

On this page, you can configure settings related to the [Health monitoring](#) functionality. Health monitoring allows system administrators to observe and record the application's load and performance using an external application, e.g. the built-in [Performance monitor](#) in Microsoft Windows.

General	
Enable health monitoring	Indicates if Health monitoring is enabled. i.e. if monitored values are written to both General and Site performance counters related to this instance of Kentico. If disabled, no values are written to any of these performance counters.
Application monitoring interval	Time interval (in seconds). In this periodic interval, the application reads monitored values and writes them to performance counters.
Use external service	Indicates if external Windows service (Kentico Health Monitor) should be used to read and write monitored values to the <i>Scheduled tasks in queue</i> , <i>E-mails in queue</i> and <i>Error e-mails in queue</i> performance counters. As these counters require database access to get their values, using the external service may optimize your application's performance.
Service monitoring interval	Time interval (in seconds). In this periodic interval, the external Windows service reads monitored values and writes them to the performance counters. If you are using the Health Monitoring Windows service and change this value, it is necessary to restart the Windows service in order for the new value to be used.
Enable site counters	Indicates if values are written to site specific performance counters. If disabled, values are written to general counters only.