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usmVishuddha:uTheoThroat Chakraus 8+1 0: Like 1

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Vishuddha (also Vishuddhi) is depicted as a silver crescent within a white circle, with 16 light or pale blue, or turquoise petals. The seed mantra is Ham, and the residing deity is Panchavaktra shiva, with 5 heads and 4 arms, and the Shakti is Shakini.



Vishuddha may be understood as relating to communication and growth through expression. This chakra is paralleled to the thyroid, a gland

that is also in the throat and which produces thyroid hormone, responsible for growth and maturation. Physically, Vishuddha governs communication, emotionally it governs independence, mentally it governs fluent thought, and spiritually, it governs a sense of security. In Tibetan buddhism, this chakra is red, with 16 upward pointing petals. It plays an important role in Dream Yoga, the art of lucid dreaming.

Graphical characteristics:

Symmetric, Closed shape, Colorful, Contains both straight and curved lines, Has no crossing lines.

Category: Religious Symbols (/category/5).

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What's This?

Vishuddha: The Throat Chakra (/symbol/384) is part of the Hindu Symbols (/group/29) group.

Edit this symbol

More symbols in <u>Hindu Symbols (/group/29)</u>:



Brow Chakra











More symbols in Religious Symbols (/category/5):

Religious symbolism is the use of symbols, including archetypes, acts, artwork, events, or natural phenomena, by a religion. Religions view religious texts, rituals, and works of art as symbols of co... read more » (/category/5)







Chakra





Brow Chakra

(/symbol/383)



(/symbol/392)

Cross



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