



# MINDSPARK

## Patient's Medical Report



### Patient Demographics

**Name: Sana Abdul**  
**Age: 21**

### Clinical Summary

Hey Can you tell me more about how you've been feeling lately?, I understand you're going through something, could you describe your experience?, How has your mood been recently?, What have you been struggling with the most these days?, Could you share what's been on your mind lately?, Have you been experiencing any challenges in your daily life?, How are you feeling physically and emotionally?, Is there anything in particular that has been bothering you recently?, Can you tell me about any changes you've noticed in yourself?, How would you describe your overall well-being right now?

### Detected Disorders

1. Mental Disorder (Catatonia Specifier)
2. Insomnia Disorder
3. Depressive Disorder

### Recommended Treatments

#### **Mental Disorder (Catatonia Specifier)**

No specific treatment found.

#### **Insomnia Disorder**

No specific treatment found.

#### **Depressive Disorder**

SSRIs (e.g., Fluoxetine), Psychotherapy, Exercise, Lifestyle changes



