

Trigonometric Integrals

Reading

Section 8.2

Problems

Practice Exercises: 8.2 3, 5, 9, 11, 13, 15, 17, 23, 28, 29, 49, 33, 50, 64, 66, 67, 69

Exercises to turn in (along with 8.3): 8.2 14, 16

Challenge (optional): 8.2 78, 79

Trigonometric Integrals

In this section we will consider the general problem of solving integrals of the form:

$$\int \sin^m(x) \cos^n(x) dx$$

The book also discusses integrals involving tangents and secants, with similar methods for their solution. See the outline on the sidenote of page 422.

We have 2 distinct cases to consider:

Case of one odd power

If one of the powers involved is odd, then we can set up the integral for a u -substitution:

$$\begin{aligned} \int \sin^{2k+1}(x) \cos^n(x) dx &= \int (\sin^2(x))^k \cos^n(x) \sin(x) dx = \\ \int (1 - \cos^2(x))^k \cos^n(x) (\sin(x) dx) &= - \int (1 - u^2)^k u^n du \end{aligned}$$

where $u = \cos(x)$, $du = -\sin(x)dx$.

and

$$\begin{aligned} \int \sin^m(x) \cos^{2k+1}(x) dx &= \int \sin^m(x) (\cos^2(x))^k \cos(x) dx = \\ \int \sin^m(x) (1 - \sin^2(x))^k (\cos(x) dx) &= \int u^m (1 - u^2)^k du \end{aligned}$$

where $u = \sin(x)$, $du = \cos(x)dx$.

For example, suppose we look at $\sin^5(x)$, i.e. $m = 5$ and $n = 0$. Then we have:

$$\int \sin^5(x) dx = \int (1 - \cos^2(x))^2 \sin(x) dx = - \int (1 - u^2)^2 du$$

where $u = \cos(x)$. Expanding that polynomial gives us:

$$- \int 1 - 2u^2 + u^4 du = -u + \frac{2}{3}u^3 - \frac{1}{5}u^5 + C$$

Finally, we plug in $u = \cos(x)$:

$$\int \sin^5(x) dx = -\cos(x) + \frac{2}{3}\cos^3(x) - \frac{1}{5}\cos^5(x) + C$$

Practice: Compute $\int \sin^3(x) \cos^2(x) dx$.

Case of both powers even

There are two ways to approach these integrals. one is to use the double-angle formulas:

$$\begin{aligned}\cos(2x) &= \cos^2(x) - \sin^2(x) = 2\cos^2(x) - 1 = 1 - 2\sin^2(x) \\ \cos^2(x) &= \frac{1 + \cos(2x)}{2} \\ \sin^2(x) &= \frac{1 - \cos(2x)}{2}\end{aligned}$$

This gives rise to an integral of trigonometric functions of smaller degrees, albeit involving an angle of $2x$ rather than x (so be careful when you do $u = \cos(2x)$!!).

For example, let us work out the integral $\int \sin^2(x) \cos^2(x) dx$ using this method:

$$\int \sin^2(x) \cos^2(x) dx = \int \frac{1 - \cos(2x)}{2} \frac{1 + \cos(2x)}{2} dx = \frac{1}{4} \int 1 - \cos^2(2x) dx = \frac{1}{4}x - \frac{1}{4} \int \cos^2(2x) dx$$

We again have a square of a cosine, so we use the double angle formula a second time:

$$\int \cos^2(2x) dx = \int \frac{1 + \cos(4x)}{2} dx = \frac{1}{2}x + \frac{1}{8}\sin(4x) + C$$

Substituting back in the original equation we get:

$$\int \sin^2(x) \cos^2(x) dx = \frac{1}{4}x - \frac{1}{8}x - \frac{1}{32}\sin(4x) + C = \frac{1}{8}x - \frac{1}{32}\sin(4x) + C$$

An alternative way for these integrals is to convert them all into integrals of various powers of $\sin^m(x)$ (or equivalently of $\cos^m(x)$). So for our example we would do:

$$\int \sin^2(x) \cos^2(x) dx = \int \sin^2(x) (1 - \sin^2(x)) dx = \int \sin^2(x) - \sin^4(x) dx$$

We would then use the following reduction formulas:

$$\begin{aligned} \int \sin^n(x) dx &= -\frac{1}{n} \sin^{n-1}(x) \cos(x) + \frac{n-1}{n} \int \sin^{n-2}(x) dx \\ \int \cos^n(x) dx &= \frac{1}{n} \cos^{n-1}(x) \sin(x) + \frac{n-1}{n} \int \cos^{n-2}(x) dx \end{aligned}$$

This brings it all down to the integrals $\sin^2(x)$, $\cos^2(x)$, $\sin(x)$, $\cos(x)$.

The above reduction formulas can be proven using integration by parts, and are left as exercises.

Integral of secant power

In this section we deduce the useful formula:

$$\int \sec^n(x) dx = \frac{1}{n-1} \tan(x) \sec^{n-2}(x) + \frac{n-2}{n-1} \int \sec^{n-2}(x) dx$$

This is a somewhat tricky integration by parts:

$$\begin{aligned} \int \sec^n(x) dx &= \int \sec^{n-2}(x) \sec^2(x) dx = \int \sec^{n-2}(x) \tan'(x) dx = \\ &= \sec^{n-2}(x) \tan(x) - (n-2) \int \sec^{n-3}(x) \sec'(x) \tan(x) dx = \\ &= \sec^{n-2}(x) \tan(x) - (n-2) \int \sec^{n-3}(x) \sec(x) \tan^2(x) dx = \\ &= \sec^{n-2}(x) \tan(x) - (n-2) \int \sec^{n-2}(x) (\sec^2(x) - 1) dx = \\ &= \sec^{n-2}(x) \tan(x) - (n-2) \int \sec^n(x) + (n-2) \int \sec^{n-2}(x) dx \end{aligned}$$

If we move the middle term to the left side, we get:

$$(n-1) \int \sec^n(x) dx = \sec^{n-2}(x) \tan(x) + (n-2) \int \sec^{n-2}(x) dx$$

Dividing by $n-1$ gives us the desired formula.

A similar method gives us a reduction formula for tangent (left as exercise):

$$\int \tan^n(x) dx = \frac{1}{n-1} \tan^{n-1}(x) - \int \tan^{n-2}(x) dx$$