

# Springfield Family Medicine

Dr. John M. Smith, MD (Family Medicine) — NPI: 1234567890  
Clinic Address: 123 Main St, Springfield, IL 62701, USA  
Phone: (217) 555-0123  
Date: November 10, 2025

**Patient Name:** Rajesh Kumar (DOB: 1983-09-15 / Male)  
**Diagnosis:** Type 2 Diabetes Mellitus, Hypertension

#	Drug Name	Strength	Dosage	Frequency	Duration	Notes
1	Metformin	500 mg	1 tablet	twice daily	30 days	after meals
2	Lisinopril	20 mg	1 tablet	once daily	30 days	morning
3	Atorvastatin	10 mg	1 tablet	once daily	30 days	at bedtime
4	Vitamin D3	50,000 IU	1 capsule	once weekly	8 weeks	with milk

- Advice:**
- Regular BP and blood glucose monitoring.
  - Follow-up after 4 weeks or sooner if symptoms worsen.
  - Continue diet and exercise; review medications during follow-up.

Signature:

(Dr. John M. Smith)  
License No: IL-987654  
DEA: AB1234567