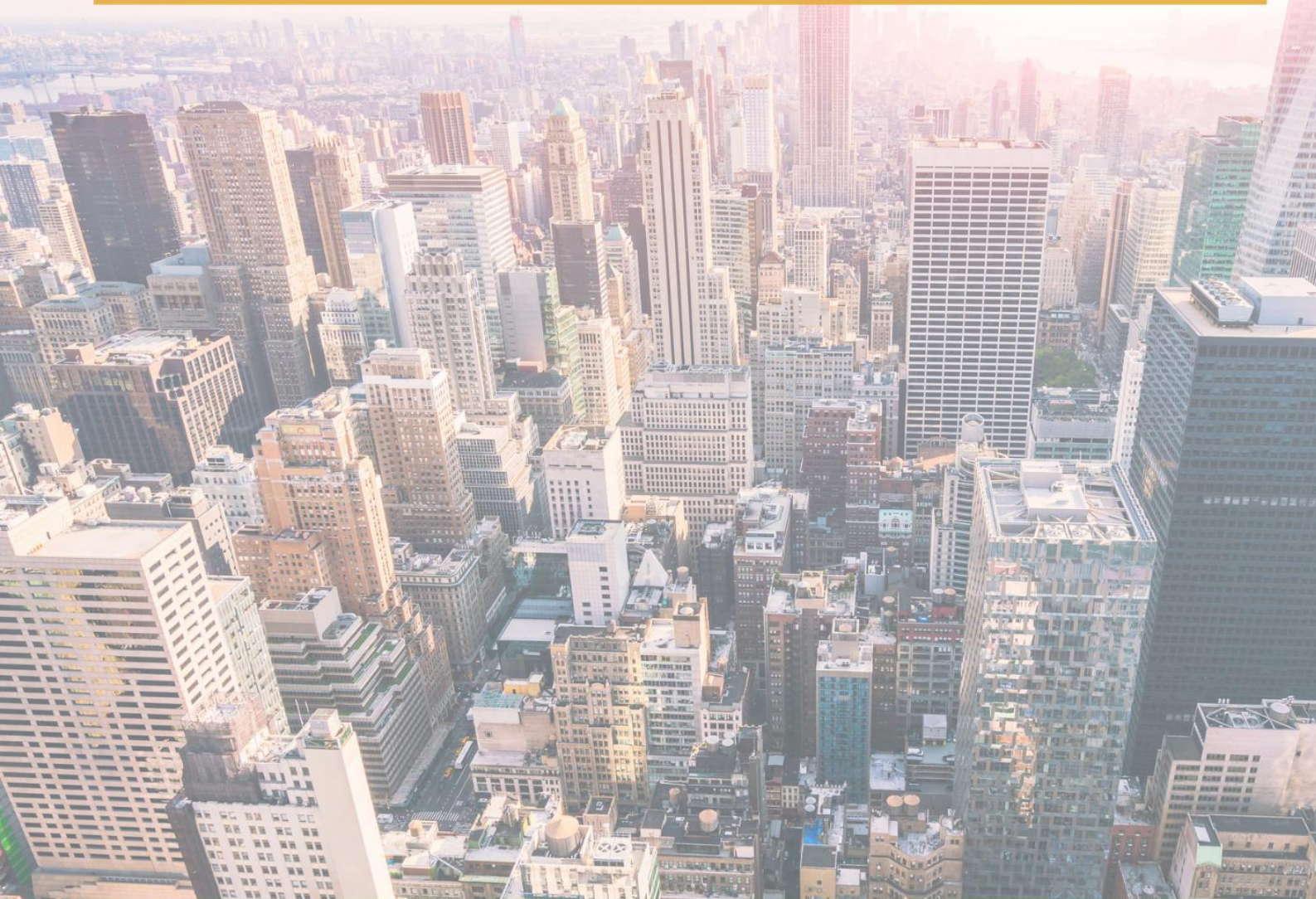


# IELTS PREPARATION

## 1-month STUDY PLAN.



Asiya Miart | FasTrack IELTS

*Hi there,*

*Are you ready to embark on your IELTS journey? Let me help! Follow these steps in your exam preparation to save time and achieve the best results.*

*Good luck with your preparation and exam!*

*Asiya*

## 1-Month IELTS Study Plan

### Learn the best IELTS strategies

*These steps will help you prepare for your exam in a short period of time and perform at your best, no matter what your English level is.*

*In the weeks before your exam, you should pay particular attention to preparing for IELTS Writing and Speaking, the two components of the test where most people achieve their lower scores.*

#### STEP 1. CHECK IF YOU ARE REQUIRED TO TAKE IELTS ACADEMIC OR IELTS GENERAL TRAINING

The Reading and Writing sections are slightly different for Academic and General Training students. Ensure that you are preparing for the right tasks.

The Listening and Speaking sections are the same in both types of tests.

#### STEP 2. TAKE A FULL OFFICIAL PRACTICE TEST

Nothing will tell you more about the exam in three hours than a full practice test.

The official IELTS practice tests are the best because they provide the same level of difficulty as the real exams and are free of errors.

Below you can find the links to all the official tests that are available for free, as well as some extra tests you can purchase.

### Official Practice Tests

- ☐ Free official practice test from [IELTS.org](https://ielts.org)
- ☐ Free official practice test from [British Council](https://www.britishcouncil.org/ielts)

### IELTS Ready by British Council

☐ [Register a free account](#) to access free practice tests on a computer. If you book your test with the British Council, you'll unlock more resources. However, I recommend booking your test only when you're confident and fully prepared to take it.

### Practice IELTS on Computer

- ☐ New IELTS practice tests from [IDP](https://www.idp IELTS.com)
- ☐ Free official computer-based practice test from [IDP](https://www.idp IELTS.com)
- ☐ Take a timed mock test. Get your results for Listening and Reading [British Council](https://www.britishcouncil.org/ielts)
- ☐ IELTS Familiarisation test [IDP](https://www.idp IELTS.com)

### Cambridge Books

- ☐ (THE BEST) The Cambridge IELTS Practice Tests include four official tests in each book:
  - ✓ [Cambridge IELTS Academic Training 19](#)
  - ✓ [Cambridge IELTS General Training 19](#)

## STEP 3. LEARN THE BEST STRATEGIES FOR EACH SECTION

IELTS examiners use a set of precise criteria to assess your Writing and Speaking answers. That's why these two sections require specific preparation, and you should dedicate more time to developing your IELTS Writing and Speaking skills.

### FASTRACK IELTS COURSES | GET BAND 7 IN 7 DAYS

Enrol on our online courses and learn how to provide IELTS Writing and Speaking answers that meet each Band 7+ requirement, prepare for your exam in less time and achieve a higher score.

- ☐ [IELTS Academic Pack](#)
- ☐ [IELTS General Pack](#)

## IELTS Listening

☐ VIDEO: [Complete Guide to IELTS Listening](#)

☐ Learn strategies for each type of task.

Each IELTS Listening test contains three of the following four types of tasks.

Parts 1 and 4 of the test consist of fill-in-the-blanks (or missing words) questions.

✓ VIDEO: [Fill in the blanks](#)

Parts 2 and 3 consist of multiple choice questions and either a map or matching information questions.

✓ VIDEO: [Maps](#)

✓ VIDEO: [Multiple-choice questions](#)

✓ VIDEO: [Matching information](#)

☐ Practise answering difficult types of tasks:

✓ [IELTS.org](#)

✓ [IDP](#)

☐ Take several practice tests

☐ Analyse your test results and try to understand why some of your answers were incorrect. This practice will help you avoid making similar mistakes in the future.

☐ Start working on your listening skills – VIDEO: [How to improve your IELTS Listening skills](#)

## IELTS Reading

☐ VIDEO: [Complete Guide to IELTS Reading](#)

☐ VIDEO: [How to answer questions fast \(Question order\)](#)

☐ VIDEO: [Time management](#)

☐ Learn strategies for the most difficult types of tasks:

✓ VIDEO: [True – False – Not Given](#)

✓ VIDEO: [Matching Headings](#)

✓ VIDEO: [Multiple Choice](#)

✓ VIDEO: [Matching Information/Features](#)

☐ Practise answering difficult types of tasks:

✓ [IELTS.org](#)



- ✓ [IELTS Academic PDF](#)
- ✓ [IDP Academic](#)
- ✓ [IDP General](#)

☐ Take several practice tests

☐ [Analyse your test results](#) and try to understand why some of your answers were incorrect. This practice will help you avoid making similar mistakes in the future.

## IELTS Writing

☐ VIDEO:

- ✓ [Ultimate Guide to IELTS Academic Writing Task 1](#)
- ✓ [Ultimate Guide to IELTS General Writing Task 1](#)
- ✓ [Ultimate Guide to IELTS Writing Task 2](#)

☐ Learn the requirements that IELTS examiners use to assess your answers by studying IELTS Band Descriptors:

- ✓ [IELTS Writing Task 1 & Task 2](#)

☐ Check out these examples of Band 9 answers:

- ✓ Sample answer: [IELTS Academic Writing Task 1](#)
- ✓ Sample answer: [IELTS General Training Writing Task 1](#)
- ✓ Sample answer: [IELTS Writing Task 2](#)

☐ Learn about different types of Task 1 and Task 2 and the best structure for each task

- ✓ [Types of Task 2 essays](#)

☐ Learn how to structure each paragraph of your Task 1 and Task 2 answers and how to develop your ideas

☐ Learn linking words for Task 1 and Task 2:

- ✓ VIDEO: [Essential linking words for IELTS Writing](#)

☐ Learn vocabulary for Task 1:

- ✓ IELTS Academic: learn how to describe charts, maps and diagrams  
[Download free preview](#)
- ✓ IELTS General Training: phrases for informal, semiformal and formal letters  
[Download formal phrases](#)

☐ Use topics from real exams to practise:

- ✓ [Download our PDF](#) guide with IELTS Writing and Speaking topics used in real exams.
- Practise writing essays every day
- [How to use ChatGPT to prepare for IELTS Writing and Speaking](#)
- Write practice answers on official answer sheets to learn how long your answers should be:
  - ✓ IDP [Task 1](#) [Task 2](#)
  - ✓ British Council [Task 1](#) [Task 2](#)

### IELTS Speaking

- Watch [one mock IELTS Speaking test](#) to learn what to expect on the day
- VIDEO: [Complete Guide to IELTS Speaking](#)
- Learn the requirements by studying [IELTS Speaking Band Descriptors](#)
- Practise answering difficult IELTS topics. If you haven't downloaded our guide with recent topics, you can [do it now](#).
- Time your answers
- Speak for 15 minutes every day to improve your fluency and pronunciation

□ You can find everything you need to prepare for your Writing and Speaking sections, learn how to meet all the Band 7+ requirements in **FasTrack IELTS preparation courses**:

Go to [IELTS Academic Pack](#)

Go to [IELTS General Pack](#)

### STEP 4. CHOOSE BETWEEN THE COMPUTER-BASED AND PAPER-BASED FORMATS

Learn the differences between the two test formats and choose the one that is right for you.

- VIDEO: [Computer-based vs. paper-based IELTS](#)
- VIDEO: [Full Demo: How to take IELTS on Computer](#)

## STEP 5. BOOK YOUR TEST

You can find all the test centres available in your country and book your test on the [ielts.org](https://ielts.org) website.

Please note that if you are taking your IELTS exam to come to the UK, you may need to take IELTS for UKVI (UK Visas & Immigration).

## 3-Month IELTS Study Plan

### Improve your English skills

*If you have completed the essential preparation but still have time before your exam, continue with tasks from the three-month plan. At this stage, taking more practice tests will not help you improve your score. Now it's time to work on your fundamental English skills.*

#### IELTS Listening

- ☐ Watch TV and listen to audiobooks, podcasts and news in English
  - ✓ Get your first book on Audible\* for free. [Subscribe](#)
- ☐ Get used to British and American accents

#### IELTS Reading

- ☐ Read IELTS-style articles and learn new words from them
  - ✓ Academic IELTS: [BBC Science](#), [The Guardian Science](#), [The Science Magazine](#)
  - ✓ General IELTS – newspaper articles ([BBC](#), [The Guardian](#)), instructions, and job descriptions

#### IELTS Writing

- ☐ Do research for your essays

Choose the most common IELTS Writing topics. Look for well-written articles on the internet. Read them and pay attention to how ideas are developed. Write down good ideas. Learn topic-specific words and phrases from the articles.

- ☐ Practise writing. The more you write, the better you get.



## IELTS Speaking

- ☐ Learn words and phrases for challenging IELTS Speaking Topics

In the IELTS Speaking Library, you can find sample questions, answers and useful vocabulary for over 40 IELTS Speaking Topics used in real exams.

[Buy this ebook.](#)

- ☐ Learn more about English pronunciation
- ☐ Speak every day
- ✓ Talk to yourself.
- ✓ [Find a speaking partner.](#) On our Telegram channel, you can connect with other IELTS takers and practise together.
- ✓ Take speaking lessons with a native-speaking teacher (Cambly or italki).

*\* Link to Audible is an affiliate link and we will earn a small commission if you subscribe using our link.*