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Your system need to install node.js
A detailed procedure for installing node.js in ubuntu is described in the link
https://tecadmin.net/install-latest-nodejs-npm-on-ubuntu/
video link:
https://www.youtube.com/watch?v=WeEKAhEm67Q
you need to install the latest version install stable version
For checking node
node -v
version 6.10.3 (version above 6 is safe because all modules will work with no problem).(learned from my work
npm -v
version 3.8.9 above
npm is the package installer for node modules.
If above everything is perfectly done.
for checking that node/npm works on your system perfectly
https://expressjs.com/en/starter/hello-world.html
if you are able to see homepage on localhost on 3000 port number

then :), you have successfully installed node js.

Go through the ablove link .
%%%%%%%%%%% MONGODB INSTALLATION%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%
mongodb installation link
https://docs.mongodb.com/v3.0/tutorial/install-mongodb-on-ubuntu/
video

https://www.youtube.com/watch?v=WbweLu1cZvE

to start mongodb

https://askubuntu.com/questions/61503/how-to-start-mongodb-server-on-system-start

if everything works fine app.js will work.

HOW TO RUN app.js IS EXPLAINED IN run_appjs FILE