## McKenzie School Lunch Menu

## Aug/Sept 2009

Monday	Tuesday	Wednesday	Thursday	Friday
	Wel Back	Come		29 Bagel with Turkey Roll-Up Soup Veggies & Dip Fresh Fruit Milk
31 Hot Dog on WW Bun Baked Fries Carrots Fresh Fruit Milk	Chicken Pasta Caesar Salad Soup Whole Wheat Roll Fresh Fruit Milk	2 Rotini w/wo Meatballs Breadstick Salad Fresh Fruit Milk	3 Pizza - Round Veggies & Dip Fresh Fruit Milk	4 Tuna or Turkey on Wheat Baked Chips Carrots Fresh Fruit Milk
No School  Labor Day	8 Citrus French Toast Turkey Sausage Carrots Yogurt Fresh Fruit Milk	Chicken Fajita's Yellow Rice Green Beans Fresh Fruit Milk	Cheese Pizza Veggies & Dip Fresh Fruit Milk	Baked Tilapia Mashed Potato Smiles Broccoli Fresh Fruit Milk
Turkey Taco's Brown Rice Mixed Vegetables Applesauce Churro Milk	Italian Chicken Tenders Rotini Green Beans Fresh Fruit Milk	Italian Beef on a Wheat Roll Baked Chips Veggies & Dip Fresh Fruit Milk	Pizza - Round Salad Fresh Fruit Milk	Sweet/Baked Potato Bar w/Chicken Broccoli & Cheese WW Roll Yogurt Fresh Fruit Milk
Grilled Chicken on WW Bun Baked Chips Corn Fresh Fruit Milk	Salad Bar 22 Soup Whole Wheat Roll Fresh Fruit Milk	Vegetable Egg Roll 23 Brown Rice Fresh Fruit Fortune Cookie Milk	Pizza - French 24 Bread Salad Fresh Fruit Milk	25 Hamburger w/wo Cheese on a Wheat Bun Baked Fries Carrots Fresh Fruit Milk
No School Yom Kippur	Turkey Nachos Brown Rice Veggies & Dip Fresh Fruit Milk	Penne Pasta w/wo Meatballs Carrots Whole Wheat Roll Fresh Fruit Milk	NEW*** View Nutritional Look for the homep	Facts link on the