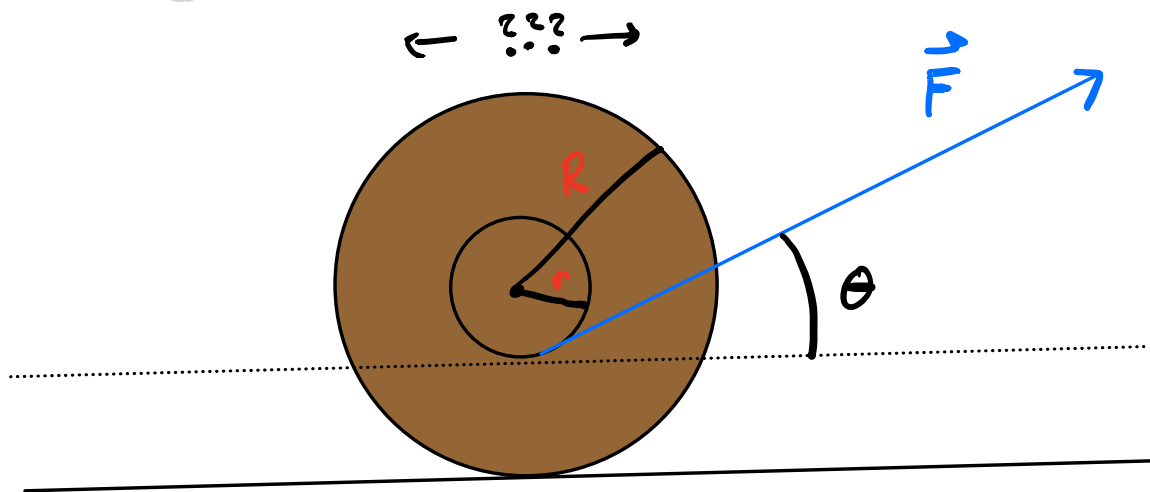
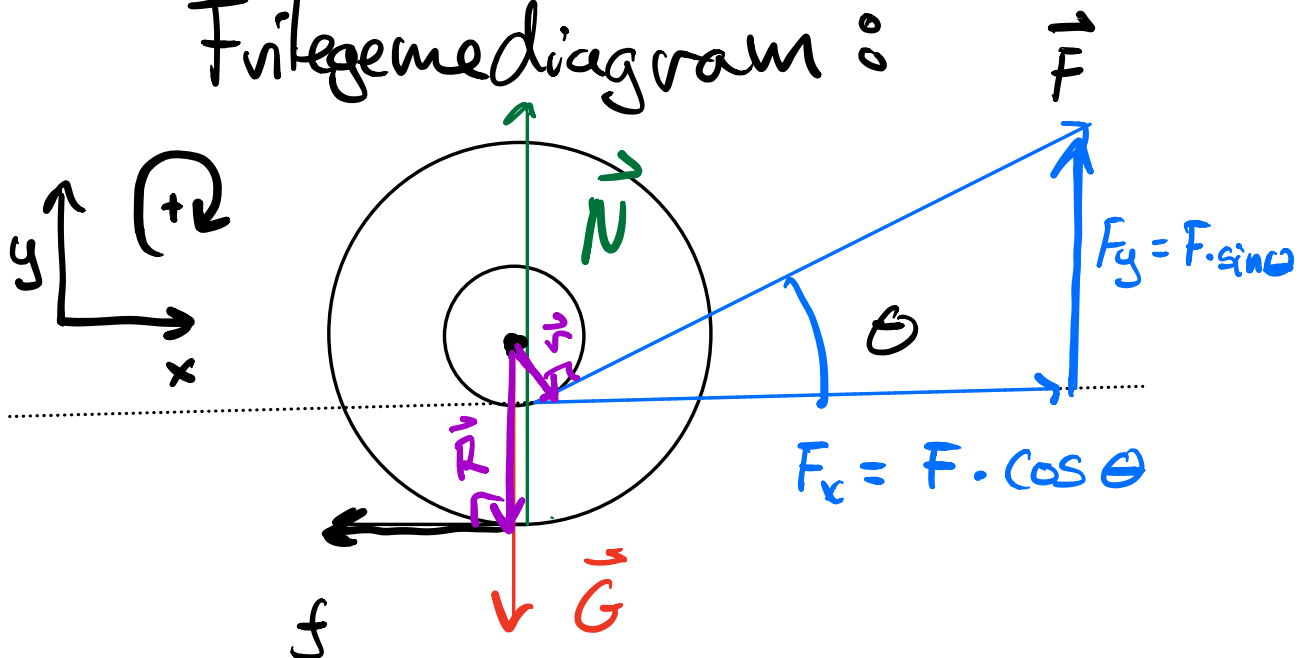


Huilken ve ruller en Jo-jo.



Fretegemediagram :



N. 2. low

$$\Sigma \vec{F} = m \vec{a}$$

$$x: F \cdot \cos \theta - f = M a \quad (1)$$

$$y: N - G + F \cdot \sin \theta = 0 \quad (2)$$

Spinnensatz

$$\Sigma \vec{\tau} = I \vec{\alpha}$$

$$\tau_F = -r \cdot F$$

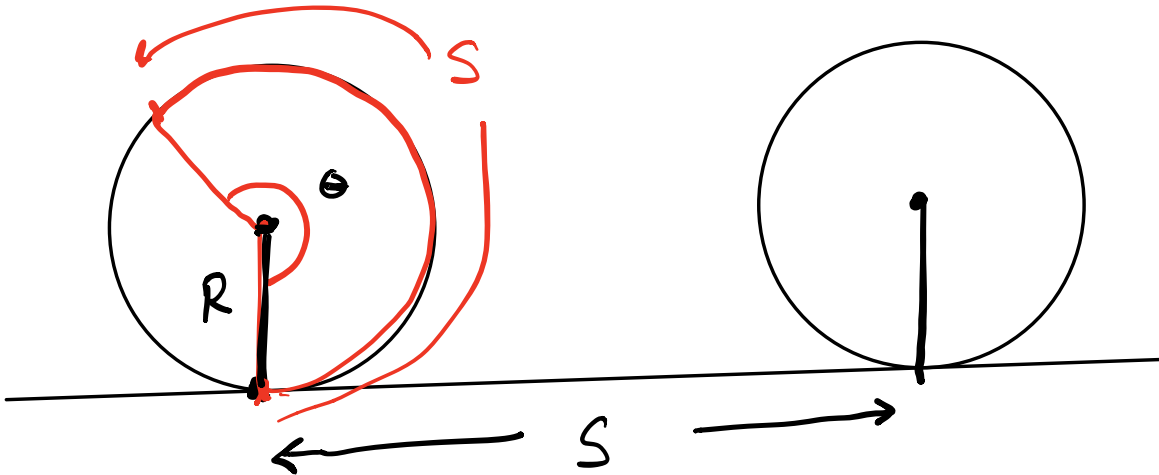
$$\tau_f = R \cdot f$$



$$R \cdot f - r F = I \alpha \quad (3)$$

Rullebedingung:  
(Antar ruller uten  
å gli)

$$\alpha \cdot R = a \quad (4)$$
$$\boxed{\alpha = \frac{a}{R}}$$



$$s = R \cdot \theta \quad \text{rullebetingelse}$$

$$v = \frac{ds}{dt} = \frac{d}{dt}(R \cdot \theta) = R \cdot \frac{d\theta}{dt} = R\omega$$

$$a = \frac{dv}{dt} = \frac{d}{dt}(R\omega) = R \cdot \frac{d\omega}{dt} = R\alpha$$

Vi kennen Trägheitsmoment  $I = \frac{1}{2} MR^2$

③ + ④

$$\underline{Rf} - rF = \frac{1}{2} MR^2 \cdot \frac{a}{R}$$

$$Rf = \frac{1}{2} M \cdot R \cdot a + rF \quad | \cdot \frac{1}{R}$$

$$\boxed{f = \frac{1}{2} Ma + \frac{r}{R} F}$$

Einsetzung: ①  $F \cdot \cos \Theta - f = Ma$  ①

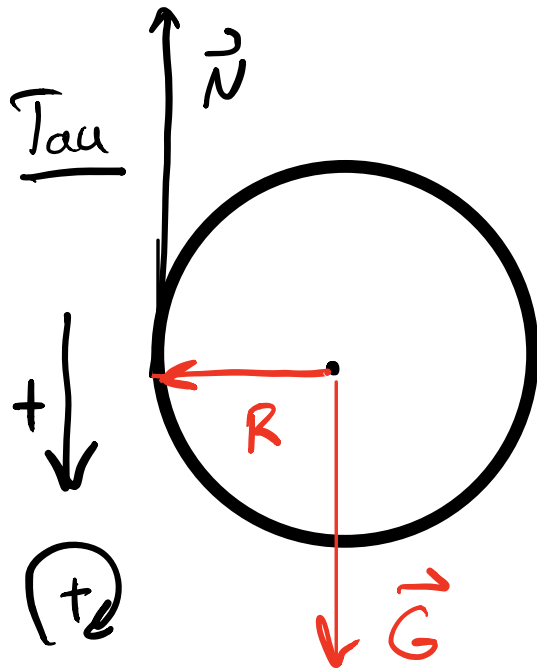
$$F \cdot \cos \Theta - \left( \frac{1}{2} Ma + \frac{r}{R} F \right) = Ma$$

$$F \cdot \cos \Theta - \underline{\frac{1}{2} Ma} - \frac{r}{R} F = Ma$$

$$F \cdot \left( \cos \Theta - \frac{r}{R} \right) = Ma + \frac{1}{2} Ma$$

$$a = \frac{F}{M} \left( \cos \Theta - \frac{r}{R} \right)$$

How fast does a cylinder fall?



$$I_{cm} = MR^2$$

M - massen

R - radius

N. 2. lov  
spinningsats  
Rullebetingelse

N. 2. lov

$$G - N = Ma \quad (1)$$

Spinningsats

$$R \cdot N = I_{cm} \alpha \quad (2)$$

rullebet.

$$\alpha \cdot R = a \quad (3)$$

$\alpha, a, N$

$$\textcircled{3} \quad \alpha = \frac{a}{R}$$

$$\textcircled{3} + \textcircled{2} : R \cdot N = I_{\text{cm}} \frac{a}{R}$$

$$I_{\text{cm}} = MR^2$$

$$\cancel{R} \cdot N = MR^{\cancel{2}} \cdot \frac{a}{\cancel{R}}$$

$$\underline{N = M \cdot a}$$

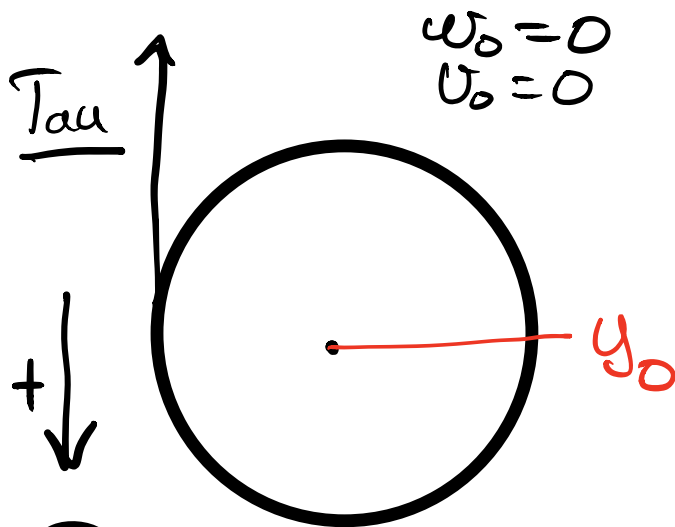
$$\textcircled{1} \quad G - N = Ma$$

$$Mg - Ma = Ma$$

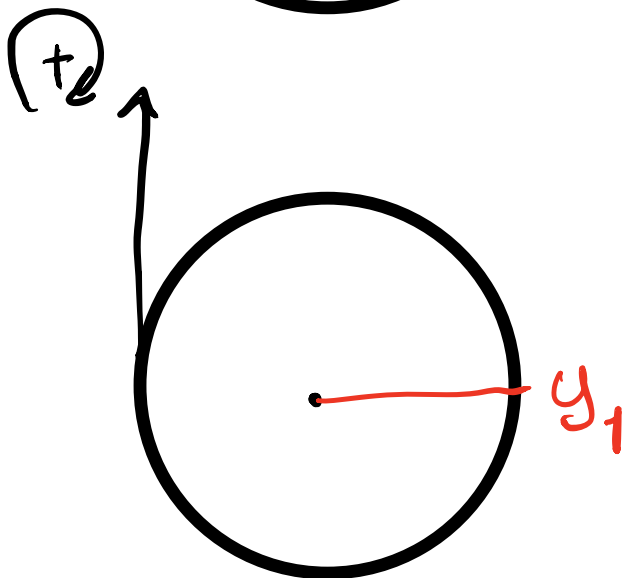
$$\cancel{M}g = 2 \cdot \cancel{M}a$$

$$\underline{\underline{a = \frac{1}{2}g}}$$

# Energi



$$E = \underbrace{K_0}_{=0} + \underbrace{U_0}_{Mgy_0}$$



$$E = K_1 + \underbrace{U_1}_{Mgy_1}$$
$$\underbrace{\frac{1}{2}MV^2 + \frac{1}{2}I\omega^2}$$

$$Mgy_0 = \frac{1}{2}MV^2 + \frac{1}{2}I\omega^2 + Mgy_1$$

rullebetingelse  $v = R\omega$ ,  $\omega = \frac{v}{R}$

$$Mg(y_0 - y_1) = \frac{1}{2} M v^2 + \frac{1}{2} I \left( \frac{v}{R} \right)^2$$

$$I = MR^2$$

$$Mg(y_0 - y_1) = \frac{1}{2} M v^2 + \frac{1}{2} \cancel{MR^2} \frac{v^2}{\cancel{R^2}}$$

$$Mg(y_0 - y_1) = \frac{1}{2} M v^2 + \frac{1}{2} M v^2$$

$$\cancel{M}g(y_0 - y_1) = \cancel{M}v^2$$

$$\underline{\underline{v = \sqrt{g(y_0 - y_1)}}}$$

$$a = g$$

$$v = \int a dt = gt$$

$$\underline{x = \int v dt = \underline{\underline{\frac{1}{2}gt^2}}}$$

$$v(0) = 0$$

$$x(0) = 0$$

$$\begin{array}{c} \uparrow \\ h \\ \downarrow \end{array} \quad \begin{array}{l} h = \frac{1}{2}gt^2 \\ t = \underline{\underline{\sqrt{\frac{2h}{g}}}} \end{array}$$

$$v = g \cdot t = g \cdot \sqrt{\frac{2h}{g}} = \underline{\underline{\sqrt{2gh}}}$$