



# TECHNIQUE

## Beginner Rock and Pop Drum Kit: Knowing Your Instrument

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### LESSON NOTES

This lesson will get you started playing the drums. We'll discuss some different grips (ways of holding the drum sticks), how to play the foot pedals properly as well as introducing the quarter note, and playing with a steady pulse.

#### Key terms explained

- Grips
  - Traditional
  - Matchstick
  - German
  - French
  - American
- Metronome
- Pulse
- Quarter notes/crotchets
- Staff notation