

Array	double insert time(unShift)	double append(push)
Extra Large Array.....	1.6262322280000001 s.....	4.416839 ms
Large Array.....	13.141411 ms.....	861.335 µs
Medium array.....	215.308 µs.....	196.168 µs
Small array.....	60.003 µs.....	134.361 µs
Tiny array.....	48.93 µs.....	118.825 µs

While using the unShift method on the **tiny && Small** array was quicker than using push, as that array gets larger using push will always scale better. Push method is a lot faster than using an unShift method. When using the unShift method those array elements that are already present in the array have to shift their indexes $O(n)$. When using Push it just appends that element to the end of the array $O(1)$.
 .pus() for the win.