

McKenzie McClubs

Fall Session 2009

Welcome to McClubs! The purpose of McClubs is to provide an opportunity for our children to explore their individual interests. We hope to provide a safe, stimulating, and comfortable environment with highly qualified teachers who will guide the children in expanding their knowledge and skills beyond the school curriculum.

Class sizes are limited and are available only to students currently enrolled at McKenzie. Participation will be determined by a lottery for those classes where interest exceeds the number of openings. Waiting lists will be established when necessary. Minimum enrollment is required for some McClubs. Registration will be closed after classes begin (no exceptions to this).

Assume you are enrolled in your club unless you are telephoned by one of us. We will e-mail class list and upcoming announcements to all participants. We will also post all class lists on the PTA bulletin board. ***Please note the start date of your club, as there will not be any future reminders for the start of the McClubs.***

**REGISTRATION FORMS AND FEES ARE DUE BY 3:00 P.M. FRIDAY, OCTOBER 2, 2009.
FEES MUST BE PAID IN FULL FOR EACH MCCLUB AT THE TIME OF REGISTRATION.**

Most McClubs (With the exception of Morning Sports Club) will begin at 3:20 p.m. and end at 4:15 p.m. Morning Sports Club will begin at 8:00 a.m. and end at 8:45 a.m. Please note the time the club is ending and pick up your child promptly.

Class descriptions are below:

DRAMA CLUB **(GRADES 2, 3 & 4)**

All young actors are invited to join this exciting McClub. Taught by Susan Romanelli, Prop Master for New Trier's theater department and facilitator/instructor of Family Programs at Chicago Botanic Garden and Chicago History Museum. Budding thespians will participate in theater games, character development, costume and scenery design. There is no performance at the end of the session.

Class meets **Mondays from 3:20 - 4:15 p.m. in the Auditorium.**
October 19 – December 7 (7 weeks)*

***Note: this club starts one week later than the other McClubs**

No class November 23.

Enrollment is limited to 12 children

Cost: \$60 per child

AFTER SCHOOL SPORTS (GRADES K, 1 & 2)

If your child loves to play different sports, they will certainly enjoy taking this class. McKenzie's own Jane Westendorf will teach valuable skills while kids have lots of fun playing a variety of sports.

Class meets **Mondays from 3:20-4:15 p.m. in the Large Gym.**

October 19 – December 7 (7 weeks)*

***Note: this club starts one week later than the other McClubs**

No class November 23.

Enrollment is limited to 25 students

Cost: \$60 per child

DANCE/HIP HOP CLUB (GRADES 1, 2 & 3)

Join McKenzie's Senorita Whitman for some fun dance/hip hop moves! Students will get the opportunity to learn dance moves ranging from hip-hop to jazz and everything in between. Each week the group will learn parts of a routine and perform it the last week of the club. The music will be fun and age appropriate! Students should wear comfortable clothes and gym shoes.

Class meets **Mondays from 3:20-4:15 p.m. in the Small Gym.**

October 19 – December 7 (7 weeks)*

***Note: this club starts one week later than the other McClubs**

No class November 23.

Enrollment limited to 15 students

Cost: \$60 per child

MORNING SPORTS CLUB (GRADES 2, 3 & 4)

Morning Sports Club meets **before school**, and is open to both girls and boys. Students will get the opportunity to play floor hockey, basketball, kickball and soccer as they burn off some energy and practice skills before class starts! This club is supervised by one of McKenzie's own gym teachers, Todd Fowler. Wear comfortable clothing, gym shoes and have fun! Please enter by the door closest to the cafeteria at the back of the school.

Class meets **Tuesdays from 8:00-8:45 a.m. in the Large Gym.**

October 13 – December 8 (8 weeks)

No class November 24.

Enrollment is limited to 20 students

Cost: \$65 per child

HOOPS (GRADES 1, 2, 3 & 4)

HOOPS is an after-school basketball clinic for boys and girls conducted by **One on One**, a group of skilled instructors with collegiate experience who have been trained extensively to teach young players the game of basketball. The instructional sessions combine fundamental skills and organized team competition with the goal of providing an enjoyable and educational after school athletic event. Developing players benefit by improving their individual skills such as passing, dribbling, shooting, rebounding, and defending while, at the same time, learning how to work within the framework of a team. All skill levels are encouraged to join. **HOOPS** instructors recognize the importance of learning the fundamentals at a young age. Each instructor believes in the merits of dedication, hard work and positive thinking and is committed to making each of these ideals an integral part of the **HOOPS** program.

Class meets **Tuesdays from 3:20-4:15 p.m. in the Large Gym.**

October 13 – December 8 (8 weeks)

No class November 24.

Cost: \$80 per child

CHEERLEADING CLUB (GRADES 3 & 4)

Come join McKenzie's Cheerleading McClub! This club offers children the opportunity to explore the different skills and techniques that cheerleading has to offer. Participants will learn basic arm movements, body positions, cheers, and jumps. These skills will then be incorporated into a final performance. Classes will be taught and supervised by Cindy Choman, a UCA All Star Winner! Be sure to wear comfortable clothes and gym shoes!

Class meets on **Tuesdays from 3:20-4:15 p.m. in the Small Gym.**

October 13 – December 8 (8 weeks)

No class November 24.

(Enrollment limited to 12 students)

Cost: \$70 per child

McBRIDGE CLUB (GRADES 3 & 4)

For third and fourth graders. Duplicate bridge is now being played at the Olympic Games in the new Mind Games category. Bill Gates and Warren Buffet believe so much in the value of their favorite pastime that they have donated one million dollars for an initiative to get programs going for kids across the U. S. Bridge improves logic and memory and teaches teamwork; but the reason children say they love it? It's fun!

The McBride program will be supported by the American Contract Bridge League, the national organization for bridge players. Visit www.youth4bridge.org to get a sense of what's happening in other U. S. locations. Lead teacher, Jacqueline Rapp, lives in the McKenzie district. She holds an Illinois certification with 10 years of elementary teaching experience and also a bridge teaching certification. Mrs. Rapp competes in tournaments as a Silver Life Master.

Class meets on **Tuesdays from 3:20-4:15 p.m. in the Resource Center.**

October 13 – December 8 (8 weeks)

No class November 24.

Cost: \$60 per child

PAINTING CLUB (GRADES 3 & 4)

We are lucky to have Laurie Walker (a Professional Wildlife Artist), of Backyard Art, sharing her painting expertise with us again. Our young Van Goghs will learn to use acrylic paint and focus on different painting techniques through the use of different brushes and mixing colors. The boys and girls will complete their very own canvas painting and much more! The cost of the club includes all painting supplies.

Class meets on **Wednesdays 3:20-4:15 p.m. in the Art Room.**

October 21 – December 9 (7 weeks)*

***Note: This club starts one week later than other McClubs.**

Enrollment limited to 12 students

Cost: \$85 per child

EXPRESS YOURSELF THROUGH THE ARTS (GRADES K & 1)

Art is defined as the conscious use of creative imagination. Calling all kindergarteners and first graders to bring their creativity and imagination to this fun-filled class. Each week we will explore the various fine arts. These include visual arts (sculpture, painting), performing arts (dance, drama, music), and even culinary arts (cooking). This class is taught by McKenzie's longtime parapro, Sheryl Greenstein.

Class meets on **Wednesdays 3:20-4:15 p.m. in the Kindergarten classroom 112.**

October 14 – December 9 (8 weeks)

Enrollment limited to 15 students

Cost: \$65 per child

INTRO TO NERF FOOTBALL (GRADES K & 1)

Learn the basic concepts of football rules as you play Flag Nerf Football with gym teacher Jane Westendorf. The children will work on catching, throwing and flag pulling. This program will promote teamwork and sportsmanship, as well as provide football basics all in a relaxed and fun environment.

Class meets on **Wednesdays 3:20-4:15 p.m. in the Large Gym.**

October 14 – December 9 (8 weeks)

Enrollment is limited to 20 students

Cost: \$65 per child

LEGO CLUB (GRADES K, 1, & 2)

Your kids will love the supersized LEGO® projects built by their group of multi-age builders. Taught by Beth Weis, brick artist and instructor, the group will be presented each day with a unique initiative which promotes teamwork, cooperation, communication, creativity, conflict resolution, patience, respect, resilience, and problem solving skills. Build character and have fun through collaborative building projects! Individual activities promote social, emotional, cognitive, and motor skill development and include a variety of original projects builders can replicate at home. A very special LEGO Architecture take-home project will be included, autographed by the designer Adam Reed Tucker.

Class meets **Thursday afternoons from 3:20 – 4:15 a.m. in the Resource Center.**

October 15 – December 10 (6 weeks)

No class October 22, November 12 or November 26.

Enrollment limited to 20 students (min. 10 students)

Cost: \$95 per child

AMERICAN GIRL DOLL CLUB (GRADES 2, 3 & 4)

Join our beloved parapro, Bethany Bailey, as we travel the globe with our dolls to learn about the American Girls. Each week we will explore the history and lifestyle of a different girl and keep a journal. Every adventure will include a related craft using a different medium. The price of the class includes all materials. When registering, please indicate if you own an American Girl, and if so, which one!

Class meets **Thursday afternoons from 3:20 – 4:15 a.m. in the Conference Room in the Resource Center.**

October 15 – December 10 (7 weeks)

No class November 12 or November 26.

Enrollment is limited to 12 students

Cost: \$80 per child

FLAG FOOTBALL (GRADES 2, 3 & 4)

Play Flag Football with gym teacher Todd Fowler. Learn football skills such as catching passes, throwing “spirals”, and running patterns. Play football games each class! This program will promote teamwork and sportsmanship in a relaxed and fun environment.

Class meets **Thursday afternoons from 3:20 – 4:15 a.m. in the Large Gym.**

October 15 – December 10 (7 weeks)

No class November 12 or November 26.

Enrollment is limited to 32 students

Cost: \$60 per child

BASEBALL CLUB (GRADES 1 & 2)

Baseball Club is offered to students in 1st and 2nd grades and is being conducted by Illinois Baseball Academy (IBA) where “you’re never too young to learn how to play the great game of baseball.” Students will be grouped by age and ability. IBA’s goal is to help young players gain confidence, improve coordination, and appreciate the joys of teamwork and sportsmanship. While skill development is a part of the program, time is set aside each week for your child to participate in an indoor baseball game.

Class meets on **Fridays from 3:20 to 4:15pm in the Large Gym.**

October 9* – December 11 (6 weeks)

No class October 16, October 30, November 13 or November 27.

***Note: this club starts one week earlier than other clubs.**

Enrollment limited to 20 children

Cost: \$85 per child

YOGA (GRADES 2, 3 & 4)

Yoga is a fun way for children to exercise in a non-competitive setting. The students will use their bodies and minds to develop flexibility, strength and relaxation techniques. The class will consist of a variety of yoga poses, games and partner work. **Nancy Kwo** is a McKenzie mom who is certified as a personal trainer through the National Academy of Sports Medicine and is also a certified yoga instructor. A long time Wilmette resident, Nancy currently trains adults to reach their fitness goals in addition to teaching both adult and children's yoga throughout the community.

Class meets on **Fridays from 3:20 to 4:15 p.m. Outside the Resource Center.**

October 9* – December 11 (6 weeks)

No class October 16, October 30, November 13 or November 27.

***Note: this club starts one week earlier than other clubs.**

Enrollment limited to 12 children

Cost: \$55 per child