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## Mirror Myths, Legends and Facts



The concepts of the soul are often associated with mirrors, which results in a wealth of superstition surrounding mirrors. For instance, breaking a mirror causes seven years of bad luck because the soul which shatters with the broken mirror regenerates every seven years (old Roman legend). Mirrors also have a strong connection to spirits. Mirrors are covered when some dies, because according to some

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superstitions, a mirror can trap the soul of the person who dies.

## Broken mirror

A broken mirror to this day is said to bring seven years of bad luck. This curse goes back thousands of years ago to the period of ancient Romans. Read about the origin of this superstition and other related information.

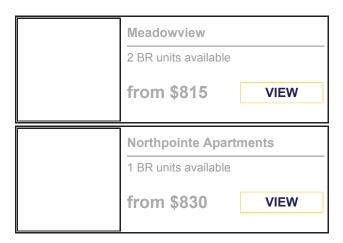
## Superstitions Related to Mirrors

There are many beliefs and superstitions attached to the mirrors in our legends and literature. A broken mirror to this day is said to bring seven years bad luck...

## Mirror Use

Mirrors are an effective decorating tool and they could give a new look to your home. Placing them in front of a vanity or the entrance to a house, can enhance the light in a room or reflect candlelight, or make a space look larger than it is.





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