

Enid Swatson

Koray Demir

UNGA: World Health Organization

10 Nov 2016

New and emerging infections keep coming back and the world needs a collective defense system, and that requires international cooperation and collaboration, in the name of global solidarity.

The World Health Organization is a large vessel that is responsible for improving the quality of human life and health by carrying out programs to control and eradicate disease. With the world becoming a larger community, doing this should be easier than ever. As a representative of Poland, the ability of our citizens to have access to not just quality health but also guaranteed health is very important. This issue with Non-communicable diseases is becoming very prevalent with countries all over the world but low to middle income countries seem to be taking a harder hit. With so many organs of the World Health Organization there is a lot to be done.

Promotion of better personal health care is the foundation to solving this problem. It is not just about controlling it but also preventing it especially among

the youth. The UN WHO should focus on educating these people in LMICs, which would involve implementing policies that discourage tobacco, alcohol usage as well as unhealthy diets and start teaching its citizens how to eat healthy and the benefits of it. The goal of the WHO is to control and eradicate diseases, which Poland believes relies heavily on a country's national capacity, governance, multisectoral action and partnership plan to preventing NCDs in LMICs which is actually one of the most effective ways to reduce mortality. Poland believes that by providing preventive care and adequate materials NCDs can be prevented before they happen. For the past twenty years LMICs have been trained in treating communicable diseases which is why now there is no effective way for them to deal with it now. An approach WHO can take is to start from scratch in helping these countries devise a proper health care system that would work today.

There is a lack of frameworks and internationally organized efforts to address the disproportionately high rates of male suicides across the globe. Poland deeply recognizes this issue especially with the frequency of this happening in the past three years. According to the data from a 2014 research project, some 7734 people attempted suicide from January to September, about 1400 more than over the same period in 2013 in Poland alone. Reviving effective health services that pertain to depression, anxiety and stress in men is crucial to tackling this issue.

Social standards of men in society are very rigorous and demanding therefore by creating a safe space in the health sector for men to seek help would be a framework in coming up with a solution.

Although there is little knowledge on the factors that contribute to higher rates of suicide in men than women, there still has to be a way for the WHO to inform men and families about this information and ways that they can deal with it. Poland suggests that there needs to be pressure put on the government and health sectors of Niger, Kenya and other sub saharan countries where this is common to hold more effective prevention programs. Workshops, community meetings are some things that can be done on a small scale.

Most importantly the health sector needs to recognize the shortcomings of their systems of diagnosing a suicidal person. Brief questionnaires are clearly not the answer therefore a more detailed and tailored process needs to be put in the works.

Bibliography

Adolescent Women's Need for and Use of Sexual and Reproductive Health

Services in Developing Countries. Guttmacher Institute, 1996-2015. Web. 7 Nov. 2015.

Europe-Cities. "Healthcare in Poland." *Europe-Cities*. Europe-Cities, 2004-2016. Web. 10 Nov. 2016

Polskie Radio S.A. "Dramatic Rise in Polish Suicide Rate." *Polskie Radio Dla Zagranicy*. Polskie Radio S.A, n.d. Web. 4 Dec. 2014.

World Health Organization. "Noncommunicable Diseases and Their Risk Factors." *World Health Organization*. World Health Organization, n.d. Web. 10 Nov. 2016.