

# Weekly Planner ---

Date			
8am			
830			
9am			
930			
10am			
1030			
11am			
1130			
12pm			
1230			
1pm			
130			
2pm			
230			
3pm			
330			
4pm			
430			
5pm			
530			
6pm			
630			
7pm			

This week, I will take my Sabbath rest on \_\_\_\_\_

<b>Date</b>			
8am			
830			
9am			
930			
10am			
1030			
11am			
1130			
12pm			
1230			
1pm			
130			
2pm			
230			
3pm			
330			
4pm			
430			
5pm			
530			
6pm			
630			
7pm			

## Goals


## Notes

## Challenges


## Prayers