Iyarn Teacher Interview Scenarios

Scenario 1a: Setting up iyarn wheel for general class wellbeing support

You are setting up an iyarn wheel for a new class for regular check-ins. How do you decide what segments to choose? Would you use one of the default wheels (see templates) or customise a new one? If you choose one of the default templates below, why did you choose that one?

Wheel of Life

A check in for you as a student to encourage balance in your life, at school and at home. There are many variations of the Wheel of Life, so feel free to modify this wheel to suit you.

Template Details ^

Private

Private allows you to invite peers to join, you will be able to see the results of everyone who joins.

Segments

There are 7 segments that you will evaluate from 1 - 10

School   Finance & Money   Health & Fitness

Family & Friends   Fun & Recreation   Personal Growth

Community

USE TEMPLATE

Student Wellbeing

A general weekly wellbeing check-in for high school students yrs 7-12

Template Details ^

Private

Private allows you to invite peers to join, you will be able to see the results of everyone who joins.

Segments

There are 7 segments that you will evaluate from 1 - 10

Friends   School   Mental Health   Homework

Activity   Learning   Sleep

USE TEMPLATE

Student Performance

Check in on student performance is ideal for monthly reflection on their development this year

Template Details ^

Private

Private allows you to invite peers to join, you will be able to see the results of everyone who joins.

Segments

There are 5 segments that you will evaluate from 1 - 10

Grades   Stress Management   Extracurricular

Homework   Performance

USE TEMPLATE

If you decide to create a customised one what segments would you choose and why? Would you engage students to help select segments? If so how would you do this? What do you think are the most important segments for tracking students' wellbeing and resilience?

✓ Wheel Name

Segments

Description

Settings

Complete

Create New Wheel

2 **What segments do you want your wheel to include?**

Segment Name *	0/40

Or select segment from this list:

☐ Career	☐ Health	☐ Self Care
☐ Challenge	☐ Hobbies	☐ Service
☐ Children	☐ Holidays	☐ Sex
☐ Community	☐ Job	☐ Sleep
☐ Contribution	☐ Learning	☐ Social
☐ Debt	☐ Love	☐ Social Groups
☐ Development	☐ Mental Health	☐ Spirituality
☐ Energy	☐ NFP	☐ Sport
☐ Environment	☐ Nutrition	☐ Volunteering
☐ Family	☐ People	☐ Wellbeing
☐ Exercise	☐ Personal Development	☐ Work
☐ Finances	☐ Pets	☐ Trust
☐ Friends	☐ Philanthropy	☐ Unity
☐ Giving	☐ Relationships	☐ Leadership
☐ Growth	☐ Savings	☐ Teamwork
☐ Gym	☐ School	☐ Mindfulness
☐ Happiness	☐ Romance	☐ Culture

Total segments: 0/13

min 3, max 13

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How often would you use iyarn for check-ins and/or class discussions? (Eg. Once a day, once a week, whenever they want to?)

How would you introduce/describe iyarn to your students? Do your students have input on choosing the segments?

Scenario 1b – Setting up iyarn for focused student support

You are working with a group of students with behavioural issues at school and/or mental health challenges. How might this influence your set up of the wheel? Would this change how you use iyarn? If so how?

Scenario 2a: Changes to class wellbeing

You notice that your class averages for overall wellbeing have dropped over the past few months and want to try to understand what is happening. What would you do? How would you start a conversation within the class? How might you use iyarn for this?
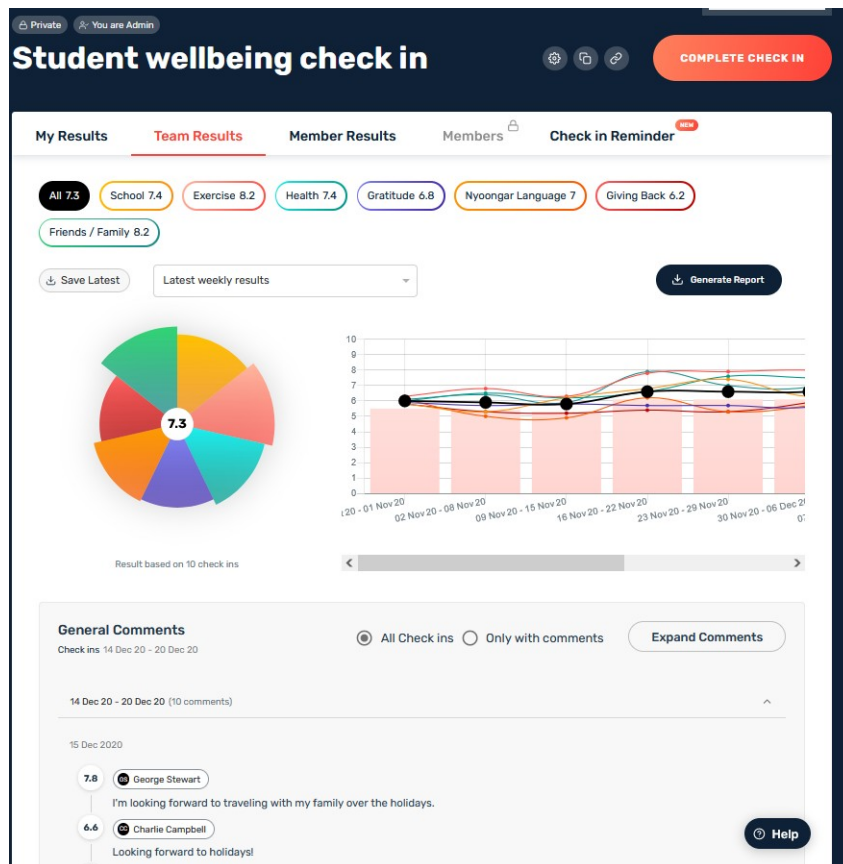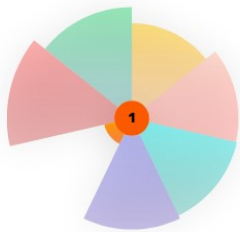
Result based on 1 check ins

20 - 01 Nov 20
02 Nov 20 - 08 Nov 20
09 Nov 20 - 15 Nov 20
16 Nov 20 - 22 Nov 20
23 Nov 20 - 29 Nov 20
30 Nov 20 - 06 Dec 20
07 Dec 20 - 13 Dec 20
14 Dec 20 - 20 Dec 20
07 Mar 22 - 13 Mar 22
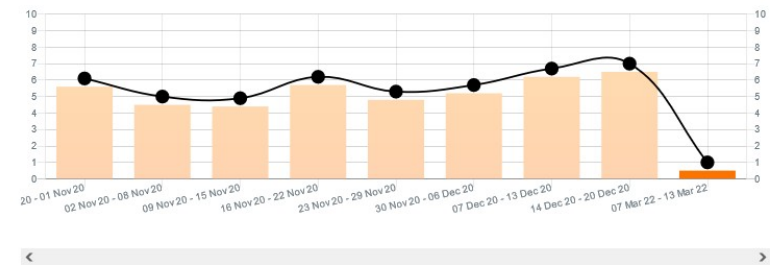
Scenario 2b: Changes to individual student wellbeing

You notice that one of your students' responses and scores for the 'friends' segment has fallen dramatically over the past few weeks.

What would be the threshold for you to intervene? How might you approach this? What action might you take? How would you start a conversation with the student? How might you use iyarn?

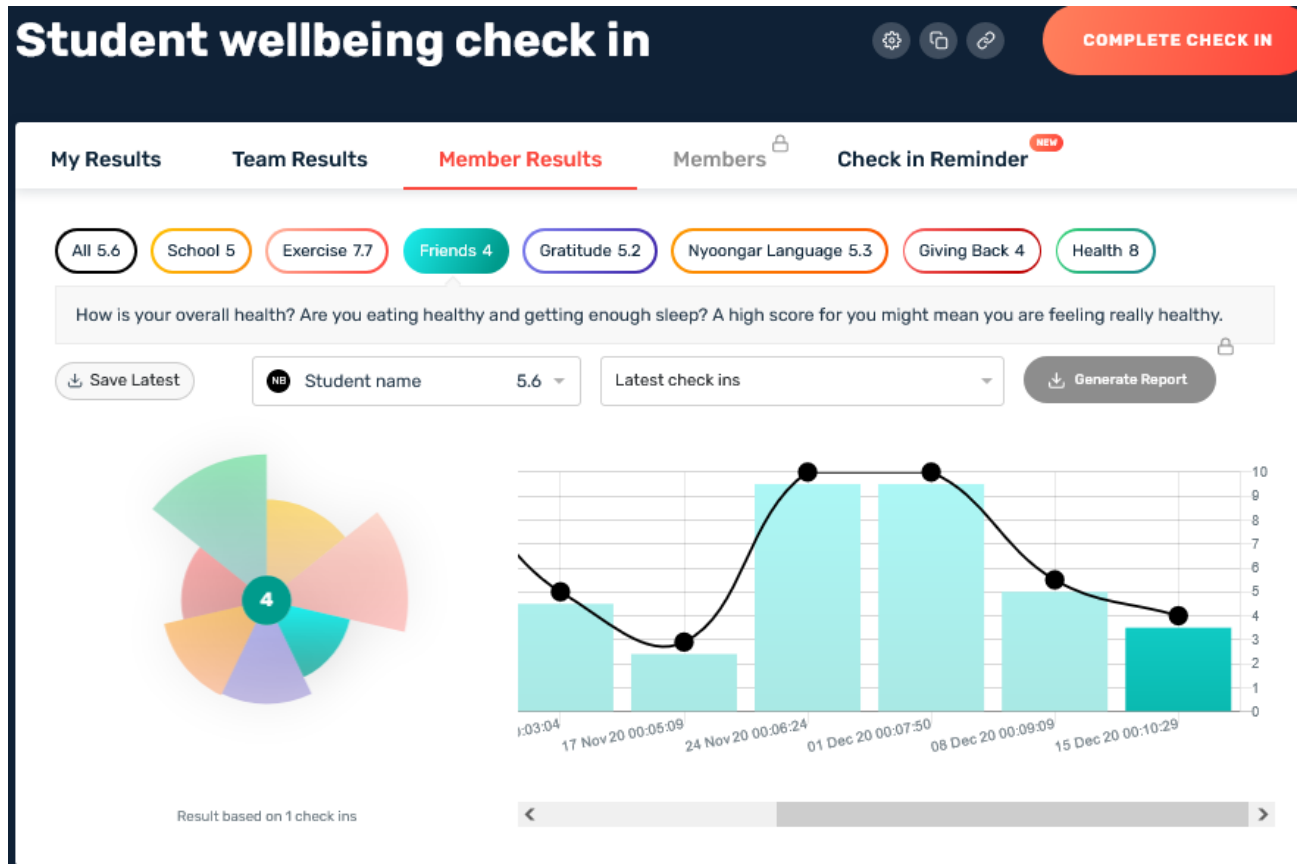You notice that one of your student's responses and scores for the 'family' segment are always low and the student appears distressed in class. What would be the threshold for you to intervene? How might you approach this? What action might you take? How would you start a conversation with the student? How might you use iyarn?

Do you use the comments feature in iyarn for students to write notes with their login in each segment? If so do your students use this feature? How prepared do you think students are to share how they are feeling in the platform? Do you notice any privacy concerns with the comments feature?

Scenario 3a – Support resources for students

You have the option to add a feature where students will receive an email with support resources if their score falls below a certain level. See sample email below.

Support is Available

Thank you for checking in. We're here to support you with resources recommended by ███████████████ College that might assist your relationships with friends.

Having a strong network of friends helps to increase our mental wellbeing.

Check out the following links:
- 7 simple ways to improve your relationships with family and friends
- Some helpful tips on how to handle arguments with friends and family
- Other resources from Relationships Australia
- Kids Helpline 1800 55 1800
- Headspace

What score thresholds would you consider as appropriate to send a support email to students? For example if their score falls below 2 or 3 out of 10 in any segment at any time? If their score is lower than 5 out of 10 over multiple check-ins?

What sort of support resources do you think might be most suitable for students? What sort of follow up do you think students might need along with support resource links?

Does it help to identify crucial moments (both positive and challenging) that support intervening?

Have you had any feedback or comments from your students on iyarn? In your experience do students seem to find in helpful with wellbeing?