

Recipe Blueberry Zucchini Muffins

From Kylie

Serves     

Ingredients

- 1 tsp Cinnamon
- 1 cup zucchini grated
- 1 cup almond butter
- 3 eggs
- 1/2 tsp baking soda
- 1 tsp vanilla
- 1 tsp apple cider vinegar
- 1/2 cup maple syrup
- 1/2 cup honey
- 1/4 cup frozen blueberry (thaw & drain)
- optional mini chocolate chips



Directions - Preheat oven 350°F  
- Drain / Dry zucchini  
- Use mixer to mix almond butter,  
honey, maple syrup, eggs, vanilla,  
cinnamon, baking soda, apple cider  
vinegar - Blend to smooth  
- Fold in blueberries, zucchini, choc chip  
- Grease or line muffin tin (regular)  
- Pour mixture into tin  
- Bake 10-20 minutes - depends on muffin  
size - until toothpick comes out clean