



CHILD FIRST SUPERVISION FIDELITY ADAPTED FROM CHILD-PARENT PSYCHOTHERAPY



Clinical Team Names: _____ Child First Site: _____

Month/Year _____

When Completed - For all Child First sites, to ensure fidelity to trauma-informed CPP and Child First (2 Fidelity cases need to be maintained at all times:

- Completed by Clinician/Care Coordinator every 3 months

PROCEDURAL FIDELITY		Response (check one)	
		No	Yes (usually, <80% of time)
Clinical Director/Supervisor as a rule provides weekly supervision or coverage for absences		<input type="checkbox"/>	<input type="checkbox"/>
Clinical Director/Supervisor advises supervisee of vacations and other absences		<input type="checkbox"/>	<input type="checkbox"/>
Supervisee as a rule attends weekly individual supervision		<input type="checkbox"/>	<input type="checkbox"/>
* Supervisee as a rule attends weekly Team supervision		<input type="checkbox"/>	<input type="checkbox"/>
* Supervisee as a rule attends weekly group supervision/consultation		<input type="checkbox"/>	<input type="checkbox"/>
Supervisee advises Clinical Director/Supervisor of vacations and other absences		<input type="checkbox"/>	<input type="checkbox"/>
Supervisee comes prepared to supervision with case notes or other case material		<input type="checkbox"/>	<input type="checkbox"/>

Clinical Director/Supervisor capacity to . . .	Clinical Director/Supervisor Capacity/Focus Given Needs (select one)			
	Could Do Less	Could Do More	Appropriate	Strength
Create a safe space	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Offer supportive feedback	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Remember the cases and supervisee's needs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Create an atmosphere that promotes reflection	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Help the therapist				
Consider his/her emotional reactions related to the case	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Process his/her own emotional reactions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Consider different perspectives (e.g. Clinician's, Care Coordinator's, caregiver's, child's, system's)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Consider possible cultural and contextual influences	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Consider family member's (e.g. child, caregiver's) emotional reactions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Develop interventions to address family members' dysregulated emotions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Consider the degree to which interventions held the perspective of different family members	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Develop relationship enhancing interventions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Understand the connection between child and/or caregiver's trauma history and their behavior in session	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Clinical Director/Supervisor capacity to . . . (continued)	Clinical Director/Supervisor Capacity/Focus Given Needs (select one)			
	Could Do Less	Could Do More	Appropriate	Strength
For Clinicians Only				
Consider ways to address the trauma	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Recognize CPP goals addressed during the session (e.g. safety, affect regulation, put trauma in perspective)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Consider ways to address additional CPP goals	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
* For Care Coordinators Only				
* Develop care coordination interventions that enhance growth, reduce stress and enhance the family members' relationships	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
* Develop intervention to enhance caregiver's executive functioning capacity (e.g., development of family routines, family rules, household organization, scheduling and going to appointments, budgeting, planning transportation, planning for the future, monitoring and reflecting on success)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

The Clinical Director/Supervisor helped the supervisee gain knowledge in the areas of . . .	Clinical Director/Supervisor Capacity/Focus Given Needs (select one)			
	Could Do Less	Could Do More	Appropriate	Strength
Early childhood development (social, emotional, and cognitive)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Understanding the impact of trauma for caregivers and children	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The potential meaning of children's play and/or behavior	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sociological and cultural influences on development	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Understanding and working with caregivers, understanding adult development	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Understanding parenthood as a developmental phase	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Understanding contextual influences on parenting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
* For Care Coordinators Only				

* Collaboration with systems of care	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
* Executive Functioning	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The Clinical Director/Supervisor helped the supervisee gain skills and competencies in the areas of				
Eliciting the family's cultural values and perspectives	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Developing self-reflection around personal cultural values and beliefs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Understanding the impact of the supervisee's personal history and its impact on intervention with the caregiver	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Collaborating with other service systems and/or engaging in case management	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Working with ports of entry	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

The Clinical Director/Supervisor helped the supervisee gain skills and competencies in the areas of . . . (cont.)	Clinical Director/Supervisor Capacity/Focus Given Needs (select one)			
	Could Do Less	Could Do More	Appropriate	Strength
For Clinicians Only				
CPP case conceptualization	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Observing and understanding child and caregiver behavior	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Translation, serving as a conduit between caregiver and child	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Fostering dyadic affect regulation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Fostering the development of a trauma narrative	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Learning specific CPP intervention techniques	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
* For Care Coordinators Only				
* Reflecting on the meaning behind parental lack of follow-through in accessing requested services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
* Partnering with (not directing) family in accessing services and supports	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
* Playing interactively with child and siblings	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
* Working to improve executive functioning skills to enhance caregiver functioning	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

GLOBAL CLINICAL DIRECTOR/SUPERVISOR RATINGS (Completed every four months)	Select one				
	Not at all	A little	Somewhat	Very	Extremely
How knowledgeable is your Clinical Director/Supervisor in CPP?	<input type="checkbox"/>				
How skilled is your Clinical Director/Supervisor in implementing CPP interventions?	<input type="checkbox"/>				
How skilled is your Clinical Director/Supervisor in teaching CPP?	<input type="checkbox"/>				

Please highlight strengths and provide suggestions for improvement for your Clinical Director/Supervisor (on another page):

CPP SUPERVISION LOG					
Completed by: Supervisee					
Date	# supervisees in supervision (Individual=1)	Minutes	% time clinical versus administrative	Counter	Optional Notes
Type here	Type here	Type here	Type here	Type here	Type here
Type here	Type here	Type here	Type here	Type here	Type here
Type here	Type here	Type here	Type here	Type here	Type here
Type here	Type here	Type here	Type here	Type here	Type here
Type here	Type here	Type here	Type here	Type here	Type here
Type here	Type here	Type here	Type here	Type here	Type here
Type here	Type here	Type here	Type here	Type here	Type here
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