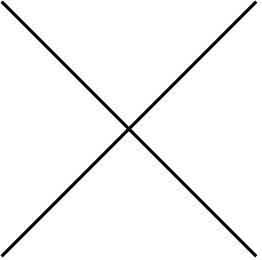
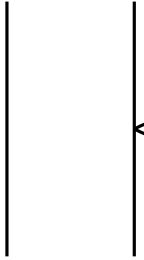


$+$



$$= 2 \times J^4 \frac{1}{1!}\Big(-\frac{\lambda}{4!}\Big)^1 \frac{1}{4!}\Big(\frac{1}{2m^2}\Big)^4 \frac{(2\times 4)!}{4!}$$

$$= \frac{210}{(4!)^2}\frac{-\lambda J^4}{m^8}$$