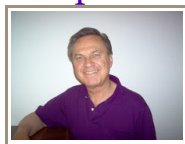


# A Seeker's Thoughts

*Personal Thoughts and Observations of a Lone Seeker on how Ancient Wisdom is Revealed through Symbolism, Mythology, Metaphor, Sacred Writings, Natural Cycles, and Everyday Life.*

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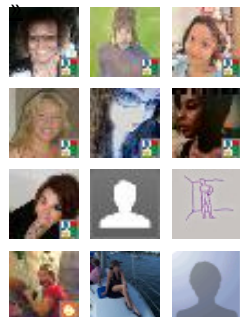
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SUNDAY, JUNE 27, 2010

## The Mirror - Symbol Of Reflection

The Mirror is a Symbol of physical and spiritual reflection.

The Symbolism associated with The Mirror has its roots in the very distant past. Some of the oldest drawings found on temple walls and papyrus scrolls depict images of Egyptian Neters gazing into hand-held Mirrors.

In ancient times, Mirrors were made of polished bronze. Today, Mirrors are made of glass. However, a Mirror can be any reflective surface such as highly polished black stone or still Water.

In the material world of our Current Incarnation Mirrors are both a necessity and convenience. We use Mirrors every day to reflect physical images. We make use of rear-view Mirrors in our vehicles to alert us of potential dangers and cautions behind us. We station Mirrors at corners of buildings and hallways to "see" what is around the corner. And, of course, we spend a fair amount of time every day standing before our personal Mirrors while we preen ourselves prior to going out into the world.

However, when we consider the esoteric, or mystic, Symbolism associated with The Mirror we find that it alludes to a much higher and sublime purpose...***Spiritual Reflection!***

Just as a physical Mirror is a reflection of how we currently appear, and how the world around us currently appears, so too does our *Spiritual Mirror* Truthfully reflect the Consequences of our actions along with the Karmic rewards, or punishments, which the consequences of our actions have brought upon us.

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Our Spiritual Mirror reflects back to us our external surroundings. In other words, our Spiritual Mirror shows us the people, places and Events which are currently a part of the life we have created for ourselves. By gazing at our external surroundings we are looking directly into our Spiritual Mirror.

The Egyptian Neters, the Divine Principles of Nature referred to earlier, gaze into their hand-held Mirrors in order to reflect upon how they truly appear within the realm in which they are currently expressing themselves. They are also gazing into their Mirrors in order to "see" what consequences have been created as a result of the Events which they have set in motion. In other words, they are continually reflecting upon the results of their Thoughts and Actions in an eternal process of self-evaluation.

Just as the Egyptian Neters gaze into their Divine Mirrors in order to reflect upon themselves and ponder their thoughts and actions, we too can use our very own personal Spiritual Mirrors to do the very same.

In order for a Mirror to cast a reflection, it requires Light. Symbolically, Light represents Illumination, Enlightenment, Awareness and Wisdom. Therefore, in order for us to Honestly evaluate ourselves and the world we have created around ourselves when using our personal Spiritual Mirror, we must view our current reflection with an Enlightened mind.

Keeping in mind that The Mirror can only reflect what is Truly before it, whatever we view in our personal Spiritual Mirror is currently the Truth of not only our Personality And Reputation (who we are) but also the Truth of the world which we have created around ourselves.

It is important to remind ourselves, however, that The Mirror simply reflects that which is currently True. As Enlightened Beings we have both the ability and responsibility to change our personal, mental, and Spiritual reflection whenever we "see" something in our Mirror that is not Harmonious with who we truly aspire to be. In this way we are identical to the Egyptian Neters who gaze into their hand-held Mirrors in an Eternal process of self-evaluation, self-improvement, self-change and self-Enlightenment.

**See also:** "Personality and Reputation"

**Comments and Emails:** I welcome comments and emails from people with similar thoughts and feelings. My email address is

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Posted by Joseph Panek at [6:00 AM](#)

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**Abby Bee said...**

Thank you for posting this! I was trying to find inspiration for a project involving mirrors but I needed to see other people's ideas of what mirrors symbolize. This was very helpful and an interesting perspective.

September 22, 2013 at 12:12 PM

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