



# MINDSPARK

## Patient's Medical Report



### Patient Demographics

**Name:** Anwar  
**Age:** 22  
**Gender:** Female

### Clinical Summary

I feel it is real very real but when i wake up its nothing I can sense the confusion and disconnection you're feeling between your dreams and waking life.

### Detected Disorders

1. Insomnia Disorder
2. Mental Disorder (Catatonia Specifier)
3. Anxiety Disorder

### Recommended Treatments

#### Mental Disorder (Catatonia Specifier)

No specific treatment found.

#### Insomnia Disorder

No specific treatment found.

#### Anxiety Disorder

Cognitive Behavioral Therapy (CBT), SSRIs (e.g., Sertraline),  
Relaxation techniques



