

# From Equations to Impact

*The Art of Modeling Infectious Diseases*

**Sergey Lapin**

Department of Mathematics & Statistics  
Washington State University – Everett Campus

*Invited Lecture at Université Paris Cité*

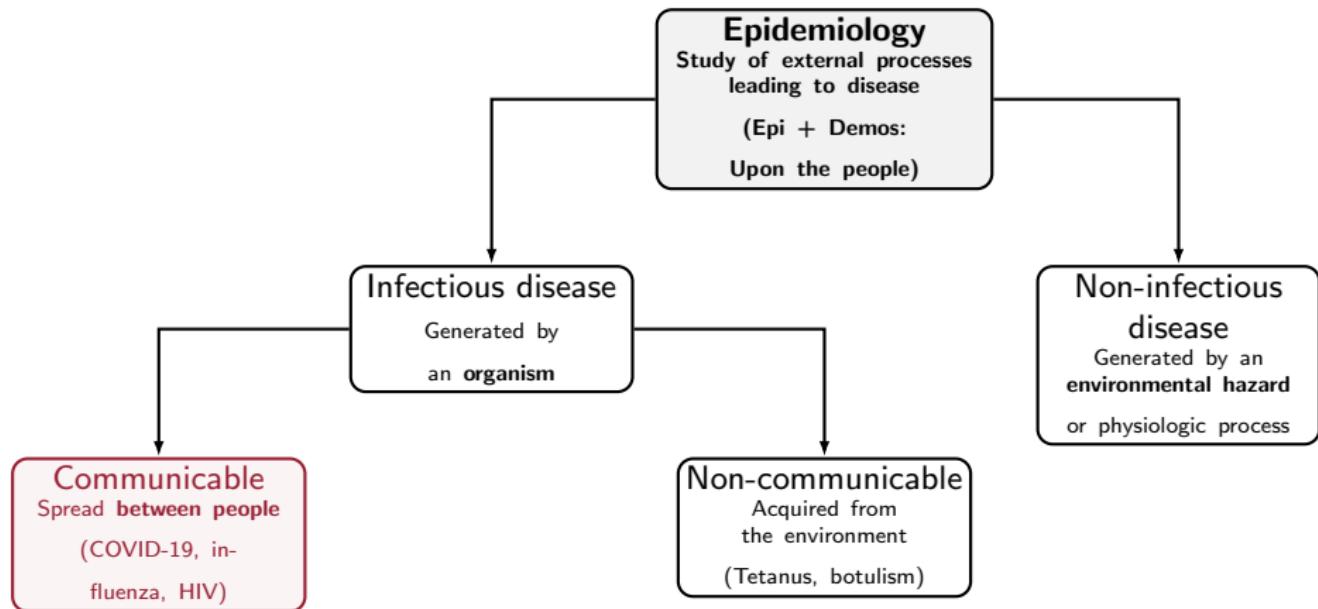
[slapin@wsu.edu](mailto:slapin@wsu.edu)



# Outline

- 1 Introduction and Motivation
- 2 The SIR framework
- 3 Extended Compartmental Models
- 4 Structured Compartmental Models
- 5 Beyond Compartmental Models
- 6 Reflections and Applications

# Epidemiology: Classification of Diseases

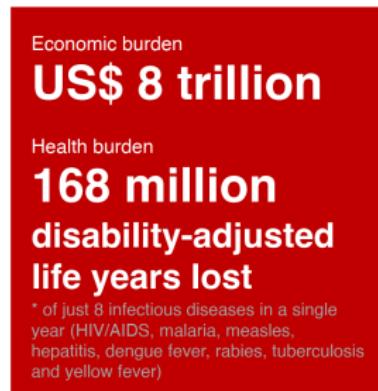


# What are Infectious Diseases?

- Many agents infect humans, animals, and plants
- Transmission: direct (droplets, fluids) or indirect (vectors, environment)
- Microparasites: viruses, bacteria, fungi
- Macroparasites: worms
- Pathogens = infectious agents causing disease

# Global Burden of Infectious Diseases

- **Economic burden:** estimated at nearly \$8 trillion per year for only eight major infectious diseases (HIV/AIDS, malaria, measles, hepatitis, dengue, rabies, tuberculosis, yellow fever).
- **Health burden:** about 168 million disability-adjusted life years (DALYs) lost.
- For perspective: U.S. billionaires' combined net worth \$4.5 trillion; Germany's GDP \$4.1 trillion.



Institute of Labour Economics, 2020

# Characteristics of Infectious Diseases

- Transmission route & potential
- Latent (pre-infectious) and infectious period
- Incubation time
- Acquired immunity
- Symptomatic vs asymptomatic cases

# Transmission Routes of Infectious Diseases

- **Respiratory:** Spread through droplets or aerosols released when an infected person coughs, sneezes, or breathes. *Examples:* Measles, influenza, COVID-19.
- **Sexual:** Transmitted through sexual contact via semen, vaginal fluids, or mucosal surfaces. *Examples:* HIV, HPV, gonorrhea.
- **Orofecal (Fecal-oral):** Pathogens in fecal matter contaminate food or water, which is then ingested. *Examples:* Cholera, hepatitis A, typhoid fever.
- **Parenteral (Blood-borne):** Direct entry into the bloodstream through needles, transfusions, or open wounds. *Examples:* Hepatitis C, HIV.
- **Vertical:** Transmission from mother to child during pregnancy, birth, or breastfeeding. *Examples:* HIV, hepatitis B, rubella.
- **Vector-borne:** Spread by insects or other arthropods that carry pathogens between hosts. *Examples:* Malaria, dengue, Zika virus.

# Vector-Borne Transmission Examples

## Malaria (*Anopheles* mosquito)

- Active between sunset and sunrise.
- Breeds in natural water bodies.
- Multiple hosts.



Image: Wikipedia

## Dengue (*Aedes* mosquito)

- Daytime feeders, highly domesticated.
- Humans are preferred hosts.
- Prevention: removal of open water containers.



# Historic Pandemics

- Plague of Justinian (541–750): killed 50–60% of Europe's population.
- Black Death (1347–1352): 25–50% mortality across Europe, Asia, and Africa.
- Smallpox and measles in the Americas (15th–16th centuries): massive population decline among Indigenous peoples.
- 1918 Influenza ("Spanish Flu"): 25–50 million deaths worldwide.
- HIV/AIDS (since 1980s): over 40 million deaths globally.
- **COVID-19 (2019–present)**: Caused by the SARS-CoV-2 coronavirus, first identified in Wuhan, China, in late 2019. Declared a pandemic by WHO in March 2020, it led to major global disruption, with more than 770 million confirmed cases and nearly 7 million reported deaths by 2024 (WHO). Rapid vaccine development and public health interventions dramatically reduced mortality rates after 2021.

# Spread of the Black Death (1346–1353)



1346 > 1347 > 1348 > 1349 > 1350 > 1351 > 1352 > 1353

Approximate border between the Principality of Kiev and the Golden Horde - passage prohibited for Christians.

Land trade routes

Maritime trade routes

# Where Did Infectious Disease Models Come From?



Daniel Bernoulli (1700–1782)



*Essai d'une nouvelle analyse...* (1766)

## Bernoulli's Model of Smallpox Mortality

- Published in 1766 in the *Mémoires de Mathématique et de Physique*.
- One of the first mathematical models of infectious disease.
- Estimated the increase in life expectancy from smallpox inoculation.
- Used life tables and differential equations for infection and survival.
- Pioneered quantitative reasoning in public health.

# From Bernoulli to the SIR Framework

## The Evolution of Epidemic Modeling

1766 → 1915/1927 → Today

*Bernoulli's life-table model → early differential epidemic theory → compartmental SIR/structural/agent-based models*

### Key milestones:

- **1766 — Daniel Bernoulli:** first quantitative model of smallpox inoculation using life tables.
- **1915 — Early differential model:** first explicit use of equations for population infection dynamics, laying groundwork for the SIR model.
- **1927 — Kermack & McKendrick:** formal SIR framework describing epidemic growth, threshold, and final size.

1915 reference: early “Theory of Happenings” paper published in the \*Proceedings of the Royal Society\*, introducing differential infection rates for affected vs non-affected groups

# A Contribution to the Mathematical Theory of Epidemics



William O. Kermack (1898–1970)



Anderson G. McKendrick (1876–1943)

**Landmark paper:** W. O. Kermack A. G. McKendrick. "A Contribution to the Mathematical Theory of Epidemics." *Proceedings of the Royal Society of London A*, Vol 115 (772): 700-721, Aug 1 1927

- Introduced the concept of Susceptible → Infectious → Removed ( $S \rightarrow I \rightarrow R$ ).
- Derived threshold conditions for an epidemic (implicit precursor to  $R_0$ ).
- Provided analytical insights into epidemic growth, peak, and final size.
- Represented a foundational shift from life-tables to flow models of transmission.

# Why Mathematical Models?

- **Understand disease dynamics:** Models describe how infections spread, persist, or die out in a population — identifying key drivers such as contact rate, immunity, and seasonality.
- **Predict future outbreaks:** By estimating parameters like  $R_0$  or transmission rates, models help forecast epidemic peaks and total cases, guiding public health planning.
- **Evaluate interventions:** Quantitatively assess the impact of vaccination, quarantine, mask use, or vector control. *Example:* Estimating how high vaccination coverage must be to achieve herd immunity.
- **Explore “what-if” scenarios:** Models allow simulation of different assumptions — e.g., emergence of a new variant or changes in contact patterns — to support preparedness.

## Trade-offs:

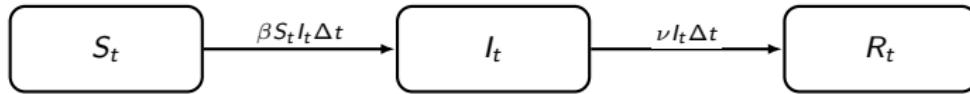
- **Accuracy:** More complex models may capture details better but need more data.

# What Can't Mathematical Models Do?

- **Predict the future with certainty:** Models are not crystal balls — they depend on assumptions and input data, which can change as new variants, behaviors, or interventions emerge.
- **Capture every detail of reality:** Simplifications are necessary — models ignore many biological, environmental, and social complexities to remain tractable.
- **Compensate for poor or missing data:** Even the best model fails if parameters or surveillance data are unreliable or biased.
- **Replace expert judgment or policy decisions:** Models inform decisions, but public health actions also rely on ethics, economics, and social factors.
- **Eliminate uncertainty:** Every model output includes error; interpreting uncertainty is part of responsible modeling.

**Key takeaway:** *Models are simplified representations — useful for insight and planning, not perfect predictions.*

# Discrete-Time SIR Model



$$\Delta t = 1 \text{ step: } S_{t+\Delta t} = S_t - \beta S_t I_t \Delta t, I_{t+\Delta t} = I_t + \beta S_t I_t \Delta t - \nu I_t \Delta t, R_{t+\Delta t} = R_t + \nu I_t \Delta t$$

- Time advances in discrete steps (e.g., days or weeks).
- At each step, a fraction of susceptible individuals becomes infected.
- This approach aligns naturally with surveillance data reported per day or week.

$$\begin{aligned} S_{t+1} &= S_t - \beta S_t I_t, \\ I_{t+1} &= I_t + \beta S_t I_t - \nu I_t, \\ R_{t+1} &= R_t + \nu I_t. \end{aligned}$$

*Each “bucket” loses or gains individuals at each step.*

# The Basic Reproduction Number $R_0$ (Discrete Intuition)

- At the start of an epidemic:

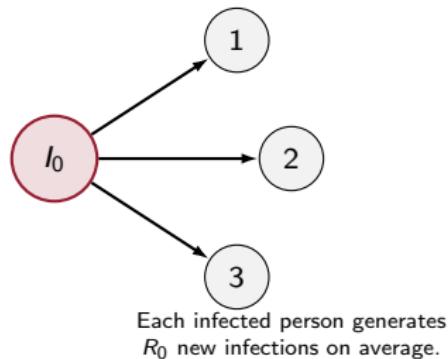
$$S_0 \approx N, \quad I_0 = 1.$$

- New infections per unit time:  
 $\text{new}_t = \beta S_t I_t \approx \beta N.$
- Over an infectious period  $D$ :

$$R_0 = \beta ND.$$

- Interpretation:** average number of secondary infections caused by a single infective in a fully susceptible population.

Assumes homogeneous mixing, constant  $\beta$  and  $D$ .



# Interpreting $R_0$ as a Threshold

- $R_0$  is a **threshold parameter**:

$$\begin{cases} R_0 > 1 & \text{epidemic can grow,} \\ R_0 = 1 & \text{steady state,} \\ R_0 < 1 & \text{epidemic will die out.} \end{cases}$$

- Using  $R_0$ , we define the number of **effective contacts per person per unit time**:

$$c_e = \frac{R_0}{D}.$$

- The **per capita contact rate** (rate at which a given individual makes effective contact per unit time):

$$\beta = \frac{c_e}{N} = \frac{R_0}{ND}.$$

- **Note:** For a given pathogen, defining an “effective contact” is not always simple — it depends on mode of transmission, environment,

# From Discrete to Continuous Models

- Let  $\Delta t$  be a small time step.
- The difference quotient  $\frac{S_{t+\Delta t} - S_t}{\Delta t}$  becomes a derivative as  $\Delta t \rightarrow 0$ .

$$\frac{dS}{dt} = -\beta SI, \quad \frac{dI}{dt} = \beta SI - \nu I, \quad \frac{dR}{dt} = \nu I.$$

**Interpretation:** The continuous model captures instantaneous change, while the discrete model follows case counts step by step.

# Scaling the SIR Model by Population Size

- In the continuous SIR model, we used absolute counts:

$$\frac{dS}{dt} = -\beta SI, \quad \frac{dI}{dt} = \beta SI - \nu I, \quad \frac{dR}{dt} = \nu I.$$

- Let total population be  $N = S + I + R$  (constant for a closed system).
- Define **normalized variables**:

$$s = \frac{S}{N}, \quad i = \frac{I}{N}, \quad r = \frac{R}{N}.$$

Then  $s + i + r = 1$ .

- Substituting into the system gives:

$$\frac{ds}{dt} = -\beta si, \quad \frac{di}{dt} = \beta si - \nu i, \quad \frac{dr}{dt} = \nu i.$$

Now, the equations depend only on  $\beta$  and  $\nu$ , not on  $N$ .

- Interpretation:** Scaling by  $N$  expresses the model in terms of **fractions of the population**, making it dimensionless and easier to compare across populations of different sizes.

# The Basic Reproduction Number $R_0$ in the Continuous SIR Model (Scaled Form)

**Normalized (per capita) SIR model:**

$$\frac{ds}{dt} = -\beta si, \quad \frac{di}{dt} = \beta si - \nu i, \quad \frac{dr}{dt} = \nu i, \quad s + i + r = 1.$$

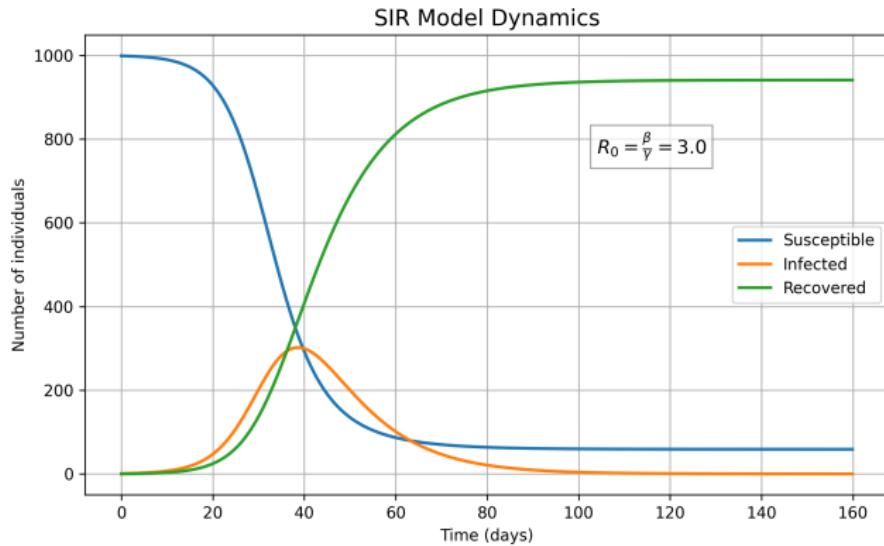
- Here,  $s = S/N$ ,  $i = I/N$ , and  $r = R/N$  are **fractions** of the population.
- $\beta$  is the **effective contact rate** (per person per unit time).
- $\nu$  is the **recovery rate**.
- At the start of an epidemic,  $s(0) \approx 1$ , so:

$$\frac{di}{dt} \approx (\beta - \nu) i.$$

- Infection grows if  $\beta > \nu$ .
- Therefore, the **basic reproduction number** is:

$$R_0 = \frac{\beta}{\nu}.$$

# Results of the SIR Model Simulation



## Key observations:

- The epidemic curve shows a rapid increase in infections followed by decline as susceptibles are depleted.
- $R_0 = \beta/\gamma$  controls whether the epidemic grows ( $R_0 > 1$ ) or fades ( $R_0 < 1$ ).
- Final epidemic size depends on both initial conditions and  $R_0$ .

Example parameters:  $\beta = 0.3$ ,  $\gamma = 0.1$ ,  $R_0 = 3$ , initial  $I(0) = 1$ ,  $S(0) = 999$ .

# Limitations of the Basic SIR Model

- The SIR model provides a **simplified framework** to understand epidemic spread.
- It captures the **essential mechanism**: infection and recovery transitions.
- However, it makes several simplifying assumptions:
  - **Closed population**: no births, deaths, or migration.
  - **Homogeneous mixing**: every individual has the same probability of contact.
  - **Constant parameters**: transmission rate ( $\beta$ ) and recovery rate ( $\nu$ ) do not change over time.
  - **No interventions**: no vaccination, quarantine, or behavioral changes.
  - **No latent or exposed period**: infection occurs immediately after contact.
- **Consequence**: The model is useful for conceptual understanding and basic analytics, but less realistic for policy analysis or long-term forecasts.

Next steps: Relax these assumptions → include vital dynamics, incubation, and

# SIR Model with Vital Dynamics

- We now include **births and deaths** at rate  $\mu$ :
  - Births introduce new susceptibles into the population.
  - Deaths remove individuals from all compartments equally.

**Model (fractions of total population):**

$$\frac{ds}{dt} = \mu - \beta si - \mu s,$$

$$\frac{di}{dt} = \beta si - (\nu + \mu)i,$$

$$\frac{dr}{dt} = \nu i - \mu r, \quad s + i + r = 1.$$

**Equilibria:**

$$E_0 = (1, 0, 0), \quad E_1 = \left( \frac{\mu+\nu}{\beta}, \frac{\mu}{\beta} \left( \frac{\beta}{\mu+\nu} - 1 \right), 1 - s_1 - i_1 \right).$$

**Threshold condition:**  $R_0 = \frac{\beta}{\mu+\nu}$ .

If  $R_0 > 1$ , the infection becomes **endemic**; if  $R_0 < 1$ , it dies out.

# Interpreting $R_0$ with Demography

- **Transmission rate:**  $\beta$  — average number of effective contacts per person per unit time.
- **Recovery rate:**  $\nu = 1/D$  — average duration of infectiousness ( $D$  days).
- **Birth/death rate:**  $\mu = 1/L$  — average lifespan ( $L$  time units).
- The expected infectious period including mortality:

$$\frac{1}{\mu + \nu}.$$

- Hence,

$$R_0 = \frac{\beta}{\mu + \nu}$$

is the average number of secondary infections produced by one infectious individual in a demographically open population.

- If  $R_0 > 1$ , the infection persists at a positive equilibrium (endemic state); if  $R_0 < 1$ , it fades out.

# Vaccination at Birth and Herd Immunity

- Suppose a fraction  $p$  of newborns is **vaccinated** at birth.
- The vaccinated enter the  $R$  (immune) compartment immediately:

$$\frac{ds}{dt} = \mu(1 - p) - \beta si - \mu s,$$

$$\frac{di}{dt} = \beta si - (\nu + \mu)i,$$

$$\frac{dr}{dt} = \mu p + \nu i - \mu r.$$

- **Equilibria:**

$$E_0 = (1 - p, 0, p), \quad \text{endemic if } (1 - p)R_0 > 1.$$

**Critical vaccination coverage:**

$$p_c = 1 - \frac{1}{R_0}.$$

**Effective reproduction number:**

$$R_e = (1 - p)R_0.$$

Herd immunity occurs when  $R_e < 1$  or equivalently  $p > p_c$ .

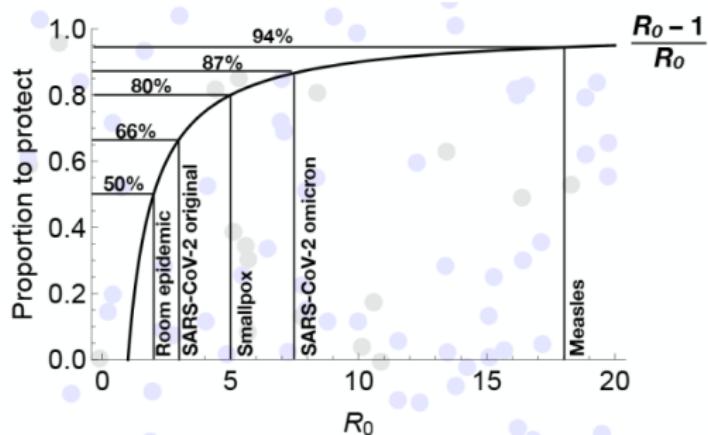
# Herd Immunity Threshold

## Concept:

- When a sufficient fraction of the population is immune, disease transmission cannot sustain.
- The **critical vaccination fraction**:

$$p_c = \frac{R_0 - 1}{R_0}$$

- Example: for  $R_0 = 3$ , about 67% must be immune to stop spread.

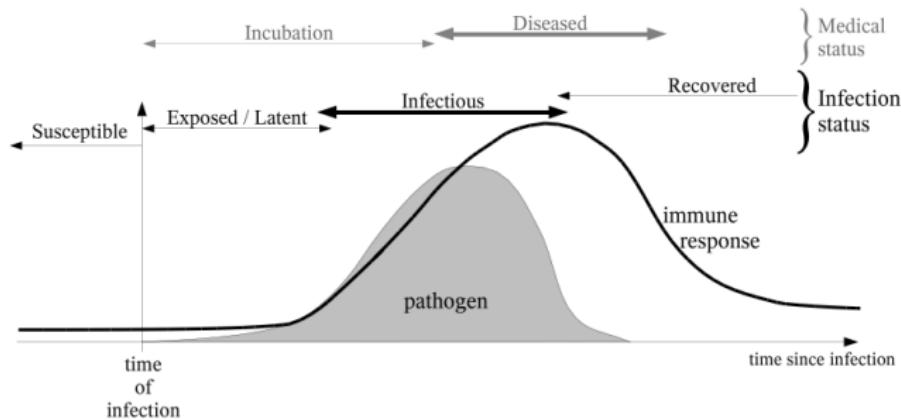


## Implication:

- Herd immunity protects those who cannot be vaccinated.

# Natural History of Infection

## The Infectious Disease Process:

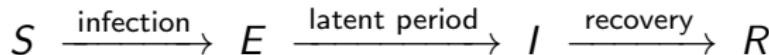


Adapted from: Keeling and Rohani (2008), *Modeling Infectious Diseases in Humans and Animals*.

Illustrates biological and model-based stages: Susceptible → Exposed (latent) → Infectious → Recovered.

# The SEIR Model

- The SEIR model extends the SIR framework by adding an **Exposed (E)** compartment.
- Individuals pass through four stages:



- **Interpretation:**

- $S$ : Susceptible — can acquire infection.
- $E$ : Exposed — infected but not yet infectious (latent phase).
- $I$ : Infectious — capable of transmitting the pathogen.
- $R$ : Recovered/Removed — immune or isolated.

# The SEIR Model

## Model equations:

$$\frac{dS}{dt} = -\beta SI,$$

$$\frac{dE}{dt} = \beta SI - \sigma E,$$

$$\frac{dI}{dt} = \sigma E - \nu I,$$

$$\frac{dR}{dt} = \nu I.$$

**Parameters:**  $\beta$  — transmission rate,  $\sigma = 1/L$  — rate of leaving latent period ( $L$ : mean latency),  $\nu = 1/D$  — recovery rate ( $D$ : infectious duration).

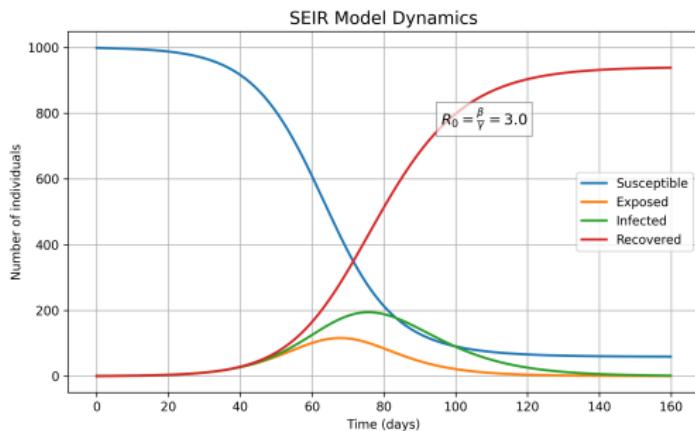
# SIR vs SEIR: Why Add an Exposed Class?

## SIR Model

- Individuals become infectious *immediately* after infection.
- Good approximation for diseases with negligible latent period.
- Peaks earlier and higher.

## SEIR Model

- Adds a **latent (Exposed) compartment  $E$** .
- Captures incubation: infected but not yet infectious.
- Peak infections occur later and are reduced.



SEIR dynamics: latency delays and lowers the epidemic peak.

# MSEIR Model: Adding Maternal Immunity

## Motivation:

- Some diseases (e.g., measles, rubella) involve **maternal immunity**: newborns receive antibodies from their mothers.
- These infants are **temporarily protected** and enter a new compartment  $M$ .
- When maternal antibodies wane (at rate  $\gamma$ ), they move into the susceptible class.

## Model equations:

$$\frac{dM}{dt} = \mu N - (\gamma + \mu)M,$$

$$\frac{dS}{dt} = \gamma M - (\lambda + \mu)S,$$

$$\frac{dE}{dt} = \lambda S - (\kappa + \mu)E,$$

$$\frac{dI}{dt} = \kappa E - (\nu + \mu)I,$$

$$\frac{dR}{dt} = \nu I - \mu R,$$

$$\lambda = \beta \frac{I}{N}.$$

## Basic reproduction number:

$$R_0 = \frac{\kappa \beta}{(\kappa + \mu)(\nu + \mu)}.$$

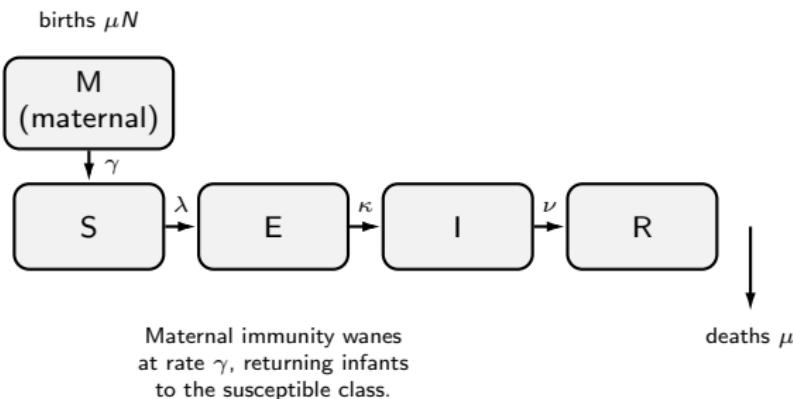
## Interpretation:

- $\beta$  — transmission rate
- $\kappa$  — progression from latent to infectious
- $\nu$  — recovery rate
- $\mu$  — birth/death rate
- $R_0$  depends on both latency and survival during infectious stages

# MSEIR Model Structure

## Compartments and Interpretation:

- $M$ : infants with **maternal immunity** — protected by antibodies at birth.
- $S$ : **susceptible** individuals — can become infected.
- $E$ : **exposed** — infected but not yet infectious.
- $I$ : **infectious** — capable of transmitting the disease.
- $R$ : **recovered or immune**.
- Maternal immunity wanes at rate  $\gamma$ , moving  $M \rightarrow S$ .
- Births add to  $M$  at rate  $\mu N$ ; deaths remove from all compartments at rate  $\mu$ .
- Suitable for diseases such as **measles** or **rubella**, where newborns are initially immune.



MSEIR extends SEIR by accounting for temporary newborn immunity and its loss over time.

# Timescales and Qualitative Dynamics in the MSEIR Model

## Key Epidemiological Timescales:

- **Maternal immunity:** typically lasts for several **months**.
- **Latent (exposed) period:** a few **days**.
- **Infectious period:** several **days to weeks**.

## Implications for Model Behavior:

- Separation of these timescales can lead to:
  - **Oscillatory dynamics** — sustained epidemic cycles (e.g., measles).
  - **Age-structured patterns** — due to slow replenishment of susceptibles.
- The choice of time unit (*days vs years*) influences the numerical behavior of discrete-time models.
- Appropriate scaling ensures model stability and realistic periodicity.

# Structured Compartmental Models

## Up to now:

- We have explored progressively richer compartmental models:
  - SIR → SEIR → MSEIR, including births, deaths, and immunity.
  - These models assume **homogeneous mixing** — every individual is equally likely to contact anyone else.

## In reality:

- **Contacts are structured** by age, behavior, and setting:
  - Schools, workplaces, and households form distinct sub-networks.
- **Network features** such as degree variation, clustering, and small-world links strongly affect transmission.
- Incorporating structure can change epidemic thresholds, outbreak sizes, and oscillation patterns.

# Adding Structure to Epidemic Models

**Next step:** move from homogeneous populations to **structured mixing**.

- So far, our models assumed **random mixing** — all individuals equally likely to contact each other.
- In reality, transmission depends on:
  - **Age** (children vs adults),
  - **Sex or behavior** (male–female, high–low risk),
  - **Location or community** (schools, workplaces, regions).
- These structures can be captured mathematically by:
  - **Mixing matrices (WAIFW)** — “Who Acquires Infection From Whom,”
  - **Coupled systems** — multiple interacting subpopulations,
  - **Age-structured PDEs** — continuous aging and infection dynamics.

*Goal: capture heterogeneity in contact patterns and its effect on transmission.*

# WAIFW: Who Acquires Infection From Whom

**Concept:** Represent structured mixing with a **contact matrix**  $C$ .

$$C = \begin{pmatrix} \beta_{aa} & \beta_{ab} \\ \beta_{ba} & \beta_{bb} \end{pmatrix}, \quad \lambda_a = \beta_{aa}I_a + \beta_{ab}I_b, \quad \lambda_b = \beta_{ba}I_a + \beta_{bb}I_b.$$

**Interpretation:**

- $\beta_{ij}$  = transmission rate from group  $j$  to group  $i$ .
- Allows for asymmetric transmission (e.g., children  $\rightarrow$  adults differ from adults  $\rightarrow$  children).
- Defines the **WAIFW matrix** — “Who Acquires Infection From Whom.”
- Foundation for age-, sex-, or behavior-structured models.

Structured contact patterns modify effective  $R_0$  and disease persistence.

# Example: SIS Model for Gonorrhea (Heterosexual Contacts)

## Assumptions:

- No lasting immunity → SIS framework.
- Two populations: females ( $f$ ) and males ( $m$ ).
- Transmission occurs only between groups.

## Model equations:

$$\begin{aligned}\frac{dS_f}{dt} &= -\beta_{fm} S_f I_m + \nu_f I_f, & \frac{dI_f}{dt} &= \beta_{fm} S_f I_m - \nu_f I_f, \\ \frac{dS_m}{dt} &= -\beta_{mf} S_m I_f + \nu_m I_m, & \frac{dI_m}{dt} &= \beta_{mf} S_m I_f - \nu_m I_m.\end{aligned}$$

## Endemicity condition:

$$R_{0,f} \times R_{0,m} > 1.$$

## Implications:

- Gender asymmetry in behavior can sustain infection even if each  $R_0$  individually  $< 1$ .
- Useful for modeling sexually transmitted infections (STIs).

# Two-Population SIR with Symmetric Coupling

**Model:**

$$\frac{dS_1}{dt} = -(\beta_{11}I_1 + \alpha I_2)S_1 + \mu(1 - S_1),$$

$$\frac{dI_1}{dt} = (\beta_{11}I_1 + \alpha I_2)S_1 - (\nu + \mu)I_1,$$

$$\frac{dR_1}{dt} = \nu I_1 - \mu R_1,$$

$$\frac{dS_2}{dt} = -(\beta_{22}I_2 + \alpha I_1)S_2 + \mu(1 - S_2),$$

$$\frac{dI_2}{dt} = (\beta_{22}I_2 + \alpha I_1)S_2 - (\nu + \mu)I_2,$$

$$\frac{dR_2}{dt} = \nu I_2 - \mu R_2.$$

**Key parameter:**  $\alpha$  — between-group transmission strength.

**Dynamics:**

- $\alpha = 0$ : groups are independent  $\rightarrow$  separate epidemics.
- Moderate  $\alpha$ : partial synchronization or phase-shifted cycles.
- Large  $\alpha$ : synchronized epidemics with shared persistence.

Coupling between populations alters persistence and phase relationships.

# Age-Structured SIR Model (PDE Formulation)

## Continuous-age formulation:

$$\partial_a S(a, t) + \partial_t S(a, t) = -[\lambda(a, t) + \mu(a)]S(a, t),$$

$$\partial_a I(a, t) + \partial_t I(a, t) = \lambda(a, t)S(a, t) - [\nu + \alpha + \mu(a)]I(a, t),$$

$$\partial_a R(a, t) + \partial_t R(a, t) = \nu I(a, t) - \mu(a)R(a, t),$$

$$S(0, t) = B(t) \quad (\text{birth boundary condition}).$$

## Interpretation:

- Tracks how individuals age and progress through compartments.
- **Characteristics:**  $(a, t)$  lines describe cohorts aging over time.
- Computationally intensive but captures realistic demography and immunity patterns.

PDE-based models extend compartmental ideas to continuous age and time structure.

# Cohort Models: CAS vs RAS

**Purpose:** Implement age structure in discrete age bins rather than continuous age-time PDEs.

## CAS – Cohort Age-Structured Model:

- ODE system with age classes linked by **aging flow rates**  $\eta_i$ .
- Individuals move from age group  $i$  to  $i+1$  at rate  $\eta_i$ .
- Continuous aging approximation.

## RAS – Realistic Age-Structured Model:

- 1-year age bins; integrate for 1 year, then **shift all cohorts forward**.
- New births enter the age-0 class at each cycle.
- Closer to real census or serological data structures.

*Both approaches implement age progression numerically; RAS better matches real-world demographic data.*

# Beyond Compartmental Models: Agent-Based Modeling (ABM)

**Concept:** Simulate populations as collections of individual agents with explicit behaviors and interactions.

## Key features:

- Each **agent** represents a person (or unit) with state variables (e.g., age, infection status, mobility).
- Agents interact locally according to predefined rules or contact networks.
- The global epidemic emerges from these micro-level interactions.

## Advantages:

- Captures heterogeneity in behavior, movement, and compliance.
- Can include spatial structure, stochasticity, and behavioral feedback.
- Useful for policy experiments (e.g., vaccination strategies, school closures).

*ABMs go beyond compartmental models by simulating individual-level interactions and emergent epidemic patterns.*

# Beyond Compartmental Models: Hybrid and Data-Driven Approaches

## Hybrid frameworks:

- Combine differential equations with agent-based or network components.
- Multi-scale integration — from within-host dynamics to population spread.

## Data-driven methods:

- Statistical inference (Bayesian, particle filters) for parameter estimation.
- Machine learning to predict spread patterns or learn model structure.
- Real-time forecasting using mobility, genomic, or wastewater data.

## Challenges:

- Balancing interpretability, accuracy, and computational cost.
- Integrating mechanistic and data-centric paradigms.

*Modern infectious disease modeling blends mechanism, data, and computation.*

# Modeling in Public Health: Classical and Structured Models

**Compartmental and structured models remain essential tools for policy planning:**

- **Vaccination programs:** optimize timing and coverage (e.g., measles, hepatitis A, COVID-19 boosters).
- **Endemic control:** guide thresholds for elimination and herd immunity ( $p_c = 1 - 1/R_0$ ).
- **Resource allocation:** forecast hospital load or regional outbreaks.
- **Equity and demography:** age-structured and WAIFW models identify vulnerable populations.

**Examples:**

- National immunization strategies using SEIR frameworks.
- Modeling of maternal immunity for neonatal protection.

*Structured compartmental models translate biology into actionable public health policy.*

# Modeling in Public Health: Modern and Data-Driven Approaches

**Beyond compartmental models:** new computational frameworks link behavior, data, and policy.

## Agent-based models (ABMs):

- Simulate interventions at the individual level — e.g., vaccination campaigns, school closures.
- Capture behavioral adaptation, stochasticity, and spatial heterogeneity.

## Hybrid and data-driven approaches:

- Integrate mechanistic models with real-time data streams (mobility, wastewater, genomic surveillance).
- Machine learning for short-term forecasts and uncertainty quantification.
- Coupling with economic and social models for decision support.

## Applications:

- COVID-19 response modeling (e.g., mobility-informed SEIR–ABM hybrids).
- Scenario analysis for emerging pathogens and vaccine rollouts.

*Modern public health modeling blends mechanistic insight, data, and computation for real-time decision support.*

# Looking Ahead: Open Challenges in Infectious Disease Modeling

## Emerging directions:

- **Data integration:** combining within-host, population, and genomic information.
- **Behavioral feedback:** modeling adaptive human responses and policy effects.
- **Model transparency:** balancing simplicity, realism, and interpretability.
- **Computation:** hybrid deterministic–stochastic and agent-based approaches.
- **Equity and global health:** tailoring models for diverse data environments.

*Next generation models will unite biology, computation, and social context.*

# Ethical Dimensions of Modeling

## Why ethics matters:

- Models guide resource allocation and public communication.
- Simplifications may reinforce bias or overlook marginalized populations.
- Uncertainty must be communicated clearly to sustain trust.
- Transparent assumptions foster accountability and reproducibility.

*Responsible modeling is not only accurate—but fair and transparent.*

# Key Takeaways

- **Mathematical modeling provides a lens** to understand, predict, and control infectious disease dynamics.
- **Compartmental frameworks (SIR, SEIR, MSEIR)** capture essential mechanisms — infection, recovery, immunity — and yield interpretable metrics like  $R_0$  and herd immunity thresholds.
- **Structured models** (vital dynamics, age, mixing matrices) refine realism and guide policy for vaccination, equity, and endemic control.
- **Beyond compartmental models** — agent-based, network, and hybrid data-driven approaches — simulate behavior, spatial spread, and real-time responses.
- **Ethical and societal considerations** are integral: transparency, uncertainty, and inclusivity build trust in model-based decisions.

*From equations to impact — models translate understanding into informed, equitable public health action.*

# Thank You!

Questions or Discussion?

Sergey Lapin

*Department of Mathematics & Statistics  
Washington State University – Everett Campus*

[slapin@wsu.edu](mailto:slapin@wsu.edu)

*"From equations to impact — the art of modeling infectious diseases."*