

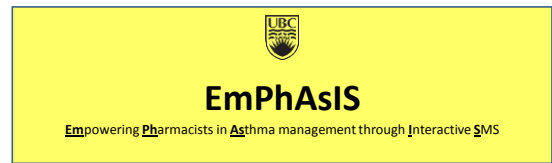


Follow-up Procedures: Intervention Pharmacy, Monthly Follow-up and WelTel Platform

emphasis.core.ubc.ca

Click for more information

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To review how to recruit and screen a potential study participant,
please see the previous mini-webinar on:
"Baseline Procedures: Recruiting and Screening Patients"

To review how to consent and enroll a potential study participant,
please see the previous mini-webinar on:
"Baseline Procedures: Consenting and Enrolling Patients"

To review how to register patients into the WelTel platform and initiate text
messages, please see previous mini-webinar on:
"Baseline Procedures: Intervention Pharmacy, Next Steps"

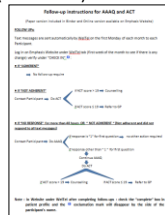
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Monthly Follow-up Procedures

1. Check monthly SMS ("checkins")
 - Patient responses to monthly SMS in WelTel platform)
2. Follow-up non-adherent patients by telephone (if needed)

In your binder

- Follow-up Instructions for AAAQ and ACT (laminated)



1. Checkins

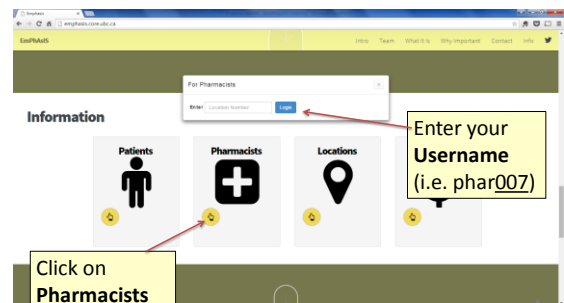
- Standardized sending of text messages on the **first Monday of every month** via WelTel
 - You will not have to do anything with respect to texting participant yourself
- Tip:
 - Incorporate monthly SMS checks into workflow by doing "checkins" on WelTel on first Tuesday (or first Wednesday) of the month

1. Checkins

Go to the EmPhAsIS study website:
emphasis.core.ubc.ca



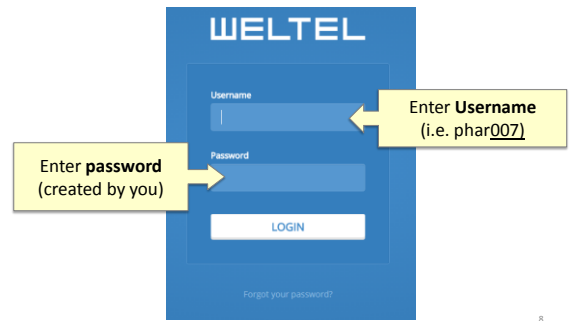
1. Checkins



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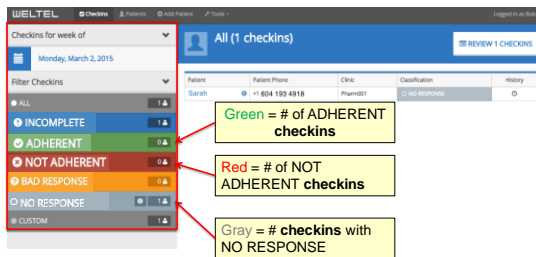


1. Checkins



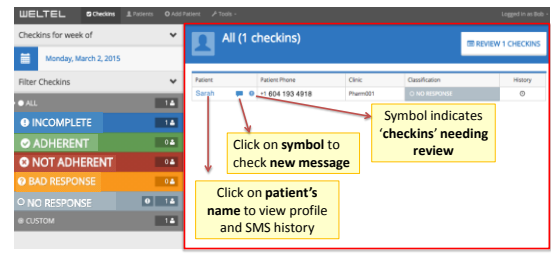
1. Checkins

- 'Checkins' view for all patients (# according to Status)



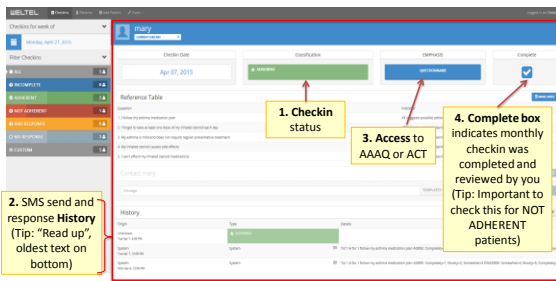
1. Checkins

- 'Checkins' view for all patients (List)

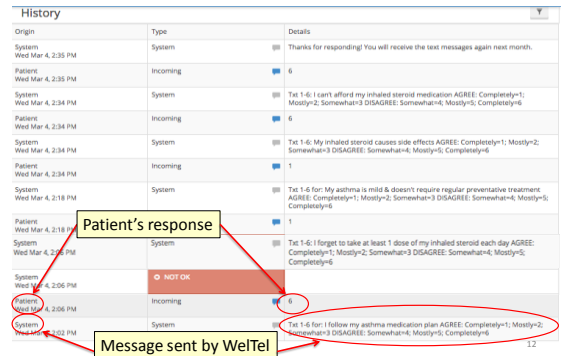


1. Checkins

- Profile view for individual patient



1. Checkins



1. Checkins

Origin	Type	Details
System	System	Thanks for responding! You will receive the text messages again next month.
Patient	Patient	Test 1-6: I can't afford my inhaled steroid medication. AGREE: Completely=1; Mostly=2; Somewhat=3; DISAGREE: Somewhat=4; Mostly=5; Completely=6
System	System	Test 1-6: I can't afford my inhaled steroid medication. AGREE: Completely=1; Mostly=2; Somewhat=3; DISAGREE: Somewhat=4; Mostly=5; Completely=6
Patient	Patient	Test 1-6: My inhaled steroid causes side effects. AGREE: Completely=1; Mostly=2; Somewhat=3; DISAGREE: Somewhat=4; Mostly=5; Completely=6
System	System	Test 1-6: My inhaled steroid causes side effects. AGREE: Completely=1; Mostly=2; Somewhat=3; DISAGREE: Somewhat=4; Mostly=5; Completely=6
Patient	Patient	Test 1-6: For my asthma is mild & doesn't require regular preventative treatment. AGREE: Completely=1; Mostly=2; Somewhat=3; DISAGREE: Somewhat=4; Mostly=5; Completely=6
System	System	Test 1-6: For my asthma is mild & doesn't require regular preventative treatment. AGREE: Completely=1; Mostly=2; Somewhat=3; DISAGREE: Somewhat=4; Mostly=5; Completely=6
Patient	Patient	Test 1-6: I forget to take at least 1 dose of my inhaled steroid each day. AGREE: Completely=1; Mostly=2; Somewhat=3; DISAGREE: Somewhat=4; Mostly=5; Completely=6
System	System	Test 1-6: I forget to take at least 1 dose of my inhaled steroid each day. AGREE: Completely=1; Mostly=2; Somewhat=3; DISAGREE: Somewhat=4; Mostly=5; Completely=6
Patient	Patient	Test 1-6: I follow my asthma. AGREE: Completely=1; Mostly=2; Somewhat=3; DISAGREE: Somewhat=4; Mostly=5; Completely=6
System	System	Test 1-6: I follow my asthma. AGREE: Completely=1; Mostly=2; Somewhat=3; DISAGREE: Somewhat=4; Mostly=5; Completely=6

2. Follow-up Non-Adherent Patients

- Your role in this step is the most important part of the EmPhAsIS study
- Because this is a pragmatic study, please provide counselling according to your practice but we have provided you with some tools to help

Tools

- **AAAQ** Questions 2 to 5 to identify adherence barrier
 - Texted to patients OR
 - Accessible via WellTel OR
 - **AAAQ Form** (in binder)
- **Asthma Control Test (ACT)** to assess asthma control
 - Accessible via WellTel OR
 - **ACT Form** (in binder)

2. Follow-up Non-Adherent Patients

- Why the **AAAQ**?
 - By identifying potential adherence barrier, we hope this tool will facilitate your counselling
 - *Please note: This is provided as a tool and while we encourage its use, you may decide to use/not use*

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2. Follow-up Non-Adherent Patients

- Why the **ACT**?
 - This allows assessment of asthma control
 - **If total score is 19 or lower, please advise patient to consult their GP**
 - *Please note: This is provided as a tool and while we encourage its use, you may decide to use/not use*

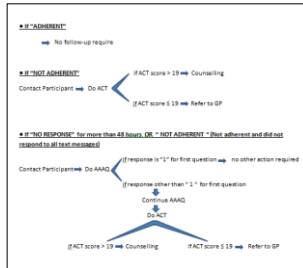
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2. Follow-up Non-Adherent Patients

- From **Follow-up Instructions for AAAQ and ACT** (laminated card), possible scenarios:



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2. Follow-up Non-Adherent Patients

If you used the **AAAQ Form** or the **ACT Form** to follow-up non-adherent patients

- Stick Patient **Study ID** onto the forms
- File completed forms at the back of the study binder
 - You do not need to fax these forms to UBC

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Congratulations!

You have now successfully completed a monthly follow-up with your patients!

If you are unable to follow-up with a non-adherent patient, please notify the study investigators as soon as possible.

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EmPhAsIS

Empowering Pharmacists in Asthma management through Interactive SMS

Questions?

Please do not hesitate to contact us

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