

Lunch Menu for McKenzie School

October 2009

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Round Cheese Pizza Salad Fresh Fruit Milk	2 Warm Bagel Sandwich w/Turkey or Ham Soup Carrots Fresh Fruit Milk 
5 Grilled Cheese Tomato Soup Carrots Fresh Fruit Milk	6 Fish Nuggets Corn Soup Fresh Fruit Milk 	7 Grilled Chicken Breast On WW Baked Chips Mixed Veggies Fresh Fruit Milk	8 Cheese or Pepperoni Pizza Fresh Veggies w/Dip Fresh Fruit Milk 	9 Elbow Macaroni w/wo Meat Sauce WW Roll Broccoli Fresh Fruit Milk 
No School 12 	13 Tuna or Egg Salad on WW Baked Chips Carrots Fresh Fruit Milk	14 Nachos w/Cheese or Turkey Meat Brown Rice Green Beans Fresh Fruit Milk 	15 Round Cheese Pizza Fresh Veggies w/Dip Fresh Fruit Milk	16 Mini Turkey Corn Dogs Mixed Veggies Brown Rice Fresh Fruit Milk
19 Waffles Turkey Sausage Carrot Sticks Fresh Fruit Milk	20 Italian Beef on WW Bun Baked Chips Veggies w/Dip Fresh Fruit Milk 	21 Rotini w/wo Meat Sauce WW Roll Mixed Veggies Fresh Fruit Milk	22 Sausage or Cheese Pizza Fresh Veggies w/Dip Fresh Fruit Milk 	23 Chicken Tenders Ramen Noodle Salad Mashed Potato Smiles Fresh Fruit Milk
26 Sloppy Joe on WW Baked Chips Fresh Veggie Fresh Fruit Milk 	27 Salad Bar WW Roll Soup Fresh Fruit Milk	28 Hot Dog on WW Bun Baked Fries Carrots Fresh Fruit Milk	29 Round Cheese Pizza Salad Fresh Fruit Jell-O Milk	30 Half Day No Lunch 9:15 Parade   12:15 Dismissal

Fridays are Snack Bar Days. All Snacks = \$.50 Lunch = \$2.90, Milk = \$.30, Juice = \$.25, an Entrée = \$1.70, and Soup = \$.80. Remember to Recycle!