# Perfect Study Plan for College Students

🎯 \*\*Goals\*\*: Balance college, self-study, and revision while maintaining productivity.

## ⏰ Daily Schedule

### Morning (Before College)

• \*\*6:30 - 7:00 AM\*\* → Wake up & freshen up

• \*\*7:00 - 7:30 AM\*\* → Light exercise or meditation (boosts focus)

• \*\*7:30 - 8:00 AM\*\* → Breakfast

• \*\*8:00 - 8:45 AM\*\* → Revise previous day's learning (DSA concepts, formulas, etc.)

• \*\*8:45 - 9:00 AM\*\* → Get ready for college

### 🕘 9:00 AM - 4:00 PM: College Time

(Attend lectures, take notes, and participate actively)

### Afternoon (After College)

• \*\*4:00 - 4:30 PM\*\* → Relax & snack

• \*\*4:30 - 6:30 PM\*\* → Core Study Session

- \*\*Day 1, 3, 5\*\* → DSA Practice (LeetCode/Codeforces)

- \*\*Day 2, 4, 6\*\* → Web Development / Full Stack (JavaScript, React, etc.)

- \*\*Day 7 (Sunday)\*\* → Revision + Project Work

### Evening (Refresh & Learn)

• \*\*6:30 - 7:00 PM\*\* → Walk/Workout

• \*\*7:00 - 8:30 PM\*\* → Development / Project Work / Open Source

• \*\*8:30 - 9:00 PM\*\* → Dinner

### Night (Final Learning & Review)

• \*\*9:00 - 10:30 PM\*\* → New Concepts (Theory - OS, DBMS, System Design, etc.)

• \*\*10:30 - 11:00 PM\*\* → Revise what you learned today

• \*\*11:00 - 11:30 PM\*\* → Relax (Reading, podcasts, etc.)

• \*\*11:30 PM\*\* → Sleep

## 📌 Additional Tips for Efficiency

✅ \*\*Set Weekly Goals\*\* (Example: Solve 20 DSA problems, finish one project module)

✅ \*\*Use Pomodoro Technique\*\* (25 min study, 5 min break)

✅ \*\*Avoid Social Media Distractions\*\*

✅ \*\*Maintain Notes for Quick Revision\*\*