



# MINDSPARK

## Patient's Medical Report



### Patient Demographics

Name: Ammad Aslam  
Age: 21

### Clinical Summary

i have dangerous behaviour these days Do you have thoughts of harming yourself or others?, Do you feel like you might lose control and hurt someone?, Do you experience urges to engage in violent behavior?, Do you feel like you're a danger to yourself or others?, Do you have difficulty controlling aggressive impulses?, Do you feel like you might act on harmful thoughts?, Do you feel like you're at risk of causing harm unintentionally?, Do you feel like you're being driven to harm yourself or others?, Do you feel like you're losing control over your actions?, Do you feel like you're in danger of acting on violent urges?

### Detected Disorders

1. Depressive Disorder
2. Anxiety Disorder
3. Mental Disorder (Catatonia Specifier)

### Recommended Treatments

#### Mental Disorder (Catatonia Specifier)

No specific treatment found.

#### Depressive Disorder

SSRIs (e.g., Fluoxetine), Psychotherapy, Exercise, Lifestyle changes

#### Anxiety Disorder

Cognitive Behavioral Therapy (CBT), SSRIs (e.g., Sertraline),  
Relaxation techniques



