

# mirror

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*Mirror, Mirror on the wall who's the fairest of them all?*

Mirrors really capture the imagination. As a symbol the mirror dates back to water, such as in the Greek tale of Narcissus and his pool of reflection which he gazed at longingly. Mirrors are associated with vanity.

Yet mirrors are a powerful tool of perception. What you see, like all symbols associated with water, is determined by how you feel.

In fairy tales and folklore mirrors were often magic, such as the infamous mirror in Snow White. The magic mirror is often entwined with scrying – the ability to see imagery in a crystal ball.

I've often been enchanted by antique hand mirrors, particularly in a brush and comb set. I saw one in a second hand store the other day, just like one I had as a child. They seem to be so out of fashion now, overtaken by the purse mirror.

Our eyes, like mirrors, reflect light. What we see, like mirrors, is determined by our perception. Our ability to see what is real and what is fantasy, is determined by how we reflect.

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