

Springfield Family Medicine

Dr. John M. Smith, MD (Family Medicine) — NPI: 1234567890

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Date: November 10, 2025

Patient Name: Rajesh Kumar (DOB: 1983-09-15 / Male)

Diagnosis: Type 2 Diabetes Mellitus, Hypertension

#	Drug Name	Strength	Dosage	Frequency	Duration	Notes
1	Metformin	500 mg	1 tablet	twice daily	30 days	after meals
2	Lisinopril	20 mg	1 tablet	once daily	30 days	morning
3	Atorvastatin	10 mg	1 tablet	once daily	30 days	at bedtime
4	Vitamin D3	50,000 IU	1 capsule	once weekly	8 weeks	with milk

Advice:

- Regular BP and blood glucose monitoring.
- Follow-up after 4 weeks or sooner if symptoms worsen.
- Continue diet and exercise; review medications during follow-up.

Signature:

(Dr. John M. Smith)

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