Archetypes

























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The Caregiver Family of Archetypes

"I'm well and strong and young, young enough to go to the front. If I can't be a solider, I"ll help soldiers." - Clara Barton





















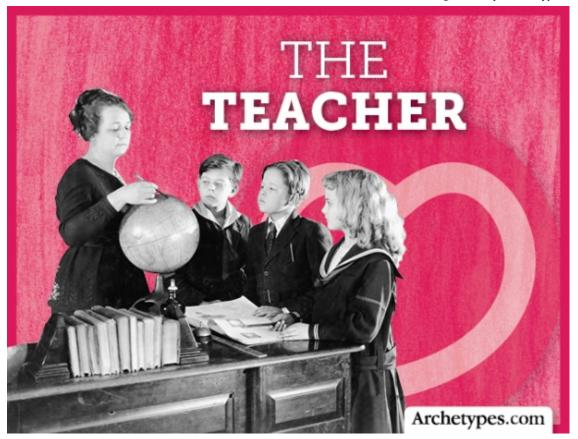






Caregivers live to give and to help others in ways that range from the intimate to the large-scale. Whether they are heroes, teachers, parents, mentors, nurses or best friends, they are nurturing, selfless at their core and driven to attend to the needs of others. At times they give so much that it makes their own lives difficult. But typically, they find more satisfaction than most of us when focused on people and causes outside themselves.

Caregivers are superb listeners and very solution oriented as well; and whether they are teaching, active in community service, raising children or caring for aging parents and patients, this is a family of archetypes with generosity at its center.



The Teacher

Confident as they are curious, archetypal teachers are excellent listeners who are also willing to admit when they don't know something. Seldom shy or at a loss for words, many succeed at teaching because they are charismatic.

Learn more about the Teacher

















The Parent

Parents are reliable, compassionate, stern but yielding, and very organized, with an unsurpassed ability to listen without imposing their own point of view too quickly.

Learn more about the Parent



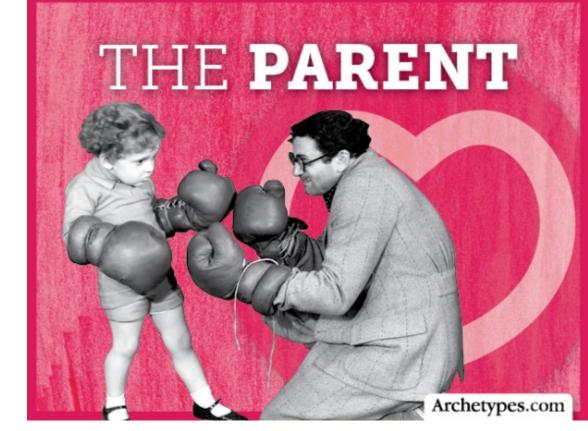


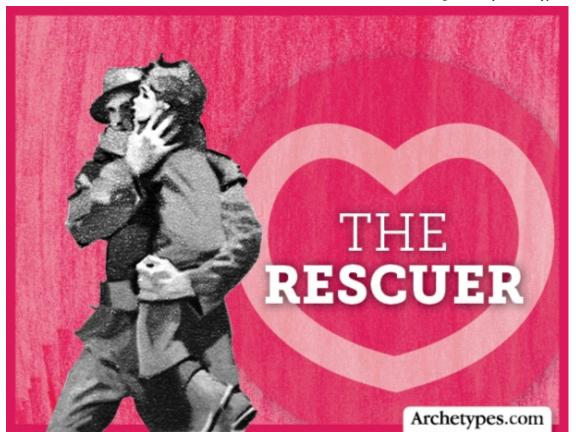












The Rescuer

Rescuers are courageous and selfless, throwing themselves into dangerous situations because they genuinely want and need to help, not for fame or glory.

Learn more about the Rescuer



















The BFF

BFFs are the people you know you can turn to at the worst and best of times. They are there when the going gets tough and ready for fun when the living is easy.

Learn more about the BFF



















The Mentor

Unselfishly open to those hungry to learn, great Mentors give confidence to those who need it.

Learn more about the Mentor



















The Nurse

Nurses are able to stay calm and function in emergencies. They have strong powers of endurance as well, so that they can continue giving care over long periods of time.

Learn more about the Nurse





















The Victim

Whether enslaved or codependent, Caregivers who go too far will end up Victims, not just of the people for whom they are caring but of their own guilt and feelings of inadequacy.

Learn more about the Victim



















The Codependent

Caregivers can become ensnared in situations beyond their control and wrongly take responsibility when things go badly.

Learn more about the Codependent



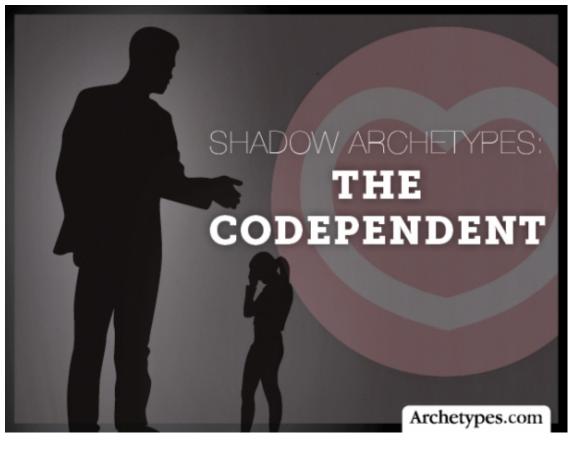














The Slave

Caring for someone else can have a dark side. When Caregivers give too much they lose track of themselves in service to others.

Learn more about the Slave



















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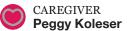


































Niki M.





16 days ago

People I know and love keep warning me against becoming a sort of victim to "giving too much" to others. Mainly to Paul. Which hurts me, because that's all I want to do.



Niki M.





16 days ago

This struck me because when I was in college, I was in a car accident. I remember being surprised at the time, because I was calm. Many were concerned for me because I was so calm. I just knew there were things to be done, and wanted to get them done. My friend needed medical care, and another lost her glasses. Unable to give medical care, I went to look for the glasses. It was only after that and everyone else was in an ambulance that I noticed I was slightly in pain. Similarly, I will constantly check to see if one of us is ill and needs medicine or care. I think Carl is wigged out by this. Paul appreciates it, but thinks I do this too much.



Samantha Aubry







about a month ago

Been here. Always trying to find a way to let go on the anger and feelings off inadequacy.



Jazmyn Baptiste







about a month ago

Truth



kelly Morrison







3 months ago



Charles Mudge







3 months ago

I don't need another's emotions, I've got my own.



Natalie Johl

Oh yea...that's me!!

Never at a loss for words...lol!







4 months ago



Natalie Johl







4 months ago



Elle Chalice









4 months ago



Elle Chalice







4 months ago



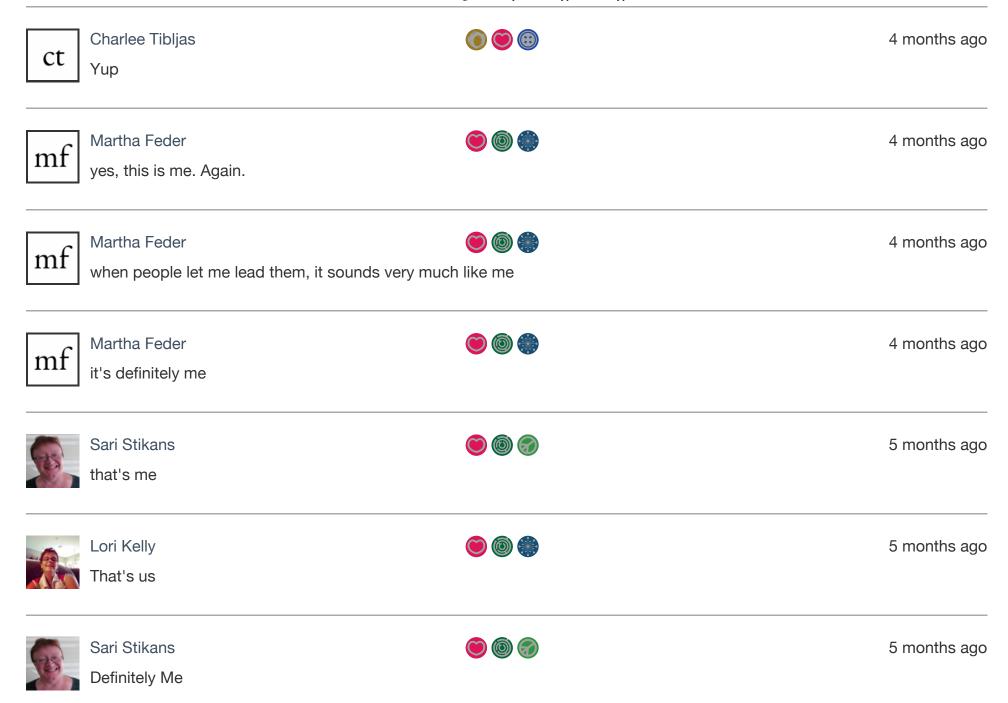
Sloan Muth







4 months ago





Sari Stikans

That's me!







5 months ago



Sari Stikans







6 months ago

I still have to check in with myself to determine if I am giving in to a codependent moment or not. This is still not a pathway I can avoid without careful monitoring.



Sari Stikans







6 months ago

Unfortunately I have been here. I work hard at not falling into this role. The easiest way I have discovered to avoid this territory now is to search for Truth within a situation rather than live within others' or my Expectations.



Sari Stikans





6 months ago

This is a very satisfying role I now find myself within. When others have benefited from my insight, I often feel emotional.



Sari Stikans







6 months ago

This was a 'later in life' role I came to cherish.



Sari Stikans







6 months ago

When I was a small child, apparently I spent hours teaching my brother how to read and recognize pictures. While growing up, I helped look after my siblings. When my teenage friends were in trouble, I tried to help them out of their situations. As an adult and mother, I spent a great deal of energy attending to my family's needs. Now, as an empty nester, I gravitate to coaching and mentorship.



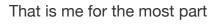
Susan Coffey







6 months ago





Sheri Lavadour







6 months ago

I am a nurse who has now become a teacher and mentor to others. I am happiest when helping someone improve themself.



Lwazi Gwabavu

ME alright!!







6 months ago



Eleanore Fernandez







7 months ago



Rebecca Rader

This is my family of origin.

Totally me...







9 months ago

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