



# MINDSPARK

## Patient's Medical Report



### Patient Demographics

Name: Ammad Aslam  
Age: 21

### Clinical Summary

i feel sad Do you often feel sad or empty for most of the day?, Do you experience a loss of interest in activities you once enjoyed?, Do you have trouble sleeping or sleep too much?, Do you feel fatigued or have low energy nearly every day?, Do you experience feelings of worthlessness or excessive guilt?, Do you have difficulty concentrating or making decisions?, Have you noticed significant changes in your appetite or weight?, Do you feel hopeless about the future?, Do you have recurring thoughts of death or suicide?, Do you struggle to complete daily tasks due to lack of motivation?

### Detected Disorders

1. Depressive Disorder
2. Mental Disorder (Catatonia Specifier)
3. Personality Disorder Sooring Algorithms

### Recommended Treatments

#### Personality Disorder Sooring Algorithms

No specific treatment found.

#### Mental Disorder (Catatonia Specifier)

No specific treatment found.

#### Depressive Disorder

SSRIs (e.g., Fluoxetine), Psychotherapy, Exercise, Lifestyle changes



