for pregnancy aches and pains using a side-lying pillow. It starts with a relaxing foot wash and the addition of paraffin for proper hydration and ends with a fantastic head massage.

This luxurious treatment is recommended for mothers-to-be after the 4th month of pregnancy who want to nurture and support their bodies in constant change.

80min. \$ 248 USD

Elevate your experience with Diamond Well Living oils (+ \$ 20 USD)



Body Therapy

NATURALLY REFINING COCONUT TREATMENT

The rich antioxidants and nourishing oils of Coconut are in abundance during this whole-body treatment. Complete with a luxurious exfoliating gommage, a warmed herbal compress, and a deeply relaxing massage, this therapy is designed to moisturize and to replenish, as the benefits of coconut penetrate deeply into the skin.

90min. \$ 269 USD

DETOX TREATMENT

Using the natural gifts from Mother Nature, this treatment offers a garden of nutrition, beauty and rejuvenation for your skin. An initial dry brush exfoliation will stimulate the lymphatic flow and lift off dry skin, encouraging the skin to breathe. Next a natural oil and salt scrub will create a smoothness and natural glow by removing the rough, outer layer and revealing a new soft freshness underneath. Enjoy this detox which encourages detoxification and skin conditioning and leaves the body purified and the skin refreshed.

80min. \$ 262 USD

CITRUS BODY WRAP

Imagine starting your day with a vibrant infusion of vitamin C! This moisturizing and firming antioxidant treatment is based on concentrated vitamin C. Enjoy a soft scrub with a citrus aroma, followed by a vitamin cocktail with a soufflé-textured mask, concluding the experience with the application of C+C body cream, leaving you with a feeling of freshness and vitality.

50min. \$ 289 USD

Facials

3D SHOCK LIFTING

Intensive remodeling and firming anti-aging treatment with contouring techniques, using ingredients with triple collagen infusion and a micro-circulation activating heat effect gel that provides skin density and reduces expression lines.

50min. \$288 USD / 80min. \$332 USD includes
Carboxytherapy

S.O.S

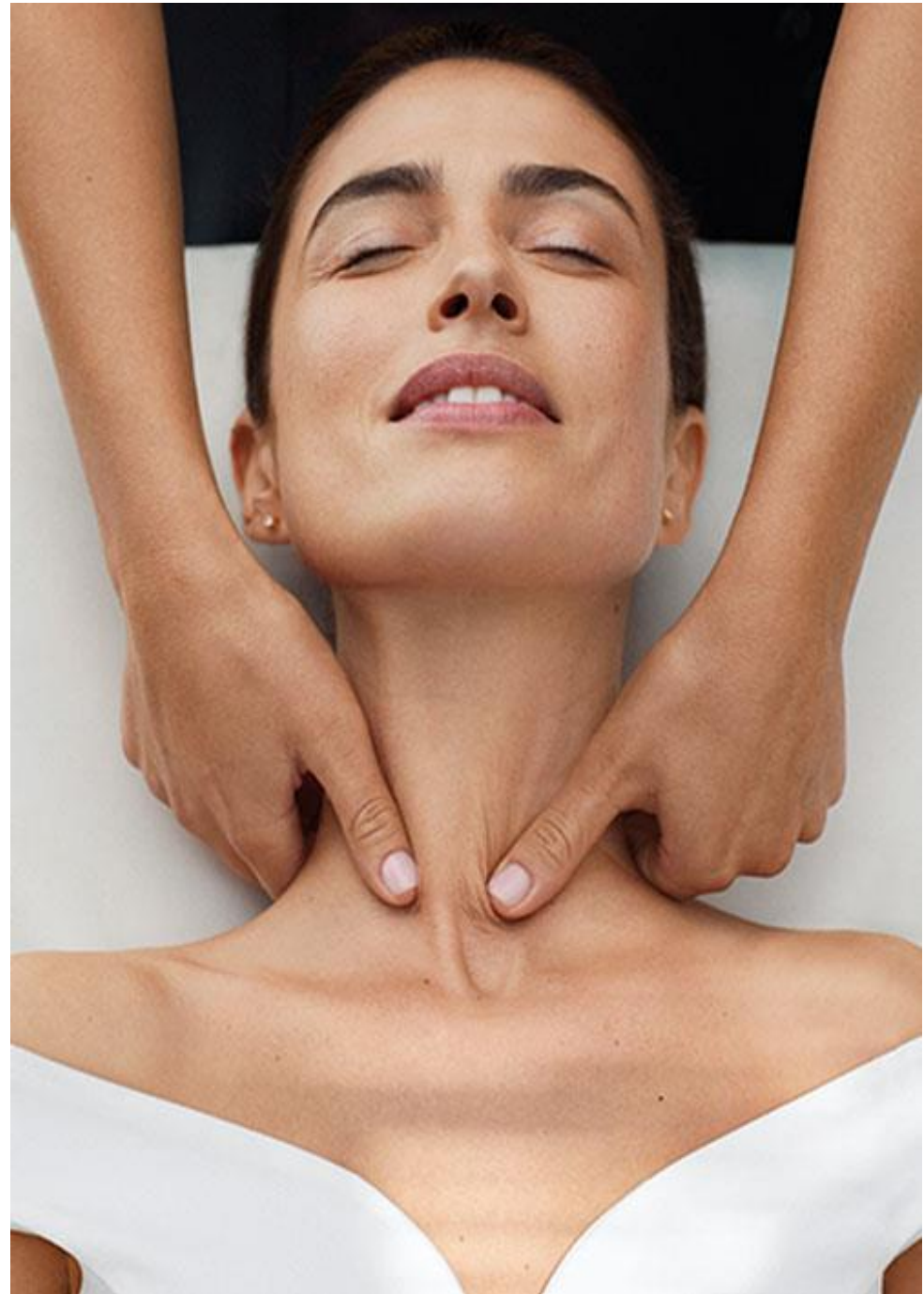
If your skin feels altered or sensitized, this facial is perfect for you due to its calming effect on irritated skin. It is ideal for all skin types, as it reduces redness and inflammation thanks to its enzymatic exfoliation with nopal and papaya extract and a firming concentrate. The experience ends with a relaxing arm and hand massage.

50min. \$ 239 USD

THE DIAMOND EXPERIENCE

The most outstanding sensory experience of the Natura Bisse line is from its Diamond Extreme and Diamond Life Infusion collections. Luxurious anti-aging ritual, with triple exfoliation, Shirodhara massage, and firming and tightening myofascial massage, will conclude with an elegant Gold and Pearl mask, obtaining an immediate and long-lasting tightening effect.

90min. \$ 405 USD





Natura Bissé
Barcelona

Natura Bissé
Barcelona

16% Tax and 15% Service Charge Included in prices.

CARBOXY - EXPRESS

Robust and highly effective express exfoliant with glycolic acid + carboxytherapy that purifies the pores, unifying and clarifying the skin tone, providing oxygen, hydration, and luminosity, and leaving it radiant.

30 min. \$179 USD

BOOSTERS

INHIBIT V – NECK MASK

Made with 100% natural bamboo fibers, this adaptable mask fits perfectly on both the neck and décolleté area. Its high concentration of hyaluronic acid provides a visible filling effect and intense hydration, blurs wrinkles and provides luminosity. Ideal as a flash treatment before an event! Available in our SPA Boutique, with exclusive products from Natura Bissé.

\$ 31 USD





Beauty

DELUXE MANICURE AND PEDICURE

This treatment includes cleansing and a massage of the hands or feet, exfoliation, masque, nail shaping, cuticle conditioning, application of emollient balm and polish.

REGULAR POLISH

Spa Manicure – 60min. \$ 85 USD

Spa Pedicure – 60min. \$ 115 USD

GEL POLISH

Spa Manicure – 75 min. \$ 105 USD

Spa Pedicure – 75 min. \$ 135 USD

EXPRESS MANICURE - 30MIN - \$ 66 USD

Shape. No polish color, soaking or cuticle.

ADD-ON: Regular polish \$ 8 USD / Gel polish \$ 19 USD

EXPRESS PEDICURE - 30MIN - \$ 66 USD

Shape. No polish color, cuticle or callus.

ADD-ON: Regular polish \$ 8 USD / Gel polish \$ 19 USD

POLISH CHANGE

Simple finishing touches to leave the hands elegantly manicured!

Regular polish 15min. \$ 32 USD

Gel polish 20min. \$ 40 USD

Gel Removal 20min. \$ 40 USD

PARAFFIN TREATMENT

For dry skin in need of serious help, this moisturizing treatment for hands or feet includes exfoliation, massage, and warm gloves with aroma-therapeutic paraffin.

Hands or Feet

30min. \$ 59 USD

16% Tax and 15% Service Charge Included in prices.



16% Tax and 15% Service Charge Included in prices.

Pool Spa Menu

HANDS & ARMS MASSAGE

Enjoy a refreshing hand exfoliation with a delightful arm massage.

20min. \$ 39 USD

FOOT QUENCH

Enjoy a refreshing foot exfoliation with a delightful feet massage.

20min. \$ 39 USD

FOOT REFLEXOLOGY MASSAGE

Therapeutic massage, through pressure points.

25min. \$ 70 USD

HEAD, NECK, SHOULDERS & BACK MASSAGE

A relaxing massage from one of our skilled Spa Therapists that will put you back on top of the world!

30min. \$ 99 USD

CUSTOM POOLSIDE MASSAGE

A delightful body massage to bring balance to the mind, body and soul!

60min. \$ 159 USD - 90min. \$ 191 USD

Pool service hours: 11:30am – 5:00pm

Treatments in Residence

RELAXING MASSAGE

50min. \$ 189 USD

80min. \$ 229 USD

DEEP TISSUE MASSAGE

50min. \$ 210 USD

80min. \$ 269 USD

BACK MASSAGE (SHIATSU MASSAGE ON CHAIR)

30min. \$ 124 USD

FOOT REFLEXOLOGY MASSAGE

30min. \$ 92 USD



16% Tax and 15% Service Charge Included in prices.





Kid's SPA Menu

The minimum age for SPA treatments and wet areas, is 18 years old.

Hacienda SPA offers services specially designed for children/teenagers from 6 to 16 years old that may be enjoyed with the supervision of a parent or guardian in the couple's treatment room.

Massage services for minors require the wearing of a bathing suit.

Under 18 years old are not allowed in spa wet areas.

SWEET & FRUIT FACIAL TREAT

A fun and healthy way to treat the skin, especially after being out to play in the sun, wind, and water. We cleanse the skin thoroughly, and then apply one of our selection of sweet and fruity facial masks (which are all edible!) for a wonderful treat.

30min. \$ 59 USD

SPA BUBBLE MANICURE AND PEDICURE

A simple manicure or pedicure is even better with bubbles of all sizes! More than just the fun of having your nails painted, also enjoy the surprise and fantasy of cleansing bubbles!

30min. \$ 55 USD each

CABO COCONUT MASSAGE

Delicious coconut helps to make the skin soft and repair any damage done by time in the sun. Enjoy this wonderfully relaxing massage which concludes with an aromatherapy scalp treatment. Renewed head to toe!

30min. \$ 69 USD

Fitness Program

Hacienda SPA offers a wide variety of fitness programs and activities in order to support your regular workout routine, or to help you develop a new one. The SPA facilities are equipped with steam and sauna, vitality pool, men's and women's lockers and changing areas, and a SPA Café with a selection of healthy snack, foods, and juices.

FITNESS STUDIO

Our fitness studio is located within the Hacienda SPA and is available exclusively for homeowners and guests while staying at the Hacienda Beach Club & Residences. Outfitted with premium strength and cardio equipment, we have created a space that provides something for everyone. We supply towels and water for your visit. Personal training classes are available with a prior appointment with one of our select personal trainers.

Access for children over 14 years old.

FITNESS CLASSES

Our instructors are experienced fitness professionals who are available for regularly scheduled group classes including yoga, pilates, boot camp and more. Private training classes are also available with a prior appointment. Please check in with our wonderful staff at the SPA Reception for the current Fitness class schedule or to set up a private training class.

FITNESS

Private Training (1 - 4 people): 60min. \$ 179 USD

Private Training (5 – 10 people): 60min. \$ 249 USD

Walk – In (per class): 60min. \$ 20 USD.

16% Tax and 15% Service Charge Included in prices.



How to Wellness

RESERVATIONS

Guests of Hacienda SPA must be 18 years of age or older. Please notify your SPA concierge when booking treatments if you have high blood pressure, allergies, physical disabilities, are pregnant or have any other health concerns. While we will make every effort to accommodate same-day appointments, we encourage guests to schedule appointments in advance to ensure that their treatment and technician are available.

CANCELLATION POLICY

If you must reschedule or cancel your appointment, please notify the SPA at least 12 hours in advance to avoid being charged 60% treatment price.

Please note that prices and hours of operation are subject to change.

ARRIVAL AND LATENESS

We recommend that you arrive 40 minutes prior to your treatments to enjoy the facility. Arriving late will limit the time for your treatment, thus decreasing its effectiveness and your enjoyment. Your treatment will end on time, so the next guest is not delayed. The full value of your treatment will be charged.

HYDROTHERAPY

Relax in our sauna and steam room or enjoy a stimulating dip in the cold plunge pool (swim wear is required). Hot/cold hydrotherapy is a time-honored method of increasing blood circulation, reducing inflammation and boosting your immune system.



How to Wellness

AMENITIES

SPA guests will be provided with a robe and sandals. The men's and women's changing rooms include the use of a secure locker for your personal belongings.

The Hacienda SPA is not responsible for any lost or misplaced items.

SERVICE CHARGE

For your convenience a service charge is included on your service bill. Additional gratuities may be added at your discretion. Prices and services are subject to change.

16% Tax and 15% Service Charge are included in all prices.

HOURS

Daily

7 am - 7 pm

To book your appointment call ext. 5600 from your residence.

For Reservations:

haciendaspa@cabohacienda.com.mx

+ 52 624.156.8556

