

COMPARISON OF UNDERGRADUATE STUDENTS' PREFERENCES AND ACADEMIC PERFORMANCE IN FACE-TO-FACE VERSUS ONLINE LEARNING ENVIRONMENTS.

Student Performance

- Students scored higher in faceto-face learning.
- Online learning resulted in lower test scores.

Student Preferences

- Majority preferred face-to-face interaction for engagement.
- Online learning is valued for flexibility but lacks interaction.

Cognitive & Learning Factors

- Face-to-face reduces cognitive load by providing immediate feedback.
- Online learning requires more self-discipline and independent problem-solving.



A blended approach may be the most effective way to balance flexibility and engagement.



Research & Findings

- Study conducted on 67 psychology students.
- Empirical data collected through tests and surveys.