How to explore ideas & beliefs

- 1. **Establish rapport** & informed consent
- 2. Find a claim & clarify
- 3. **Ask for confidence** & calibrate on a scale
- 4. Identify main reason
- 5. **Explore & assess** epistemology & reliability
- 6. **End with a question**, on a high note!
- 7. But first... prepare
- 8. Then, share & learn