

$$(11) \int_0^1 \int_0^{\sqrt{1-x}} \int_{\sqrt{x^2+y^2}}^{\sqrt{2-x-y^2}} xy \, dz \, dy \, dx$$

$$z \in [\sqrt{x^2+y^2}, \sqrt{2-x-y^2}] \quad y \in [0, \sqrt{1-x}] \quad x \in [0, 1]$$

$$p \cos \phi \in [p \sin \phi, \sqrt{2-p^2 \sin^2 \phi}] \quad y \in [0, \sqrt{1-p^2 \sin^2 \phi \cos^2 \phi}] \quad x \in [0, 1]$$

$$p \sin \phi \sin \theta \in [0, \sqrt{1-p^2 \sin^2 \phi \cos^2 \theta}] \quad p \sin \phi \cos \theta \in [0, 1]$$

$$p \sin \phi \in [0, \sec \theta]$$

$$p \in [0, \sec \theta \cos \phi]$$

$$[0, \sec \theta \cos \phi] \cos \phi \in [0, \sqrt{2}]$$

$$p \in [0, \sqrt{2}]$$

$$\sin \theta \in [0, 1] \quad \sqrt{2} \sin \phi = [0, 1]$$

$$\theta \in [0, \frac{\pi}{2}]$$

$$\phi \in [0, \frac{\pi}{4}]$$

$$\int_0^{\frac{\pi}{4}} \int_0^{\frac{\pi}{2}} \int_0^{\sqrt{2}} (p \sin \phi \cos \theta) (p^2 \sin \phi \sin \theta) p^2 \sin \phi \, dp \, d\theta \, d\phi$$

$$= \int_0^{\frac{\pi}{4}} \int_0^{\frac{\pi}{2}} \int_0^{\sqrt{2}} p^4 \sin \phi \cos \theta \sin^3 \theta \, dp \, d\theta \, d\phi = \int_0^{\sqrt{2}} p^4 \, dp \cdot \int_0^{\frac{\pi}{2}} \sin \theta \cos \theta \, d\theta \cdot \int_0^{\frac{\pi}{4}} \sin^3 \phi \, d\phi$$

$$= \left[ \frac{p^5}{5} \right]_0^{\sqrt{2}} \cdot \left[ \frac{\sin^2 \theta}{2} \right]_0^{\frac{\pi}{2}} \cdot \left[ \frac{\cos^3 \phi}{3} - \cos \phi \right]_0^{\frac{\pi}{4}} = \frac{4\sqrt{2}}{5} \cdot \frac{1}{2} \left( \frac{\sqrt{2}}{12} - \frac{\sqrt{2}}{2} \cdot \frac{1}{3} + 1 \right)$$

$$= \frac{2\sqrt{2}}{5} \left( \frac{2}{3} - \frac{5\sqrt{2}}{12} \right) = \boxed{\frac{4\sqrt{2}}{15} - \frac{1}{3}}$$