

PRICE LIST

Swim & Gym Daily

Adult Swim/ Gym	€7.50
Child Swim	€4.00
OAP/Unemployed/Student	€5.00
Family (2Adults & 3Kids)	€19.00

Weekly Members

Adult Swim/Gym	€15.00
OAP/Unemployed/Student	€12.00
Family (2Adults & 3Kids)	€30.00
Child Swim <16	€10.00

Monthly Members

Adult Swim/Gym	€48.00
OAP/Unemployed	€40.00
Student	€35.00
Family	€80.00

Annual Members

Adult	€375
Family	€750
Husband & Wife	€600

Swim Lessons

Adult	€40/€20
Child	€60

Less than 8yrs and non-swimmers must be accompanied by a person 16yrs or over

Follow us on....



051 640955
 seankellysc@gmail.com
 seankellysportscentre.com

EXERCISE CLASSES

Monday:

Aqua Aerobics 10.15pm & 7pm

Tuesday:

Aqua Aerobic 9:45am & 7pm

Wednesday:

Aqua Aerobics 9:45am & 7pm

Thursday:

Aqua Aerobics 7:00pm

Friday:

Aqua Aerobics 9:45am

Swim times are open to change at short notice. Please check our Facebook page for daily updates.

Gym Hours

Monday	6.30am- 9.15pm
Tuesday	7.15am - 9.45pm
Wednesday	6.30am – 9.15pm
Thursday	7.15am – 9.45pm
Friday	7.15am – 8.45pm
Saturday	6.30am – 5.00pm
Sunday	10.30am – 5.00pm




February/March



MAKING FITNESS FUN!

**Gym, Swim, Cardio
Kids Clubs + Much More**

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<u>Monday 27th</u> <u>February</u> 8.00 – 9.30 (AO) Aqua Aerobics 10.15am 11.00 – 12.45 12.45 – 1.45(AO) 2.00 – 4.45 6.00 – 6.45 Aqua Aerobics 7.00pm 7.50 – 9.15 (AO)	<u>Tuesday 28rd February</u> 7.15 – 9.00 9.00 – 9.45 Aqua Aerobics 9.45 am 10.30 – 12.00 12.45 – 1.45 (AO) 2.30 – 3.45 6.00 – 6.45 Aqua Aerobics 7.00 pm 8 – 9 (Half pool) 9.00 – 9.45 (AO)	<u>Wednesday 1st March</u> 8.00 – 9.00 (AO) 9.00 – 9.45 Aqua Aerobics 9.45am 10.30 – 12.45 12.45 – 1.45 (AO) 2.00 – 2.45 3.00-3.45 5.00 – 6.45 Aqua Aerobics 7.00 pm 7.50 – 9.15 (AO)	<u>Thursday 2nd March</u> 7.15 – 9.00 (AO) 9.00 – 9.45 11.15 – 12.45 12.45 – 1.45 (AO) 2.00 – 2.45 3.00-3.45 5.00 – 6.45 Aqua Aerobics 7.00 pm 9.00 – 9.45 (AO)	<u>Friday 3rd March</u> 7.15 – 9.00 (AO) 9.00 – 9.45 Aqua Aerobics 9.45am 10.30 – 11.15 12.45 – 1.45 (AO) 2.30 – 4.45 7.00 – 8.45
<u>Saturday 4th March</u> 1.00– 1.45 3.00 – 3.45 Inflatable 4.00 – 5.00 Gym open 6.30am	<u>Sunday 5th March</u> 12.00 – 1.45 3.00 – 3.45 Inflatable 4.00 – 5.00 Gym open 10.30 am	<u>Monday 6th March</u> 8.00 – 9.30 (AO) Aqua Aerobics 10.15am 11.00 – 12.45 12.45 – 1.45(AO) 2.00 – 3.45 6.00 – 6.45 Aqua Aerobics 7.00pm 7.50 – 9.45 (AO)	<u>Tuesday 7th March</u> 7.15 – 9.00 9.00 – 9.45 Aqua Aerobics 9.45 am 10.30 – 12.00 12.45 – 1.45 (AO) 2.30 – 3.45 6.00 – 6.45 Aqua Aerobics 7.00 pm 8 – 9 (Half pool) 9.00 – 9.45 (AO)	<u>Wednesday 8th March</u> 8.00 – 9.00 (AO) 9.00 – 9.45 Aqua Aerobics 9.45am 10.30 – 12.45 12.45 – 1.45 (AO) 2.00 – 2.45 3.00 - 3.45 5.00 – 6.45 Aqua Aerobics 7.00 pm 7.50 – 9.15 (AO)
<u>Thursday 9th March</u> 7.15 – 9.00 (AO) 9.00 – 9.45 11.15 - 12.45 12.45 – 1.45 (AO) 2.00 – 3.45 5.00 – 6.45 Aqua Aerobics 7.00 pm 9.00 – 9.45 (AO)	<u>Friday 10th March</u> 7.15 – 9.00 (AO) 9.00 – 9.45 Aqua Aerobics 9.45am 10.30 – 11.15 12.45 – 1.45 (AO) 2.00 – 3.45 7.00 – 8.45	<u>Saturday 11th March</u> 1.00– 1.45 3.00 – 3.45 Inflatable 4.00 – 5.00 Gym open 6.30am	<u>Sunday 12th March</u> 12.00 – 12.45 1-2.45 3.00 – 3.45 Inflatable 4.00 – 5.00 Gym open 10.30 am	<u>Monday 13th March</u> 8.00 – 9.30 (AO) Aqua Aerobics 10.15am 11.00 – 12.45 12.45 – 1.45(AO) 2.00 – 2.45 3.00-3.45 6.00 – 6.45 Aqua Aerobics 7.00pm 7.50 – 9.45 (AO)
<u>Tuesday 14th March</u> 7.15 – 9.00 9.00 – 9.45 Aqua Aerobics 9.45 am 10.30 – 12.45 12.45 – 1.45 (AO) 6.00 – 6.45 Aqua Aerobics 7.00 pm 8 – 9 (Half pool) 9.00 – 9.45 (AO)	<u>Wednesday 15th March</u> 8.00 – 9.00 (AO) 9.00 – 9.45 Aqua Aerobics 9.45am 10.30 – 12.45 12.45 – 1.45 (AO) 2.00 – 2.45 3.00-3.45 5.00 – 6.45 Aqua Aerobics 7.00 pm 7.50 – 9.15 (AO)	<u>Thursday 16th March</u> 7.15 – 9.00 (AO) 9.00 – 10.45 11.45 – 12.45 12.45 – 1.45 (AO) 2.00 – 3.45 5.00 – 6.45 Aqua Aerobics 7.00 pm 9.00 – 9.45 (AO)	<u>Friday 17th March</u> CLOSED HAPPY St. Patrick's Day 	<u>Saturday 18th March</u> 1.00– 2.45 3.00 – 3.45 Inflatable 4.00 – 5.00 Gym open 6.30am