# Weekly Planner \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| **Date** |  |  |  |
| 8am |  |  |  |
| 830 |  |  |  |
| 9am |  |  |  |
| 930 |  |  |  |
| 10am |  |  |  |
| 1030 |  |  |  |
| 11am |  |  |  |
| 1130 |  |  |  |
| 12pm |  |  |  |
| 1230 |  |  |  |
| 1pm |  |  |  |
| 130 |  |  |  |
| 2pm |  |  |  |
| 230 |  |  |  |
| 3pm |  |  |  |
| 330 |  |  |  |
| 4pm |  |  |  |
| 430 |  |  |  |
| 5pm |  |  |  |
| 530 |  |  |  |
| 6pm |  |  |  |
| 630 |  |  |  |
| 7pm |  |  |  |

# This week, I will take my Sabbath rest on \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| **Date** |  |  |  |
| 8am |  |  |  |
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| 1130 |  |  |  |
| 12pm |  |  |  |
| 1230 |  |  |  |
| 1pm |  |  |  |
| 130 |  |  |  |
| 2pm |  |  |  |
| 230 |  |  |  |
| 3pm |  |  |  |
| 330 |  |  |  |
| 4pm |  |  |  |
| 430 |  |  |  |
| 5pm |  |  |  |
| 530 |  |  |  |
| 6pm |  |  |  |
| 630 |  |  |  |
| 7pm |  |  |  |

# Goals Notes

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# Challenges

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# Prayers