

## Motivational Interviewing

## **Facilitating Change and Achieving Success**



Ernie Marshall, LCSW, has worked with populations considered resistant and hard to treat including substance abusers, sexual offenders and multi-diagnosed individuals.

He is a member of the Motivational Interviewing Network of Trainers (MINT) and has been conducting training for more than 15 years. Motivational Interviewing (MI) is an evidence-based process that addresses ambivalence to change. MI is a conversational approach designed to help people:

- Discover their own interest in considering and/or making a change in their life
- Express in their own words their desire for change
- Examine their ambivalence about the change
- Plan for and begin the process of change
- Elicit and strengthen change talk
- Enhance their confidence in taking action and noticing that even small, incremental changes are important
- Strengthen their commitment to change

When: Monday, November 14 and Tuesday, November 15, 2016

Time: 8:30 a.m. to 4 p.m.

Where: Workforce Connections, Inc. 2615 East Avenue South, La Crosse

Cost: \$159 (Early bird by October 31, 2016) \$179 (Until November 9, 2016) Includes lunch for both days

## Register at:

www.eventbrite.com/e/motivational-interviewing-2-day-training-tickets-28511573885

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