













Visual analog mood scale





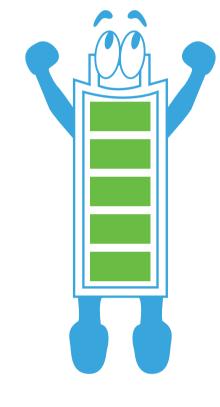


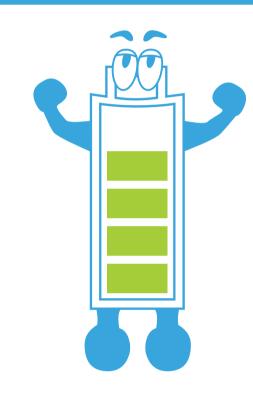


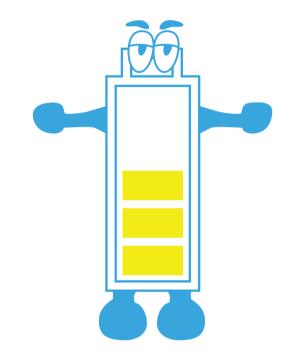


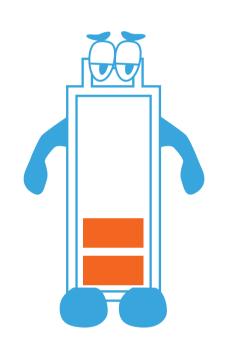


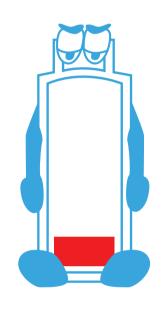
Visual scale for fatigue





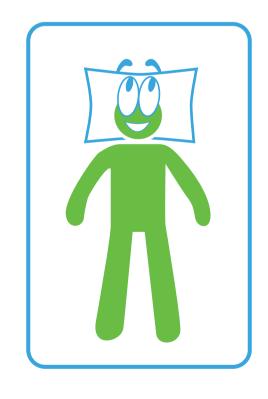


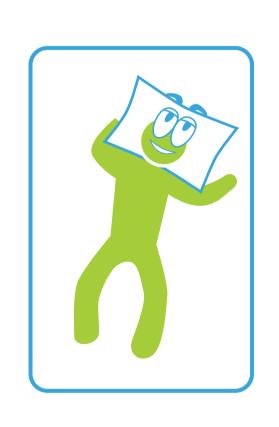


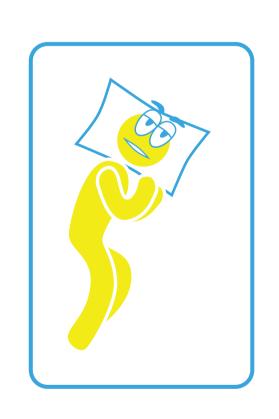


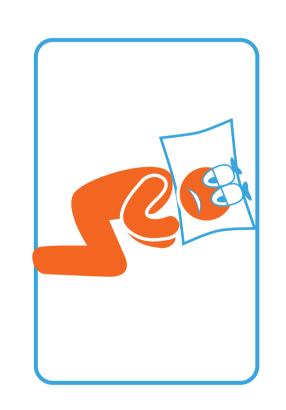


Sleep diary, daily













Exercise diary, daily

