



FOR IMMEDIATE RELEASE

**FAMILY AWARENESS NETWORK OF NEW TRIER TOWNSHIP (FAN) and  
McKENZIE ELEMENTARY SCHOOL, WILMETTE, IL  
APRIL 2009 LECTURE**

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**Thursday, April 30, I Just Want My Kid To Be Happy! Why You Shouldn't Say It, Why You Shouldn't Think It, What You Should Embrace Instead.** 7:00-8:30 PM, McKenzie Elementary School Auditorium, 649 Prairie Ave., Wilmette, 60091. Mark your calendars! **McKenzie Elementary School** and the **Family Awareness Network of New Trier Township (FAN)** are partnering to present **Aaron Cooper, Ph.D.**, author of *I Just Want My Kids To Be Happy: Why You Shouldn't Say It, Why You Shouldn't Think It, and What You Should Embrace Instead*. Many parents devote themselves to their child's happiness, clearing their child's path of all obstacles and unhappy experiences, and yet recent studies suggest that kids are less happy than ever. What's the correct approach to securing authentic happiness rather than simply short-term pleasures for kids? Dr. Cooper is an award-winning author, teacher, speaker and psychologist for over thirty years. A graduate of Harvard, Northwestern and Loyola of Chicago, he is affiliated with **The Family Institute** at Northwestern University. Join us for an informative and thought-provoking lecture. Everyone welcome! For more information, visit Dr. Cooper's website at [www.mykidshappiness.com](http://www.mykidshappiness.com), or FAN's website, [www.fan-ntts.org](http://www.fan-ntts.org), or contact McKenzie Elementary School at 847-251-2295.