



LPM

## **ALTERNATE PICKING (Essential 6.1)**

Getting to grips with picking

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### **LESSON NOTES**

Alternate picking is perhaps the most important right hand technique for guitar. This lesson is a first look at ways to hold the pick, what movements to make, and why alternate picking is the best way to pick on acoustic or electric guitar.

Wherever you're at as a picker, whatever style you play-this lesson will get you on track to achieve a good, solid, dependable picking technique. It will benefit any player who wants to avoid bad habits, and take their picking to the next level.

#### **Points covered:**

- How to hold the pick
- Thickness of picks
- Correct movements and picking directions
- Why alternate picking works
- Tremolo