

“‘Thrust’ is perfect, in that it does what it sets out to do with complete mastery. Directed by Michelle Seaton, it consists of 15 vignettes, some hilarious, some tragic, most both, about different aspects of sexuality... This play understands that sexuality is not separate from our lives, but that it winds through everything: love, friendship, work, self-image... Go see ‘Thrust.’ And be open to falling in love.”

-- Carol Wells, The Northwest Examiner



Director's Notes -- I was sitting with a few girlfriends over brunch and we started to talk about the perceptions of body images and the negative impacts they can have on individuals and the amount of media and print ads that deal with the so-called perfect bodies, faces and styles; the amount of pressure in this day and age to be "perfect." From there we started to talk about the taboos we do not talk about in terms of sexuality and how it all ties into body image and comfortabilty of one's self. From there Thrust's concept came into my mind: Let's get together eight actors (men, woman, straight, bisexual or gay) and talk about sexuality in an honest and unapologetic way. Let's write about experiences we've had about our sexuality, body images or sexual taboos we'd dabbled in. Let's show an audience raw truth and hope they can relate and open up their minds and souls to new concepts. Maybe we can reach someone and have an impact on them? Maybe they will be willing to go 'naked' and learn to love themselves for who they are and what they have to offer no matter what their size, race or sexual preference are? Maybe if we start with just one person it can help foster acceptance in a society riddled with preconceived notions of what beauty and sexuality should be.