



# XR/모바일 환경에서 실시간 모션 트래킹 개발하기

Unity Technologies / 김한얼 (Sky Kim)



# 김한얼 (Sky Kim)

Senior Software Engineer, Unity  
Engine Support Team in APAC  
AI and Simulation Technical Support

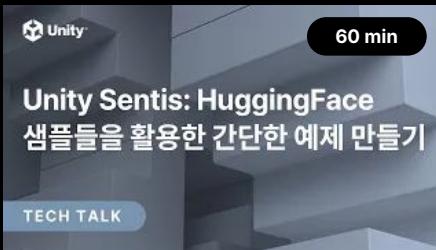
- Fun fact: Avid Hackathon participant
- Contact: sky.kim@unity3d.com





# 지난 세션 소개

- U/Day Seoul Game (2024)
  - Unity Sentis 상세 기술 설명과 게임 콘텐츠 적용 튜토리얼
- Monthly Talk (2024)
  - Unity Sentis: Hugging Face 샘플들을 활용한 간단한 예제 만들기
- U/Day Seoul Industry (2024)
  - Unity Sentis: XR/모바일 기기의 온디바이스 AI 추론 및 최적화 방법
- Unity 6와 시작하는 인공지능: 학습부터 시작하는 Sentis 사용기 (2024)
- Unite Seoul 2025 (Today)
  - XR/모바일 환경에서 실시간 모션 트래킹 개발하기





# Agenda

- Motion Tracking 기술의 발전
- Mobile 환경에서의 Motion Tracking
- XR 환경에서의 Motion Tracking
- 나만의 데이터로 Gesture 인식 모델 만들기



# Motion Tracking 기술의 발전



# Motion Tracking 의 역사

2010년 이전: 마커 기반 광학식 모션 캡처, IMU 센서 모션캡처  
→ Nintendo Wii, Xsens IMU



Nintendo Wii (2006)

2010~2015년: RGB-D 센서 기반 Markerless 추적  
→ Microsoft Kinect, Leap Motion



2015~2020: 딥러닝 기반 실시간 포즈 추정  
→ ARKit(Apple), ARCore(Google), OpenPose(CMU)



OpenPose (2017)

2020~2025: AR/VR 시대, AI 센서 융합  
→ Meta Quest, Apple Vision Pro, Mocopi(Sony), Move.ai 등

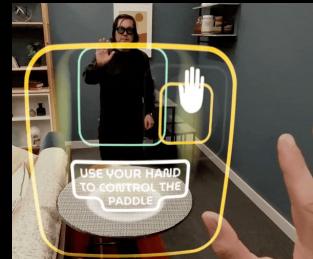


mocopi (2023)

2025 이후: AI 글래스, XR 기반 Spatial Computing 대중화, Robotics 응용  
→ Meta Orion



Kinect (2011)



Meta Orion (?)



# Motion Tracking 의 응용분야

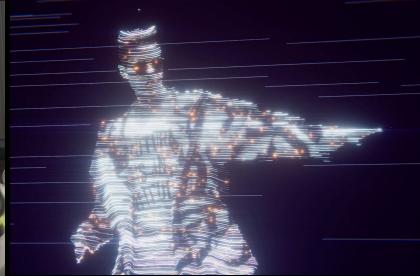
엔터테인먼트(영화, 게임)

→ 영화 아바타, The Batman, 미디어 아트 분야에서 AI 모션캡처 활용

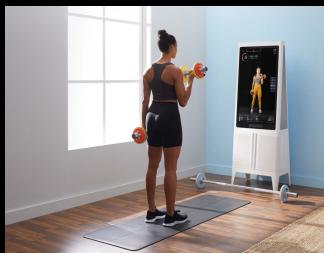
→ 게임 캐릭터 동작 생성



영화 아바타: 물의 길



Media Art (Keijiro)



Tempo



Neofect: Smart Glove

스포츠 및 의료 재활

→ 휴트레이닝용 스마트 피트니스 서비스(Tempo 등)

→ Kinect 활용 재활 운동 게임

→ AI 기반 걸음걸이 분석, 자세 교정 및 모니터링

메타버스 및 디지털 휴먼

→ VR 소셜 아바타 구현(VRChat), 버추얼 유튜버(Vtuber)

→ 아바타로 표정, 몸짓 실시간 반영



VR Chat



VTuber



# Mobile 환경에서의 Motion Tracking

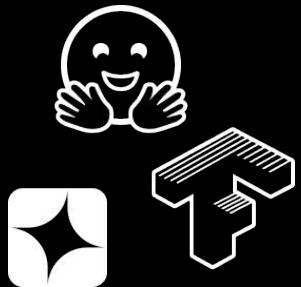


# 개발환경

- Unity 6000.0.40f1 (URP)
- Sentis 2.1.2
- 테스트 환경
  - Samsung Galaxy S24+
  - Meta Quest 3

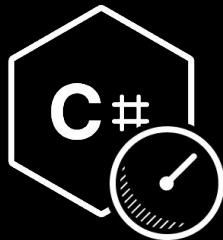
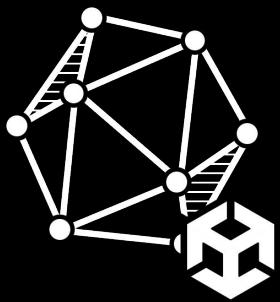


## AI 모델을 **Sentis**에서 실행하는 과정

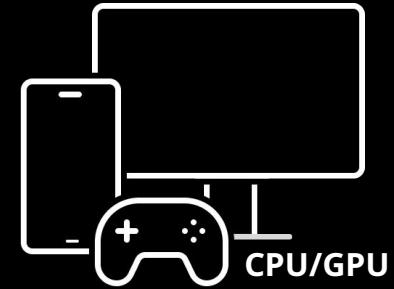


AI 모델 선택 후  
ONNX 파일로 변환

→ Unity로 임포트 및  
모델 최적화



추론 코드작성



→ 런타임 플랫폼에 배포  
(Desktop, Console,  
Mobile, WebGL,  
WebGPU)



# MediaPipe

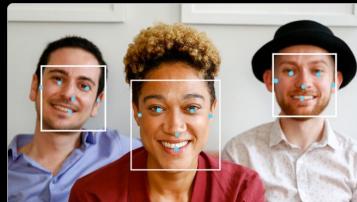
Google MediaPipe는 Vision, NLP, Audio 분야 등 다양한 Task에 대한 Pre-trained model을 제공 (Apache License 2.0)

→ **Vision examples:** Object Detection, Image Classification, Hand Landmark, Hand Gesture Recognition, Image Segmentation, Interactive Segmentation, Face Detection, Face Landmark Detection, Pose Landmark Detection, Image Embedding

→ **Text examples:** Text Classification, Text Embedding, Language Detection

→ **Audio examples:** Audio Classification

— <https://ai.google.dev/edge/mediapipe/solutions/examples>



Face Detection

Identify faces in images and video.

See demo

Code examples



Face Landmark Detection

Identify facial features for visual effects and avatars.

See demo

Code examples



Pose Landmark Detection

Find people and body positions.

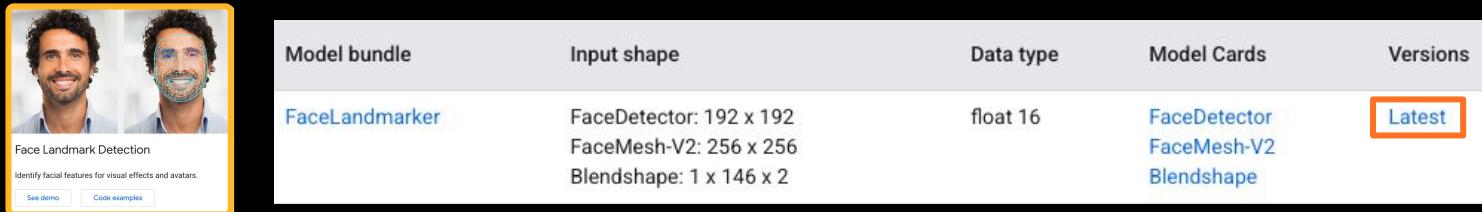
See demo

Code examples



## MediaPipe 모델을 Sentis로 가져오기

- MediaPipe 모델 중에서 적합한 Task 선택하여 .task 파일 다운로드하기 (Latest 클릭)
  - [https://ai.google.dev/edge/mediapipe/solutions/vision/face\\_landmarker](https://ai.google.dev/edge/mediapipe/solutions/vision/face_landmarker)



Model bundle	Input shape	Data type	Model Cards	Versions
FaceLandmarker	FaceDetector: 192 x 192 FaceMesh-V2: 256 x 256 Blendshape: 1 x 146 x 2	float 16	FaceDetector FaceMesh-V2 Blendshape	Latest

- Task 파일 압축풀고, tflite 파일 얻기
  - `unzip face_landmarker.task`
  - `face_detector.tflite, face_landmarks_detector.tflite, face_blendshapes.tflite` 생성

- Onnx 포맷으로 변경하기
  - `pip install tflite`
  - `python -m tf2onnx.convert --opset 15 --tflite model.tflite --output model.onnx`

- 반드시 Model Card를 통해서 모델에 대해서 파악하기



# Face Tracking

BlazeFace (Short Range) + FashMesh-V2 + Blendshape-V2



# Face Tracking Overview

→ Face landmark detection guide

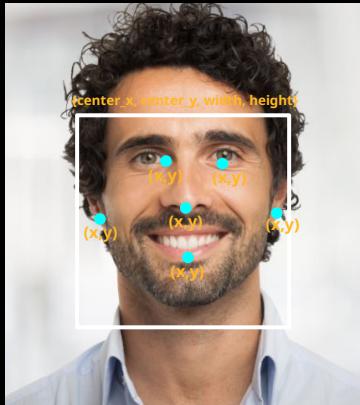
- [https://ai.google.dev/edge/mediapipe/solutions/vision/face\\_landmarker](https://ai.google.dev/edge/mediapipe/solutions/vision/face_landmarker)



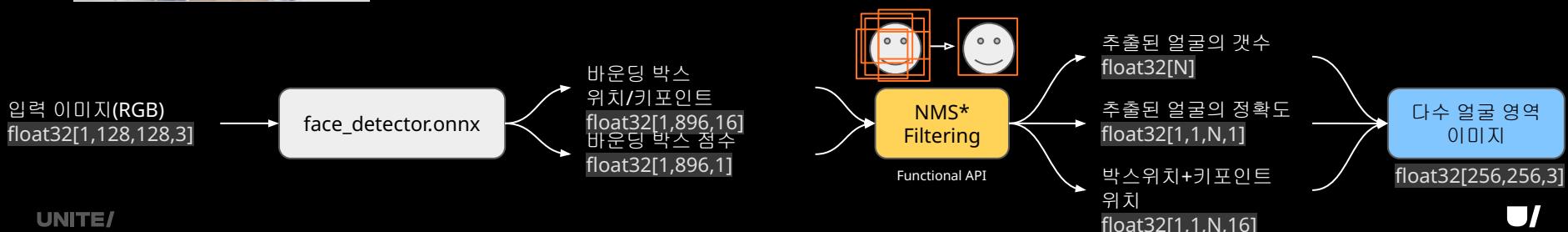


# MediaPipe BlazeFace (Short Range)

→ [https://storage.googleapis.com/mediapipe-assets/MediaPipe BlazeFace Model Card \(Short Range\).pdf](https://storage.googleapis.com/mediapipe-assets/MediaPipe BlazeFace Model Card (Short Range).pdf)



	설명
Details	스마트폰 전면 카메라 이미지에 최적화된 이미지에서 복수의 얼굴 경계박스와 키포인트를 추출
Architecture	SSD (Single Shot Multibox Detector) like with a custom encoder (CNN)
Model File	face_detector.onnx (418KB)

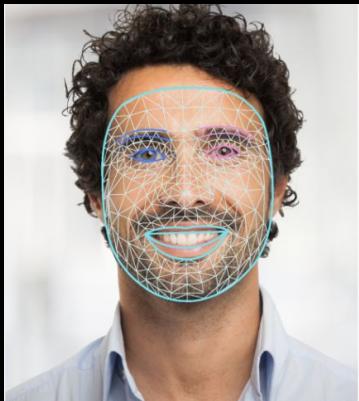


\*NMS (Non-Maximum Suppression): 겹치는 여러개의 예측된 바운딩 박스 중에서 신뢰도가 가장 높은 하나의 결과만 남기고 나머지를 제거하여 중복 검출을 방지하는 기법

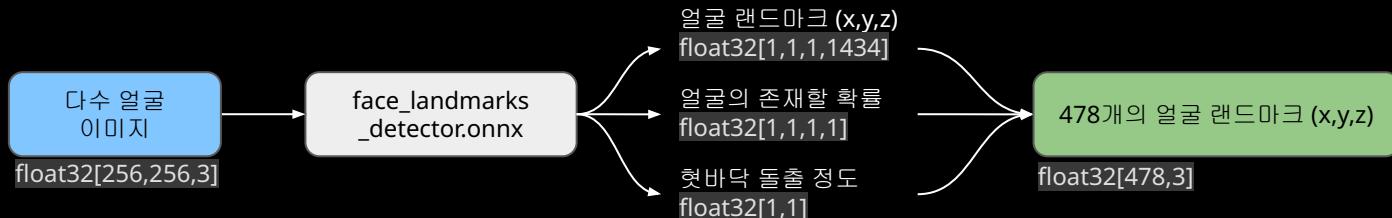


# MediaPipe FaceMesh

→ <https://storage.googleapis.com/mediapipe-assets/Model Card MediaPipe Face Mesh V2.pdf>



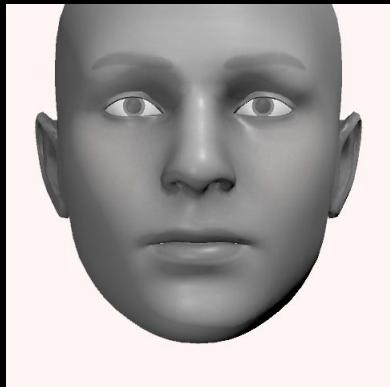
	설명
Details	스마트폰 전면 카메라의 단일 영상에서 478개의 3D 얼굴 랜드마크를 실시간으로 예측
Architecture	MobileNetV2-like with customized blocks for real-time (CNN)
Model File	face_landmarks_detector.onnx (4.9MB)



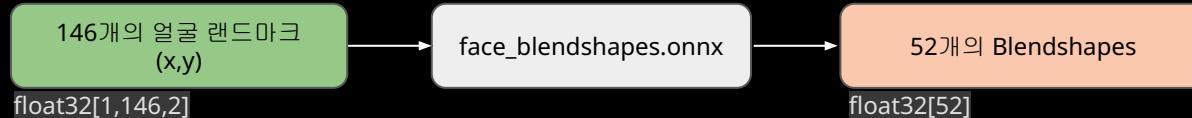


# MediaPipe Blendshape V2

→ <https://storage.googleapis.com/mediapipe-assets/Model Card Blendshape V2.pdf>



	설명
Details	FaceMesh의 146개 얼굴 랜드마크를 입력받아 ARKit 52개 blendshape를 실시간으로 예측
Architecture	MLP-Mixer (CNN)
Model File	face_blendshapes.onnx (1.9MB)

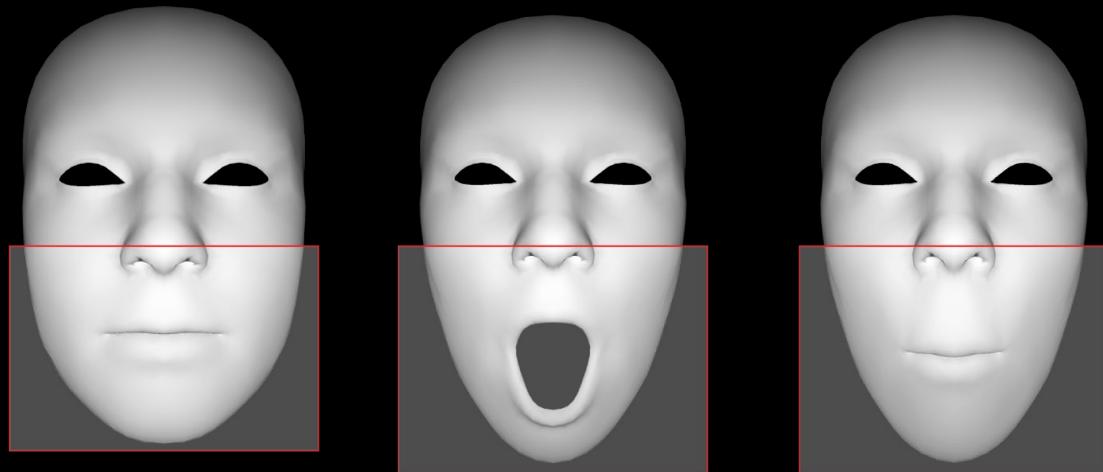




# ARKit 52 Blendshapes

→ Apple ARKit 52 blendshapes

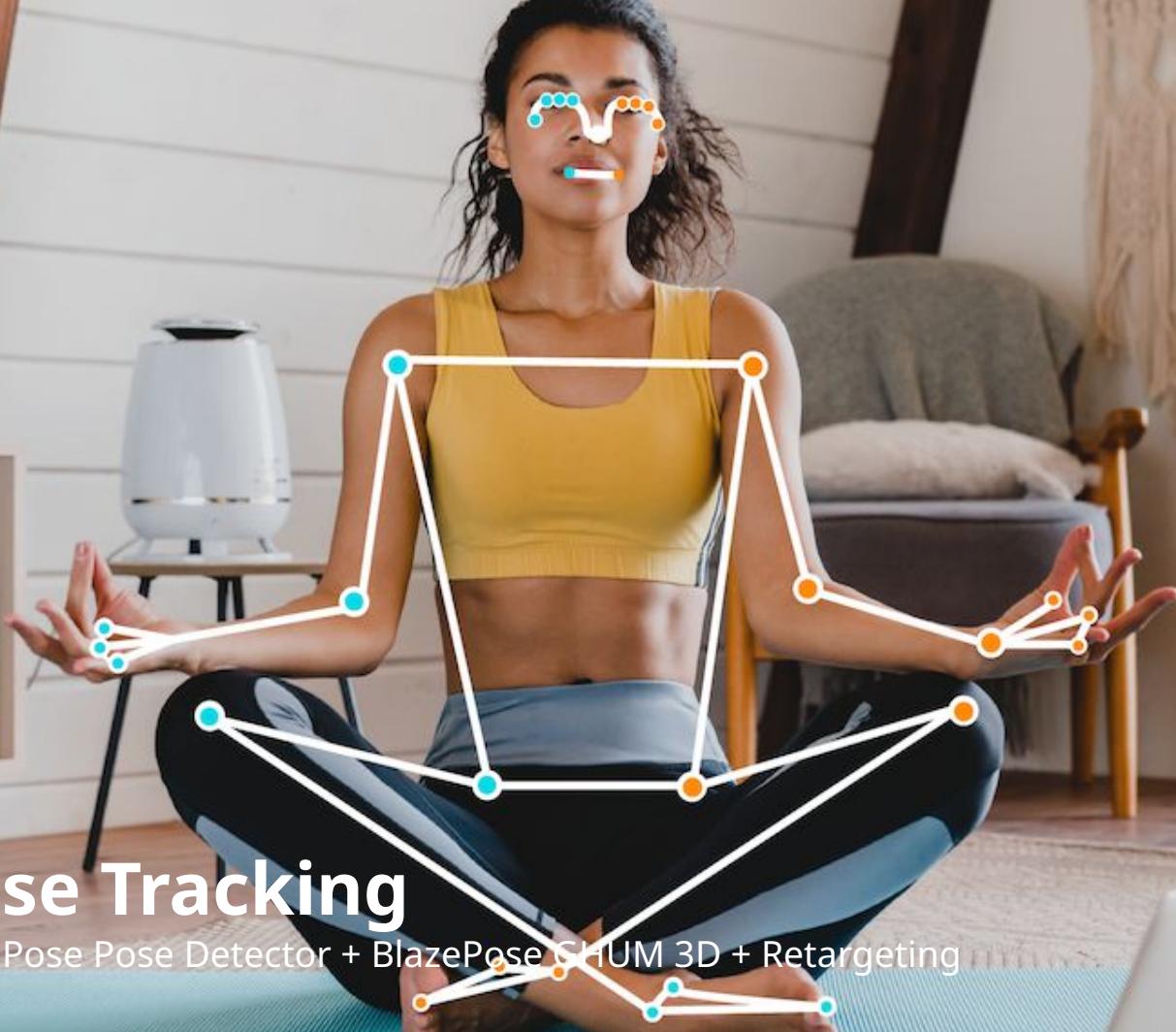
- Brow, Cheek, Eyes, Jaw, Mouth, Nose, ...
- <https://developer.apple.com/documentation/arkit>



jawOpen = 0.0  
mouthClose = 0.0 → jawOpen = 1.0  
mouthClose = 0.0 → jawOpen = 1.0  
mouthClose = 1.0

browDownLeft  
browDownRight  
browInnerUp  
browOuterUpLeft  
browOuterUpRight  
cheekPuff  
cheekSquintLeft  
cheekSquintRight  
eyeBlinkLeft  
eyeBlinkRight  
eyeLookDownLeft  
eyeLookDownRight  
eyeLookInLeft  
eyeLookInRight  
eyeLookOutLeft  
eyeLookOutRight  
...





# Pose Tracking

BlazePose Pose Detector + BlazePose SHUM 3D + Retargeting



# Pose Tracking Overview

→ Pose landmark detection guide

- [https://ai.google.dev/edge/mediapipe/solutions/vision/pose\\_landmarker](https://ai.google.dev/edge/mediapipe/solutions/vision/pose_landmarker)





# MediaPipe BlazePose Pose Detector

[https://storage.googleapis.com/mediapipe-assets/Model Card BlazePose GHUM 3D.pdf](https://storage.googleapis.com/mediapipe-assets/Model%20Card%20BlazePose%20GHUM%203D.pdf)



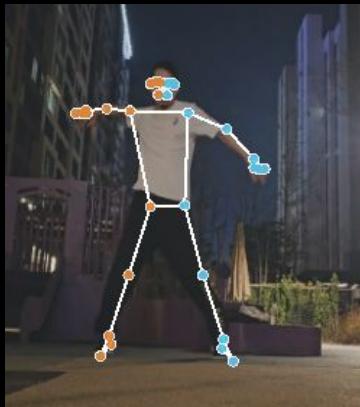
	설명
Details	모바일이나 웹캠 영상 이미지에서 몸 영역의 경계박스와 확률을 추출
Architecture	SSD (Single Shot Multibox Detector) like with a custom encoder (CNN)
Model File	pose_detector.onnx (15.1MB)





# MediaPipe BlazePose GHUM 3D

[https://storage.googleapis.com/mediapipe-assets/Model Card BlazePose GHUM 3D.pdf](https://storage.googleapis.com/mediapipe-assets/Model%20Card%20BlazePose%20GHUM%203D.pdf)



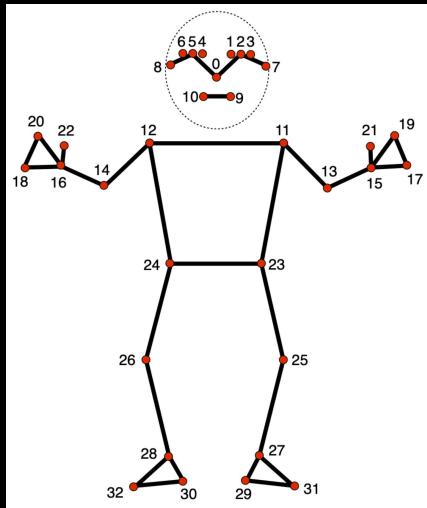
	설명
Details	단일 이미지를 통해 인물의 전체 신체 자세의 33개 3D 랜드마크를 실시간 추출
Architecture	MobileNetV2-like with customized blocks for real-time performance (CNN)
Model File	pose_landmarks_detector_full.onnx (12.8MB)





# Retargeting and Inverse Kinematics (IK)

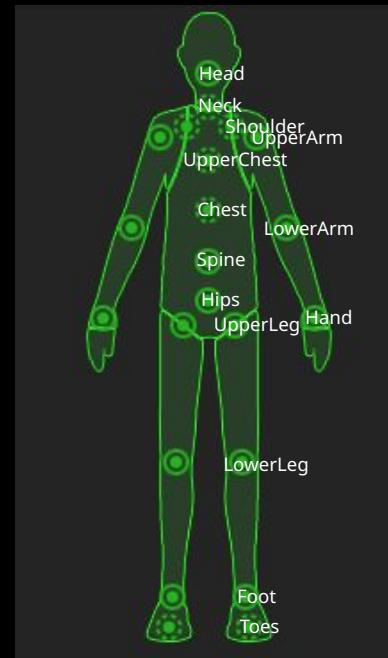
- Retargeting from BlazePose 33 points 3D landmark to Unity Humanoid Bone
- Calculate inverse kinematics for every bone



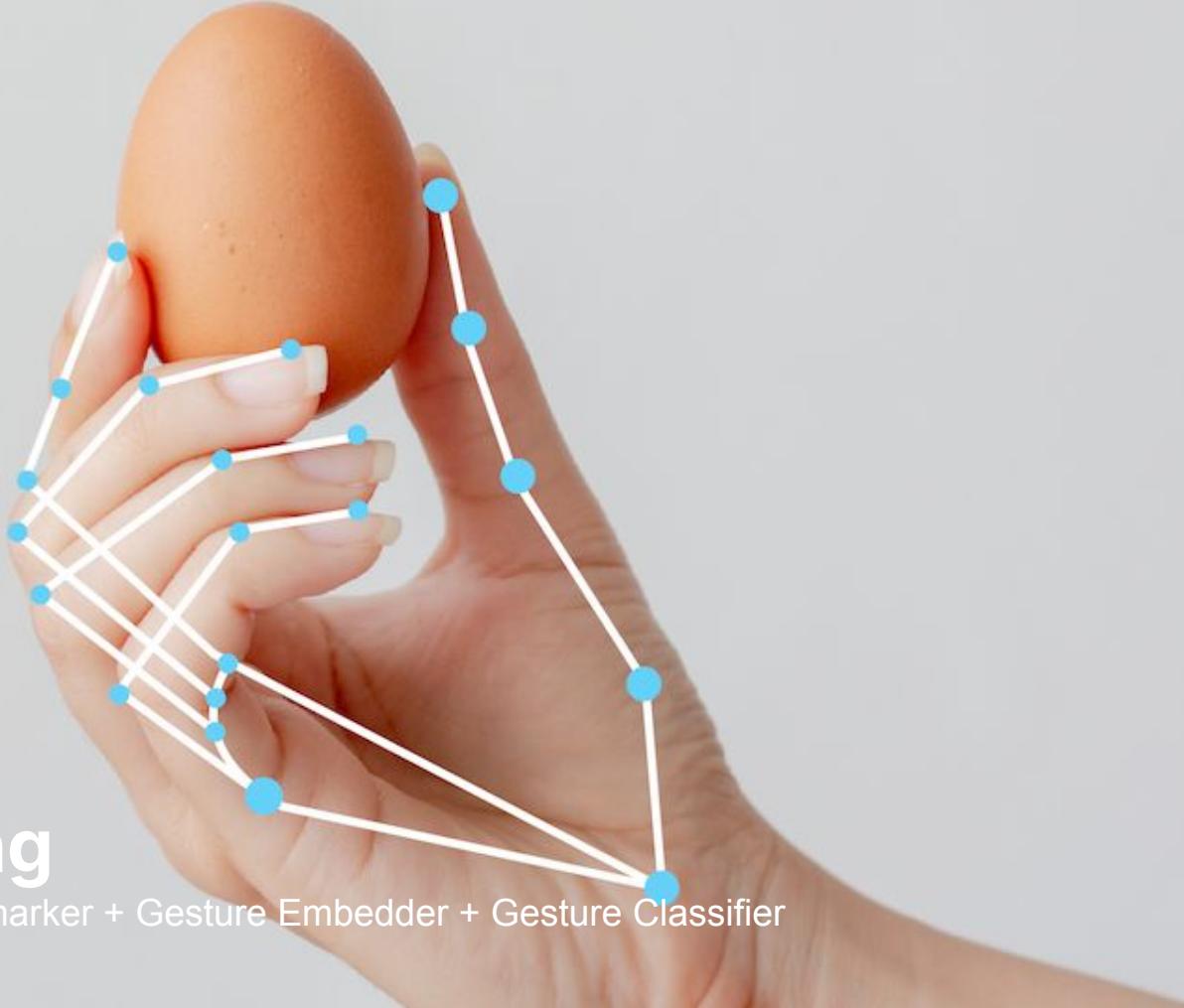
0 - nose  
1 - left eye (inner)  
2 - left eye  
3 - left eye (outer)  
4 - right eye (inner)  
5 - right eye  
6 - right eye (outer)  
7 - left ear  
8 - right ear  
9 - mouth (left)  
10 - mouth (right)  
11 - left shoulder  
12 - right shoulder  
13 - left elbow  
14 - right elbow  
15 - left wrist  
16 - right wrist  
17 - left pinky  
18 - right pinky  
19 - left index  
20 - right index  
21 - left thumb  
22 - right thumb  
23 - left hip  
24 - right hip  
25 - left knee  
26 - right knee  
27 - left ankle  
28 - right ankle  
29 - left heel  
30 - right heel  
31 - left foot index  
32 - right foot index



Head  
LeftEye  
RightEye  
Neck  
Spine  
Hips  
RightUpperArm  
RightLowerArm  
RightHand  
RightThumbIntermediate  
RightMiddleProximal  
LeftUpperArm  
LeftLowerArm  
LeftHand  
LeftThumbIntermediate  
LeftMiddleProximal  
RightUpperLeg  
RightLowerLeg  
RightFoot  
RightToes  
LeftUpperLeg  
LeftLowerLeg  
LeftFoot  
LeftToes







# Hand Tracking

Hand Detector + Hand Landmarker + Gesture Embedder + Gesture Classifier



# Hand Tracking Overview

→ Hand landmarks detection guide

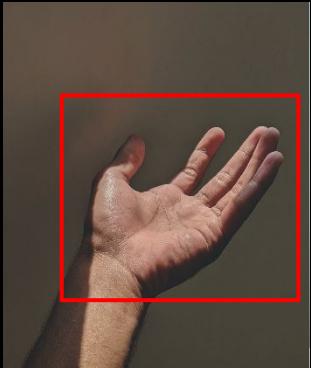
- [https://ai.google.dev/edge/mediapipe/solutions/vision/hand\\_landmarker](https://ai.google.dev/edge/mediapipe/solutions/vision/hand_landmarker)





# MediaPipe Hand Detector

[https://storage.googleapis.com/mediapipe-assets/Model Card Hand Tracking \(Lite Full\) with Fairness Oct 2021.pdf](https://storage.googleapis.com/mediapipe-assets/Model Card Hand Tracking (Lite Full) with Fairness Oct 2021.pdf)



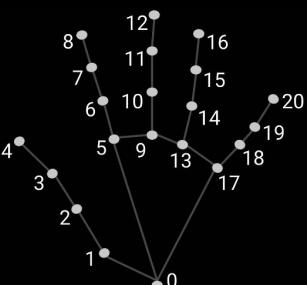
	설명
Details	모바일이나 웹캠 영상 이미지에서 손 영역의 경계박스와 확률을 추출
Architecture	SSD (Single Shot Multibox Detector) like with a custom encoder (CNN)
Model File	hand_detector.onnx (4.6MB)



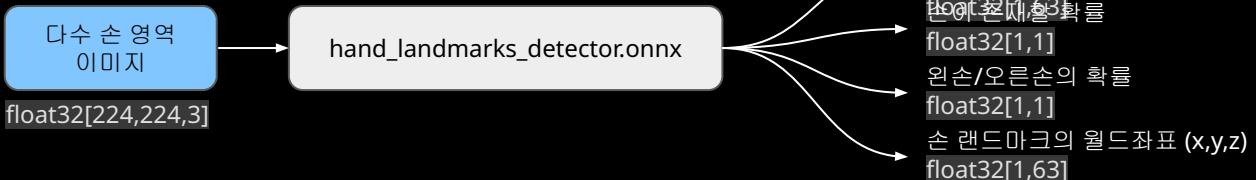


# MediaPipe Hand Tracker

[https://storage.googleapis.com/mediapipe-assets/Model Card Hand Tracking \(Lite Full\) with Fairness Oct 2021.pdf](https://storage.googleapis.com/mediapipe-assets/Model Card Hand Tracking (Lite Full) with Fairness Oct 2021.pdf)



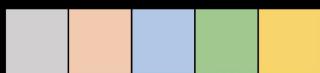
설명	
Details	단일 이미지를 통해 손의 21개 3D 랜드마크를 실시간 추출
Architecture	Regression model (CNN)
Model File	hand_landmarks_detector.onnx (10.9MB)





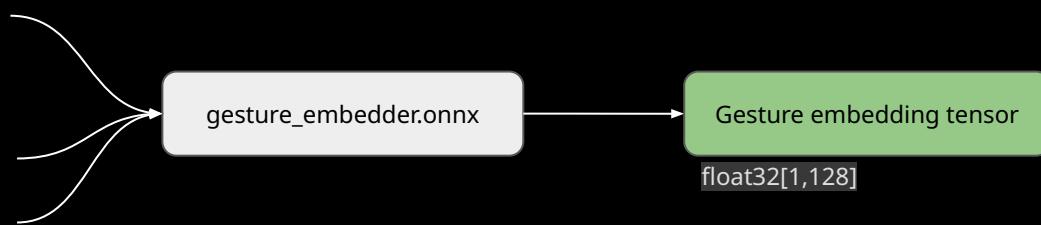
# MediaPipe Gesture Embedding

[https://storage.googleapis.com/mediapipe-assets/gesture\\_recognizer/model\\_card\\_hand\\_gesture\\_classification\\_with\\_faireness\\_2022.pdf](https://storage.googleapis.com/mediapipe-assets/gesture_recognizer/model_card_hand_gesture_classification_with_faireness_2022.pdf)



	설명
Details	21개의 3차원 손의 랜드마크를 $1 \times 128$ 크기의 임베딩 텐서로 생성
Architecture	Fully Connected Neural Network with residual blocks
Model File	gesture_embedder.onnx (546KB)

정규화된 손 랜드마크의 좌표  
(x,y,z)  
float32[1,63]  
한 손의 32개 손 랜드마크를  
float32[1,1]  
왼손/오른손의 확률  
float32[1,1]  
손 랜드마크의 월드좌표 (x,y,z)  
float32[1,63]



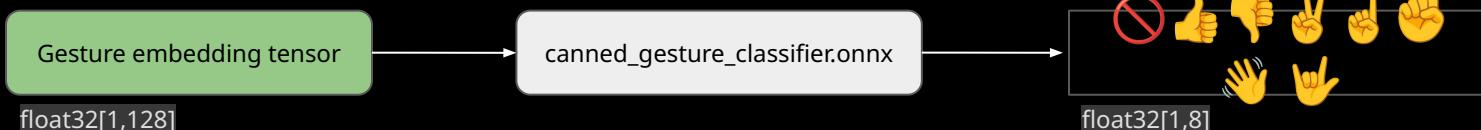


# MediaPipe Gesture Classification

[https://storage.googleapis.com/mediapipe-assets/gesture\\_recognizer/model\\_card\\_hand\\_gesture\\_classification\\_with\\_faireness\\_2022.pdf](https://storage.googleapis.com/mediapipe-assets/gesture_recognizer/model_card_hand_gesture_classification_with_faireness_2022.pdf)  
[https://ai.google.dev/edge/mediapipe/solutions/customization/gesture\\_recognizer](https://ai.google.dev/edge/mediapipe/solutions/customization/gesture_recognizer)



설명	
Details	128차원의 임베딩 텐서를 이용해서 8개 제스처의 확률을 계산
Architecture	Classification model (Fully Connected Neural Network)
Model File	canned_gesture_classifier.onnx (6KB)





A photograph of a person's right hand reaching towards a bright, starburst-like light source on a dark background. The hand is shown from the side, palm facing forward. A network of white lines and dots is overlaid on the hand, indicating a 3D skeleton or joint tracking system. The background is dark, with several thin, white, diagonal lines extending from the light source towards the top right corner.

Right  
Victory  
0.8893496



# Multi-Person Tracking

Yolo-Pose



# Multi-Person Tracking Overview

→ Ultralytics Yolo Pose Estimation

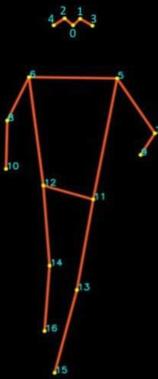
— <https://github.com/ultralytics/ultralytics/blob/main/docs/en/tasks/detect.md>



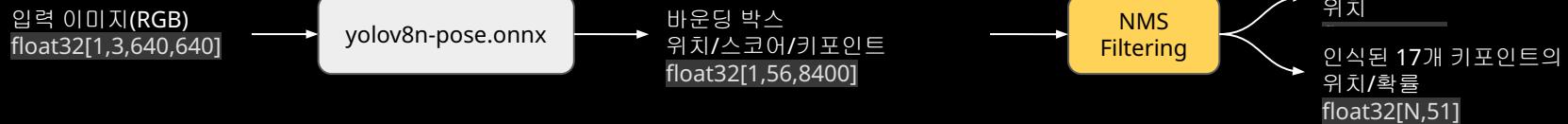


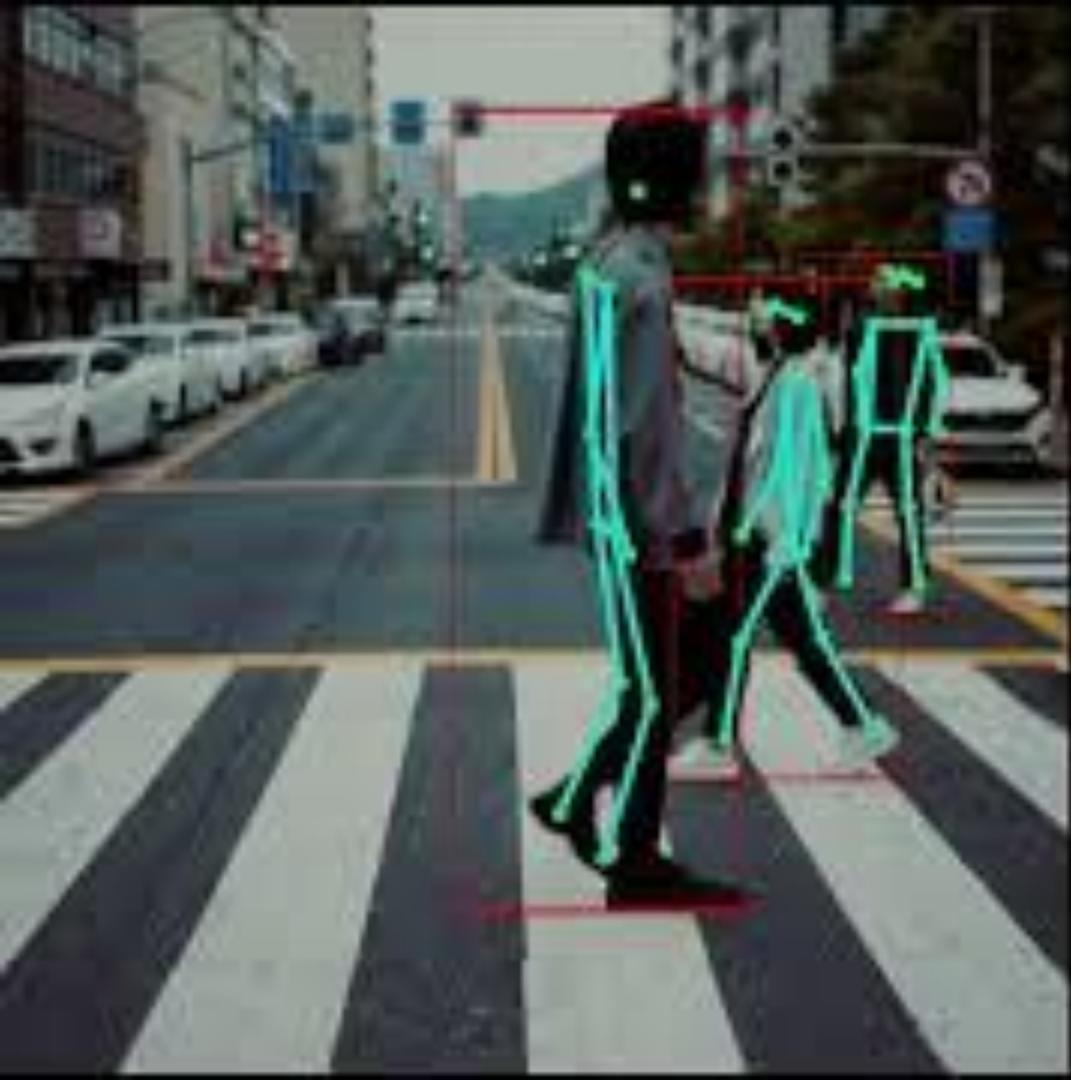
# Yolov8n-Pose

<https://huggingface.co/Ultralytics/YOLOv8>



	설명
Details	사람 전신 영역에 대한 바운딩 박스와 17개의 2D Pose Landmark를 실시간 동시 추출
Architecture	Backbone, Neck, Head (CNN기반)
Model File	yolov8n-pose.onnx (13.5MB)





3 people



## Mobile 환경에서 **Sentis** 최적화 꿀팁 3대장

### 모델과 환경에 맞는 **Backend Type** 설정하기

- CPU: Burst
- GPUCompute: Compute shader
- GPUPixel: Pixel shader

### **Async/Await**으로 **Main Thread** **Blocking** 방지하기

- ReadbackAndClone()
- await ReadbackAndCloneAsync()

### **ScheduleIterable**로 **Layer**를 여러 개로 나눠서 실행하기

- ScheduleIterable
- Schedule.MoveNext()

- <https://docs.unity3d.com/Packages/com.unity.sentis@2.1/api/Unity.Sentis.BackendType.html?q=backend>
- <https://docs.unity3d.com/Packages/com.unity.sentis@2.1/manual/read-output-async.html>
- <https://docs.unity3d.com/Packages/com.unity.sentis@2.1/manual/split-inference-over-multiple-frames.html>



# XR 환경에서의 Motion Tracking



## Meta Quest 3: Body Tracking

- Face Tracking: 카메라 기반 (Quest Pro만 지원), 음성 기반 (Quest 3/3S/Pro 지원)
- Body Tracking: 3-Point vs. IOBT (Inside-Out Body Tracking) with Generative Legs (Quest 3/3S/Pro 지원)
- Eye Tracking: 카메라 기반 (Quest Pro만 지원)
- Hand Tracking: XR Hands (Unity Package)
  - **Movement SDK:** <https://github.com/oculus-samples/Unity-Movement>
  - **XR Hands:** <https://docs.unity3d.com/Packages/com.unity.xr.hands@1.5/manual/index.html>



Face Tracking



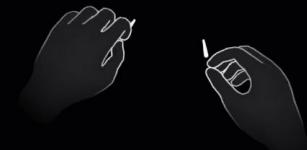
3-Point vs. IOBT



Body Tracking (Upper body)



Body Tracking (Full body)



Hand Tracking



## (Demo) Full body Tracking Demo

- Meta Quest 3 + Movement SDK
- Import Mixamo Character (<https://www.mixamo.com>)
- GameObject > Movement Samples > Body Tracking > Animation Rigging Retargeting (fullbody)



(my nephew's posture)

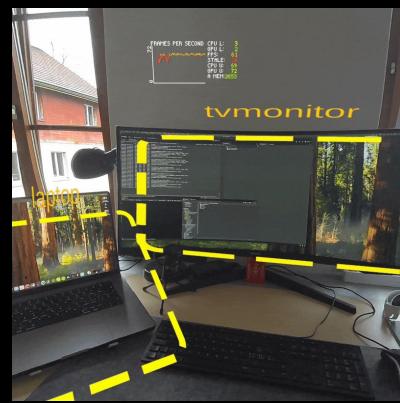




## Meta Quest 3: Passthrough Camera API

→ Meta Quest의 카메라 접근 권한 허용

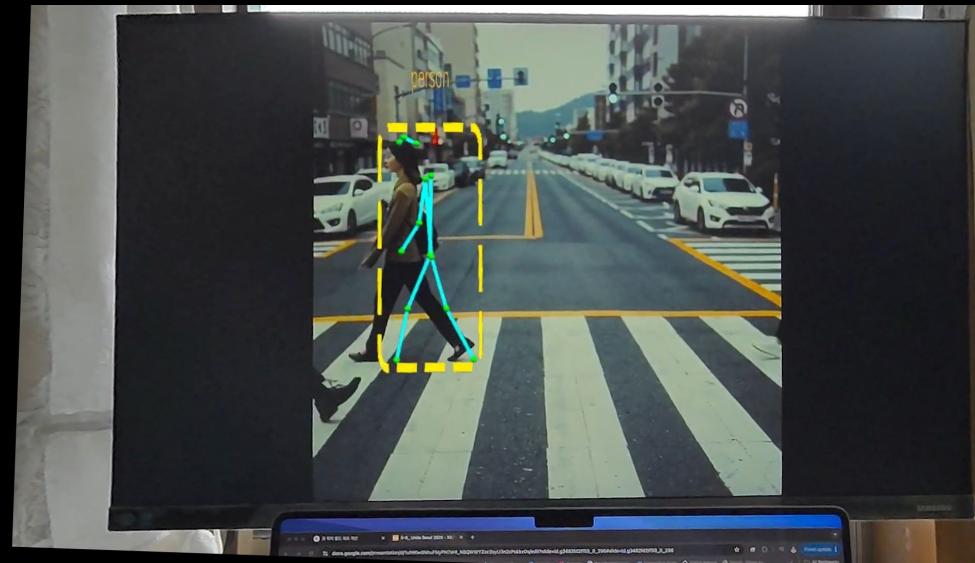
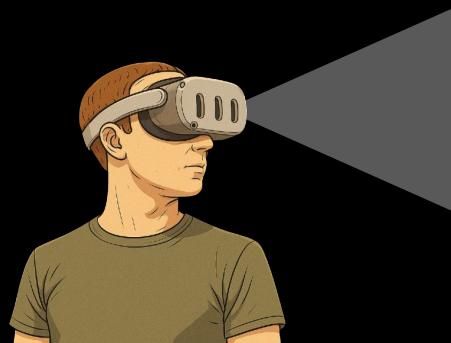
- Meta Quest 3/3s, HorizonOS: v74 이상
- Frame Rate: 30fps / Image latency: 40-60ms
- Available resolutions per eye: 320x240, 640x480, 800x600, 1280x960
- Sentis를 이용한 이미지 처리 적용 가능\*
- <https://github.com/oculus-samples/Unity-PassthroughCameraApiSamples>





## (Demo) Passthrough Human-pose Tracking Demo

- Meta Quest 3 + Passthrough Camera API
- Yolov8n-pose: Multi-person tracking model (Sentis)
- Bounding Box + Pose Tracking

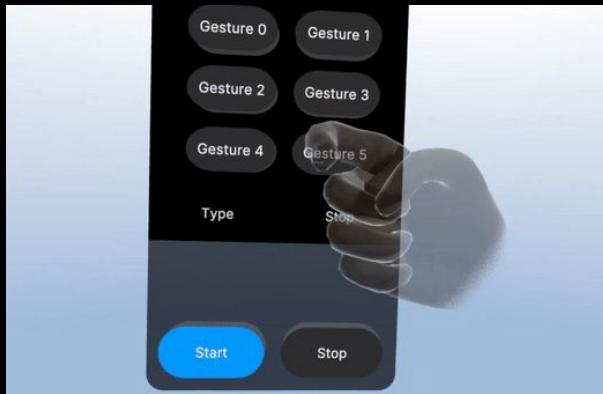




# 나만의 데이터로 Gesture 인식 모델 만들기



## Gesture Classification Overview



### Meta Quest에서 수어 인식하기

XR Hands의 keypoint를 이용해서 커스텀 수어 인식 만들기 (MLP)

<https://github.com/skykim/XR-Gesture-Detection>



### Mobile 장비에서 손 제스처 인식하기

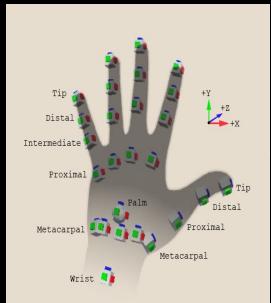
Blaze Hand의 keypoint를 이용해서 둑/찌/빠 인식 만들기 (MLP)

[https://github.com/skykim/202407\\_TechTalk\\_SentisDemo](https://github.com/skykim/202407_TechTalk_SentisDemo)

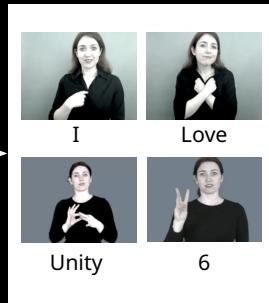


# Meta Quest에서 수어 인식하기

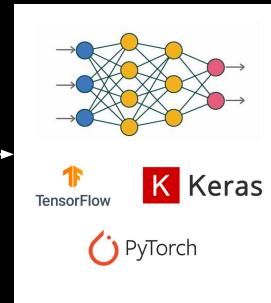
- XR Hands의 keypoint를 이용해서 커스텀 수어 인식 만들기 (MLP)
- Tutorial: <https://github.com/skykim/XR-Gesture-Detection>



데이터 형태 설정하기  
(XR Hands Keypoints)



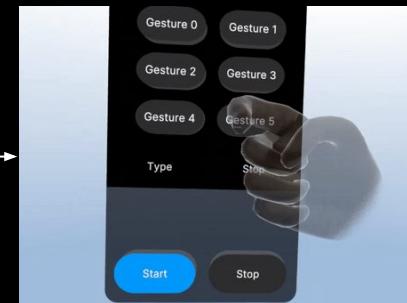
데이터 생성하기  
(데이터셋 활용 또는 직접 캡쳐)



MLP 모델 학습하기  
(Tensorflow, Keras, Pytorch)



ONNX로 변환하기

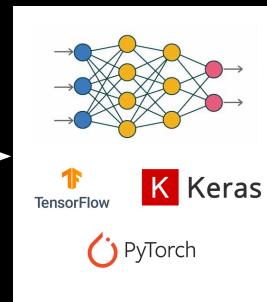
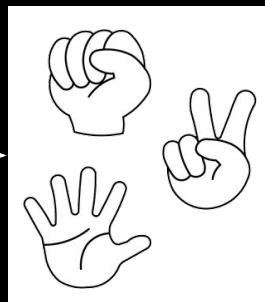
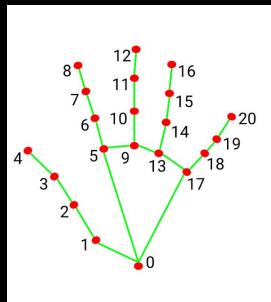


Sentis에서 실행하기



## Mobile 장비에서 손 제스처 인식하기

- Blaze Hand의 keypoint를 이용해서 둑/찌/빠 인식 만들기 (MLP)
- Tutorial: [https://github.com/skykim/202407\\_TechTalk\\_SentisDemo](https://github.com/skykim/202407_TechTalk_SentisDemo)



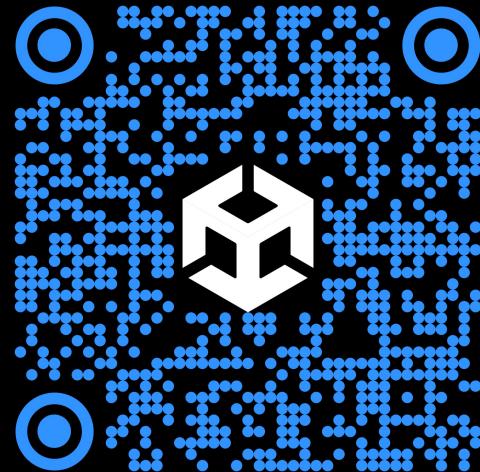
tf2onnx  
torch.onnx

ONNX로 변환하기





# Sample Code



<https://github.com/skykim/uniteseoul2025-motiontracking>



# Thank you