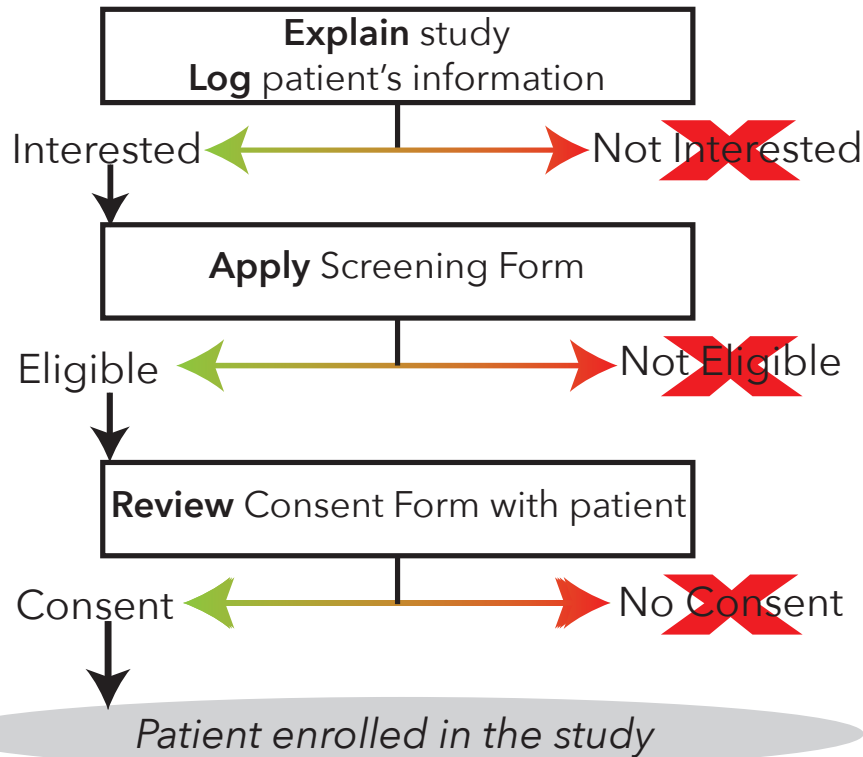


# ENROLLMENT and RECRUITMENT FLOW CHART

*Patient inquires about study*



**Assign** study ID  
**Inform** patient of group assignment  
**Have** patient complete:  
-Contact Form  
-Demographic Form

**Log** into [emphasis.core.ubc.ca](https://emphasis.core.ubc.ca)  
**Add** new patient

*Patient will receive 1st text message*

**Provide** education about asthma  
**Inform** patient of what to expect  
**Fax** the following to 604-827-4014  
[Signed page of Consent Form](#)  
[Screening Form](#)  
[Contact Form](#)  
[Demographic Form](#)

*Patient will receive texts every 1st Monday of the month for 12 months  
Patient will be contacted by researchers for study questionnaires at 0, 6, and 12 months*

**Give** patient: Participant Guide  
Magnet  
Signed Consent Form