

John begins his week by meal prepping to fit his low carb diet.

This takes several hours and takes away from his free time at home.



The next day he heads to the gym as always and begins to lift.

As his day goes on and he continues to train his clients he seems distracted and unfocused at the task at hand.



He finally says enough is enough and decides to stop what he was doing and leaves.

On his way out he began to think of ways of how he can make his life easier and be able to maintain his diet and social life.





He starts his intensive search for a solution. All of a sudden he stumbles upon our app. He downloads it and he seemed like a massive weight had been taken off his shoulders.



He feels like he has found a community to support him and help him find fast food, people who share the same goals and problems and also make new friends.



It is the next week and it's time for John to meal prep again and he's dreading it.

Then he remembers he has our app and relief comes over his body. Instead of prepping for every meal of the week he now only does 6 meals at home.

With our app he was able to cut his prep time by several hours while also providing several fast food options and a community to help share new restaurants and recipes to try.

