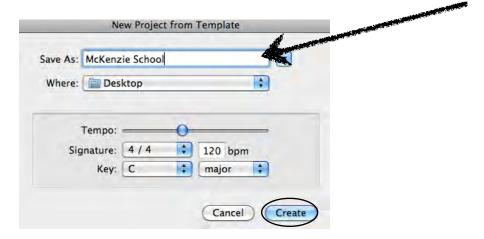


- 1. Open up GarageBand by clicking on the guitar icon on your dock.
- 2. Select "New Project", then "Podcast". Click "Choose".



3. Type a title for your podcast (i.e. McKenzie School) in the "Save As" box. Then click "Create" to save it to your desktop.



4. Select the Male or Female Voice Track. Then select "Control" in the menu bar, and make sure "Metronome" is not selected (has no check mark next to it).

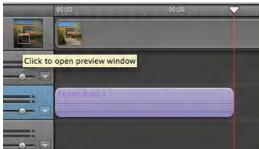




5. When you are ready to record, find the red dot at the bottom of your window. Click on it when you are ready to start recording. Click on the play arrow to stop recording.

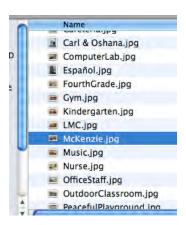


6. To hear what you recorded pull the red bar to the beginning of your recording, then click play. When you are done listening, click the blue arrow to stop. If you don't like what you hear, you can replace it by repeating Step 5.



- 7. Go to "File" and scroll down to "Save" so you don't lose your recording.
- 8. Now you are ready to add a picture to your audio recording.

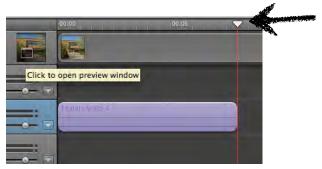
 Double click the folder called "PLN" on your desktop. Locate the photo of your topic.



9. Drag and drop your photo into the Podcast Track. Pull it all the way to the left, so you are starting at 00:00.



10. Now you will need to make the length of the picture just a touch longer than the voice track. Place the red marker a little past the end of your voice track by clicking on the triangle at the top of the red line and dragging it.



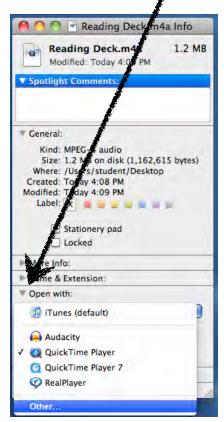
11. Click on "Edit", then click on "Split".



- 12. Your picture clip will be spliced into two pieces.
- 13. Click on the piece of your clip that you don't need. Push "Delete" on your keyboard (this clip will disappear). Then go to "File" and scroll down to "Save" to save these changes.
- 14. On the menu bar, click on "Share", then click "Export Podcast to Disk".



- 15. A new window will pop up. Just click "Export". Then click "Save to desktop" and close the window.
- 16. Click on the icon on your desktop that has the extension .m4a ONE TIME.
- 17. On your keyboard, hold down the "Command" key and then push the letter "i" key (while still holding down the "Command" key).
- 18. When this window pops up, click on the triangle next to "Open With" so it is pointing down and looks like this. (It may already be pointing down with the word "iTunes" under it.)
- 19. Click on the drop down arrow next to the word "iTunes" and click "Quick Time Player".
- 20. Close this window by clicking the red circle in the top left corner.



- 21. Find the black square icon with the music note on your desktop. Double click it to open your podcast. Click on the center arrow to hear it play!
- 22. High-Five your child(ren).