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Mirror

To dream of your own reflection in the mirror suggests that you are pondering thoughts about your inner self. The reflection in the mirror is how you perceive yourself or how you want others to see you. You may be contemplating on strengthening and changing aspects of your character. If you dream that that you do not see your reflection in a mirror implies that you have lost your self-identity. Perhaps you have changed for the benefit of others that you don't know who you are anymore.

To dream that you are looking through a two-way mirror indicates that you are coming face to face with some inner or worldly issue. What you see is related to your persona and subconscious. Seeing images through the mirror may be a safe way for you to consider and/or confront material from your subconscious. Mirrors symbolize the imagination and the link between the conscious and subconscious. But if you are being watched through a two-way mirror, then it suggests that

you feel you are being scrutinized and criticized. Alternatively, the dream means that you are unwilling to acknowledge your subconscious emotions.

Dream Dictionary



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To see a mirror in your dream symbolizes a loved one or good friend. To break a mirror in your dream suggests that you are breaking an old image of yourself. You may be putting an end to an old habit. Breaking a mirror is also an old symbol for seven years of bad luck. To see a cracked or broken mirror in your dream. represents a poor or distorted self-image. Alternatively, it means that you have put an end to your old habits and ways.

To see a fogged mirror in your dream signifies a hazy concept of who you are and confusion in your life goals. You are lacking clarity and purpose and questioning your self-identity.

Rearview Mirror

To dream that you are looking through the rearview mirror suggests that you are dwelling on the past too much. It may indicate regrets, past hurts or "what ifs". On the other hand, the dream may be telling you not to forget about the past and what you have left behind. You need to maintain a happy median between what is ahead for you in the future and what you left behind in the past.

Reflection

To see your reflection in your dream represents your true self; it is time to look within. The reflection may highlight both your flaws and positive attributes. Learn from your flaws and how to improve them. At the same time, appreciate your good qualities. Alternatively, your reflection indicates how you want others to perceive you.

If you see a strange figure or something other than your own reflection, then it suggests that you are undergoing some identity crisis. You are not sure about who you are anymore.

To dream that you do not see your reflection in a mirror implies that you have lost your self-identity. Perhaps you have changed for the benefit of others that you don't know who you are anymore.

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