



Helping you be a better machine knitter

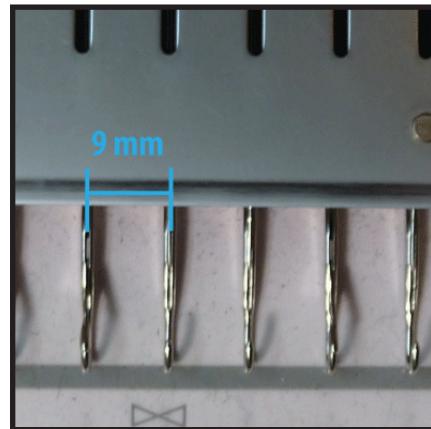
Hand Manipulated Stitches

Cheat Sheets

*For 3.6mm, 4.5mm, 6mm, 6.5mm,
7mm, 8mm, 9mm knitting machines*

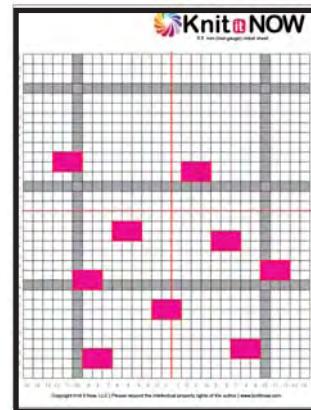
How to use these sheets

1. Determine the needle pitch of your knitting machine
(measure the space between the needles)



2. Print a copy of the page for your machine
(be sure your printer settings are not set to "scale"
or modify the dimensions of the printed image)

3. Draw your stitch pattern

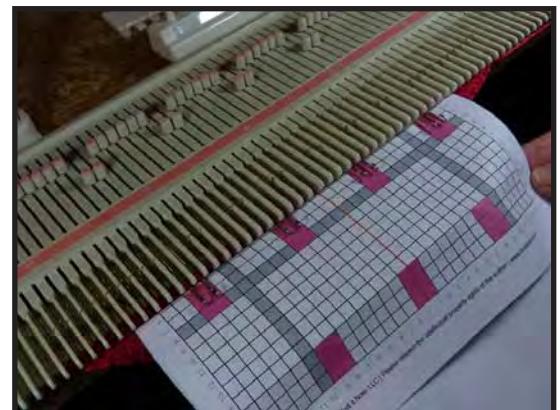


4. Hold your marked sheet up to the needlebed,
aligning the 0 mark

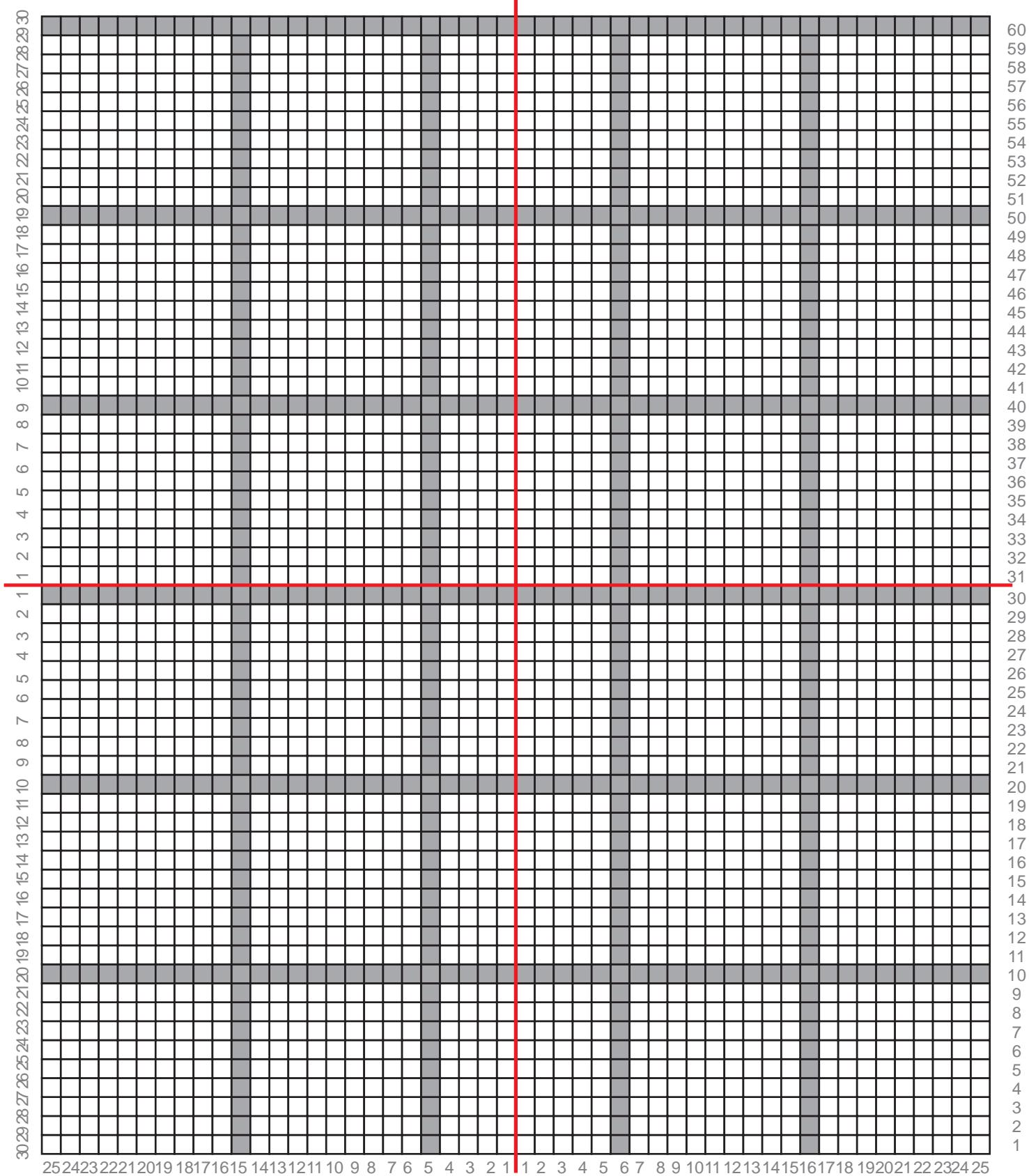
5. Hand pull the needles needed for your stitch pattern

6. Duplicate the stitch pattern across the needlebed
as needed

7. Work your hand manipulation and continue
to follow your stitch pattern

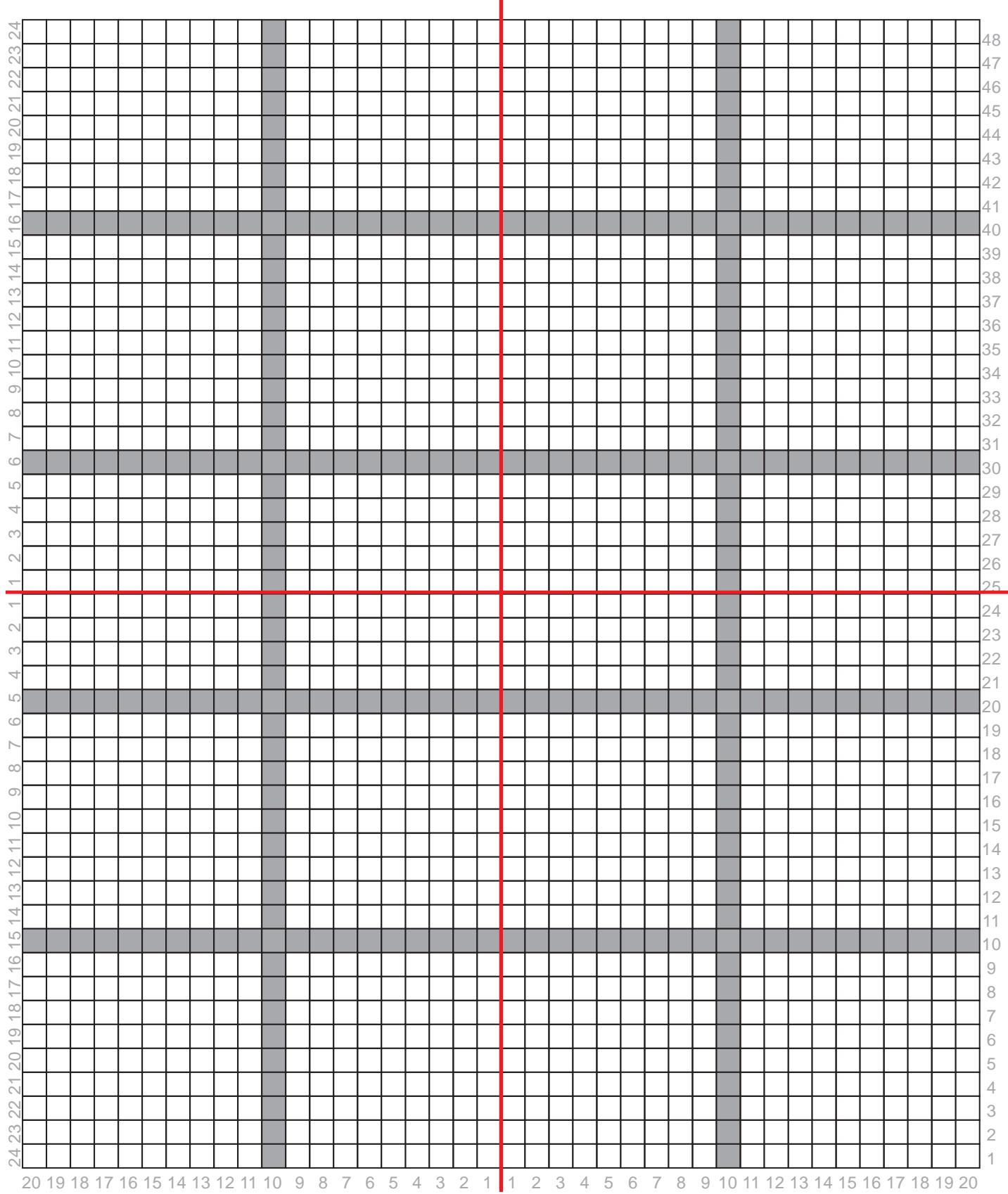


NOTE: These cheat sheets accompany the Knit it Now Tutorial, "Timesaving Tips for Hand Manipulation". Available to subscribers in the Knit it Now Learning Library.





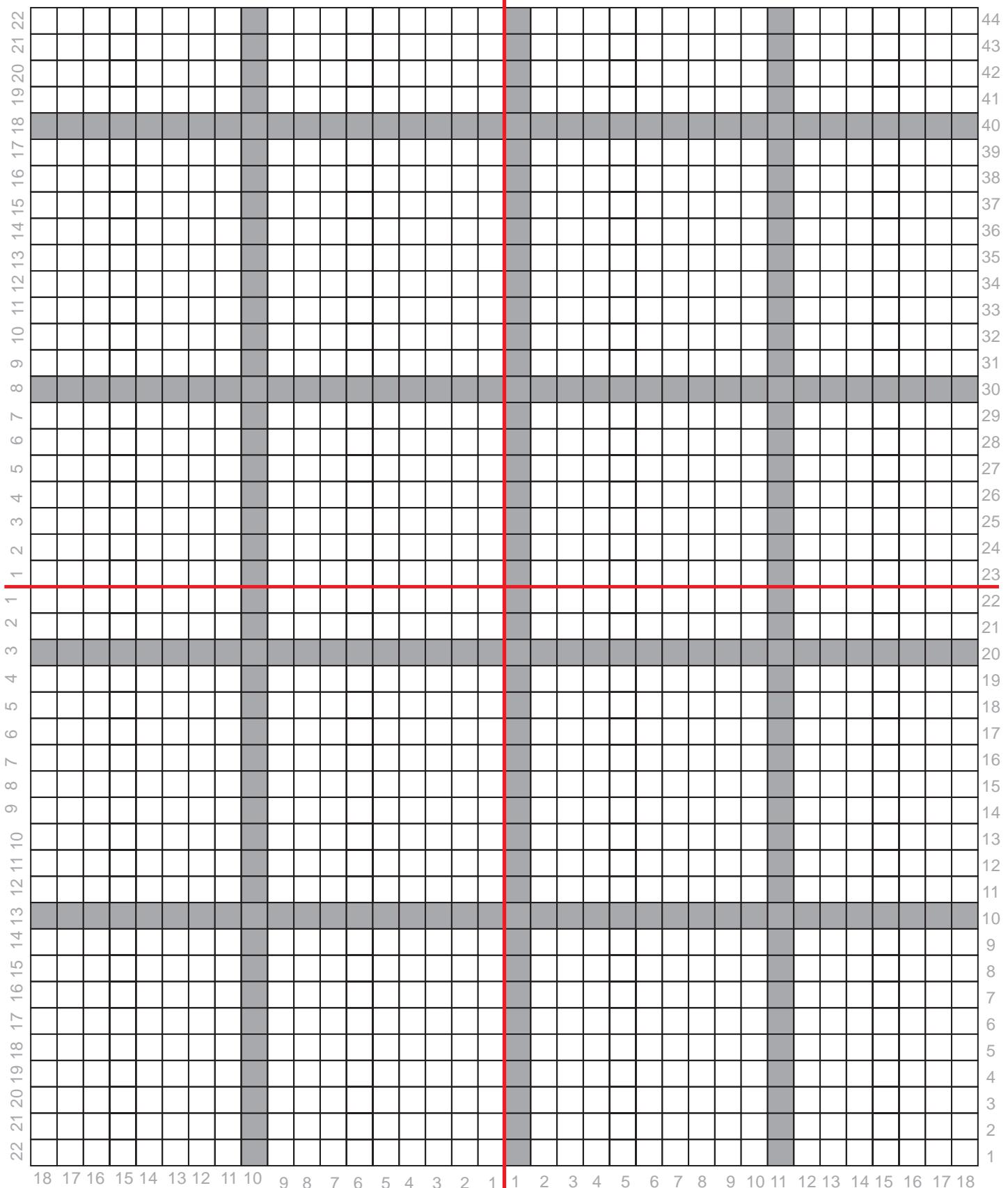
4.5mm (standard gauge) cheat sheet



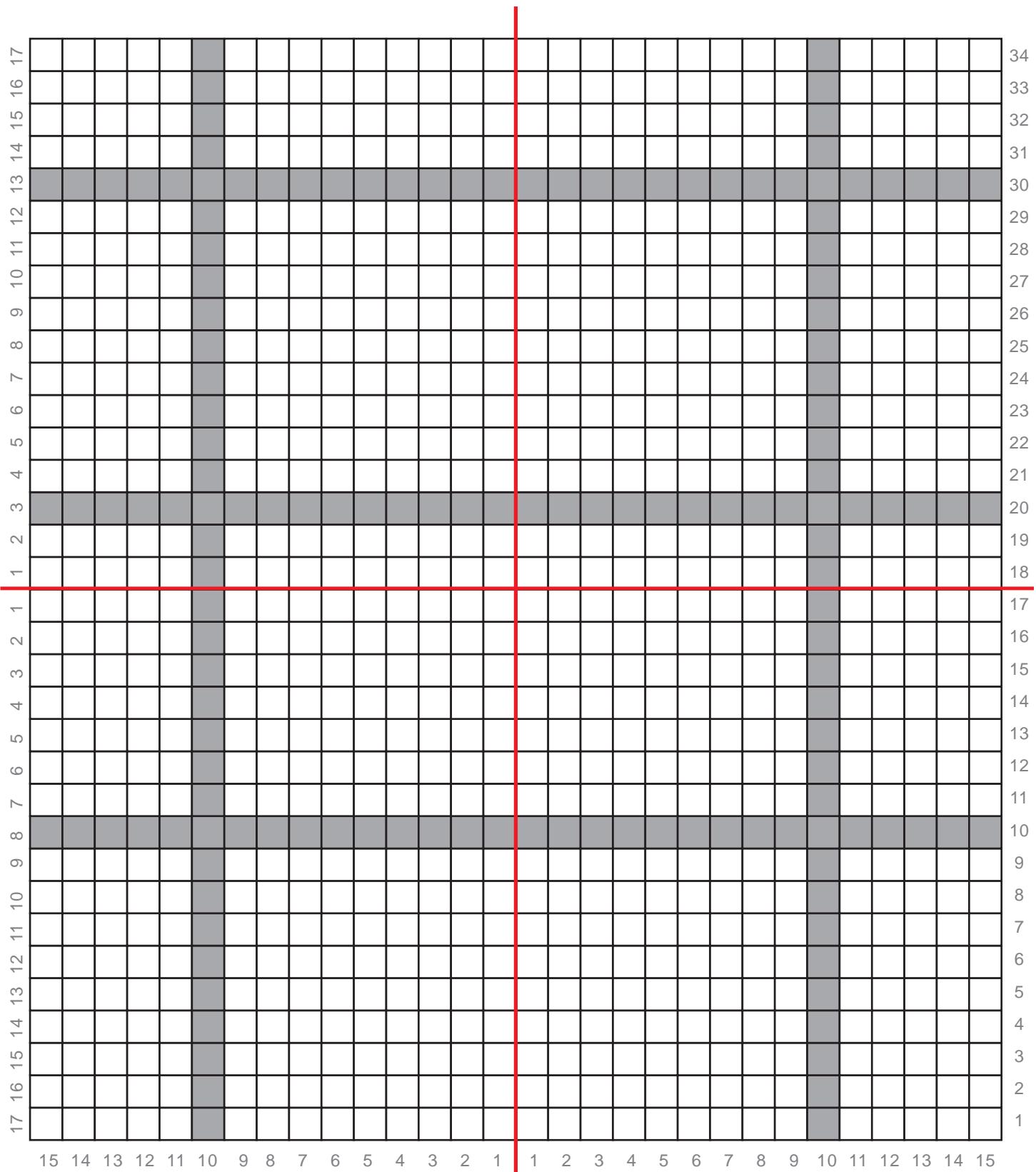
For the exclusive use of **Sue Jalowiec**. Knit It Now Member Download
All rights reserved by the author. Please respect the copyright. © Knit It Now 2026



5 mm (standard-gauge) cheat sheet

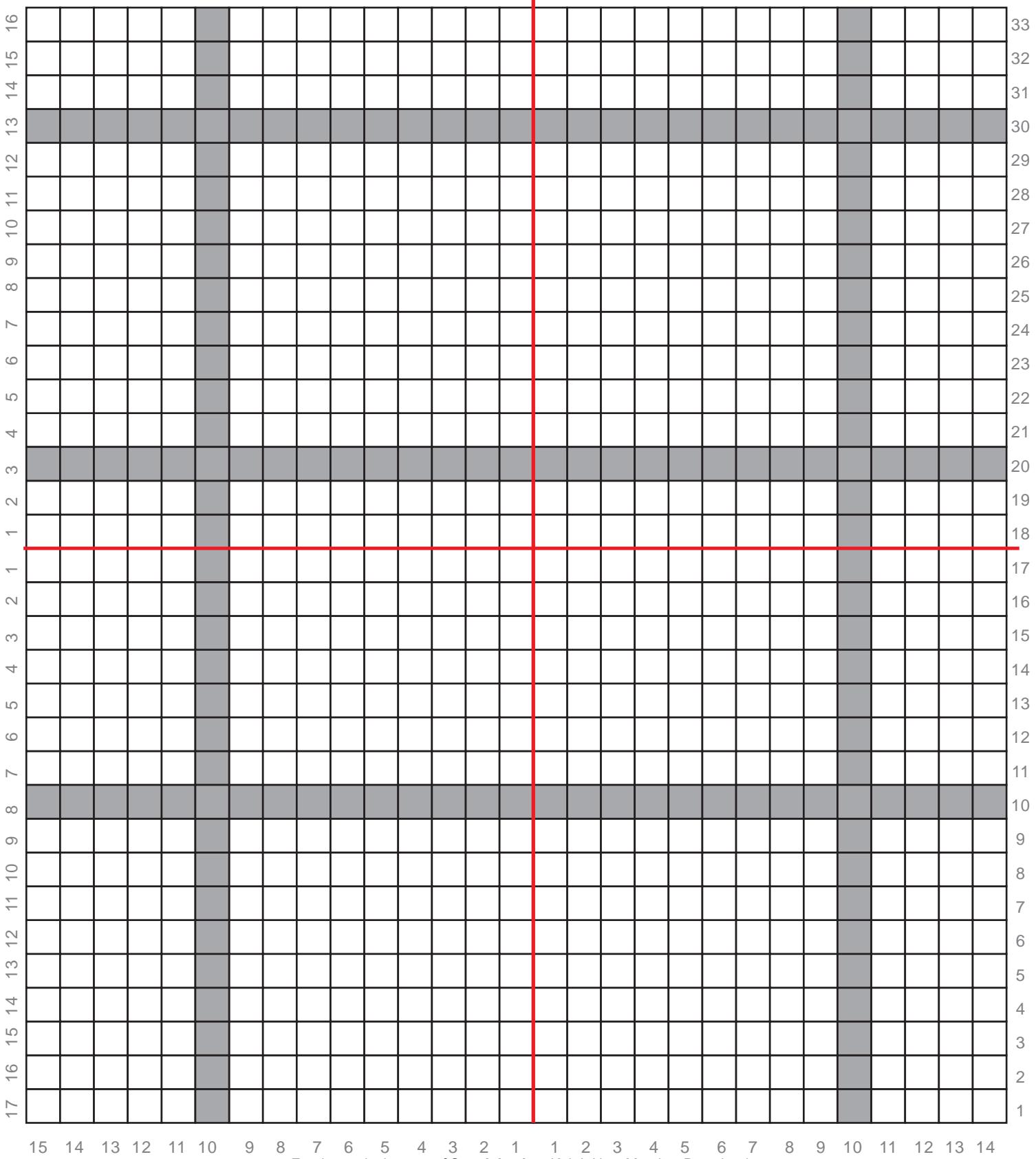


For the exclusive use of **Sue Jalowiec**. Knit It Now Member Download
All rights reserved by the author. Please respect the copyright. © Knit It Now 2026

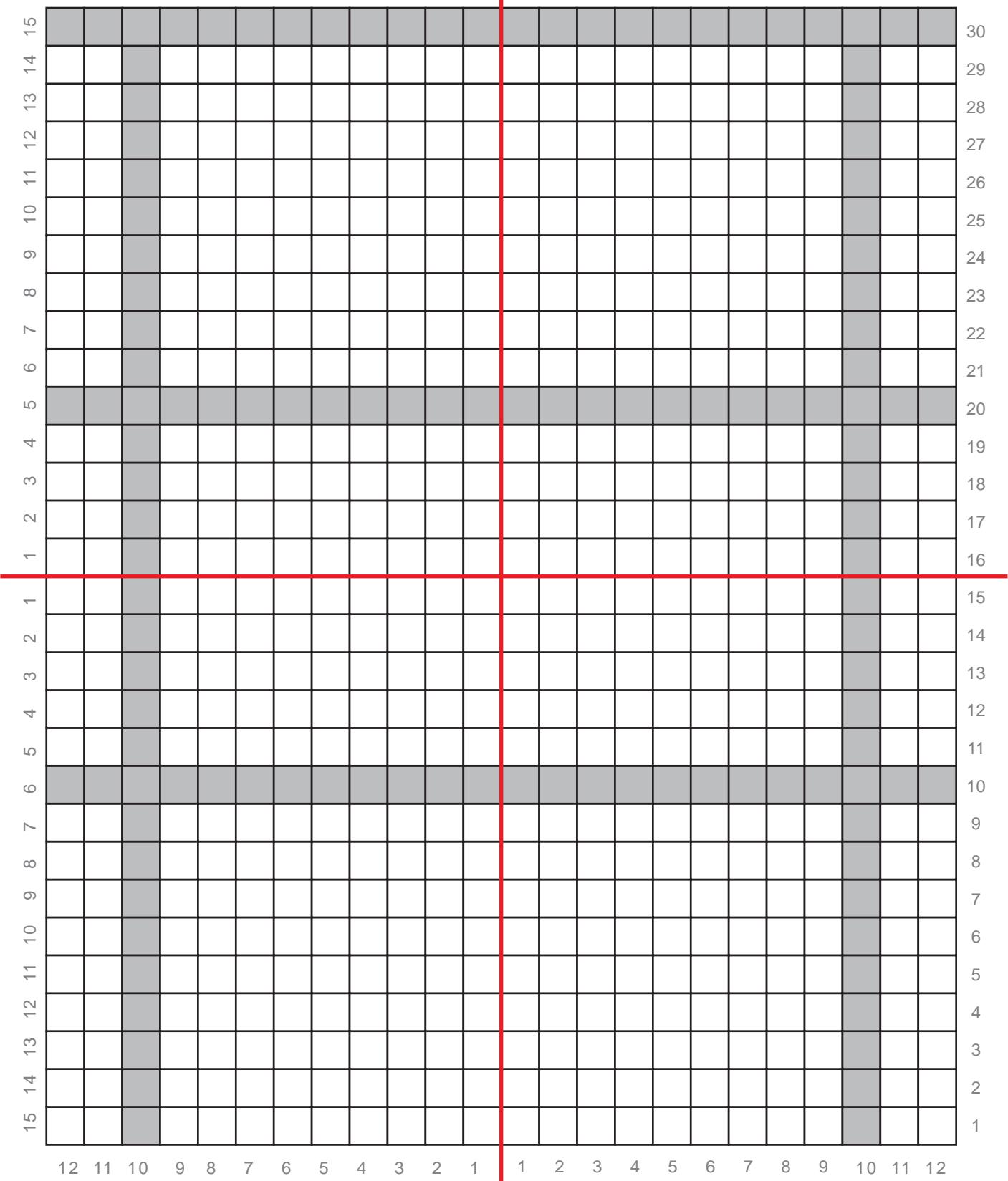




6.5 mm (mid-gauge) cheat sheet

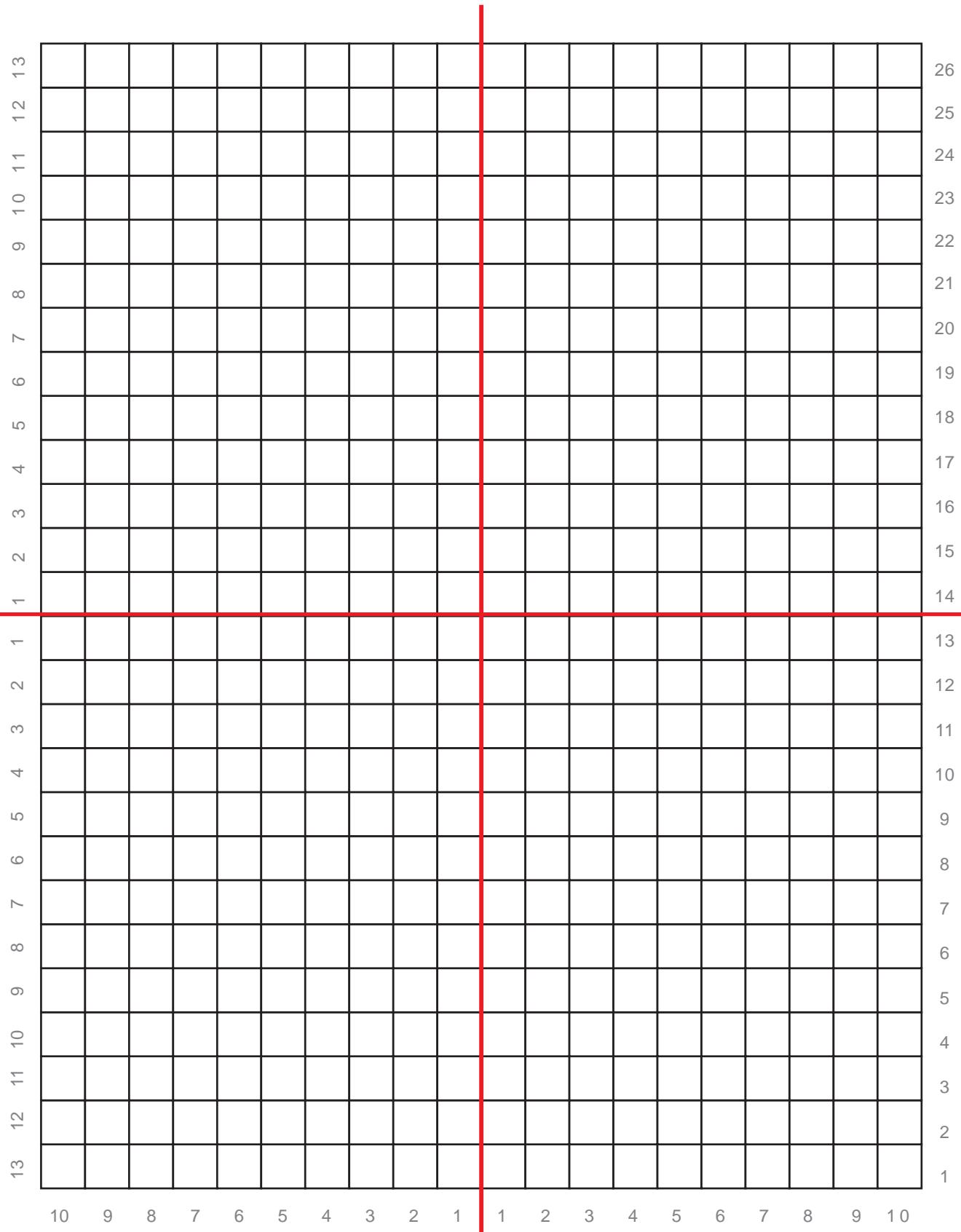


For the exclusive use of **Sue Jalowiec**. Knit It Now Member Download
All rights reserved by the author. Please respect the copyright. © Knit It Now 2026





8 mm cheat sheet





9 mm cheat sheet

