

# Noodle's Noodles

Best for use in pot pie or other slow cooked soup

## Ingredients:

1 cup flour

1/4 teaspoon baking powder (scant)

1/4 teaspoon salt

1 tablespoon + 1 teaspoon shortening or fowl fat

1/4 - 1/3 cup water

## Instructions:

Mix dry ingredients. Cut shortening/fat in. Add water and mix until ball forms. Knead. Let rest.

Roll out to approximately 1/8 inch.

Cut into preferred shape. (Noodle's preference: rectangles 1/2 inch by 1 inch)

Noodles can be floured and frozen prior to use.