

Archetypes



CREATIVE



ATHLETE



REBEL



CAREGIVER



VISIONARY



ROYAL



PERFORMER



SPIRITUAL



TASTEMAKER



EXPLORER




ADVOCATE



INTELLECTUAL

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Learn About the World Around You Through the Alphabet of Archetypes

Cristina Carlino, founder of Archetypes, Inc., draws inspiration from A to Z.

By Cristina Carlino

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A is for Advocate

 336 



Thinking back on the oh-so-many years ago when I learned my ABCs, I first used my tiny finger to trace each letter on the page as I marveled at forming baby words. Then one day, a miracle! I no longer needed my finger as a pointer. Those ABCs gave me the key to freedom and possibility.

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B is for Boy/Girl

me 336 you

B is for the boy/girl archetype, aka the tomboy, an expression of the Athlete archetype. Can you relate? Did you outpace the boys on the school playground and run circles around them this morning? Are you part soft, part hard; a girly-girl with an aqua hard hat in your work shed?

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C is for Caregiver

me 336 you



If you are a Caregiver, your biggest challenge may be to resist the temptation to care for everyone and everything, neglecting yourself. And if Caregiver is your primary archetype, resisting this temptation is like resisting the impulse to blink. For the heart-centered Caregivers, hearing that another is in need brings on a knee-jerk reaction to spring into action. If your mantra is “What can I do to help that person?” or “How can I be of service?” you are a real Caregiver. But keep in mind that, as with all of us, the true answer to your questions is to be found at home. Within yourself.

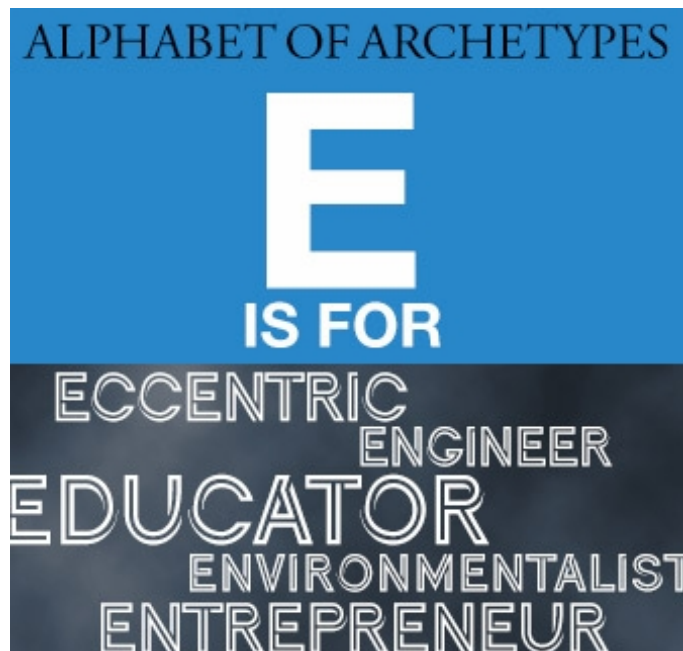
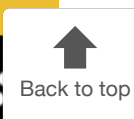
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Let Me Count My D's

me 336 you

While there are 26 letters in the alphabet, there are hundreds upon hundreds of archetypes with new ones likely being born this very day. So this week, here's a small dish of my "D" favorites. What dazzles me daily is how identifying your archetypal patterns makes you realize that they "somehow know more about you than you know about yourself," as my dear friend Caroline Myss writes in her latest bestseller, *Archetypes: Who Are You?*. This has certainly been true for me. Archetypes can transform our lives.

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The Five E's

me 336 you

Awakening to a new language of archetypes and discovering mine has opened me to a new world that is enlightening, empowering, and easier. So without further ado, here a very few of My Favorite E's:

Eccentric. If you are an eccentric, your foundation comes from a mix of the Creative and Visionary families. Do you dare to be who you are? Do people think you are a bit 'different' or 'odd'?

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A Few of My Favorite F's

me 336 you

Are you one or a combination of these “F” archetypes? Are you living a life that truly Fits? Fashionista. Is this you? Then your archetypal family is Fashion. You love being a slave—to fashion, that is. You’ve chosen your own outfits since you were five, and it wasn’t long before you could do the two-step in 7-inch platform heels. Today you live by Coco Chanel’s words: “A girl should be two things: classy and fabulous.”

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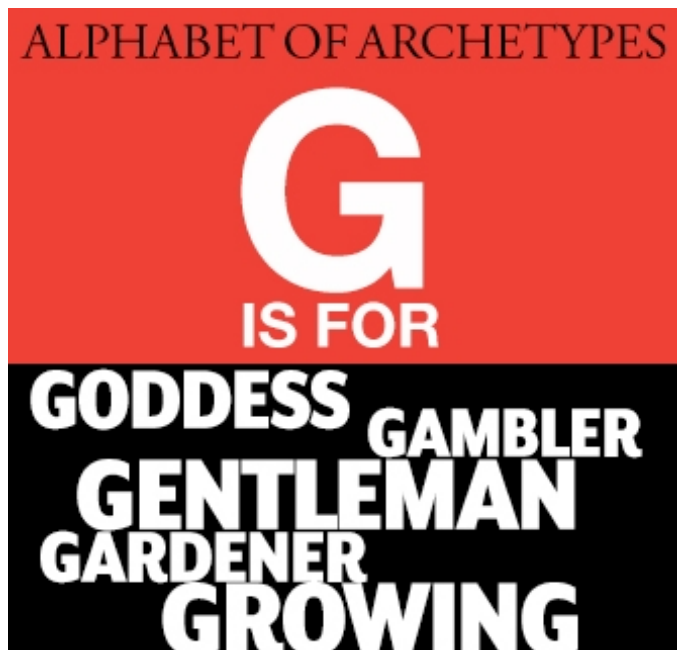


Are you a Goddess? Or a Gambler?

me 336 you

G is for growing, and growing is what knowing our individual cluster of archetypes helps us do. We grow boldly into living “what is true about us and what has always been true,” as Caroline Myss writes in her new book, Archetypes. We wake up to our purpose here and give up taking that for granted. As a result, we let the games begin — the ones that bring greater joy, peace, connection, and fun.

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A Handful of H's

me 336 you

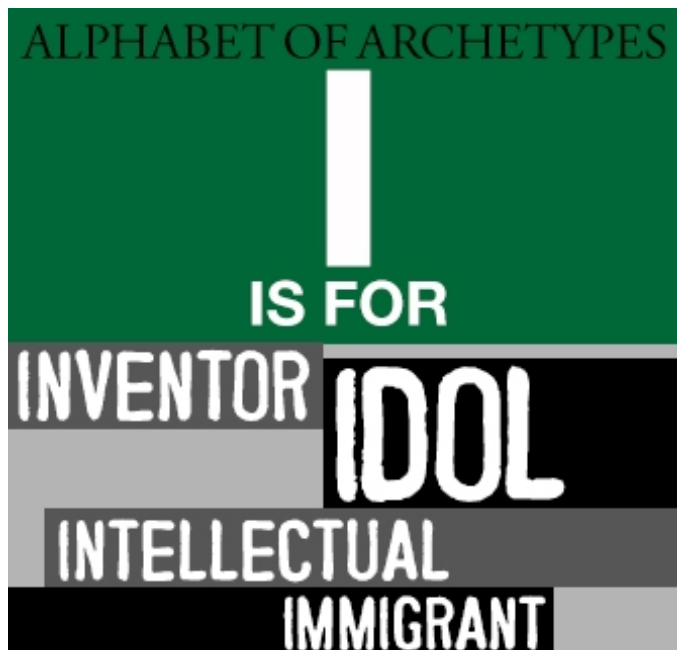
Homemaker: You may maintain an office or be a mother like Claire Dunphy from *Modern Family*. However you identify, the home is your domain. Your archetypal families include the Advocate and Caregiver. Though the archetypal image you see can change with the decade and the “channel,” your personality remains the same. When you are guiding young children to grow or turning a house into a home, you are living the power that fits.

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Through My I's

me 336 you



One of the infinite reasons I love taking adventures with archetypes is they are a glorious internal GPS. They give clear directions to get from our unconscious to our conscious mind. And when we arrive at our destination, an awesome “a-ha!” about ourselves and our place in the world awaits. And so, the “winners” for archetypes that begin with “I” are...

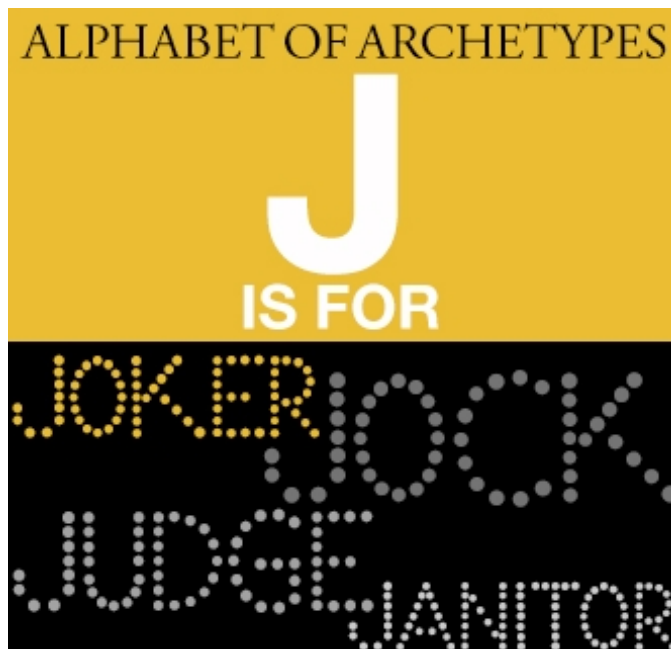
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What's Your 'J' Journey?

me 336 you

Are you a Joker? A Judge? A Jock? Who says today has to be “just another day?” Knowing your archetypes opens a world of dreaming big because the more you realize, the more you recognize our possibilities are of cosmic proportion. So today, here are four of my favorite juicy “J” archetypes.

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Are You a King, a Knight, a Know-It-All?



me 336 you

What makes learning about archetypes so useful? As Carolyn Myss writes in her book, “Archetypes”, None of us begins life knowing who we are. Once that first curiosity is triggered, you initiate a quest for inner knowledge.” We begin to ask questions like “who am I?” or “what is my true purpose?” We’re looking for our true Self and Archetypes holds the pattern to that true self. And it is likely far greater than you know.

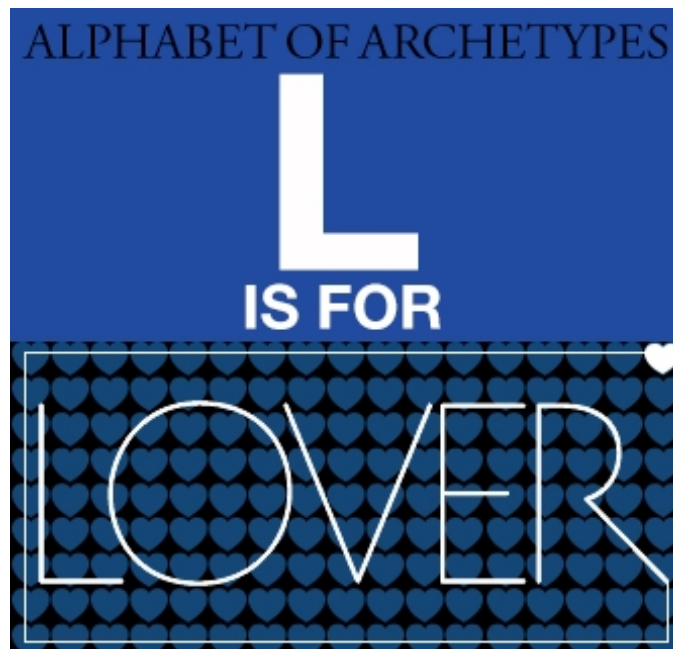
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L is for Lover

me 336 you

“All you need is love, love. Love is all there is.” And love is all we are. If only we knew it. Regardless of our archetypal patterns, we are all born as Lovers. Lover is the universal archetype. And now more than ever I am convinced that Archetypes is the new language that will carry us to a world where understanding our magnificence — our purpose for being here and loving ourselves and each other — will be as simple as learning our ABCs.

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M Is for Mother, Miracle Worker, Magician, and Mystic



me 336 you

Four mighty archetypes. Is one of these you?
A mix and match; or a combination of them
all? We all have our patterns of Archetypes.
Each, as Carolyn Myss teaches us in her book,
Archetypes, “that lead you to discovering your
true self who longs to be embraced without
hesitation or fear.” So why wait? Let’s get this
magnificence started!

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And Then Came N...

me 336 you

Are you a Navigator? A Nerd? A Nurse? A Newscaster? Here are some new “N” archetypes for you to try on. And if the “N” fits, please wear it!

[Read More](#)



Outstanding O's

me 336 you

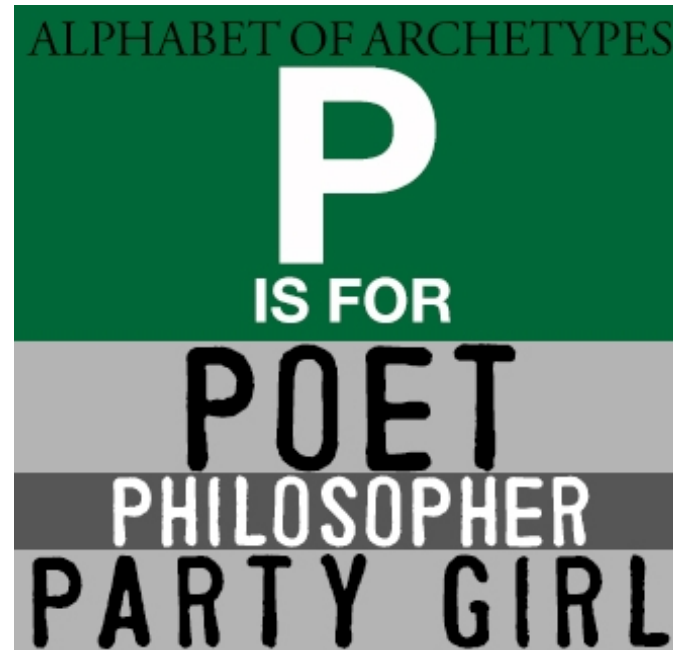
Here are four outstanding O's. Are any of these obviously (or more obscurely) you? Our archetypes are universal, but that does not by any stretch of the imagination mean our lives are all the same. The fact is, as Carolyn Myss tells us in her book *Archetypes*, “Knowing these patterns in us opens the door into a hidden realm... and a way of meeting yourself, perhaps for the first time.” O or no, you are a true Original. So, Onward!

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Pretty P's

me 336 you

Poet. Philosopher. Party girl. Here are three pretty P's. Does one sound like you? Or perhaps you're all three?
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Q Is for Queen

me 336 you

Is this Q you? Or perhaps you are a Princess?
Regardless the size of your royal title, for you
it's not all "let them eat cake," tiaras and
capes, served on a silver platter.
Read More

R is for...

me 336 you

Romantic, Researcher, Rebel, and Rocker.
Here are 4 “R”s to see if they resonate and
help you rejoice in your relationships.
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S is for Spiritual, Seeker, Scientist, Surfer, and Sister

me 336 you



S many S's — so little space. But what's true for countless S's (and all archetypes) is that Archetypes are not the same as stereotypes. Stereotypes define, decree, and close the door on who we are. Archetypes open the windows to possibilities of who we truly are.

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T Is for Teacher

me 336 you

Who's the first Teacher who changed your life? Probably the one in grammar school who put a gold star on your psyche and its message was I HAVE A PURPOSE. MY LIFE HAS WONDERFUL MEANING! And because you are lucky, that star stuck long after your education ended.

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U is for...

me 336 you

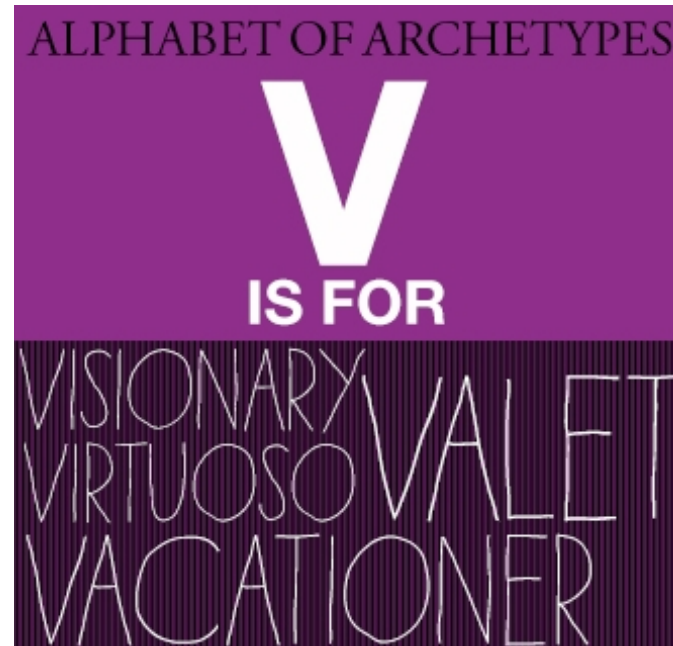
Urbanite, Ugly Ducking, Umpire, and Understudy. Are U ready to discover more of what makes you unequivocally you? When you understand your archetypal patterns, you can tap into your authentic power and transform your life beyond what you imagined possible.

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V is for Vacationer, Valet, Virtuoso and Visionary

me 336 you

If variety is the spice of life, then knowing your archetypes is the spice that can flavor your days with delicious synchronicity, value and new vision. And so.. vamoose!

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W is for Wanderlust, Wedding Planner, Witness, and Wizard



me 336 you

Discovering our archetypes can answer questions we've had for a lifetime about who we are and why we relate to certain others. It's an awakening to a world that has always been there — filled with synchronicity, dreams, and wonders. Why wait? Here are four W's.

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X is for X-Ceptional

me 336 you

There comes a time in every alphabet (or at least in ours), when a letter has no archetypes to stand by its side. No words to represent. And “X” is it. The X-ception to the rule and an X-citing opportunity to salute the X-ceptional people in our lives who run the gamut of archetypes A to Z and rock our world with uncountable blessings.

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Y is for ‘Y’ I Am So Lucky

me 336 you

“Y” I am so lucky and grateful is that I was able to yield to the synchronicity of Archetypes and the signposts of the amazing people who remind me I cannot, and should not, try to do a dream alone.

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Z End Is Z Beginning

me 336 you

The alpha. The omega. Where we begin is where we start, again and again, over and over. Which brings us to the end (and beginning): the letter Z. Z, you see, is for so much more than “zebra” and “zoo.” When it comes to archetypes, Z is for Zillions of possibilities.

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BOARDS FEATURING THIS ITEM

336 POSTS



Spiritual 43%




Intellectual 17%



Caregiver 13%

Original ME: **gina drellack** as  SPIRITUAL

 SPIRITUAL
Tyla Brascomb

 SPIRITUAL
Sandy Silvestro

 CAREGIVER
Geenie Yourshaw

 SPIRITUAL
Ashley Lee

 REBEL
wendelin quadt

 SPIRITUAL
Liza Ioannou

 CREATIVE
Derrien Burns

 SPIRITUAL
Desi Lou

 CREATIVE
Edward Pinkerton

 SPIRITUAL
MISS WANDA BROWN

 SPIRITUAL
Katie Rol

 SPIRITUAL
Judy Jacobs

COMMENTS

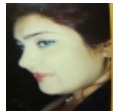
jj

Judy Jacobs



25 days ago

only for the designer part - maybe sometime director & detective but not a dancer or detective!



Homa Khoshchreh

3 months ago

Cool

dp

Damian Perez



3 months ago

Alphabet

dc

Deanna Cunningham



4 months ago

This is me! Even though it isn't my Archetype I can relate to all!

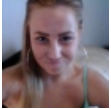
Virginia Vita





Love is my religion.

4 months ago



Sandra Lejasbunde



All 3 really.. as weird as it sounds.

4 months ago



Anonymous

amazingly accurate

4 months ago



Jo-Ann Rudd



incurable romantic.

4 months ago



Jo-Ann Rudd



always optimistic

4 months ago



Jo-Ann Rudd



joker

4 months ago



Illana Jayde



Love it.

4 months ago

Quinton Ayers



I'm certainly an organizer!

4 months ago



jennifer joerger



4 months ago

Discovery and beauty of ancient truths fuel my "beingness"



Jo-Ann Rudd



5 months ago

I am a hopeless romantic at heart.

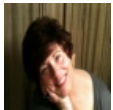


Jo-Ann Rudd



5 months ago

The ultimate Tomboy that was me all my life.



Denise Fagan



5 months ago

Knowledge is freedom



L D



7 months ago

Totally!



Anamaria Fuente...



7 months ago

love this!!

Lori Wilkinson





SEEKER-I've always used that word to describe myself. Spiritual seeker-that's me

7 months ago



Lori Wilkinson



yes, I am an old soul, organizer, always optimistic, and I love orange

7 months ago



Lori Wilkinson



I love to love, but have had to fight to keep it.

7 months ago



Lori Wilkinson



Growing, genuine, gardener, gentle, goddess within

7 months ago



Teresita Trigo



If you don't believe that you can begin anytime, don't waste other peoples time. Who falls must get up, who hurts has to try peace, who fails MUST try again, and again, and again.....

8 months ago



Teresita Trigo



Of course I am exceptional... I do forget often though...

8 months ago

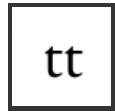


Teresita Trigo



The only word that down not fit me AT ALL is "scientist", all the others are part of my karma

8 months ago

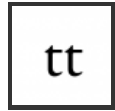


Teresita Trigo



8 months ago

The first three are pretty descriptive of me...a rocker, hast do you mean by rocker?
someone who dances to cheap music? or, someone who rocks her grandchild to sleep?

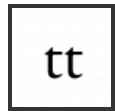


Teresita Trigo



8 months ago

Definite I am a poet and a philosopher...forget the party girl part

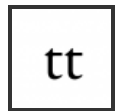


Teresita Trigo



8 months ago

That is what I feel and what my family tells and friends tell me...

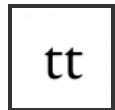


Teresita Trigo



8 months ago

Actions without love are like an empty space

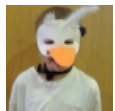


Teresita Trigo



8 months ago

I have to keep on going through the Alphabet

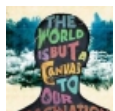


crystal ortiz



8 months ago

I would like to always feel like a goddess.



Martin Sagar



9 months ago

Found myself in all those M's



Marlin Zarick
OF MANY



10 months ago



Marlin Zarick
MY LAST NAME



10 months ago



Marlin Zarick
WONDERLUST



10 months ago



Marlin Zarick
SEEKER , SISTER, SPIRITUAL



10 months ago



Marlin Zarick
NURSE



10 months ago



Marlin Zarick
Mother of 5 sons



10 months ago



Chung Tak Chan
Interesting!!!



about a year ago

kim oliver





A perfect article for archtypes!

2 years ago



Laurie Arth



2 years ago

Well it seems all four of these resonate perfectly for me!



Jennifer Dillard



2 years ago

Fun



Anna Jones



2 years ago

This series is awesome!



Mike Breazeale



2 years ago

Know your Archetype alphabet!



Dee Gipson



2 years ago

I just wanted a large letter D on my page...lol



Jacqueline Cole...



2 years ago

Interesting! I want to know more!!

ray powers





so true...

2 years ago



Debra Brooks



Oh boy, Girl! She nailed me on this one!

2 years ago

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