

MINDSPARK Patient's Medical Report



Patient Demographics

Name: Rana Maaz

Age: 22

Gender: N/A

Clinical Summary

Do you have recurring thoughts that are hard to control?, Do you feel like you're constantly thinking about the same thing?, Do you feel like your thoughts are intrusive or unwanted?, Do you feel like your thoughts are causing you distress?, Do you feel like your thoughts are interfering with your daily life?, Do you feel like you're unable to stop thinking about certain things?, Do you feel like your thoughts are irrational or excessive?, Do you feel like your thoughts are hard to ignore?, Do you feel like your thoughts are affecting your relationships?, Do you feel like your thoughts are consuming your mind?

Detected Disorders

- 1. Rumination Disorder
- 2. Anxiety Disorder
- 3. Mental Disorder (Catatonia Specifier)

Recommended Treatments

Mental Disorder (Catatonia Specifier)

No specific treatment found.

Rumination Disorder

No specific treatment found.

Anxiety Disorder

Cognitive Behavioral Therapy (CBT), SSRIs (e.g., Sertraline), Relaxation techniques