PRICE LIST

Swim & Gym Daily

Adult Swim/Gym €7.50 €4.00 Child Swim OAP/Unemployed/Student €5.00 Family (2Adults & 3Kids) €19.00

Weekly Members

Adult Swim/Gym €15.00 OAP/Unemployed/Student €12.00 Family (2Adults & 3Kids) €30.00 Child Swim < 16 €10.00

Monthly Members

Adult Swim/Gym €48.00 OAP/Unemployed €40.00 Student €35.00 Family €80.00

Annual Members

Adult €375 €750 Family **Husband & Wife** €600

Swim Lessons

€40/€20 Adult Child €60

Less than 8yrs and non-swimmers must be accompanied by a person 16yrs or over

Follow us on....











seankellysc@gmail.com seankellysportscentre.com

EXERCISE CLASSES

Monday:

Aqua Aerobics 10.15pm & 7pm

Tuesday:

Agua Aerobic 9:45am & 7pm

Wednesday:

Aqua Aerobics 9:45am & 7pm

Thursday:

Aqua Aerobics 7:00pm

Friday:

Aqua Aerobics 9:45am

Swim times are open to change at short notice. Please check our Facebook page for daily updates.

Gym Hours

Monday 6.30am- 9.15pm **Tuesday** 7.15am - 9.45pm Wednesday 6.30am - 9.15pm Thursday 7.15am - 9.45pm Friday 7.15am - 8.45pm 6.30am - 5.00pm Saturday 10.30am - 5.00pm Sunday





Gym, Swim, Cardio Kids Clubs + Much More

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Monday 27 th	Tuesday 28 rd February	Wednesday 1 st March	Thursday 2 nd March	<u>Friday 3rd March</u>
February	7.15 – 9.00	8.00 – 9.00 (AO)	7.15 – 9.00 (AO)	7.15 – 9.00 (AO)
8.00 – 9.30 (AO)	9.00 – 9.45	9.00 – 9.45	9.00 –9.45	9.00 - 9.45
Aqua Aerobics 10.15am	Aqua Aerobics 9.45 am	Aqua Aerobics 9.45am	11.15 – 12.45	Aqua Aerobics 9.45am
11.00 – 12.45	10.30 – 12.00	10.30 – 12.45	12.45 – 1.45 (AO)	10.30 – 11.15
12.45 – 1.45(AO)	12.45 – 1.45 (AO)	12.45 – 1.45 (AO)	2.00 – 2.45	12.45 – 1.45 (AO)
2.00 – 4.45	2.30 – 3.45	2.00 – 2.45	3.00-3.45	2.30 – 4.45
6.00 - 6.45	6.00 – 6.45	3.00-3.45	5.00 – 6.45	7.00 – 8.45
Aqua Aerobics 7.00pm	Aqua Aerobics 7.00 pm	5.00 – 6.45	Aqua Aerobics 7.00 pm	
7.50 – 9.15 (AO)	8 – 9 (Half pool)	Aqua Aerobics 7.00 pm 7.50 – 9.15 (AO)	9.00 – 9.45 (AO)	
	9.00 – 9.45 (AO)	7.30 – 9.13 (AO)		
Saturday 4 th March	Sunday 5 th March	Monday 6 th March	Tuesday 7 th March	Wednesday 8 th March
1.00- 1.45	12.00 – 1.45	8.00 – 9.30 (AO)	7.15 – 9.00	8.00 – 9.00 (AO)
3.00 – 3.45 Inflatable	3.00 – 3.45 Inflatable	Agua Aerobics 10.15am	9.00 – 9.45	9.00 – 9.45
4.00 – 5.00	4.00 – 5.00	11.00 – 12.45	Aqua Aerobics 9.45 am	Aqua Aerobics 9.45am
4.00 – 5.00	4.00 – 5.00		10.30 – 12.00	10.30 – 12.45
		12.45 – 1.45(AO)		
Gym open 6.30am	Gym open 10.30 am	2.00 – 3.45	12.45 – 1.45 (AO)	12.45 – 1.45 (AO)
		6.00 – 6.45	2.30 – 3.45	2.00 – 2.45
		Aqua Aerobics 7.00pm	6.00 – 6.45	3.00 - 3.45
		7.50 – 9.45 (AO)	Aqua Aerobics 7.00 pm	5.00 – 6.45
			8 – 9 (Half pool)	Aqua Aerobics 7.00 pm
			9.00 – 9.45 (AO)	7.50 – 9.15 (AO)
Thursday 9 th March	Friday 10 th March	Saturday 11 th March	Sunday 12 th March	Monday 13 th March
7.15 – 9.00 (AO)	7.15 – 9.00 (AO)	1.00– 1.45	12.00 – 12.45	8.00 – 9.30 (AO)
9.00 –9.45	9.00 – 9.45	3.00 – 3.45 Inflatable	1-2.45	Aqua Aerobics 10.15am
11.15 - 12.45			3.00 – 3.45 Inflatable	·
	Aqua Aerobics 9.45am	4.00 – 5.00		11.00 – 12.45
12.45 – 1.45 (AO)	10.30 – 11.15	6 6 20	4.00 – 5.00	12.45 – 1.45(AO)
2.00 – 3.45	12.45 – 1.45 (AO)	Gym open 6.30am		2.00 – 2.45
5.00 – 6.45	2.00 – 3.45		Gym open 10.30 am	3.00-3.45
Aqua Aerobics 7.00 pm	7.00 – 8.45			6.00 – 6.45
9.00 – 9.45 (AO)				Aqua Aerobics 7.00pm
				7.50 – 9.45 (AO)
Tuesday 14 th March	Wednesday 15 th March	Thursday 16 th March	Friday 17 th March	Saturday 18 th March
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7.15 – 9.00	8.00 – 9.00 (AO)	7.15 – 9.00 (AO)	CLOSED	1.00- 2.45
9.00 – 9.45	9.00 – 9.45	9.00 –10.45	CLOSED	3.00 – 3.45 Inflatable
Aqua Aerobics 9.45 am	Aqua Aerobics 9.45am	11.45 – 12.45	LIADDY	4.00 – 5.00
10.30 – 12.45	10.30 – 12.45	12.45 – 1.45 (AO)	HAPPY	_
12.45 – 1.45 (AO)	12.45 – 1.45 (AO)	2.00 – 3.45	St. Patrick's Day	Gym open 6.30am
6.00 – 6.45	2.00 – 2.45	5.00 – 6.45		
Aqua Aerobics 7.00 pm	3.00-3.45	Aqua Aerobics 7.00 pm		
8 – 9 (Half pool)	5.00 – 6.45	9.00 – 9.45 (AO)	- (-	
9.00 – 9.45 (AO)	Aqua Aerobics 7.00 pm			
	7.50 – 9.15 (AO)			
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