

LESSON 1-1 : Posture and Keyboard

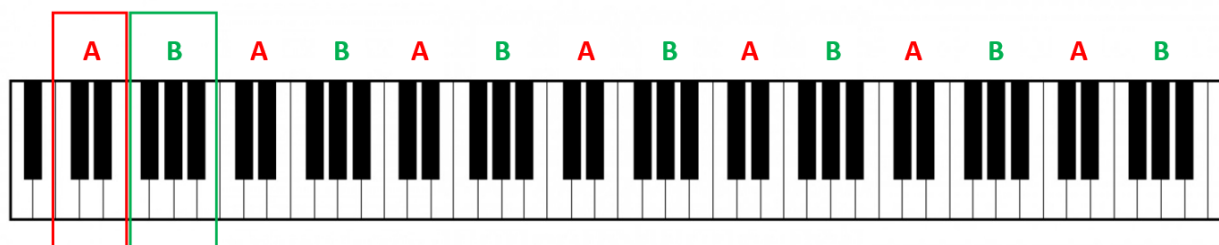
Pop Piano: The Basics

Posture

- The posture should follow these 4 basic steps:
 - Feet flat on the floor
 - Knees are underneath the keyboard
 - Keep the back straight
 - Loose and relaxed shoulders

The Keyboard

- Full keyboard has 88 keys (black and white)



- 2 groups of notes
 - Group A – 2 black keys bounded by 3 white keys
 - Group B – 3 black keys bounded by 4 white keys
- Groups A and B alternate

Labelling Important Keys

- Label keys as shown below

