



REPLY TO  
ATTENTION OF

DEPARTMENT OF THE ARMY  
UNITED STATES MILITARY ACADEMY  
West Point, New York 10996

MACC-P

01 March 2018

MEMORANDUM FOR RECORD

SUBJECT: Updated Procedures for Obtaining a Cadet Medical Excusal (CME) from the Indoor Obstacle Course Test (IOCT)

1. References:

- a. Department of Physical Education Testing Manual AY 17-18
- b. Physical Program Whitebook AY 17-18

2. In order to promote physical readiness in the Corps of Cadets, all Cadets assigned to the 23 March 2018 IOCT Testing Population, including Cadets with valid profiles, must report to the IOCT on 23 March at the assigned testing time and location.

- a. IAW the DPE Testing Manual, Cadets on a valid profile must see a DPE athletic trainer (Room C117, South side of the ACPDC on the first floor) NLT 1500 hours the day of a scheduled IOCT IOT allow the DPE Trainers to validate the profile and issue a Cadet Medical Excusal (CME).

- b. Prior to the 23 March IOCT, the aforementioned process completed the medical excusal and a Cadet with a valid CME was not required to report to the actual test.

3. UPDATE: Beginning 23 March, and for each subsequent IOCT, all Cadets assigned to a given testing population must report to the IOCT for accountability, including Cadets with profiles validated by the DPE Trainers. The official medical excusal will not occur until after the Cadet is properly accounted for at the IOCT on the day of the test.

- a. Cadets must still validate their profiles with the DPE Trainers NLT 1500 hours on the day of the scheduled IOCT.

- b. IAW the DPE Testing Manual, the only Cadets excused from the requirement to report to the IOCT are those granted an authorized absence by the DPE Testing office.


- c. Previously, authorized absences were often granted ISO Competitive Club and Corps Squad competitions; however, Club and Corps Squad athletes on profile are expected to be present at the 23 March IOCT.

MACC-P

SUBJECT: Updated Procedures for Obtaining a Cadet Medical Excusal (CME) from the Indoor Obstacle Course Test (IOCT)

d. Cadets seeking an Authorized Absence must communicate through the Cadet Physical Development Officer (PDO) chain of command for DPE approval prior to COB 7 March 2018.

4. The points of contact for this memorandum are MAJ Nicolas Ouimet, x2135 and CPT A. Tyler Inman, x7745.



NICHOLAS H. GIST  
COL, PUSMA  
Director, Department of Physical Education