

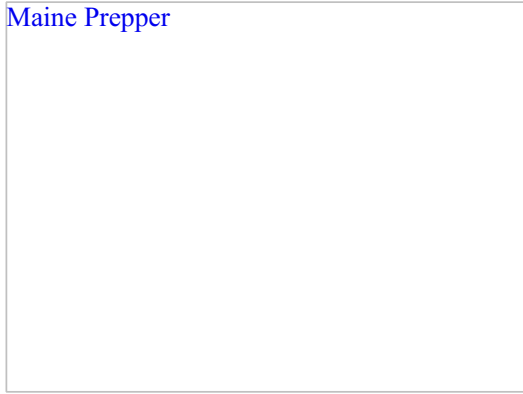
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## Prepping 101 What To Do First

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by [Shorty Dawkins](#) , [August 1, 2015](#)

[Maine Prepper](#)



Here is another video from the MainePrepper, where he lays out some sensible, achievable goals for Prepping. Crawl, walk, run, is the basic idea. Most of all, you need to begin. Maine Prepper has been at Prepping since 1977. Remember though, that in 1977, he was new to the idea. He made the decision to begin, and he made mistakes. He wants to give you assistance in avoiding those mistakes.

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