



For valid*** referrals created 9/13/10 through 11/20/10

***Eligible Technicians in the Network Organization*
YOU CAN Win up to \$35,000** towards a new Ford Truck***

How to win:

Eligible employees earn:

- One entry for every valid Residential referral.
- Two entries for every valid Small Business referral.

Each week Monday-Saturday during the promotional period every valid referral is an entry into a weekly random drawing, there will be 10 individual drawing periods (see contest rules for full details).

10 weekly winners receive a key to test their luck unlocking a Ford Super Duty Truck (grand prize) at company headquarters upon conclusion of the contest.

1 grand prize: up to \$35,000 paid to a local Ford dealer of winner's choice.

All runners-up of the grand prize drawing will win \$500 loaded onto their YOU CAN reward card.

Remember each week is a separate drawing, so there are many opportunities to win!

*Only employees with the job title (as listed in the corporate directory) of Network Technician, Broadband Technician, Montana Combination Station/COT and Customer Data Technician in the Network organization are eligible for this contest. See rules for details.

**Up to \$35,000 will be paid directly to the winner's choice of Ford dealership and vehicle. No monies will be paid to the employee regardless of whether the \$35,000 is used in its entirety. All other awards will be added to a re-loadable American Express® branded reward card. See Taxation section of contest rules.

*** Restrictions may apply. See www.qwestyoucan.com for complete details.
Employee participation in the Promotion is strictly voluntary and optional.

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YOUCAN® Heavy Duty Truck Challenge Sweepstakes

NO PURCHASE NECESSARY TO ENTER OR WIN: The YOUCAN® Heavy Duty Truck Challenge (“the Sweepstakes”) begins at 7:00 a.m. (Mountain Daylight Time) September 13, 2010 and ends at 4:30 p.m. (Mountain Daylight Time) November 20, 2010 (“the Sweepstakes Period”). The Heavy Duty Truck Challenge is a voluntary internally run employee referral Program sponsored by Qwest. **Employee participation in the sweepstakes is strictly voluntary and optional.** There are two components to the Sweepstakes:

- Grand Prize Drawing (up to \$35,000 toward a new Ford truck)
- \$500 posted to each of nine runner-up's YOUCAN Reward Card

GENERAL ELIGIBILITY FOR BOTH COMPONENTS:

This Contest is open only to the following Qwest Network employees: All employees with the job titles Network Technician, Broadband Technician, Montana Combination Station/COT, and Customer Data Technician, who satisfy the other eligibility requirements of the YOUCAN® Employee Referral Program (See www.qwestyoucan.com for complete details).

Weekly Random Drawing Component:

During the Sweepstakes Period, there will be 10 individual drawing periods. Each weekly Drawing Period will start at 7:00 a.m. MDT on the Monday of the Sweepstakes Period and ends the following Saturday at 7:00 p.m. MDT (No submissions will be accepted on Sundays during the promotion). Drawings will be held on every Tuesday for the previous weeks entries, with one prize for each Drawing Period.

HOW TO ENTER:

Eligible employees earn one (1) entry for every valid residential referral and two (2) entries for every valid small business referral created during each weekly Drawing Period of the Sweepstakes Period. All valid created referrals must be made in accordance with YOUCAN program terms and conditions. Sales of ebilling, modems and jacks do not qualify as “valid referrals” for this Contest.

PRIZES:

10 Prizes (one prize for each Drawing Period): Each prize is a Ford Truck key that may or may not open a Ford truck.

WINNER SELECTION:

Winner of each weekly drawing will be notified by Qwest company telephone within 2 business days of winning the prize. If winner does not respond by the notification date provided and/or does not return the releases within 5 calendar days, winner will be disqualified and an alternate winner will be randomly selected. Randomization of Prizes and drawing for winners will be administered by CCI, Inc., an independent judging agency, whose decisions are final, binding and cannot be appealed on all matters relating to the Sweepstakes. Drawings for each weekly Prize will be held weekly beginning September 21st, 2010 and each week thereafter for a total of 10 continuous weeks.

Up to \$35,000 Ford Truck Component:

HOW TO ENTER – up to \$35,000 drawing:

The ten weekly winners are automatically entered into the Truck Component.

PRIZES:

1 (one) Grand Prize: up to \$35,000 paid to local Ford dealer of Winner's choice to be applied toward the purchase of a new Ford Truck, inclusive of any sales tax, surcharges and license fees. Should the total purchase be less than \$35,000, any surplus funds will be forfeited. Additionally, the nine remaining weekly winners who did not win the Grand Prize will each be awarded \$500 loaded onto their YOUCAN rewards card.

GRAND PRIZE WINNER SELECTION:

On or after December 6, 2010, the ten weekly winners have the opportunity to gather at a Qwest building either in Denver, CO, or in Phoenix, AZ, for the Ford Truck Component final event. The site selection is solely at Qwest's discretion. Attendance at the winner selection event is voluntary.

The ten weekly winners will gather in front of a Ford truck with the winner of the first week's drawing attempting to open the lock truck door with the key he/she has won in the first weekly drawing. Should the key unlock the door, that person wins the Grand Prize. If that key does not unlock the door, the winner of the second week's drawing gets to try his/her key. This process continues with each consecutive weekly winner until the weekly winner having the correct key opens the truck door. One of the ten keys awarded will unlock the door. The truck at this event is not the awarded Prize.

The nine remaining weekly winners who did not win the Grand Prize will each be awarded \$500 loaded onto their YOUCAN rewards card.

The ten weekly winners will be paid for 8 hours of excused time paid (ETP) at the regular base wage on each of the two days of the final event. Attendance at this event is voluntary and therefore employees shall not be eligible for any overtime payments. A list of covered travel expenses will be provided in advance of the final event. Should a weekly winner be unable to attend, he/she can designate a representative to attend on his/her behalf. The representative must be from the area of the final event or pay all travel expenses to attend. Qwest will not pay any travel costs for the representative to appear. Qwest will appoint a representative should a winner fail to do so.

The Ford Truck Component will be administered by CCI, Inc., an independent judging agency, whose decisions are final, binding and cannot be appealed on all matters relating to the Sweepstakes.

APPROXIMATE TOTAL RETAIL VALUE OF ENTIRE SWEEPSTAKES PROMOTION: \$39,500**HOW TO CLAIM PRIZES:**

Once a Prize is accepted, an affidavit or statement of acceptance confirming acceptance of Prize will need to be completed and returned to YOUCAN® program management. Upon receipt, YOUCAN® management will coordinate delivery of item(s).

ODDS:

Odds are dependent upon the number of eligible entries each employee generates and the total number of eligible entries received, however, the odds of the first component is anticipated to be at least 10 prizes in 4,000. The odds in the second component will be 1 prize in ten.

TAXATION: All prizes awarded in the YOUCAN Heavy Duty Truck Challenge Contest are taxable to the prize winners and subject to federal income tax, state and local income tax (if applicable), and employment taxes. As an additional benefit to all prize winners, Qwest will gross-up the prize winners for the approximate amount of income and employment taxes due on each prize as follows –

- **Ford Truck Award*** – the grand prize winner will be grossed-up for taxes on the value of the awarded prize. The value of the awarded prize (before tax gross-up) cannot exceed \$35,000 and includes the actual value of the truck plus sales tax, surcharges and license fees.
- **\$500 YOU CAN Rewards Card Download** – each winner will be grossed-up for taxes on the \$500 rewards card download. Therefore, the actual amount downloaded to each winner's YOU CAN Rewards Card will be \$500.

Income and employment taxes in excess of the tax gross-up paid by Qwest will be the sole responsibility of the prize winners. Grossed-up taxable income and tax withholding resulting from winning a prize in this contest will be reported to each prize winner on his/her 1) pay stub for the pay period in which the prize is processed by Qwest Payroll, and 2) 2010 Form W-2.

**** Qwest cannot provide individual income tax advice to employees. However, due to the significant value of the Ford Truck Award prize and tax gross-up, Qwest strongly encourages the Ford Truck Award winner to consult with his or her tax advisor about the tax implications of winning the Ford Truck Award.***

WAIVER OF LIABILITY/PUBLICITY RELEASE:

By acceptance of Prize, Winner grants to Qwest the right to publicize such Winner's name, city and state/province of residence and/or likeness in any medium now or hereafter devised worldwide without limitation and without additional compensation or consideration, notification or permission, unless prohibited by law.

PRIZE RESTRICTIONS:

Prize is not transferable or redeemable for cash; and prize substitutions will not be allowed, except at discretion of Sponsor. There will be no substitutions for the Prize except by Sponsor who reserves the right to substitute a prize (or portion thereof) of comparable or greater value at its sole discretion. Any expenses not specified relating to the acceptance and use of a prize shall be the sole responsibility of the winner. All costs and expenses associated with Prize acceptance and use not specified herein as being provided, including but not limited to other expenses incurred by accepting the Prize are the sole responsibility of the Winner.

GENERAL CONDITIONS:

By entering, participants (and their parent or legal guardian if a minor in their state of residence) agree (a) to these Official Rules and the decisions of the Sponsor and the judging agency, which shall be final in all matters relating to the Sweepstakes; (b) to release and hold harmless Sponsor, CCI, Inc., and their respective affiliated companies and directors, officers and employees from any and all claims, liability or damages arising out of their participation and the acceptance and use of a prize; (c) if a winner, to permit Sponsor and its agents to use winner's name, city and/or likeness for advertising, promotional and publicity purposes in all media without additional compensation and any prior review or approval; (d) that under no circumstances will participant be permitted to obtain awards for, and participant hereby waives all rights to claim punitive, incidental, consequential or any other damages, other than for actual out-of-pocket expenses; and (e) that all causes of action arising out of or connected with this Sweepstakes, or any prizes awarded, shall be resolved individually, without resort to any form class action. This Sweepstakes is governed by laws of the State of Colorado with venue in Denver, Colorado, for the resolution of all claims and disputes. Sponsor and judging agency are not responsible for printing or typographical errors in any Sweepstakes-related materials; for stolen, lost, late, misdirected, damaged, incomplete, illegible entries, or for transactions, entries or communications that are processed late or incorrectly or lost due to computer or electronic malfunction or human error.

CAUTION: ANY ATTEMPT BY AN ENTRANT TO DELIBERATELY DAMAGE ANY WEB SITE OR UNDERMINE THE LEGITIMATE OPERATION OF THIS PROMOTION IS A VIOLATION OF CRIMINAL AND CIVIL LAW. SHOULD SUCH AN ATTEMPT BE MADE, SPONSOR RESERVES THE RIGHT TO SEEK DAMAGES FROM ANY SUCH INDIVIDUAL TO THE FULLEST EXTENT PERMITTED BY LAW.

In the event of a dispute regarding any entry, the entry will be deemed made by the authorized account holder of the e-mail address submitted at the time of entry (i.e., the person who is assigned to an e-mail address by an Internet access provider, online service provider or other organization responsible for assigning e-mail addresses for the domain associated with the submitted e-mail address). Sponsor reserves the right, in its sole discretion, to cancel, terminate, modify or suspend the Sweepstakes and award Sweepstakes Finalist Prize from among all eligible entries received prior to cancellation or termination. Sponsor also reserves right to disqualify any individual who does not comply with these Official Rules.

Employee participation in the contest is strictly voluntary and optional. No penalties will be assessed against non-participating employees. Participation in contest is not related to salary, bonus, hourly wage or any other form of employment compensation, and winning is not related to the employee's compensation structure. Employee eligibility for purposes of this contest is governed by the YOUCAN® Referral Program and its Terms and Conditions. Winners must be current employees of Qwest at the time of each winner being selected and at the time the Prize is awarded.

WINNERS LIST:

The name of the prize winners will be posted at qwestyoucan.com.

Sponsored by Qwest Corporation, 1801 California Street, Denver, CO 80202.

