

Dietary fiber content in common bean from the middle american gene pool

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Introduction

275 entries from the BeanCAP study were grown in Fort Collins, CO in 2015. All entries originated from the Middle American gene pool and were further subdivided into three races and twelve market classes (Table 1). Beans were analyzed for various fiber components to determine the effect of marketclass and race (Table 2).

Table 1: Number of entries by race and market class included in the study.

Race	Market Class	No. Entries
Durango		183
	GN	43
	pink	22
	pinto	91
	small red	30
Mesoamerican		92
	black	41
	small white	48

Table 2: Fiber components measured in the study. Verbascose, raffinose, and stachyose are grouped together broadly as total oligosaccharides. These carbohydrates are not digested in the small intestine and are instead passed into the large intestine to be fermented by microflora with the production of gas.

Fiber component	Description
Soluble	Dissolves in water
Insoluble	Does not dissolve in water
Verbascose	A pentasachharide
Raffinose	A trisaccharide
Stachyose	A tetrasaccharide
Total Oligosaccharides	Sum of verbascose, raffinose, and stachyose
Total Dietary Fiber	Sum of soluble fiber, insoluble fiber, and total oligosaccharides

The red mottle market class had the greatest mean total dietary fiber, as well as the greatest mean verbascose, stachyose, total oligosaccharide, and insoluble fiber. The black mottle market class had the greatest mean raffinose and soluble dietary fiber content. Both of these market classes included only one entry each (‘Orcha’ a black mottle; ‘Ind. Jamaica Red’ a red mottle) making these findings not as insightful. A one-way analysis of variance revealed a significant effect ($p < 0.5$) of market class on all fiber components.

A one-way analysis of variance revealed a significant effect ($p < 0.5$) of race on all fiber components except total oligosachharide content. Durango and jalisco races had the greatest mean verbascose and stachyose content, mesoamerican race had the greatest mean raffinose content. Jalisco had the greatest mean insoluble DF, soluble DF, and total dietary fiber content.

Results: Entry Rankings

Tables below show the five entries with the greatest and five entries with the lowest values of each fiber component averaged across the two replications including standard deviation (sd), standard error (se) and confidence intervals (ci).

– Insoluble Dietary Fiber (IDF)

Table 3: Five entries with greatest IDF content.

Entry	mktclass	race	IDF	sd	se	ci
PR0443-151	black	mesoamerican	16.91	1.55	1.09	13.89
CDC Pinnacle	pinto	durango	16.73	2.76	1.95	24.80
CDC Jet	black	mesoamerican	16.71	1.32	0.94	11.90
TARS-VCI-4B	pinto	durango	16.46	3.43	2.42	30.79
TARS09-RR007	small red	durango	16.42	0.51	0.36	4.59

Table 4: Five entries with lowest IDF content.

Entry	mktclass	race	IDF	sd	se	ci
BelMiNeb-RMR-4	GN	mesoamerican	12.34	0.11	0.08	0.97
BelMiNeb-RMR-8	GN	mesoamerican	12.05	0.38	0.27	3.43
BelMiNeb-RMR-7	GN	mesoamerican	11.77	0.31	0.22	2.77
BelMiNeb-RMR-3	GN	durango	11.75	0.22	0.15	1.97
AC Pintoba	pinto	durango	11.44	0.19	0.13	1.70

– **Soluble Dietary Fiber (SDF)**

Table 5: Five entries with greatest SDF content.

Entry	mktclass	race	SDF	sd	se	ci
Voyager	small white	mesoamerican	10.29	0.12	0.08	1.03
SR7-3	small red	durango	9.83	0.83	0.59	7.48
NW-63	small red	durango	9.81	0.43	0.30	3.84
IP08-2	pinto	durango	9.48	0.76	0.53	6.79
BelMiNeb 2	GN	durango	9.45	0.05	0.03	0.42

Table 6: Five entries with lowest SDF content.

Entry	mktclass	race	SDF	sd	se	ci
ABCP-15	pinto	durango	5.76	0.56	0.39	5.00
Quincy	pinto	durango	5.53	0.22	0.16	2.00
Centa Pupil	small red	durango	5.34	0.52	0.37	4.69
TARS-VCI-4B	pinto	durango	5.16	1.32	0.93	11.84
I9365-5	pink	durango	5.09	1.57	1.11	14.13

– **Raffinose (Raff)**

Table 7: Five entries with greatest raffinose content.

Entry	mktclass	race	Raff	sd	se	ci
NE1-09-20	GN	durango	0.92	0.06	0.04	0.50
CDC Crocus	GN	durango	0.85	0.05	0.04	0.47
I9365-31	black	mesoamerican	0.85	0.25	0.18	2.24
A-55	black	mesoamerican	0.79	0.06	0.04	0.56
NE1-09-9	GN	durango	0.79	0.10	0.07	0.86

Table 8: Five entries with lowest raffinose content.

Entry	mktclass	race	Raff	sd	se	ci
Sawtooth	GN	durango	0.30	0.11	0.08	0.96
USRM-20	small red	durango	0.30	0.03	0.02	0.28
Bill Z	pinto	durango	0.28	0.01	0.01	0.13
Ind. Jamaica Red	red mottle	andean	0.28	0.07	0.05	0.60
Apache	pinto	durango	0.27	0.01	0.01	0.07

– **Stachyose (Stach)**

Table 9: Five entries with greatest stachyose content.

Entry	mktclass	race	Stach	sd	se	ci
ND021717	black	mesoamerican	5.16	1.86	1.31	16.69
Centa Pupil	small red	durango	4.90	0.26	0.18	2.29
Ind. Jamaica Red	red mottle	andean	4.89	0.43	0.31	3.90
GN Star	GN	durango	4.78	0.17	0.12	1.57
Inta Precoz	small red	durango	4.70	0.28	0.20	2.48

Table 10: Five entries with lowest stachyose content.

Entry	mktclass	race	Stach	sd	se	ci
ND040494-4	pinto	durango	3.10	0.24	0.17	2.11
NE1-09-9	GN	durango	3.07	0.32	0.23	2.86
NE1-09-20	GN	durango	3.03	0.08	0.05	0.69
T9905	small white	mesoamerican	3.00	0.10	0.07	0.93
F07-449-9-3	small red	durango	2.99	0.18	0.13	1.61

– **Verbascose (Verb)**

Table 11: Five entries with greatest verbascose content.

Entry	mktclass	race	Verb	sd	se	ci
Ind. Jamaica Red	red mottle	andean	0.233	0.031	0.022	0.281
Pink Floyd	pink	durango	0.233	0.002	0.001	0.017
ROG 312	pink	durango	0.229	0.024	0.017	0.216
ABC-Wei hing	GN	durango	0.201	0.016	0.011	0.143
GN Star	GN	durango	0.201	0.002	0.002	0.020

Table 12: Five entries with lowest verbascose content.

Entry	mktclass	race	Verb	sd	se	ci
NE1-09-22	GN	durango	0.038	0.001	0.001	0.012
T9905	small white	mesoamerican	0.037	0.011	0.008	0.096
A-55	black	mesoamerican	0.036	0.035	0.025	0.317
GN9-4	GN	durango	0.033	0.032	0.022	0.284
McHale	small white	mesoamerican	0.021	0.006	0.004	0.050

– **Total Oligosachharides (TOligos)**

Table 13: Five entries with greatest oligosaccharide content.

Entry	mktclass	race	TOligos	sd	se	ci
ND021717	black	mesoamerican	5.98	2.22	1.57	19.92
Centa Pupil	small red	durango	5.45	0.18	0.13	1.62
Ind. Jamaica Red	red mottle	andean	5.40	0.47	0.33	4.22
GN Star	GN	durango	5.39	0.23	0.16	2.04
Inta Precoz	small red	durango	5.32	0.25	0.18	2.24

Table 14: Five entries with lowest oligosaccharide content.

Entry	mktclass	race	TOligos	sd	se	ci
Mariah	pinto	durango	3.60	0.30	0.21	2.67
NE1-09-19	GN	durango	3.57	0.08	0.06	0.71
ND040494-4	pinto	durango	3.55	0.14	0.10	1.24
T9905	small white	mesoamerican	3.53	0.12	0.09	1.08
F07-449-9-3	small red	durango	3.50	0.06	0.04	0.57

– **Total Dietary Fiber (TDF)**

Table 15: Five entries with greatest total DF content.

Entry	mktclass	race	TDF	sd	se	ci
PR0443-151	black	mesoamerican	30.23	1.22	0.87	11.00
IP08-2	pinto	durango	30.06	0.15	0.11	1.39
ND021717	black	mesoamerican	29.78	0.83	0.59	7.48
AC Resolute	GN	durango	29.45	1.57	1.11	14.08
Max	pinto	durango	28.59	0.81	0.57	7.26

Table 16: Five entries with lowest total DF content.

Entry	mktclass	race	TDF	sd	se	ci
T9905	small white	mesoamerican	23.59	0.93	0.66	8.39
Norstar	small white	mesoamerican	23.43	0.31	0.22	2.77
BelMiNeb-RMR-7	GN	mesoamerican	23.36	0.12	0.08	1.05
Topaz	pinto	durango	23.18	0.00	0.00	0.02

Entry	mktclass	race	TDF	sd	se	ci
AC Pintoba	pinto	durango	22.82	0.80	0.57	7.19

Results: Marketclass

– Boxplots

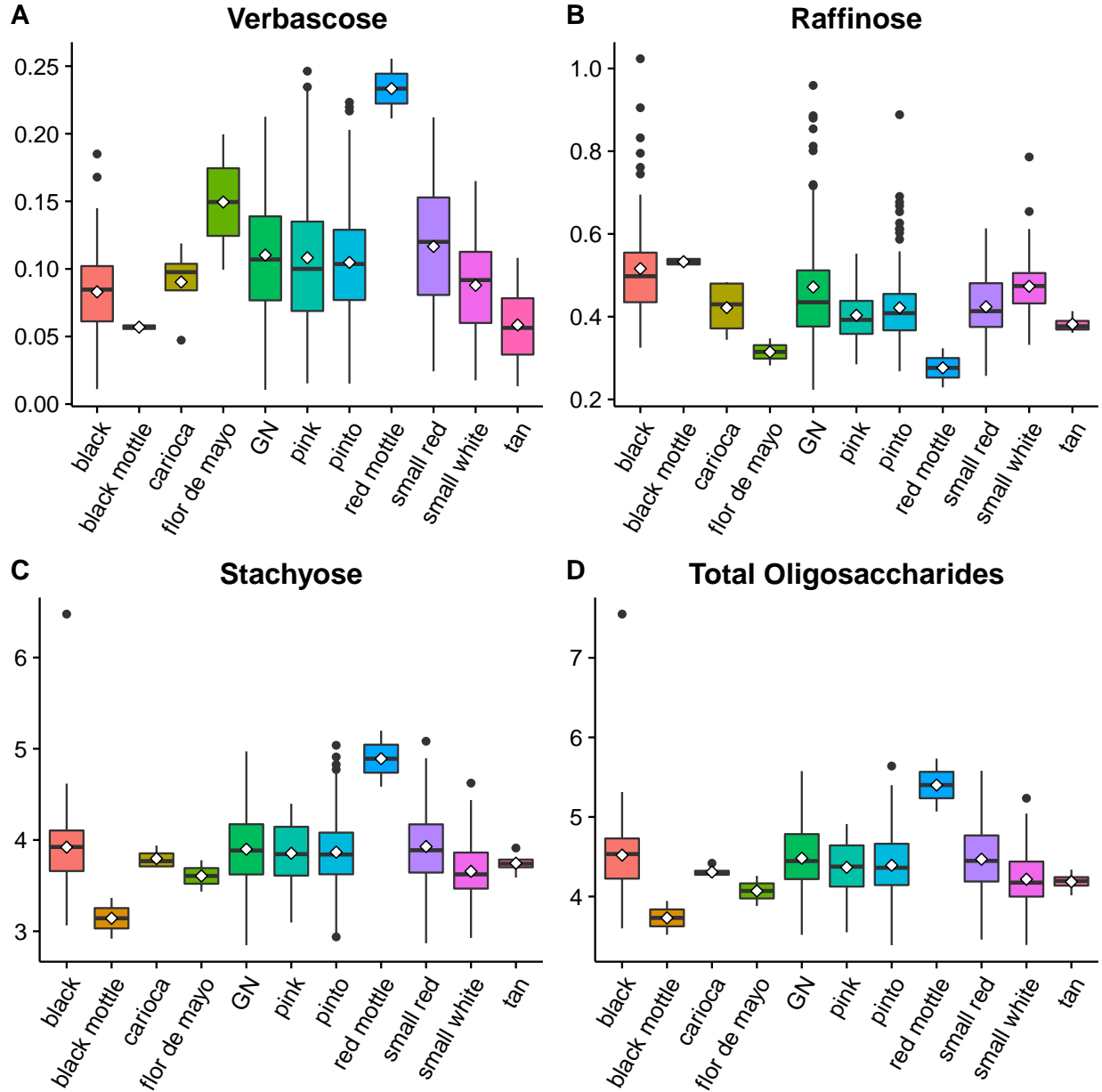


Figure 1: Oligosaccharide content in 282 common bean genotypes by marketclass (A) Raffinose, (B) Stachyose, (C) Verbascose, and (D) total oligosaccharides (= Raff + Stach + Verb).

Table 17: Mean fiber component content by market class. Values with different letters differ significantly between market classes ($p < 0.05$). Bolded values are the greatest among market classes.

Marketclass	Verbascose	Raffinose	Stachyose	Total Oligosaccharides
black	0.083 a	0.516 c	3.92 b	4.52 bc
black mottle	0.057 ab	0.533 bc	3.14 ab	3.73 ab
carioca	0.09 ab	0.422 bc	3.8 ab	4.31 abc
flor de mayo	0.149 abd	0.315 bc	3.61 ab	4.07 abc
GN	0.11 b	0.472 ac	3.9 b	4.48 bc
navy	0.112 ac	NaN ac	NaN a	NaN a
pink	0.108 bc	0.403 b	3.86 ab	4.37 ab
pinto	0.105 b	0.421 b	3.87 b	4.39 b
red mottle	0.233 d	0.276 ab	4.89 c	5.4 c
small red	0.117 b	0.424 ab	3.93 b	4.47 bc
small white	NaN ab	NaN bc	NaN ab	NaN abc
tan	0.059 ab	0.382 bc	3.75 ab	4.19 ab

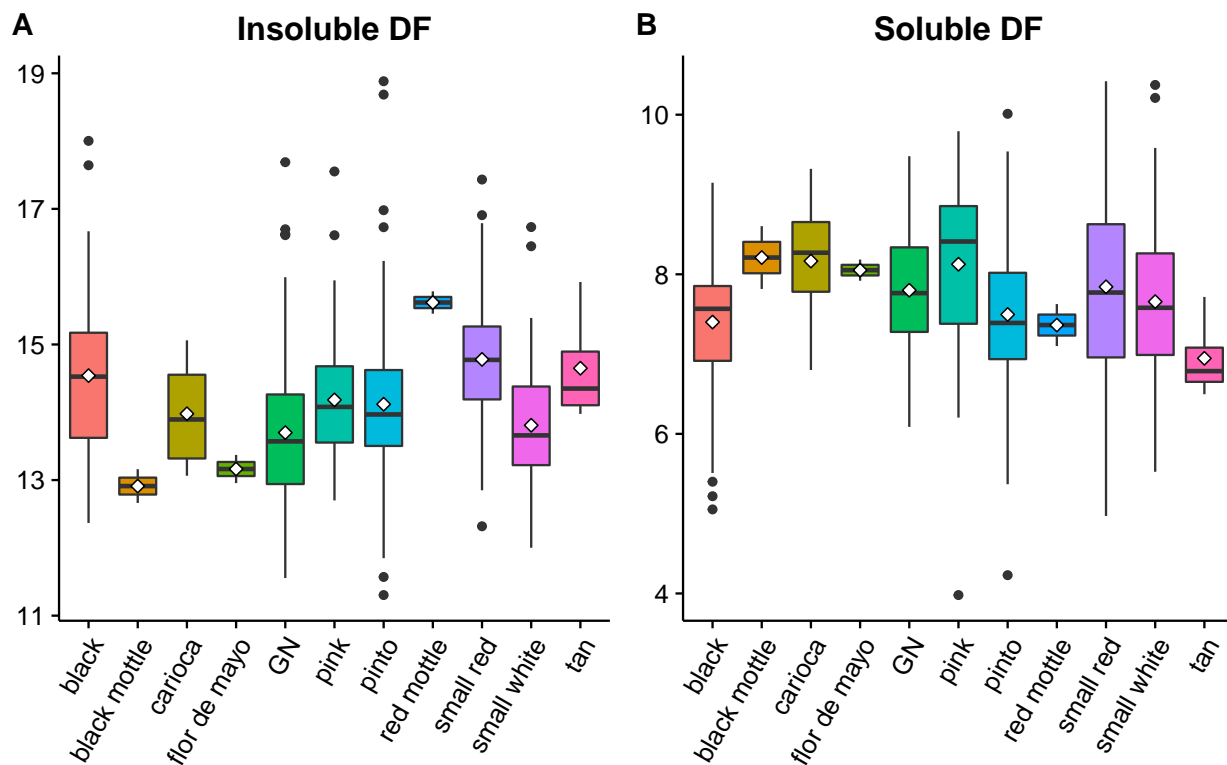


Figure 2: (A) Soluble and (B) insoluble dietary fiber in 282 common bean genotypes by marketclass.

Table 18: Mean fiber component content by market class. Values with different letters differ significantly between market classes ($p < 0.05$). Bolded values are the greatest among market classes.

Marketclass	Insoluble DF	Soluble DF
black	14.54 cd	7.4 b
black mottle	12.91 abc	8.21 ab
carioca	13.98 abc	8.17 ab
flor de mayo	13.16 abc	8.05 ab
GN	13.7 ab	7.8 ab
navy	NaN a	NaN ab
pink	14.18 abc	8.13 a
pinto	14.12 bd	7.5 b
red mottle	15.62 abc	7.36 ab
small red	14.78 c	7.84 ab
small white	NaN abc	NaN ab
tan	14.65 abc	6.95 ab

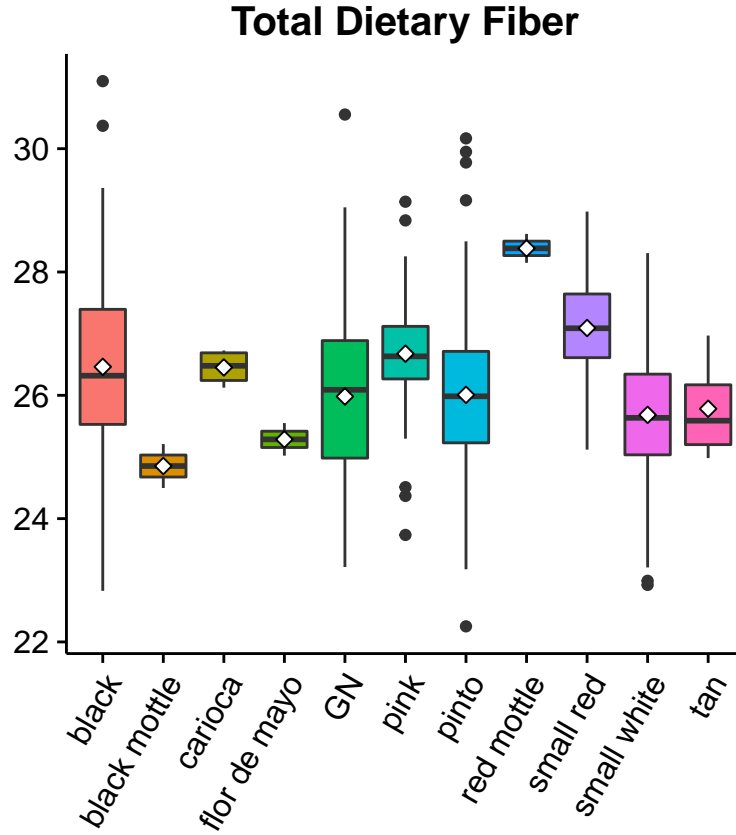


Figure 3: Total Dietary Fiber content in 282 common bean genotypes by marketclass.

Table 19: Mean total dietary fiber component content by market class. Values with different letters differ significantly between market classes ($p < 0.05$).

Marketclass	Total DF
black	26.46 bc
black mottle	24.85 abc
carioca	26.45 abc
flor de mayo	25.29 abc
GN	25.98 cd
navy	NaN a
pink	26.67 bd
pinto	26.01 ac
red mottle	28.38 bc
small red	27.09 b
small white	NaN abc
tan	25.78 abc

Results: Race

– Boxplots

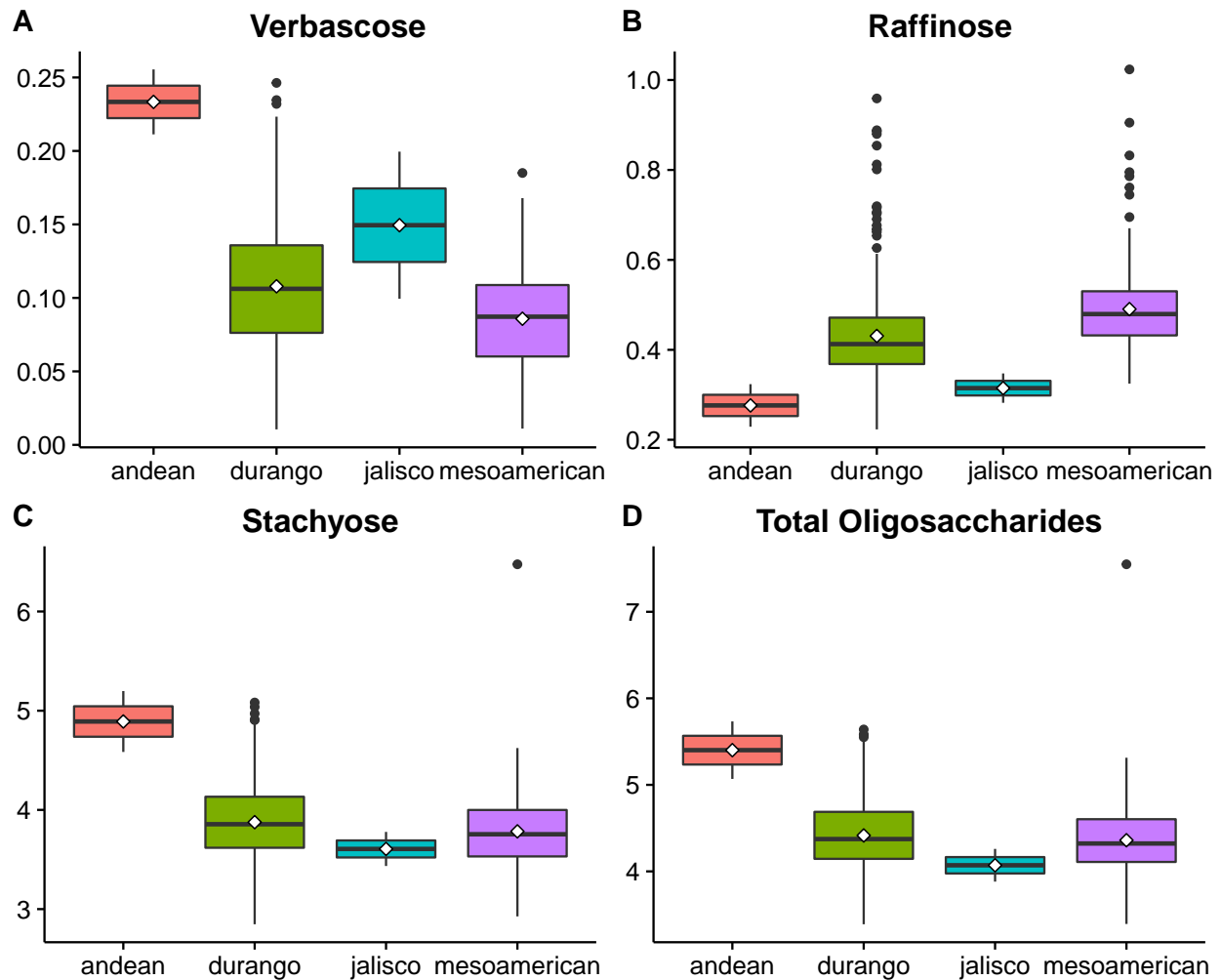


Figure 4: Oligosaccharide content in 282 common bean genotypes by race (A) Raffinose, (B) Stachyose, (C) Verbascose, and (D) total oligosaccharides (= Raff + Stach + Verb).

Table 20: Mean fiber component content by race. Values with different letters differ significantly between races ($p < 0.05$).

Race	Verbascose	Raffinose	Stachyose	Total Oligosaccharides
Durango	0.108 b	0.431 a	3.88 b	4.42 a
Jalisco	0.149 b	0.315 a	3.61 ab	4.07 a
Mesoamerican	0.086 a	0.491 b	3.78 a	4.36 a

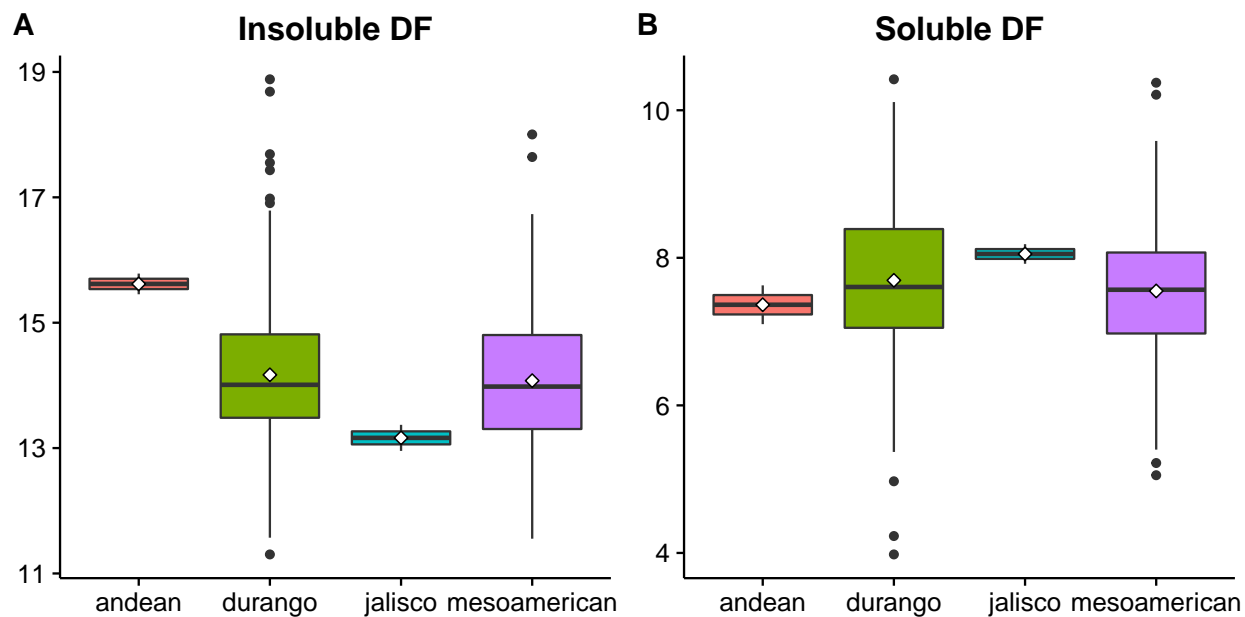


Figure 5: (A) Soluble and (B) insoluble dietary fiber in 282 common bean genotypes by race,

Table 21: Mean fiber component content by race. Values with different letters differ significantly between races ($p < 0.05$).

Race	Insoluble DF	Soluble DF
Durango	14.17 a	7.69 a
Jalisco	13.16 b	8.05 b
Mesoamerican	14.08 a	7.55 a

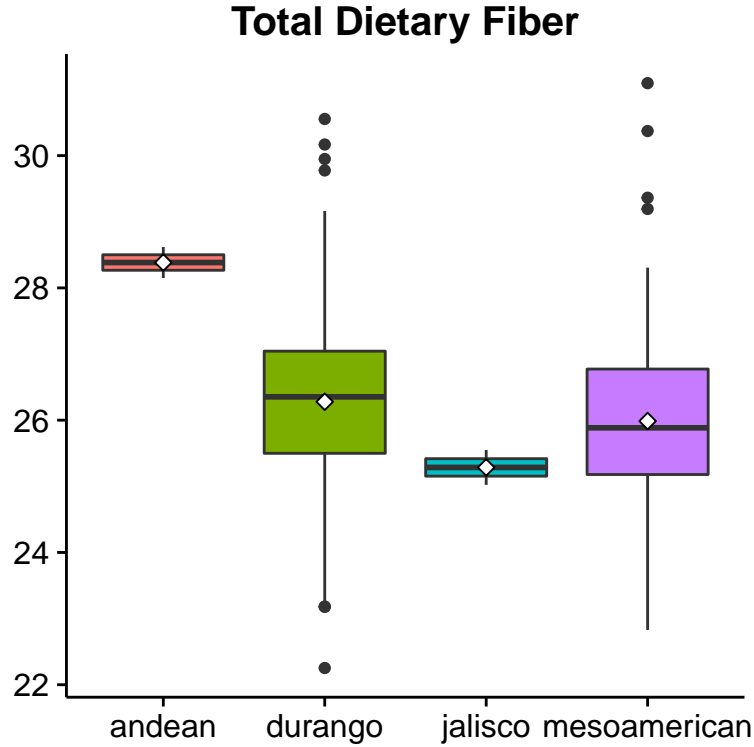


Figure 6: Total Dietary Fiber content in 282 common bean genotypes by race

Table 22: Mean total dietary fiber content by race. Values with different letters differ significantly between races ($p < 0.05$).

Race	Total DF
Durango	26.28 a
Jalisco	25.29 b
Mesoamerican	25.99 a

Statistical Methods

Statistical analyses, figures, tables, and reporting was completed using RStudio Version 0.98.1062.

– *ANOVA Assumptions*

Insoluble fiber, soluble fiber, raffinose, stachyose, and verbascose data were concluded to meet the assumptions of normality of residuals and equality of variance after plotting qqplots, and residuals versus predicted values. Diagnostic plots are shown below.

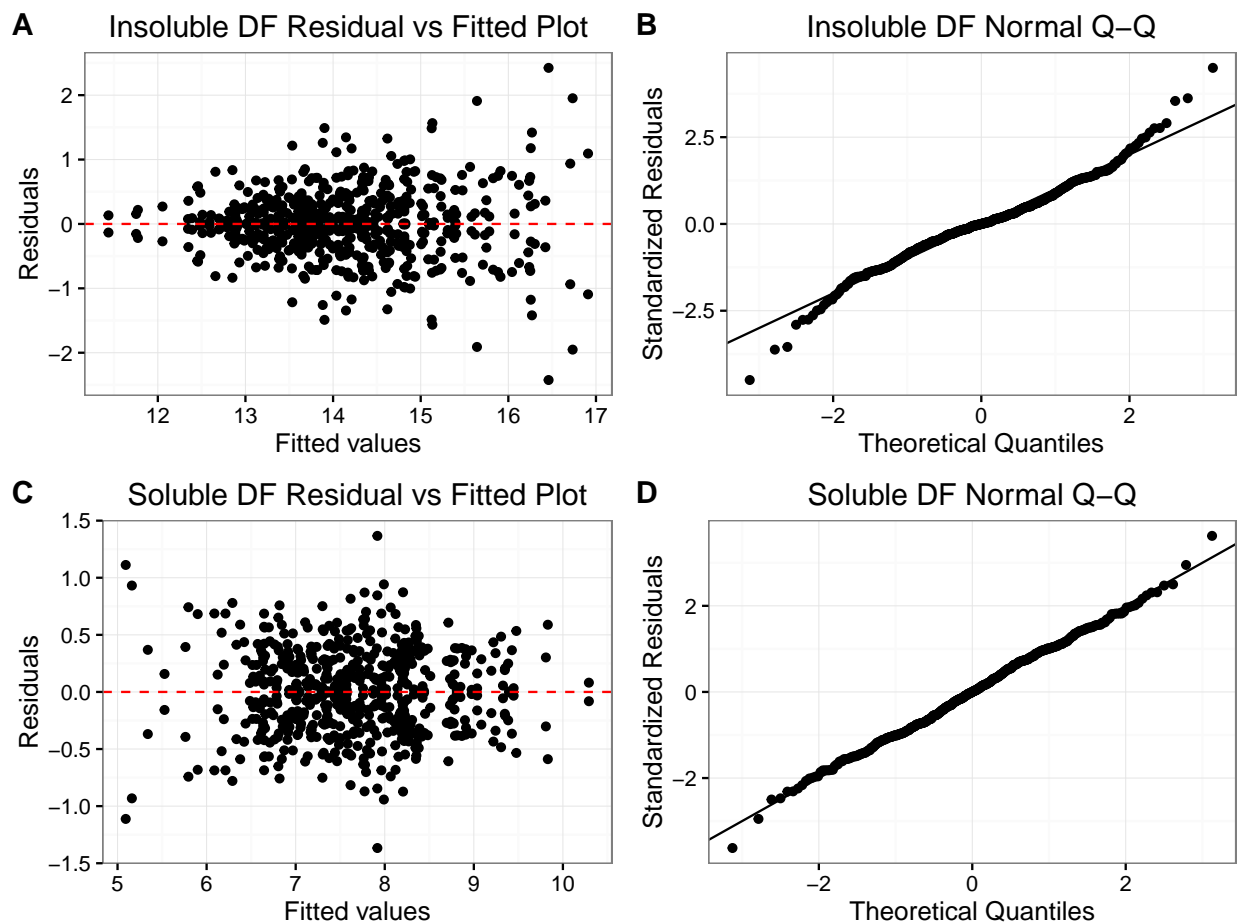


Figure 7: Residual versus fitted and q-q plots of insoluble and soluble DF. The insoluble DF plots look to reveal non-homogeneity of variance, but both the log and square root transformations did not improve it enough to warrant transforming the data.

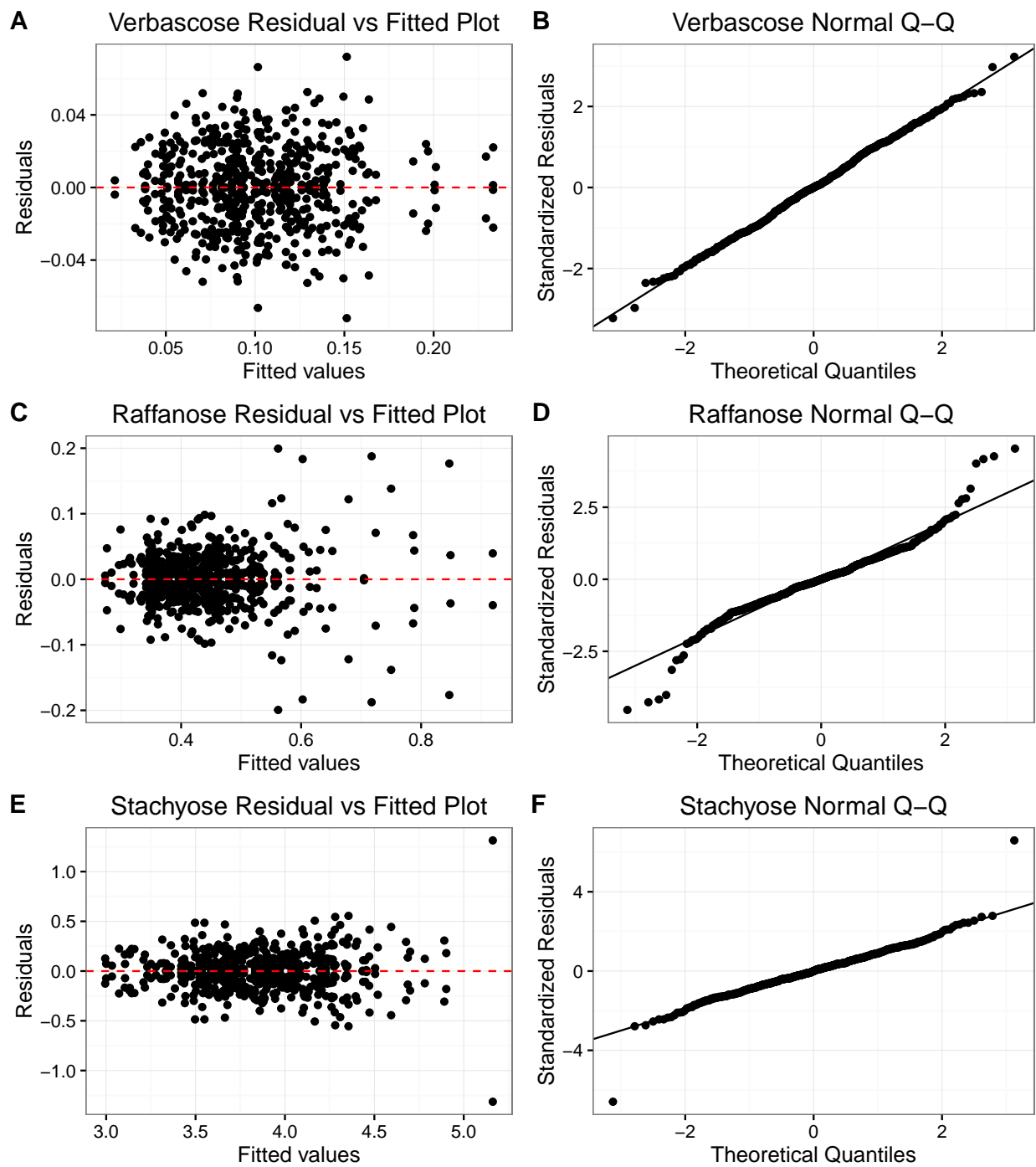


Figure 8: Residual versus fitted and q-q plots of verbascose, raffinose, and stachyose. The raffinose plots look to reveal non-homogeneity of variance, but both the log and square root transformations did not improve it enough to warrant transforming the data.

– *One-way ANOVA*

One-way analysis of variance was conducted to determine the effect of 1)market class and 2) race on fiber components of the 282 entries using the aov function.

1) Market class

Differences between market classes were significant ($p < 0.05$) across all fiber components.

Table 23: One-way ANOVA table testing differences in insoluble DF between market classes.

	Df	Sum Sq	Mean Sq	F value	Pr(>F)
mktclass	10	75.5794	7.5579	6.5702	0
Residuals	553	636.1319	1.1503	NA	NA

Table 24: One-way ANOVA table testing differences in soluble DF between market classes.

	Df	Sum Sq	Mean Sq	F value	Pr(>F)
mktclass	10	27.6716	2.7672	3.2378	5e-04
Residuals	553	472.6145	0.8546	NA	NA

Table 25: One-way ANOVA table testing differences in verbascose between market classes.

	Df	Sum Sq	Mean Sq	F value	Pr(>F)
mktclass	10	0.1212	0.0121	7.4852	0
Residuals	553	0.8954	0.0016	NA	NA

Table 26: One-way ANOVA table testing differences in raffinose DF between market classes.

	Df	Sum Sq	Mean Sq	F value	Pr(>F)
mktclass	10	0.8680	0.0868	8.8568	0
Residuals	553	5.4195	0.0098	NA	NA

Table 27: One-way ANOVA table testing differences in stachyose DF between market classes.

	Df	Sum Sq	Mean Sq	F value	Pr(>F)
mktclass	10	7.9887	0.7989	5.1527	0
Residuals	553	85.7358	0.1550	NA	NA

Table 28: One-way ANOVA table testing differences in total oligosaccharides DF between market classes.

	Df	Sum Sq	Mean Sq	F value	Pr(>F)
mktclass	10	8.6233	0.8623	4.8179	0
Residuals	553	98.9775	0.1790	NA	NA

Table 29: One-way ANOVA table testing differences in total DF between market classes.

	Df	Sum Sq	Mean Sq	F value	Pr(>F)
mktclass	10	115.4692	11.5469	7.891	0
Residuals	553	809.2019	1.4633	NA	NA

2) *Race*

Differences between races were significant ($p < 0.05$) across all fiber components except total oligosaccharides.

Table 30: One-way ANOVA table testing differences in insoluble DF between races.

	Df	Sum Sq	Mean Sq	F value	Pr(>F)
race	3	7.3666	2.4555	1.9523	0.1201
Residuals	560	704.3447	1.2578	NA	NA

Table 31: One-way ANOVA table testing differences in soluble DF between races.

	Df	Sum Sq	Mean Sq	F value	Pr(>F)
race	3	3.0762	1.0254	1.1549	0.3264
Residuals	560	497.2099	0.8879	NA	NA

Table 32: One-way ANOVA table testing differences in verbascose between races.

	Df	Sum Sq	Mean Sq	F value	Pr(>F)
race	3	0.1007	0.0336	20.5303	0
Residuals	560	0.9158	0.0016	NA	NA

Table 33: One-way ANOVA table testing differences in raffinose between races.

	Df	Sum Sq	Mean Sq	F value	Pr(>F)
race	3	0.5418	0.1806	17.6008	0
Residuals	560	5.7458	0.0103	NA	NA

Table 34: One-way ANOVA table testing differences in stachyose between races.

	Df	Sum Sq	Mean Sq	F value	Pr(>F)
race	3	3.3753	1.1251	6.9736	1e-04
Residuals	560	90.3491	0.1613	NA	NA

Table 35: One-way ANOVA table testing differences in total oligosaccharides between races.

	Df	Sum Sq	Mean Sq	F value	Pr(>F)
race	3	2.6086	0.8695	4.6379	0.0033
Residuals	560	104.9922	0.1875	NA	NA

Table 36: One-way ANOVA table testing differences in total DF between races.

	Df	Sum Sq	Mean Sq	F value	Pr(>F)
race	3	21.9643	7.3214	4.5419	0.0037
Residuals	560	902.7068	1.6120	NA	NA

– *Pairwise Comparisons*

Tukey adjusted pairwise comparisons were made between each market class and each race for each fiber component using the TukeyHSD function. These results were used in mean summary tables below boxplots.

```
OneWayFit <- aov(IDF~race, data=fiber)
TukeyHSD(OneWayFit)

library(multcomp)
PairComps <- glht(OneWayFit, linfct=mcp(race="Tukey"))
summary(PairComps)
cld(PairComps)
```