

HANDOUT

Conflict—How Do You See It?

1. How do you define conflict?

2. What is your typical response to conflict?

3. What is your greatest strength when dealing with conflict?

4. If you could change one thing about the way you handle conflict, what would it be? Why?

5. What is the most important outcome(s) of conflict?

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6. In what ways have you seen your relationship(s) benefit from conflict?

7. How can conflict be detrimental to a relationship?

8. What do you do when someone avoids conflict with you?

9. What are some reasons you choose to avoid conflict?
