

Convolutional Neural Networks for Medical Image Analysis: Full Training or Fine Tuning?

Nima Tajbakhsh, *Member, IEEE*, Jae Y. Shin, Suryakanth R. Gurudu, R. Todd Hurst, Christopher B. Kendall, Michael B. Gotway, and Jianming Liang*, *Senior Member, IEEE*

Abstract—Training a deep convolutional neural network (CNN) from scratch is difficult because it requires a large amount of labeled training data and a great deal of expertise to ensure proper convergence. A promising alternative is to fine-tune a CNN that has been pre-trained using, for instance, a large set of labeled natural images. However, the substantial differences between natural and medical images may advise against such knowledge transfer. In this paper, we seek to answer the following central question in the context of medical image analysis: Can the use of pre-trained deep CNNs with sufficient fine-tuning eliminate the need for training a deep CNN from scratch? To address this question, we considered four distinct medical imaging applications in three specialties (radiology, cardiology, and gastroenterology) involving classification, detection, and segmentation from three different imaging modalities, and investigated how the performance of deep CNNs trained from scratch compared with the pre-trained CNNs fine-tuned in a layer-wise manner. Our experiments consistently demonstrated that 1) the use of a pre-trained CNN with adequate fine-tuning outperformed or, in the worst case, performed as well as a CNN trained from scratch; 2) fine-tuned CNNs were more robust to the size of training sets than CNNs trained from scratch; 3) neither shallow tuning nor deep tuning was the optimal choice for a particular application; and 4) our layer-wise fine-tuning scheme could offer a practical way to reach the best performance for the application at hand based on the amount of available data.

Index Terms—Carotid intima-media thickness, computer-aided detection, convolutional neural networks, deep learning, fine-tuning, medical image analysis, polyp detection, pulmonary embolism detection, video quality assessment.

I. INTRODUCTION

CONVOLUTIONAL neural networks (CNNs) have been used in the field of computer vision for decades [1]–[3]. However, their true value had not been discovered until the

ImageNet competition in 2012, a success that brought about a revolution through the efficient use of graphics processing units (GPUs), rectified linear units, new dropout regularization, and effective data augmentation [3]. Acknowledged as one of the top 10 breakthroughs of 2013 [4], CNNs have once again become a popular learning machine, now not only within the computer vision community but across various applications ranging from natural language processing to hyperspectral image processing and to medical image analysis. The main power of a CNN lies in its deep architecture [5]–[8], which allows for extracting a set of discriminating features at multiple levels of abstraction.

However, training a deep CNN from scratch (or full training) is not without complications [9]. First, CNNs require a large amount of labeled training data—a requirement that may be difficult to meet in the medical domain where expert annotation is expensive and the diseases (e.g., lesions) are scarce in the datasets. Second, training a deep CNN requires extensive computational and memory resources, without which the training process would be extremely time-consuming. Third, training a deep CNN is often complicated by overfitting and convergence issues, whose resolution frequently requires repetitive adjustments in the architecture or learning parameters of the network to ensure that all layers are learning with comparable speed. Therefore, deep learning from scratch can be tedious and time-consuming, demanding a great deal of diligence, patience, and expertise.

A promising alternative to training a CNN from scratch is to fine-tune a CNN that has been trained using a large labeled dataset from a different application. The pre-trained models have been applied successfully to various computer vision tasks as a feature generator or as a baseline for transfer learning [10]–[12]. Herein, we address the following central question in the context of medical image analysis: *Can the use of pre-trained deep CNNs with sufficient fine-tuning eliminate the need for training a deep CNN from scratch?* This is an important question because training deep CNNs from scratch may not be practical, given the limited labeled data in medical imaging. To answer this central question, we conducted an extensive set of experiments for 4 medical imaging applications: 1) polyp detection in colonoscopy videos, 2) image quality assessment in colonoscopy videos, 3) pulmonary embolism detection in computed tomography (CT) images, and 4) intima-media boundary segmentation in ultrasonographic images. We have chosen these applications to represent the most common clinically used imaging modality systems (i.e., CT, ultrasonography,

Manuscript received December 23, 2015; revised February 19, 2016; accepted February 21, 2016. Date of current version April 29, 2016. N. Tajbakhsh and J. Y. Shin have contributed equally. *Asterisk indicates corresponding author.*

This paper has supplementary downloadable material available at <http://ieeexplore.ieee.org>, provided by the authors.

N. Tajbakhsh and J. Y. Shin are with the Department of Biomedical Informatics, Arizona State University, Scottsdale, AZ 85259 USA (e-mail: nima.tajbakhsh@asu.edu; sejong@asu.edu).

S. R. Gurudu is with Division of Gastroenterology and Hepatology, Mayo Clinic, Scottsdale, AZ 85259 USA (e-mail: gurudu.suryakanth@mayo.edu).

R. T. Hurst and C. B. Kendall are with Division of Cardiovascular Diseases, Mayo Clinic, Scottsdale, AZ 85259 USA (e-mail: hurst.r@mayo.edu; kendall.christopher@mayo.edu).

M. B. Gotway is with Department of Radiology, Mayo Clinic, Scottsdale, AZ 85259 USA (e-mail: gotway.michael@mayo.edu).

*J. Liang is with the Department of Biomedical Informatics, Arizona State University, Scottsdale, AZ 85259 USA (e-mail: jianming.liang@asu.edu).

Color versions of one or more of the figures in this paper are available online at <http://ieeexplore.ieee.org>.

Digital Object Identifier 10.1109/TMI.2016.2535302

and optical endoscopy) and the most common medical image analysis tasks (i.e., lesion detection, image segmentation, and image classification). For each application, we compared the performance of the pre-trained CNNs through fine-tuning with that of the CNNs trained from scratch entirely based on medical imaging data. We also compared the performance of the CNN-based systems with their corresponding handcrafted counterparts.

II. RELATED WORKS

Applications of CNNs in medical image analysis can be traced to the 1990s, when they were used for computer-aided detection of microcalcifications in digital mammography [13], [14] and computer-aided detection of lung nodules in CT datasets [15]. With revival of CNNs owing to the development of powerful GPU computing, the medical imaging literature has witnessed a new generation of computer-aided detection systems that show superior performance. Examples include automatic polyp detection in colonoscopy videos [16], [17], computer-aided detection of pulmonary embolism (PE) in CT datasets [18], automatic detection of mitotic cells in histopathology images [19], computer-aided detection of lymph nodes in CT images [20], and computer-aided anatomy detection in CT volumes [21]. Applications of CNNs in medical image analysis are not limited to only computer-aided detection systems, however. CNNs have recently been used for carotid intima-media thickness measurement in ultrasound images [22], pancreas segmentation in CT images [23], brain tumor segmentation in magnetic resonance imaging (MRI) scans [24], multimodality isointense infant brain image segmentation [25], neuronal membrane segmentation in electron microscopy images [26], and knee cartilage segmentation in MRI scans [27].

One important aspect of CNNs is the “transferability” of knowledge embedded in the pre-trained CNNs. Recent research conducted by Azizpour *et al.* [11] suggests that the success of knowledge transfer depends on the distance, or dissimilarity, between the database on which a CNN is trained and the database to which the knowledge is to be transferred. Although the distance between natural image and medical imaging databases is considerable, recent studies show the potential for knowledge transfer to the medical imaging domain.

The recent research on transfer learning in medical imaging can be categorized into two groups. The first group [28]–[30] consists of works wherein a pre-trained CNN is used as a feature generator. Specifically, the pre-trained CNN is applied to an input image and then the CNN outputs (features) are extracted from a certain layer of the network. The extracted features are then used to train a new pattern classifier. For instance, in [28], pre-trained CNNs were used as a feature generator for chest pathology identification. A similar study [29] by Ginneken *et al.* showed that although the use of pre-trained CNNs could not outperform a dedicated nodule detection system, the integration of CNN-based features with the handcrafted features enabled improved performance.

The second group [31]–[36] consists of works wherein a pre-trained CNN is adapted to the application at hand. For instance, in [33], the fully connected layers of a pre-trained CNN were replaced with a new logistic layer, and then the labeled data were used to train only the appended layer while keeping the rest of the network the same. This treatment yielded promising results for classification of unregistered multiview mammogram. Chen *et al.* [32] suggested the use of a fine-tuned pre-trained CNN for localizing standard planes in ultrasound images. In [35], the authors fine-tuned all layers of a pre-trained CNN for automatic classification of interstitial lung diseases. They also suggested an attenuation rescale scheme to convert 1-channel CT slices to RGB-like images needed for tuning the pre-trained model. Shin *et al.* [34] used fine-tuned pre-trained CNNs to automatically map medical images to document-level topics, document-level sub-topics, and sentence-level topics. In [36], fine-tuned pre-trained CNNs were used to automatically retrieve missing or noisy cardiac acquisition plane information from magnetic resonance imaging and predict the five most common cardiac views. Different from the previous approaches, Schlegl *et al.* [31] considered the fine-tuning of an unsupervised network. They explored unsupervised pre-training of CNNs to inject information from sites or image classes for which no annotations were available, and showed that such across site pre-training improved classification accuracy compared to random initialization of the model parameters.

III. CONTRIBUTIONS

In this paper, we systematically study knowledge transfer to medical imaging applications, making the following contributions:

- We demonstrated how fine-tuning a pre-trained CNN in a layer-wise manner leads to incremental performance improvement. This approach distinguishes our work from [28]–[30], which downloaded the features from the fully connected layers of a pre-trained CNN and then trained a separate pattern classifier. Our approach also differs from [31]–[33] wherein the entire pre-trained CNN underwent fine-tuning.
- We analyzed how the availability of training samples influences the choice between pre-trained CNNs and CNNs trained from scratch. To our knowledge, this issue has not yet been systematically addressed in the medical imaging literature.
- We compared the performance of pre-trained CNNs, not only against handcrafted approaches but also against CNNs trained from scratch using medical imaging data. This analysis is in contrast to [28], [29], who provided only limited performance comparisons between pre-trained CNNs and handcrafted approaches.
- We presented consistent results with conclusive outcomes for 4 distinct medical imaging applications involving classification, detection, and segmentation in 3 different medical imaging modalities, which add substantially to the state of the art where conclusions are based solely on 1 medical imaging application.

IV. CONVOLUTIONAL NEURAL NETWORKS (CNNs)

CNNs are so-named because of the convolutional layers in their architectures. Convolutional layers are responsible for detecting certain local features in all locations of their input images. To detect local structures, each node in a convolutional layer is connected to only a small subset of spatially connected neurons in the input image channels. To enable the search for the same local feature throughout the input channels, the connection weights are shared between the nodes in the convolutional layers. Each set of shared weights is called a *kernel*, or a *convolution kernel*. Thus, a convolutional layer with n kernels learns to detect n local features whose strength across the input images is visible in the resulting n feature maps. To reduce computational complexity and achieve a hierarchical set of image features, each sequence of convolution layers is followed by a *pooling layer*, a workflow reminiscent of simple and complex cells in the primary visual cortex [37]. The max pooling layer reduces the size of feature maps by selecting the maximum feature response in overlapping or non-overlapping local neighborhoods, discarding the exact location of such maximum responses. As a result, max pooling can further improve translation invariance. CNNs typically consist of several pairs of convolutional and pooling layers, followed by a number of consecutive fully connected layers, and finally a *softmax layer*, or *regression layer*, to generate the desired outputs. In more modern CNN architectures, computational efficiency is achieved by replacing the pooling layer with a convolution layer with a stride larger than 1.

Similar to multilayer perceptrons, CNNs are trained with the back-propagation algorithm by minimizing the following cost function with respect to the unknown weights W :

$$\mathcal{L} = -\frac{1}{|X|} \sum_i^{|X|} \ln(p(y^i|X^i)) \quad (1)$$

where $|X|$ denotes the number of training images, X^i denotes the i^{th} training image with the corresponding label y^i , and $p(y^i|X^i)$ denotes the probability by which X^i is correctly classified. Stochastic gradient descent is commonly used for minimizing this cost function, where the cost over the entire training set is approximated with the cost over mini-batches of data. If W_l^t denotes the weights in l^{th} convolutional layer at iteration t , and $\hat{\mathcal{L}}$ denotes the cost over a mini-batch of size N , then the updated weights in the next iteration are computed as follows:

$$\begin{aligned} \gamma^t &= \gamma^{\lfloor tN/|X| \rfloor} \\ V_l^{t+1} &= \mu V_l^t - \gamma^t \alpha_l \frac{\partial \hat{\mathcal{L}}}{\partial W_l} \\ W_l^{t+1} &= W_l^t + V_l^{t+1} \end{aligned} \quad (2)$$

where α_l is the learning rate of the l^{th} layer, μ is the momentum that indicates the contribution of the previous weight update in the current iteration, and γ is the scheduling rate that decreases learning rate α at the end of each epoch.

V. FINE-TUNING

The iterative weight update in (2) begins with a set of randomly initialized weights. Specifically, before the commencement of the training phase, weights in each convolutional layer of a CNN are initialized by values randomly sampled from a normal distribution with a zero mean and small standard deviation. However, considering the large number of weights in a CNN and the limited availability of labeled data, the iterative weight update, starting with a random weight initialization, may lead to an undesirable local minimum for the cost function. Alternatively, the weights of the convolutional layers can be initialized with the weights of a pre-trained CNN with the same architecture. The pre-trained net is generated with a massive set of labeled data from a different application. Training a CNN from a set of pre-trained weights is called *fine-tuning* and has been used successfully in several applications [10]–[12].

Fine-tuning begins with copying (transferring) the weights from a pre-trained network to the network we wish to train. The exception is the last fully connected layer whose number of nodes depends on the number of classes in the dataset. A common practice is to replace the last fully connected layer of the pre-trained CNN with a new fully connected layer that has as many neurons as the number of classes in the new target application. In our study, we deal with 2-class and 3-class classification tasks; therefore, the new fully connected layer has 2 or 3 neurons depending on the application under study. After the weights of the last fully connected layer are initialized, the new network can be fine-tuned in a layer-wise manner, starting with tuning only the last layer, then tuning all layers in a CNN.

Consider a CNN with L layers where the last 3 layers are fully connected layers. Also let α_l denote the learning rate of the l^{th} layer in the network. We can fine-tune only the last (new) layer of the network by setting $\alpha_l = 0$ for $l \neq L$. This level of fine-tuning corresponds to training a linear classifier with the features generated in layer $L - 1$. Likewise, the last 2 layers of the network can be fine-tuned by setting $\alpha_l = 0$ for $l \neq L, L - 1$. This level of fine-tuning corresponds to training an artificial neural network with 1 hidden layer, which can be viewed as training a nonlinear classifier using the features generated in layer $L - 2$. Similarly, fine-tuning layers $L, L - 1$, and $L - 2$ are essentially equivalent to training an artificial neural network with 2 hidden layers. Including the previous convolution layers in the update process further adapts the pre-trained CNN to the application at hand but may require more labeled training data to avoid overfitting.

In general, the early layers of a CNN learn low level image features, which are applicable to most vision tasks, but the late layers learn high-level features, which are specific to the application at hand. Therefore, fine-tuning the last few layers is usually sufficient for transfer learning. However, if the distance between the source and target applications is significant, one may need to fine-tune the early layers as well. Therefore, an effective fine-tuning technique is to start from the last layer and then incrementally include more layers in the update process until the desired performance is reached. We refer to tuning the last few convolutional layers as “shallow tuning” and we consider tuning all the convolutional layers as “deep tuning”. We would

like to note that the suggested fine-tuning scheme differs from [10], [12] wherein the network remains the same and serves as a feature generator, and also differs from [11] wherein the entire network undergoes fine-tuning at once.

VI. APPLICATIONS AND RESULTS

In our study, we considered 4 different medical imaging applications from 3 imaging modality systems. We study the performance of polyp detection and PE detection using a free-response operating characteristic (FROC) analysis, analyze the performance of frame classification by means of an ROC analysis, and evaluate the performance of boundary segmentation through a boxplot analysis. To perform statistical comparisons, we have computed the error bars corresponding to 95% confidence intervals for both ROC and FROC curves according to the method suggested in [38]. The error bars enable us to compare each pair of performance curves at multiple operating points from a statistical perspective. Specifically, if the error bars of a pair of curves do not overlap at a fixed false positive rate, then the two curves are statistically different ($p < .05$) at the given operating point. An appealing feature of this statistical analysis is that we can compare the performance curves at a clinically acceptable operating point rather than comparing the curves as a whole. While we have discussed the statistical comparisons throughout the paper, we have further summarized them in a number of tables in supplementary material, which can be found in the supplementary files/multimedia tab.

We used the Caffe library [39] for both training and fine-tuning CNNs. For consistency and ease of comparison, we used the AlexNet architecture for the 4 applications under study. Training and fine-tuning of each AlexNet took approximately 2–3 hours depending on the size of the training set. To ensure the proper convergence of each CNN, we monitored the area under the receiver operating characteristic curve. Specifically, for each experiment, we divided the training set into a smaller training set with 80% of the training data and a validation set with the remaining 20% of the training data and then computed area under the curve on the validation set. The training process was terminated when the highest accuracy on the validation set was observed. All training was performed using an NVIDIA GeForce GTX 980TI (6 GB on-board memory). The fully trained CNNs were initialized with random weights sampled from Gaussian distributions. We also experimented with other initialization techniques such as those suggested in [40] and [41], but we observed no significant performance gain after convergence, even though we noticed varying speed of convergence using these initialization techniques.

For both full training and fine-tuning scenarios, we used a stratified training set of image patches where the positive and negative classes were equally present. For this purpose, we randomly down-sampled the majority (negative) class, while keeping the minority class (positive) unchanged. For the fine-tuning scenario, we used the pre-trained AlexNet model provided in the Caffe library. The pre-trained AlexNet consists of approximately 5 million parameters in the convolution layers and about 55 million parameters in its fully connected layers, and is trained using 1.2 million images labeled with 1000 semantic classes. The model used in our study is the

TABLE I
THE ALEXNET ARCHITECTURE USED IN OUR EXPERIMENTS. OF NOTE, C IS THE NUMBER OF CLASSES, WHICH IS 3 FOR INTIMA-MEDIA INTERFACE SEGMENTATION AND IS 2 FOR COLONOSCOPY FRAME CLASSIFICATION, POLYP DETECTION, AND PULMONARY EMBOLISM DETECTION

layer	type	input	kernel	stride	pad	output
data	input	3x227x227	N/A	N/A	N/A	3x227x227
conv1	convolution	3x227x227	11x11	4	0	96x55x55
pool1	max pooling	96x55x55	3x3	2	0	96x27x27
conv2	convolution	96x27x27	5x5	1	2	256x27x27
pool2	max pooling	256x27x27	3x3	2	0	256x13x13
conv3	convolution	256x13x13	3x3	1	1	384x13x13
conv4	convolution	384x13x13	3x3	1	1	384x13x13
conv5	convolution	384x13x13	3x3	1	1	256x13x13
pool5	max pooling	256x13x13	3x3	2	0	256x6x6
fc6	fully connected	256x6x6	6x6	1	0	4096x1
fc7	fully connected	4096x1	1x1	1	0	4096x1
fc8	fully connected	4096x1	1x1	1	0	Cx1

snapshot taken after 360,000 training iterations. As shown in Table I, AlexNet begins with 2 pairs of convolutional and pooling layers, mapping the 227×227 input images to 13×13 feature maps. This architecture then proceeds with a sequence of 3 convolutional layers that efficiently implement a convolutional layer with 9×9 kernels, yet with a larger degree of nonlinearity. The sequence of convolutional layers is then followed by a pooling layer and 3 fully connected layers. The first fully connected layer can be viewed as a convolution layer with 6×6 kernels and the other 2 fully connected layers as convolutional layers with 1×1 kernels.

Table II summarizes the learning parameters used for training and fine-tuning of AlexNet in our experiments. The listed parameters were tuned through an extensive set of trial and error experiments. According to our exploratory experiments, the learning rate and scheduling rate heavily influenced the convergence of CNNs. A learning rate of 0.001 however ensured proper convergence for all 4 applications. A smaller learning rate slowed down convergence and a larger learning rate often caused convergence failures. Our exploratory experiments also indicated that the value of γ depended on the speed of convergence. During a fast convergence, the learning rate can be safely decreased after a few epochs, allowing for the use of a small scheduling rate. However, during a slow convergence, a larger scheduling rate is required to maintain a relatively large learning rate. For all 4 applications, we found $\gamma = .95$ to be a reasonable choice.

A. Polyp Detection

Colonoscopy is the preferred technique for colon cancer screening and prevention. The goal of colonoscopy is to find and remove colonic polyps—precursors to colon cancer. Polyps, as shown in Fig. 1, can appear with substantial variations in color, shape, and size. The challenging appearance of polyps can often lead to misdetection, particularly during long and back-to-back colonoscopy procedures where fatigue negatively affects the performance of colonoscopists. Polyp miss-rates are estimated to be about 4% to 12% [43]–[46]; however, a more recent clinical study [47] is suggestive that this misdetection rate may be as high as 25%. Missed polyps can lead to the late diagnosis of colon cancer with an associated

TABLE II

LEARNING PARAMETERS USED FOR TRAINING AND FINE-TUNING OF ALEXNET IN OUR EXPERIMENTS. μ IS THE MOMENTUM, α IS THE LEARNING RATE OF THE WEIGHTS IN EACH CONVOLUTIONAL LAYER, AND γ DETERMINES HOW α DECREASES OVER EPOCHS. THE LEARNING RATE FOR THE BIAS TERM IS ALWAYS SET TWICE AS LARGE AS THE LEARNING RATE OF THE CORRESPONDING WEIGHTS. OF NOTE, "FINE-TUNED ALEXNET: LAYER1-LAYER2" INDICATES THAT ALL LAYERS BETWEEN AND INCLUDING THESE 2 LAYERS UNDERGO FINE-TUNING

CNNs	Parameters									
	μ	α_{conv1}	α_{conv2}	α_{conv3}	α_{conv4}	α_{conv5}	α_{fc6}	α_{fc7}	α_{fc8}	γ
Fine-tuned AlexNet:conv1-fc8	0.9	0.001	0.001	0.001	0.001	0.001	0.001	0.001	0.01	0.95
Fine-tuned AlexNet:conv2-fc8	0.9	0	0.001	0.001	0.001	0.001	0.001	0.001	0.01	0.95
Fine-tuned AlexNet:conv3-fc8	0.9	0	0	0.001	0.001	0.001	0.001	0.001	0.01	0.95
Fine-tuned AlexNet:conv4-fc8	0.9	0	0	0	0.001	0.001	0.001	0.001	0.01	0.95
Fine-tuned AlexNet:conv5-fc8	0.9	0	0	0	0	0.001	0.001	0.001	0.01	0.95
Fine-tuned AlexNet:fc6-fc8	0.9	0	0	0	0	0	0.001	0.001	0.01	0.95
Fine-tuned AlexNet:fc7-fc8	0.9	0	0	0	0	0	0	0.001	0.01	0.95
Fine-tuned AlexNet:only fc8	0.9	0	0	0	0	0	0	0	0.01	0.95
AlexNet scratch	0.9	0.001	0.001	0.001	0.001	0.001	0.001	0.001	0.001	0.95

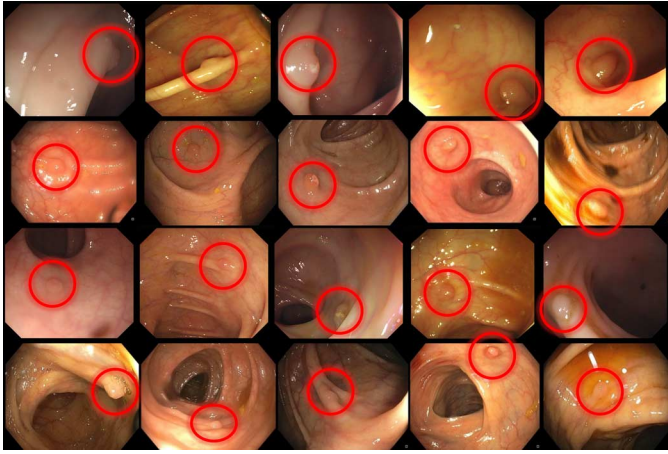


Fig. 1. Variations in shape and appearance of polyps in colonoscopy videos.

decreased survival rate of less than 10% for metastatic colon cancer [48]. Computer-aided polyp detection may enhance optical colonoscopy screening by reducing polyp misdetection.

Several computer-aided detection (CAD) systems have been suggested for automatic polyp detection in colonoscopy videos. The early systems [49]–[51] relied on polyp color and texture for detection. However, limited texture visibility on the surface of polyps and large color variations among polyps hindered the applicability of such systems. More recent systems [52]–[56] relied on temporal information and shape information to enhance polyp detection. Shape features proved more effective than color and texture in this regard; however, these features can be misleading without consideration of the context in which the polyp is found. In our previous works [57]–[59], culminated in [42], we attempted to overcome the limitation of approaches based solely on polyp shape. Specifically, we suggested a handcrafted approach for combining the shape and context information around the polyp boundaries and demonstrated the superiority of this approach over the other state-of-the-art methods.

For training and evaluation, we used our database of 40 short colonoscopy videos. Each colonoscopy frame in our database comes with a binary ground truth image. We randomly divided the colonoscopy videos into a training set containing 3,800 frames with polyps and 15,100 frames without polyps and into a test set containing 5,700 frames with polyps and 13,200 frames without polyps. We applied our handcrafted approach [42] to

the training and test frames to obtain a set of polyp candidates with the corresponding bounding boxes. At each candidate location, given the available bounding box, we extracted a set of image patches with data augmentation. Specifically, for each candidate, we extracted patches at 3 scales by enlarging the corresponding bounding box by a factor of $1.0 \times$, $1.2 \times$, and $1.5 \times$. At each scale, we extracted patches after we translated the candidate location by 10% of the resized bounding box in horizontal and vertical directions. We further rotated each resulting patch 8 times by horizontal and vertical mirroring and flipping. We then labeled a patch as positive if the underlying candidate fell inside the ground truth for polyps; otherwise, the candidate was labeled as negative. Because of the relatively large number of negative patches, we collected a stratified set of 100,000 training patches for training and fine-tuning the CNNs. During the test stage, all test patches extracted from a polyp candidate were fed to the trained CNN. We then averaged the probabilistic outputs of the test patches at the candidate level and performed an FROC analysis for performance evaluation.

Fig. 2(a) compares the FROC curve of our handcrafted approach with that of fine-tuned CNNs and a CNN trained from scratch. To avoid clutter in the figure, we have shown only a subset of representative FROC curves. Statistical comparisons between each pair of FROC curves at three operating points are also presented in Table S1 in the supplementary file. The handcrafted approach is significantly outperformed by all CNN-based scenarios ($p < .05$). This result is probably because our handcrafted approach used only geometric information to remove false-positive candidates. For fine-tuning, the lowest performance was obtained when only the last layer of AlexNet was updated with colonoscopy data. However, fine-tuning the last two layers (FT:fc7-fc8) achieved a significantly higher sensitivity ($p < .05$) at nearly all operating points compared to the pre-trained AlexNet with only 1 fine-tuned layer (FT:only fc8). We also observed incremental performance improvement when we included more convolutional layers in the fine-tuning process. Specifically, the pre-trained CNN with shallow fine-tuning (FT:fc7-fc8) was significantly outperformed by the pre-trained CNNs with a moderate level of fine-tuning (FT:conv5,4,3-fc8) at most of the operating points. Furthermore, the deeply-tuned CNNs (FT:conv1,2-fc8) achieved a significantly higher sensitivity than the pre-trained CNNs with a moderate level of fine-tuning particularly at low false positive rates. Also, as seen in Fig. 2(a), fine-tuning the

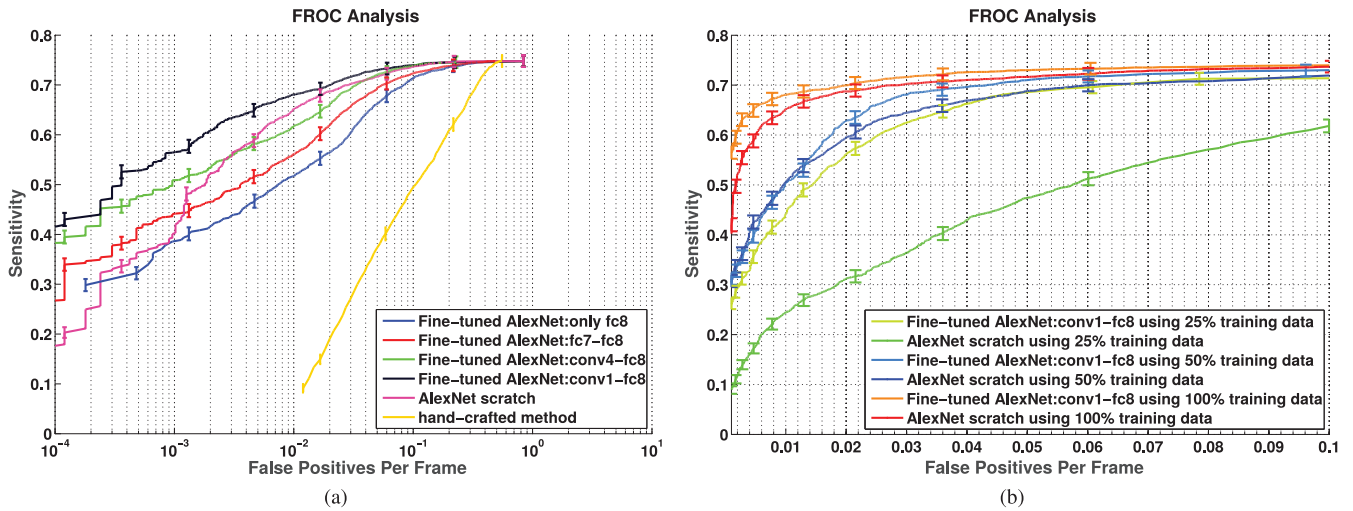


Fig. 2. FROC analysis for polyp detection. (a) Comparison between incremental fine-tuning, training from scratch, and a handcrafted approach [42]. (b) Effect of reduction in the training data on the performance of CNNs trained from scratch and deeply fine-tuned CNNs.

last few convolutional layers was sufficient to outperform an AlexNet model trained from scratch in a low false positive rate setting.

The performance gap between fully trained AlexNet model and their deeply fine-tuned counterparts becomes more evident when fewer training samples are used for training and tuning. To demonstrate this effect, we trained a CNN from scratch and fine-tuned the entire AlexNet using 50% and 25% of the entire training samples. We reduced training data at the video level to exclude a fraction of unique polyps from the training set. The results are shown in Fig. 2(b). With a 50% reduction in training data, a significant performance gap was observed between the CNN trained from scratch and the deeply fine-tuned CNN. With a 25% reduction in the training data, the fully trained CNN showed dramatic performance degradation, but the deeply fine-tuned CNN still exhibited relatively high performance. These findings strongly favor the use of the fine-tuning approach over full training of a CNN from scratch.

B. Pulmonary Embolism Detection

A PE is a blood clot that travels from a lower extremity source to the lung, where it causes blockage of the pulmonary arteries. The mortality rate of untreated PE may approach 30% [61], but it decreases to as low as 2% with early diagnosis and appropriate treatment [62]. CT pulmonary angiography (CTPA) is the primary means for PE diagnosis, wherein a radiologist carefully traces each branch of the pulmonary artery for any suspected PEs. CTPA interpretation is a time-consuming task whose accuracy depends on human factors, such as attention span and sensitivity to the visual characteristics of PEs. CAD can have a major role in improving PE diagnosis and decreasing the reading time of CTPA datasets.

We based our experiments on the PE candidates generated by our previous work [60] and the image representation that we suggested for PE in our recently published study [18]. Our candidate generation method is an improved version of the tobogganing algorithm [63] that aims to find an embolus as a dark region surrounded by a brighter background. Our image repre-

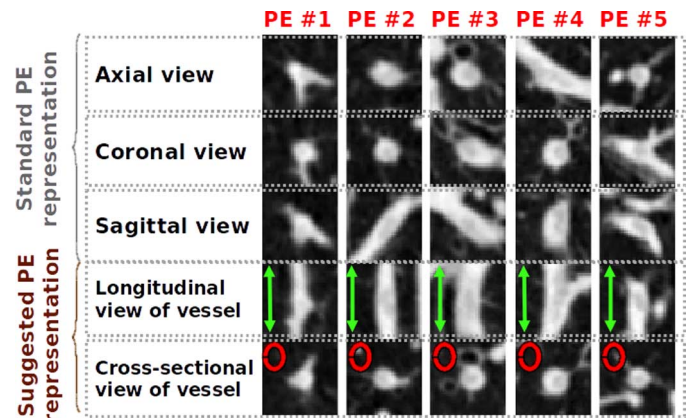


Fig. 3. 5 different PEs in the standard 3-channel representation and in our suggested 2-channel representation. PEs appear more consistently in our representation. We use our PE representation for the experiments presented herein because it achieves greater classification accuracy and enables improved convergence.

sentation consistently results in 2-channel image patches, which capture PEs in cross-sectional and longitudinal views of vessels (see Fig. 3). This unique representation dramatically decreases the variability in the appearance of PEs, enabling us to train more accurate CNNs. However, since the AlexNet architecture receives color images as its input, the 2-channel image patches must be converted to color patches. For this purpose, we simply repeated the second channel and produced 3-channel RGB-like image patches. The resulting patches were then used for training and fine-tuning an AlexNet. For performance comparison, we used a handcrafted approach [60], which is arguably one of the most, if not the most, accurate PE CAD system. The handcrafted approach utilizes the same candidate generation method [60], but uses vessel-based features along with Haralick [64] and wavelet-based features for PE characterization, and finally uses a multi-instance classifier for candidate classification.

For experiments, we used a database consisting of 121 CTPA datasets with a total of 326 PEs. We first applied the tobogganing algorithm to obtain a crude set of PE candidates. This

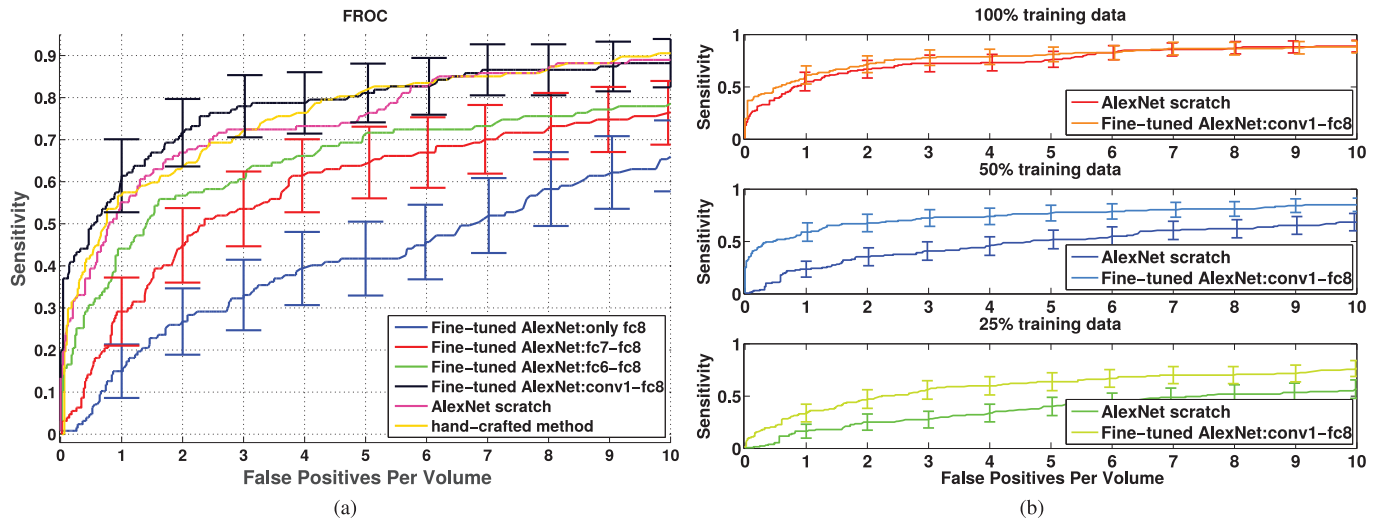


Fig. 4. FROC analysis for pulmonary embolism detection. (a) Comparison between incremental fine-tuning, training from scratch, and a handcrafted approach [60]. To avoid clutter in the figure, error bars are displayed for only a subset of plots. A more detailed analysis is presented in Table S2 in the supplementary file. (b) Effect of reduction in the training data on the performance of CNNs trained from scratch and deeply fine-tuned CNNs.

application resulted in 6,255 PE candidates, of which 5,568 were false positives and 687 were true positives. The number of true positives was far larger than the number of PEs because the tobogganing algorithm can cast several candidates for the same PE. We divided the collected candidates at the patient level into a training set with 434 true positives (199 unique PEs) and 3,406 false positives, and a test set with 253 true positives (127 unique PEs) and 2,162 false positives. For training the CNNs, we extracted patches of 3 different physical sizes, resulting in 10 mm-, 15 mm-, and 20 mm-wide patches. We also translated each candidate location along the direction of the affected vessel 3 times, up to 20% of the physical size of the patches. We further augmented the training dataset by rotating the longitudinal and cross-sectional vessel planes around the vessel axis, resulting in 5 additional variations for each scale and translation. We formed a stratified training set with 81,000 image patches for training and fine-tuning the CNNs. For testing, we performed the same data augmentation for each test candidate and then computed the overall PE probability by averaging the probabilistic scores generated for the data-augmented patches for each PE candidate.

For evaluation, we performed an FROC analysis by changing a threshold on the probabilistic scores generated for the test PE candidates. Fig. 4(a) shows the FROC curves for the handcrafted approach, a deep CNN trained from scratch, and a subset of representative pre-trained CNNs that are fine-tuned in a layer-wise manner. We have further summarized statistical comparisons between each pair of FROC curves in Table S2 in the supplementary file. As shown, the pre-trained CNN with two fine-tuned layers (FT:fc7-fc8) achieved a significantly higher sensitivity ($p < 0.05$) than that of the pre-trained CNN with only one fine-tuned layer (FT:only fc8). The improved sensitivity was observed at most of the operating points. However, inclusion of each new layer in the fine-tuning process resulted in only marginal performance improvement, even though the accumulation of such marginal improvements yielded a substantial margin between the deeply fine-tuned CNNs and those with 1, 2, or 3 fine-tuned layers. Specifically, the deeply

fine-tuned CNN (FT:conv1-fc8) yielded significantly higher sensitivity ($p < 0.05$) than that of the pre-trained CNN with 2 fine-tuned layers (FT:fc7-fc8) at the majority of the operating points shown in Fig. 4(a). At 3 false positives per volume, the deeply fine-tuned CNN also achieved significantly higher sensitivity ($p < 0.05$) than that of the pre-trained CNN with three fine-tuned layers (FT:fc7-fc8). From Fig. 4(a), it is also evident that the deeply fine-tuned CNN yielded a non-significant performance improvement over the handcrafted approach. This is probably because the handcrafted approach is an accurate system whose underlying features are specifically and incrementally designed to remove certain types of false detections. Yet, we find it interesting that an end-to-end learning machine can learn such a sophisticated set of features with minimal engineering effort. From Fig. 4(a), we also observed that the deeply fine-tuned CNN performs on a par with the CNN trained from scratch.

We further analyzed how the size of training samples influences the competitive performance between the CNN trained from scratch and the deeply fine-tuned CNN. For this purpose, we reduced the training samples at the PE-level to 50% and 25%. The results are shown in Fig. 4(b). With a 50% reduction in training data, a significant performance gap was observed between the CNN trained from scratch and the deeply tuned CNN in all the operating points. With a 25% reduction in the training data, we observed a decrease in the overall performance of both CNNs with a smaller yet significant gap between the two curves in most of the operating points. These findings not only favor the use of a deeply fine-tuned CNN but also underscore the importance of large training sets for effective training and fine-tuning of CNNs.

C. Colonoscopy Frame Classification

Image quality assessment can have a major role in objective quality assessment of colonoscopy procedures. Typically, a colonoscopy video contains a large number of non-informative

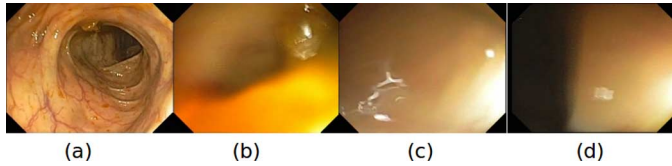


Fig. 5. (a) An informative colonoscopy frame. (b,c,d) Examples of non-informative colonoscopy images. The non-informative frames are usually captured during the rapid motion of the scope or during wall contact.

images with poor colon visualization that are not suitable for inspecting the colon or performing therapeutic actions. The larger the fraction of non-informative images in a video, the lower the quality of colon visualization, and thus the lower the quality of colonoscopy. Therefore, one way to measure the quality of a colonoscopy procedure is to monitor the quality of the captured images. Such quality assessment can be used during live procedures to limit low-quality examinations or in a post-processing setting for quality monitoring purposes.

Technically, image quality assessment at colonoscopy can be viewed as an image classification task whereby an input image is labeled as either *informative* or *non-informative*. Fig. 5 shows examples of non-informative and informative colonoscopy frames. In our previous work [65], we suggested a handcrafted approach based on local and global features that were pooled from the image reconstruction error. We showed that our handcrafted approach outperformed the other major methods [66], [67] for quality assessment in colonoscopy videos. In the current effort, we explored the use of deep CNNs as an alternative to a carefully engineered method. Specifically, we compared the performance of our handcrafted approach with that of a deep CNN trained from scratch and a pre-trained CNN that was fine-tuned using the labeled colonoscopy frames in a layer-wise manner.

For experiments, we used 6 complete colonoscopy videos. Considering the expenses associated with annotation of all video frames, we instead sampled each colonoscopy video by selecting 1 frame from every 5 seconds of each video and thereby removed many similar colonoscopy frames. The resulting set was further refined to create a balanced dataset of 4,000 colonoscopy images in which both informative and non-informative classes were represented equally. A trained expert then manually labeled the collected images as informative or non-informative. A gastroenterologist further reviewed the labeled images for corrections. We divided the labeled frames at the video-level into training and test sets, each containing approximately 2,000 colonoscopy frames. For data augmentation, we extracted 200 sub-images of size 227×227 pixels from random locations in each 500×350 colonoscopy frame, resulting in a stratified training set with approximately 40,000 sub-images. During the test stage, the probability of each frame being informative was computed as the average probabilities assigned to its randomly cropped sub-images.

We used an ROC analysis for performance comparisons between the CNN-based scenarios and handcrafted approach. The results are shown in Fig. 6(a). To avoid clutter in the figure, we have shown only a subset of representative ROC curves. We have, however, summarized the statistical comparisons be-

tween all ROC curves at 10%, 15%, and 20% false positive rates in Table S3 in the supplementary file. We observed that all CNN-based scenarios significantly outperformed the handcrafted approach in at least one of the above 3 operating points. We also observed that fine-tuning the pre-trained CNN halfway through the network (FT:conv4-fc8 and FT:conv5-fc8) not only significantly outperformed shallow-tuning but also was superior to a deeply fine-tuned CNN (FT:conv1-fc8) at 10% and 15% false positive rates. This was probably because the kernels learned in the early layers of the CNN were suitable for image quality assessment and thus their fine-tuning was unnecessary. Furthermore, while the CNN trained from scratch outperformed the pre-trained CNN with shallow fine-tuning (FT:only fc8), it was outperformed by the pre-trained CNN with a moderate level of fine-tuning (FT:conv5-fc8). Therefore, the fine-tuning scheme was superior to the full training scheme from scratch.

To examine how the performance of CNNs changes with respect to the size of the training data, we decreased the number of training samples by factors of 1/10, 1/20, and 1/100. Comparing these with other applications, we considered a further reduction in the size of the training dataset because a moderate decrease did not influence the performance of CNNs substantially. As shown in Fig. 6(b), both deeply fine-tuned CNNs and fully trained CNN showed insignificant performance degradation even when using 10% of the original training set. However, further reduction in the size of the training set substantially degraded the performance of fully trained CNNs and, to a largely less extent, the performance of deeply fine-tuned CNNs. The relatively high performance of the deeply fine-tuned CNNs, even with a limited training set, indicates the usefulness of the kernels learned from ImageNet for colonoscopy frame classification.

D. Intima-Media Boundary Segmentation

Carotid intima-media thickness (CIMT), a noninvasive ultrasonography method, has proven valuable for cardiovascular risk stratification. The CIMT is defined as the distance between the lumen-intima and media-adventitia interfaces at the far wall of the carotid artery (Fig. 7). The CIMT measurement is performed by manually tracing the lumen-intima and media-adventitia interfaces in a region of interest (ROI), followed by calculation of the average distance between the traced interfaces. However, manual tracing of the interfaces is time-consuming and tedious. Therefore, several methods [68]–[71] have been developed to allow automatic CIMT image interpretation. The suggested methods are more or less based on handcrafted techniques whose performance may vary according to image quality and the level of artifacts present within the images.

We formulated this interface segmentation task as a 3-class classification problem wherein the goal was to classify every pixel in the ROI into 3 categories: a pixel on the lumen-intima interface, a pixel on the media-adventitia interface, or a non-interface pixel. For this classification problem, we trained a 3-way CNN using the training patches collected from the lumen-intima interface and media-adventitia interface, as well as from other random locations far from the desired interfaces. Fig. 7 illustrates how these patches are extracted from an ultrasonography frame.

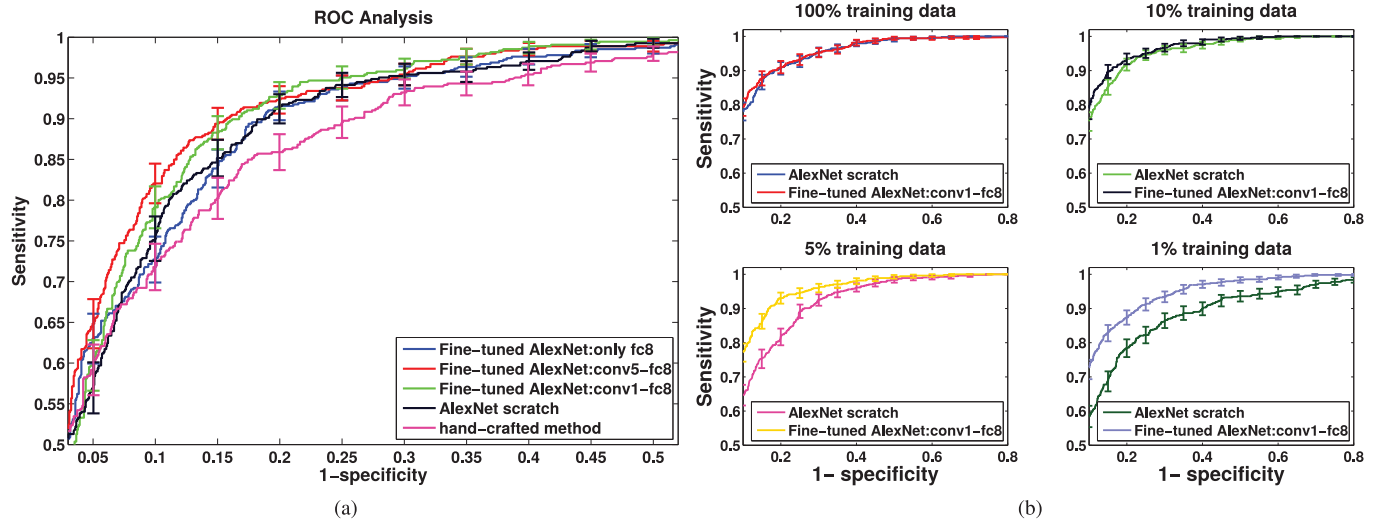


Fig. 6. ROC analysis for image quality assessment. (a) Comparison between incremental fine-tuning, training from scratch, and a handcrafted approach [65]. (b) Effect of reduction in the training data on the performance of convolutional neural networks (CNNs) trained from scratch vs deeply fine-tuned CNNs.

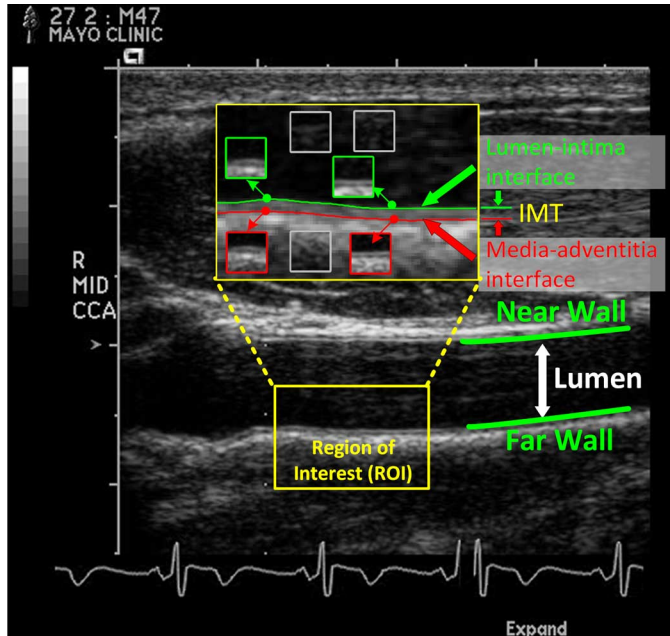


Fig. 7. Intima media thickness (IMT) is measured within a region of interest after the lumen-intima and media-adventitia interfaces are segmented. For automatic interface segmentation, we trained a 3-way convolutional neural network whose training patches were extracted from each of these interfaces (highlighted in red and green) and far from the interfaces (highlighted in gray).

Fig. 8 shows how a CNN-based system traces the interfaces for a given test ROI. The trained CNN is first applied to each pixel within the test ROI in a convolutional manner, generating 2 confidence maps of the same size as the ROI, with the first map showing the probability of a pixel residing on the lumen-intima interface and the second map showing the probability of a pixel residing on the media-adventitia interface. For visualization convenience, we merged these 2 confidence maps into 1 color-coded confidence map in which the green and red colors indicate the likelihood of being a lumen-intima interface and a media-adventitia interface, respectively. As

shown in Fig. 8(b), the probability band of each interface is too thick to accurately measure intima-media thickness. To resolve this issue, we obtained thinner interfaces by scanning the confidence map column by column to search for rows with the maximum response for each of the 2 interfaces, yielding a 1-pixel boundary with a step-like shape around each interface, as shown in Fig. 8(c). To smooth the boundaries, we used 2 active contour models (snakes) [72], one for the lumen-intima interface and one for the media-adventitia interface. The open snakes were initialized with the current step-like boundaries and then kept deforming until they took the actual shapes of the interfaces. Fig. 8(d) shows the converged snakes for the test ROI. We computed intima-media thickness as the average of the vertical distances between the 2 open snakes.

For the experiments, we used a database of 92 CIMT videos. The expert reviews each video to determine 3 ROIs for which the CIMT can be measured reliably. To create the ground truth, lumen-intima and media-adventitia interfaces were annotated as the consensus of 2 experts for each of the 276 ROIs. We divided the ROIs at the subject-level into a training set with 144 ROIs and a test set with 132 ROIs. For training and fine-tuning the CNNs, we extracted a stratified set of 200,000 training patches from the training ROIs. Because the AlexNet architecture used in our study required color patches as its input, each extracted gray-scale patch was converted to a color patch by repeating the gray channel thrice. Note that we did not perform data augmentation for the positive patches, for 2 reasons. First, 92×60 ROIs allow us to collect a large number of patches around the lumen-intima and media-adventitia interfaces, eliminating the need for any further data augmentation. Second, given the relatively small distance between the 2 interfaces, translation-based data augmentation would inject a large amount of label noise, which would negatively affect the convergence and the overall performance of the CNNs. In the test stage, we measured the error of interface segmentation as the average distance between the expert-annotated interfaces and those produced by the systems. For a more detailed analysis, we measured segmentation error for the lumen-intima and media-adventitia interfaces separately.



Fig. 8. The test stage of lumen-intima and media-adventitia interface segmentation. (a) A test region of interest. (b) The corresponding confidence map generated by the convolutional neural network. The green and red colors indicate the likelihood of a lumen-intima interface and media-adventitia interface, respectively. (c) The thick probability band around each interface is thinned by selecting the largest probability for each interface in each column. (d) The step-like boundaries are smoothed using 2 open snakes. (e) Interface segmentation from the ground truth.

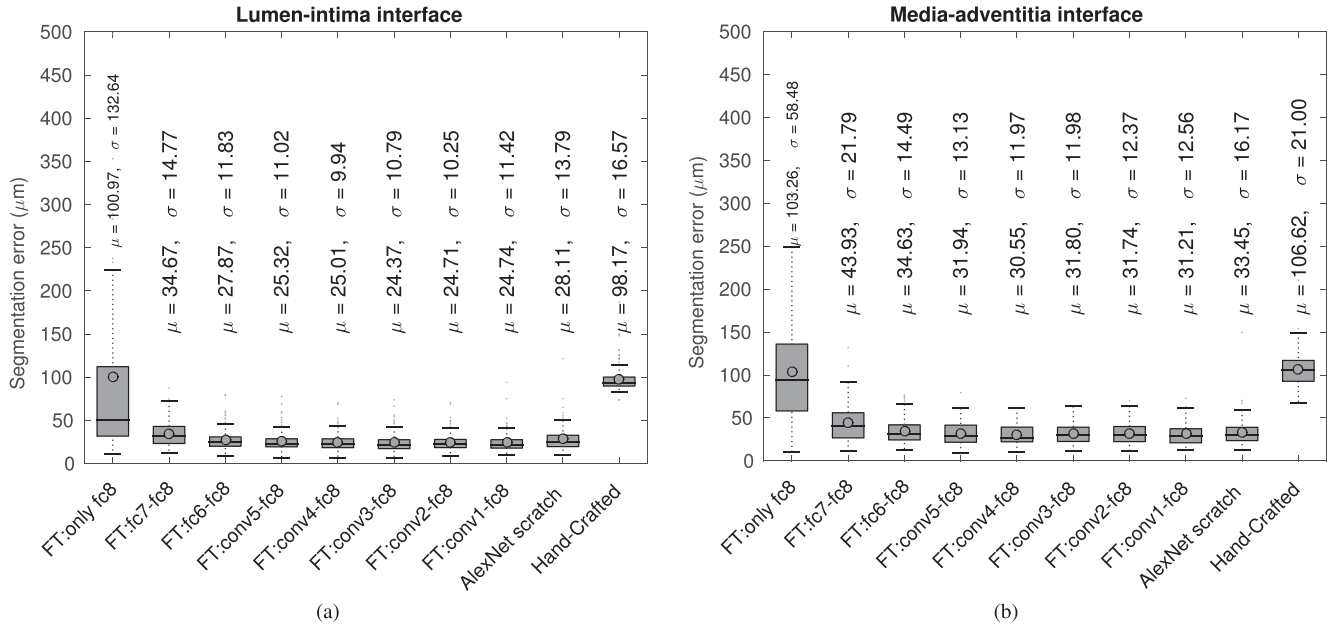


Fig. 9. Box plots of segmentation error for (a) the lumen-intima interface and (b) the media-adventitia interface.

Fig. 9 shows the box plots of segmentation error for each interface. The whiskers were plotted according to Tukey method. For easier quantitative comparisons, we have also shown the average and standard deviation of the localization error above each boxplot. The segmentation error for the media-adventitia interface was generally greater than the lumen-intima interface, which was expected because of the relatively more challenging image characteristics of the media-adventitia interface. For both interfaces, holding all the layers fixed except the last layer (FT: only fc8) resulted in the lowest performance, which was comparable to that of the handcrafted approach [73]. However, inclusion of layer fc7 in the fine-tuning process (FT:fc7-fc8) led to a significant decrease ($p < .0001$) in segmentation error for both interfaces. The reduced localization error was also significantly lower ($p < .0001$) than that of the handcrafted approach. We observed another significant drop ($p < .001$) in the localization error of both interfaces after fine-tuning layer fc6; however, this error was still significantly larger ($p < .001$) than that of the deeply fine-tuned AlexNet (FT:conv1-fc8). We observed a localization error comparable to that of the deeply fine-tuned AlexNet only after inclusion of layer conv5 in the fine-tuning process. With deeper fine-tuning, we obtained only marginal decrease in the localization error for both interfaces. Furthermore, the localization error obtained by the deeply fine-tuned CNN was significantly lower than that of the CNN trained from

scratch for media-adventitia interface ($p < .05$) and for Lumen-intima interface ($p < .0001$), indicating the superiority of the fine-tuning scheme over the training scheme from scratch. Of note, we observed no significant performance degradation for either deeply fine-tuned CNNs or fully trained CNNs, even after reducing the training patches to a single patient. This outcome resulted because each patient in our database provided approximately 12 ROIs, which enabled the extraction of a large number of distinct training patches that could be used for training and for fine-tuning the deep CNNs.

VII. DISCUSSION

In this study, to ensure generalizability of our findings, we considered 4 common medical imaging problems from 3 different imaging modality systems. Specifically, we chose PE detection as representative of computer-aided lesion detection in 3-dimensional volumetric images, polyp detection as representative of computer-aided lesion detection in 2-dimensional images, intima-media boundary segmentation as representative of machine learning-based medical image segmentation, and colonoscopy image quality assessment as representative of medical image classification. These applications differ because they require solving problems at different image scales. For instance, although intima-media boundary segmentation and PE detection may require the examination of a small sub-region

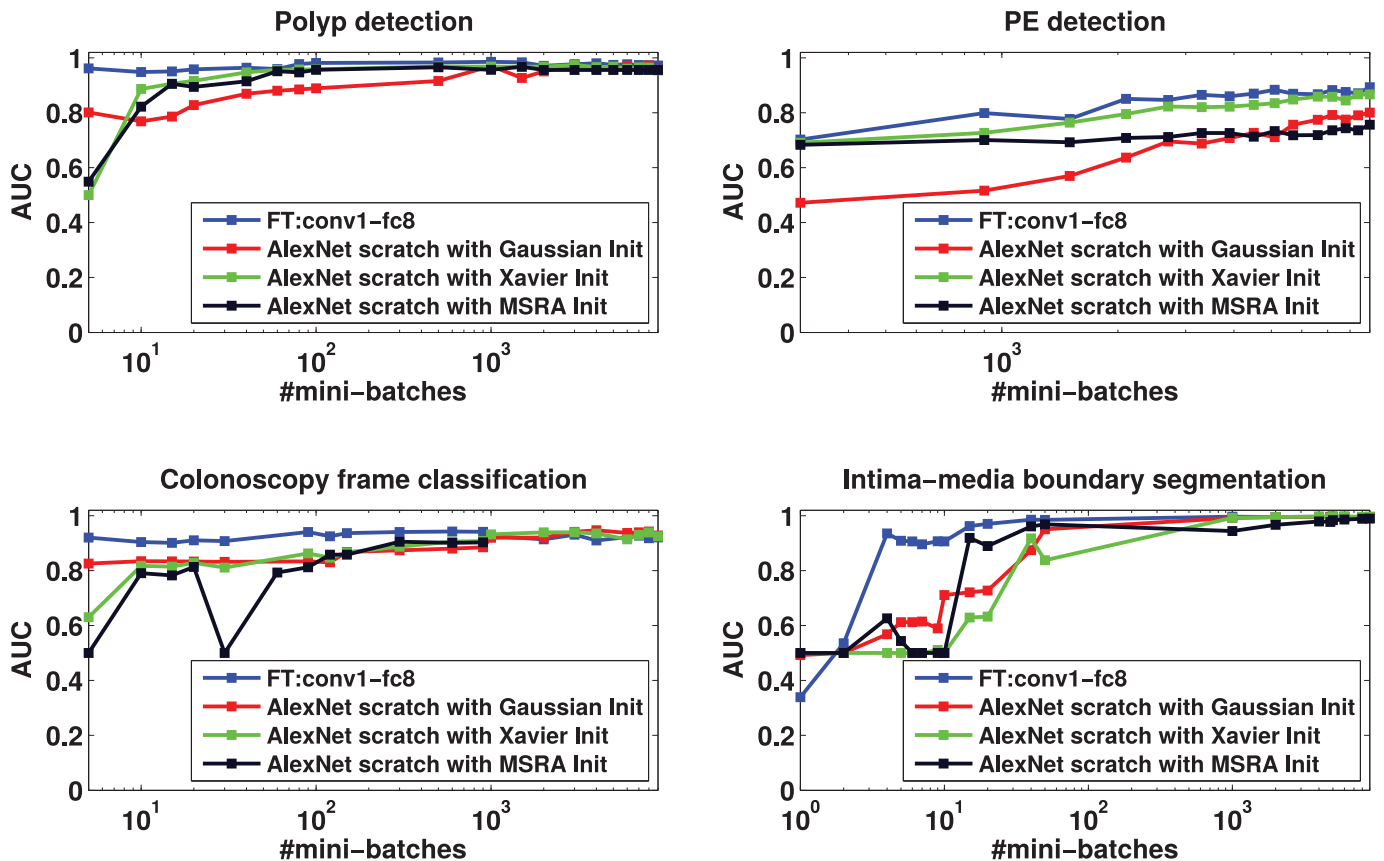


Fig. 10. Convergence speed for a deeply fine-tuned CNN and CNNs trained from scratch with three different initialization techniques.

within the images, polyp detection and frame classification demand far larger receptive fields. Therefore, we believe that the chosen applications encompass a variety of applications relevant to the field of medical imaging.

We thoroughly investigated the potential for fine-tuned CNNs in the context of medical image analysis as an alternative to training deep CNNs from scratch. We performed our analyses using both large training sets and reduced training sets. When using complete datasets, we observed that shallow tuning of the pre-trained CNNs most often led to a performance inferior to CNNs trained from scratch, whereas with deeper fine-tuning, we obtained performance comparable and even superior to CNNs trained from scratch. The performance gap between deeply fine-tuned CNNs and those trained from scratch widened when the size of training sets was reduced, which led us to conclude that fine-tuned CNNs should always be the preferred option regardless of the size of training sets available.

Another advantage of fine-tuned CNNs is the speed of convergence. To demonstrate this advantage, we compare the speed of convergence for a deeply fine-tuned CNN and a CNN trained from scratch in Fig. 10. For a thorough comparison, we used 3 different techniques to initialize the weights of the fully trained CNNs: 1) a method commonly known as Xavier, which was suggested in [40], 2) a revised version of Xavier called MSRA, which was suggested in [41], and a basic random initialization method based on Gaussian distributions. In this analysis, we computed the AUC on the validation data as a measure of convergence. Specifically, each snapshot of the model was ap-

plied to the patches of the validation set and then the classification performance was evaluated using an ROC analysis. Because we dealt with a 3-class classification problem for the task of intima-media boundary segmentation, we merged the 2 interface classes into a positive class and then computed the AUC for the resulting binary classification (interface vs. background). As shown, the fine-tuned CNN quickly reaches its maximum performance, but the CNNs trained from scratch require longer training in order to reach their highest performance. Furthermore, the use of different initialization techniques led to different trends of convergence, even though we observed no significant performance gain after complete convergence except for PE detection.

We observed that the depth of fine-tuning is fundamental to achieving accurate image classifiers. Although shallow tuning or updating the last few convolutional layers is sufficient for many applications in the field of computer vision to achieve state-of-the-art performance, we discovered that a deeper level of tuning is essential for medical imaging applications. For instance, we observed a marked performance gain using deeply fine-tuned CNNs, particularly for polyp detection and intima-media boundary segmentation, probably because of the substantial difference between these applications and the database with which the pre-trained CNN was constructed. However, we did not observe a similarly profound performance gain for colonoscopy frame classification, which we attribute to the relative similarity between ImageNet and the colonoscopy frames in our database. Specifically, both databases use high-resolution

images with similar low-level image information, which is why fine-tuning the late convolutional layers, which have application-specific features, is sufficient to achieve high-level performance for colonoscopy frame classification.

We based our experiments on the AlexNet architecture because a pre-trained AlexNet model was available in the Caffe library and that this architecture was deep enough that we could investigate the impact of the depth of fine-tuning on the performance of pre-trained CNNs. Alternatively, deeper architectures—such as VGGNet and GoogleNet—could have been used. Deeper architectures have recently shown relatively high performance for challenging computer vision tasks, but we do not anticipate a significant performance gain through the use of deeper architectures for medical imaging applications. We emphasize that the objective of this work was not to achieve the highest performance for a number of different medical imaging tasks but to examine the capabilities of fine-tuning in comparison with the training scheme from scratch. For these purposes, AlexNet is a reasonable architectural choice.

We would like to acknowledge that the performance curves reported for different models and applications may not be the best that we could achieve for each experiment. This sub-optimal performance is related to the choice of the hyper-parameters of CNNs that can influence the speed of convergence and final accuracy of a model. Although we attempted to find the working values of these parameters, finding the optimal values was not feasible given the large number of CNNs studied in our paper and that training each CNN was a time-consuming process even on the high-end GPUs. Nevertheless, this issue may not change our overall conclusions as the majority of the CNNs used in our comparisons are pre-trained models that may be less affected by the choice of hyper-parameters than the CNNs trained from scratch.

In this study, due to space constraints, we were not able to cover all medical imaging modalities. For instance, we did not study the performance of fine-tuning in MR images or histopathology images, for which full training of CNNs from scratch had shown promising performance. However, considering the successful knowledge transfer from natural images to CT, ultrasound, and endoscopy applications, we surmise that fine-tuning would succeed in other medical applications as well. Furthermore, our study was focused on fine-tuning of a pre-trained supervised model. However, a pre-trained unsupervised model such as those obtained by restricted Boltzmann machines (RBMs) or convolutional RBMs [74] could also be considered, even though the availability of ImageNet database with millions of labeled images from 1000 semantic classes may make the use of a pre-trained supervised model a natural choice for fine-tuning. Nevertheless, unsupervised models are still useful for 1D signal processing due to the absence of a large database of labeled 1D signals. For instance, fine-tuning of an unsupervised model was used in [75] for acoustic speech recognition and in [76] for detection of epilepsy in EEG recordings.

VIII. CONCLUSION

In this paper, we aimed to address the following central question in the context of medical image analysis: *Can the use of pre-trained deep CNNs, with sufficient fine-tuning,*

eliminate the need for training a deep CNN from scratch? Our extensive experiments, based on 4 distinct medical imaging applications from 3 different imaging modality systems, have demonstrated that deeply fine-tuned CNNs are useful for medical image analysis, performing as well as fully trained CNNs and even outperforming the latter when limited training data are available. Our results are important because they show that knowledge transfer from natural images to medical images is possible, even though the relatively large difference between source and target databases is suggestive that such application may not be possible. We also have observed that the required level of fine-tuning differed from one application to another. Specifically, for PE detection, we achieved performance saturation after fine-tuning the late fully connected layers; for colonoscopy frame classification, we achieved the highest performance through fine-tuning the late and middle layers; and for interface segmentation and polyp detection, we observed the highest performance by fine-tuning all layers in the pre-trained CNN. Our findings suggest that for a particular application, neither shallow tuning nor deep tuning may be the optimal choice. Through the layer-wise fine-tuning, one can learn the effective depth of tuning, as it depends on the application at hand and the amount of labeled data available for tuning. Layer-wise fine-tuning may offer a practical way to achieve the best performance for the application at hand based on the amount of available data. Our experiments further confirm the potential of CNNs for medical imaging applications because both deeply fine-tuned CNNs and fully trained CNNs outperformed the corresponding handcrafted alternatives.

REFERENCES

- [1] K. Fukushima, "Neocognitron: A self-organizing neural network model for a mechanism of pattern recognition unaffected by shift in position," *Biol. Cybern.*, vol. 36, no. 4, pp. 193–202, 1980.
- [2] Y. LeCun, L. Bottou, Y. Bengio, and P. Haffner, "Gradient-based learning applied to document recognition," *Proc. IEEE*, vol. 86, no. 11, pp. 2278–2324, Nov. 1998.
- [3] Y. LeCun, Y. Bengio, and G. Hinton, "Deep learning," *Nature*, vol. 521, no. 7553, pp. 436–444, 2015.
- [4] MIT Technol. Rev. "10 breakthrough technologies," [Online]. Available: <http://www.technologyreview.com/featuredstory/513696/deep-learning/>
- [5] C. Szegedy *et al.*, "Going deeper with convolutions" ArXiv, 2014 [Online]. Available: arXiv:1409.4842, to be published
- [6] K. Simonyan and A. Zisserman, "Very deep convolutional networks for large-scale image recognition" ArXiv, 2014 [Online]. Available: arXiv:1409.1556, to be published
- [7] M. D. Zeiler and R. Fergus, "Visualizing and understanding convolutional networks," in *Comput. Visi. ECCV*, 2014, pp. 818–833.
- [8] D. Eigen, J. Rolfe, R. Fergus, and Y. LeCun, "Understanding deep architectures using a recursive convolutional network" ArXiv, 2013 [Online]. Available: arXiv:1312.1847, to be published
- [9] D. Erhan, P.-A. Manzagol, Y. Bengio, S. Bengio, and P. Vincent, "The difficulty of training deep architectures and the effect of unsupervised pre-training," in *Proc. Int. Conf. Artif. Intell. Stat.*, 2009, pp. 153–160.
- [10] A. S. Razavian, H. Azizpour, J. Sullivan, and S. Carlsson, "CNN features off-the-shelf: An astounding baseline for recognition," in *Proc. IEEE Conf. Comput. Vis. Pattern Recognit. Workshops*, 2014, pp. 512–519.
- [11] H. Azizpour, A. S. Razavian, J. Sullivan, A. Maki, and S. Carlsson, "From generic to specific deep representations for visual recognition" ArXiv, 2014 [Online]. Available: arXiv:1406.5774, to be published
- [12] O. A. Penatti, K. Nogueira, and J. A. dos Santos, "Do deep features generalize from everyday objects to remote sensing and aerial scenes domains?," in *Proc. IEEE Conf. Comput. Vis. Pattern Recognit. Workshops*, Boston, MA, pp. 44–51.

- [13] W. Zhang *et al.*, "Computerized detection of clustered microcalcifications in digital mammograms using a shift-invariant artificial neural network," *Med. Phys.*, vol. 21, no. 4, pp. 517–524, 1994.
- [14] H.-P. Chan, S.-C. B. Lo, B. Sahiner, K. L. Lam, and M. A. Helvie, "Computer-aided detection of mammographic microcalcifications: Pattern recognition with an artificial neural network," *Med. Phys.*, vol. 22, no. 10, pp. 1555–1567, 1995.
- [15] S.-C. B. Lo *et al.*, "Artificial convolution neural network techniques and applications for lung nodule detection," *IEEE Trans. Med. Imag.*, vol. 14, no. 4, pp. 711–718, Dec. 1995.
- [16] N. Tajbakhsh, S. R. Gurudu, and J. Liang, "A comprehensive computer-aided polyp detection system for colonoscopy videos," in *Information Processing in Medical Imaging*. New York: Springer, 2015, pp. 327–338.
- [17] N. Tajbakhsh, S. R. Gurudu, and J. Liang, "Automatic polyp detection in colonoscopy videos using an ensemble of convolutional neural networks," in *Proc. IEEE 12th Int. Symp. o Biomed. Imag.*, 2015, pp. 79–83.
- [18] N. Tajbakhsh and J. Liang, "Computer-aided pulmonary embolism detection using a novel vessel-aligned multi-planar image representation and convolutional neural networks," in *Proc. MICCAI*, 2015.
- [19] D. C. Cireşan, A. Giusti, L. M. Gambardella, and J. Schmidhuber, "Mitosis detection in breast cancer histology images with deep neural networks," in *Proc. MICCAI*, 2013, pp. 411–418.
- [20] H. Roth *et al.*, "A new 2.5D representation for lymph node detection using random sets of deep convolutional neural network observations," in *Proc. MICCAI*, P. Goll, N. Hata, C. Barillot, J. Hornegger, and R. Howe, Eds., 2014, vol. 8673, LNCS, pp. 520–527.
- [21] Y. Zheng, D. Liu, B. Georgescu, H. Nguyen, and D. Comaniciu, "3d deep learning for efficient and robust landmark detection in volumetric data," in *Proc. MICCAI*, 2015, pp. 565–572.
- [22] J. Y. Shin, N. Tajbakhsh, R. T. Hurst, C. B. Kendall, and J. Liang, "Automating carotid intima-media thickness video interpretation with convolutional neural networks," in *Proc. IEEE Conf. Comput. Vis. Pattern Recognit.*, Las Vegas, NV, 2016.
- [23] H. R. Roth, A. Farag, L. Lu, E. B. Turkbey, and R. M. Summers, "Deep convolutional networks for pancreas segmentation in CT imaging," in *Proc. SPIE Med. Imag.*, 2015, pp. 94 131G–94 131G.
- [24] M. Havaei *et al.*, "Brain tumor segmentation with deep neural networks," *ArXiv*, 2015 [Online]. Available: arXiv:1505.03540, to be published
- [25] W. Zhang *et al.*, "Deep convolutional neural networks for multi-modality iso-intense infant brain image segmentation," *NeuroImage*, vol. 108, pp. 214–224, 2015.
- [26] D. Cireşan, A. Giusti, L. M. Gambardella, and J. Schmidhuber, "Deep neural networks segment neuronal membranes in electron microscopy images," in *Advances in Neural Information Processing Systems*, F. Pereira, C. Burges, L. Bottou, and K. Weinberger, Eds. Red Hook, NY: Curran, 2012, vol. 25, pp. 2843–2851.
- [27] A. Prasoon, K. Petersen, C. Igel, F. Lauze, E. Dam, and M. Nielsen, "Deep feature learning for knee cartilage segmentation using a tri-planar convolutional neural network," in *Proc. MICCAI*, 2013, pp. 246–253.
- [28] Y. Bar, I. Diamant, L. Wolf, and H. Greenspan, "Deep learning with non-medical training used for chest pathology identification," in *Proc. SPIE Med. Imag.*, 2015, pp. 94 140V–94 140V.
- [29] B. van Ginneken, A. A. Setio, C. Jacobs, and F. Ciompi, "Off-the-shelf convolutional neural network features for pulmonary nodule detection in computed tomography scans," in *Proc. IEEE 12th Int. Symp. Biomed. Imag.*, Apr. 2015, pp. 286–289.
- [30] J. Arevalo, F. Gonzalez, R. Ramos-Pollan, J. Oliveira, and M. G. Lopez, "Convolutional neural networks for mammography mass lesion classification," in *Proc. 37th Annu. Int. Conf. IEEE EMBC*, Aug. 2015, pp. 797–800.
- [31] T. Schlegl, J. Ofner, and G. Langs, "Unsupervised pre-training across image domains improves lung tissue classification," in *Medical Computer Vision: Algorithms for Big Data*. New York: Springer, 2014, pp. 82–93.
- [32] H. Chen *et al.*, "Standard plane localization in fetal ultrasound via domain transferred deep neural networks," *IEEE J. Biomed. Health Informat.*, vol. 19, no. 5, pp. 1627–1636, Sep. 2015.
- [33] G. Carneiro, J. Nascimento, and A. Bradley, "Unregistered multiview mammogram analysis with pre-trained deep learning models," in *Medical Image Computing and Computer-Assisted Intervention – MICCAI 2015*, N. Navab, J. Hornegger, W. M. Wells, and A. F. Frangi, Eds., 2015, vol. 9351, LNCS, pp. 652–660.
- [34] H.-C. Shin *et al.*, "Interleaved text/image deep mining on a very large-scale radiology database," in *Proc. IEEE Conf. Comput. Vis. Pattern Recognit.*, 2015, pp. 1090–1099.
- [35] M. Gao *et al.*, "Holistic classification of CT attenuation patterns for interstitial lung diseases via deep convolutional neural networks," in *1st Workshop Deep Learn. Med. Image Anal., Int. Conf. Med. Image Comput. Comput. Assist. Intervent.*, Munich, Germany, 2015 [Online]. Available: www.research.rutgers.edu/~minggao/files/MingchenGao_MICCAIworkshop2015.pdf
- [36] J. Margea, A. Criminisi, R. C. Lozoya, D. C. Lee, and N. Ayache, "Fine-tuned convolutional neural nets for cardiac MRI acquisition plane recognition," *Computer Methods Biomechan. Biomed. Eng., Imag. Visualizat.*, pp. 1–11, 2015.
- [37] D. H. Hubel and T. N. Wiesel, "Receptive fields of single neurones in the cat's striate cortex," *J. Physiol.*, vol. 148, no. 3, pp. 574–591, 1959.
- [38] D. C. Edwards, M. A. Kupinski, C. E. Metz, and R. M. Nishikawa, "Maximum likelihood fitting of FROC curves under an initial-detection-and-candidate-analysis model," *Med. Phys.*, vol. 29, no. 12, pp. 2861–2870, 2002.
- [39] Y. Jia *et al.*, "Caffe: Convolutional architecture for fast feature embedding," *ArXiv*, 2014 [Online]. Available: arXiv:1408.5093, to be published
- [40] X. Glorot and Y. Bengio, "Understanding the difficulty of training deep feedforward neural networks," in *Proc. Int. Conf. Artif. Intell. Stat.*, 2010, pp. 249–256.
- [41] K. He, X. Zhang, S. Ren, and J. Sun, "Delving deep into rectifiers: Surpassing human-level performance on imagenet classification," *ArXiv*, 2015 [Online]. Available: arXiv:1502.01852, to be published
- [42] N. Tajbakhsh, S. Gurudu, and J. Liang, "Automated polyp detection in colonoscopy videos using shape and context information," *IEEE Trans. Med. Imag.*, vol. 35, no. 2, pp. 630–644, Feb. 2016.
- [43] A. Pabby *et al.*, "Analysis of colorectal cancer occurrence during surveillance colonoscopy in the dietary polyp prevention trial," *Gastrointest Endosc.*, vol. 61, no. 3, pp. 385–391, 2005.
- [44] J. van Rijn *et al.*, "Polyp miss rate determined by tandem colonoscopy: A systematic review," *Am. Jo. Gastroenterol.*, vol. 101, no. 2, pp. 343–350, 2006.
- [45] D. H. Kim *et al.*, "CT colonography versus colonoscopy for the detection of advanced neoplasia," *N. Eng. J. Med.*, vol. 357, no. 14, pp. 1403–12, 2007.
- [46] D. Heresbach *et al.*, "Miss rate for colorectal neoplastic polyps: A prospective multicenter study of back-to-back video colonoscopies," *Endoscopy*, vol. 40, no. 4, pp. 284–290, 2008.
- [47] A. Leufkens, M. van Oijen, F. Vleggaar, and P. Siersema, "Factors influencing the miss rate of polyps in a back-to-back colonoscopy study," *Endoscopy*, vol. 44, no. 05, pp. 470–475, 2012.
- [48] L. Rabeneck, H. El-Serag, J. Davila, and R. Sandler, "Outcomes of colorectal cancer in the united states: No change in survival (1986–1997)," *Am. J. Gastroenterol.*, vol. 98, no. 2, p. 471, 2003.
- [49] S. A. Karkanis, D. K. Iakovidis, D. E. Maroulis, D. A. Karras, and M. Tzivras, "Computer-aided tumor detection in endoscopic video using color wavelet features," *IEEE Trans. Inf. Technol. Biomed.*, vol. 7, no. 3, pp. 141–152, Sep. 2003.
- [50] D. K. Iakovidis, D. E. Maroulis, S. A. Karkanis, and A. Brokos, "A comparative study of texture features for the discrimination of gastric polyps in endoscopic video," in *Proc. 18th IEEE Symp. Comput.-Based Med. Syst.*, 2005, pp. 575–580.
- [51] L. A. Alexandre, N. Nobre, and J. Casteleiro, "Color and position versus texture features for endoscopic polyp detection," in *Proc. Int. Conf. BioMedical Eng. Informat.*, 2008, vol. 2, pp. 38–42.
- [52] S. Hwang, J. Oh, W. Tavanapong, J. Wong, and P. de Groen, "Polyp detection in colonoscopy video using elliptical shape feature," in *IEEE Int. Conf. Image Process.*, 2007, vol. 2, pp. II–465–II–468.
- [53] J. Bernal, J. Sánchez, and F. Vilariño, "Towards automatic polyp detection with a polyp appearance model," *Pattern Recognit.*, vol. 45, no. 9, pp. 3166–3182, 2012.
- [54] J. Bernal, J. Sánchez, and F. Vilarino, "Impact of image preprocessing methods on polyp localization in colonoscopy frames," in *Proc. 35th Annu. Int. Conf. IEEE EMBC*, 2013, pp. 7350–7354.
- [55] Y. Wang, W. Tavanapong, J. Wong, J. Oh, and P. de Groen, "Part-based multi-derivative edge cross-section profiles for polyp detection in colonoscopy," *IEEE J. Biomed. Health Informat.*, vol. 18, no. 4, pp. 1379–1389, Jul. 2014.
- [56] S. Y. Park, D. Sargent, I. Spofford, K. Vosburgh, and Y. A-Rahim, "A colon video analysis framework for polyp detection," *IEEE Trans. Biomed. Eng.*, vol. 59, no. 5, pp. 1408–1418, May 2012.
- [57] N. Tajbakhsh, S. Gurudu, and J. Liang, "A classification-enhanced vote accumulation scheme for detecting colonic polyps," in *Abdominal Imaging. Computation and Clinical Applications*. New York: Springer, 2013, vol. 8198, LNCS, pp. 53–62.

- [58] N. Tajbakhsh, C. Chi, S. R. Gurudu, and J. Liang, "Automatic polyp detection from learned boundaries," in *Proc. IEEE 10th Int. Symp. Biomed. Imag.*, 2014, pp. 97–100.
- [59] N. Tajbakhsh, S. R. Gurudu, and J. Liang, "Automatic polyp detection using global geometric constraints and local intensity variation patterns," in *Proc. MICCAI*, 2014, pp. 179–187.
- [60] J. Liang and J. Bi, "Computer aided detection of pulmonary embolism with tobogganing and multiple instance classification in CT pulmonary angiography," in *Information Processing in Medical Imaging*. New York: Springer, 2007, pp. 630–641.
- [61] K. K. Calder, M. Herbert, and S. O. Henderson, "The mortality of untreated pulmonary embolism in emergency department patients," *Ann. Emerg. Med.*, vol. 45, no. 3, pp. 302–310, 2005.
- [62] G. Sadigh, A. M. Kelly, and P. Cronin, "Challenges, controversies, and hot topics in pulmonary embolism imaging," *Am. J. Roentgenol.*, vol. 196, no. 3, 2011.
- [63] J. Fairfield, "Toboggan contrast enhancement for contrast segmentation," in *Proc. 10th Int. Conf. Pattern Recognit.*, 1990, vol. 1, pp. 712–716.
- [64] R. M. Haralick, K. Shanmugam, and I. H. Dinstein, "Textural features for image classification," *IEEE Trans. Syst., Man Cybern.*, vol. 3, no. 6, pp. 610–621, Nov. 1973.
- [65] N. Tajbakhsh, "Automatic assessment of image informativeness in colonoscopy," in *Abdominal Imaging. Computational and Clinical Applications*. New York: Springer, 2014, pp. 151–158.
- [66] M. Arnold, A. Ghosh, G. Lacey, S. Patchett, and H. Mulcahy, "Indistinct frame detection in colonoscopy videos," in *Proc. 13th Int. Mach. Vis. Image Process. Conf.*, 2009, pp. 47–52.
- [67] J. Oh, S. Hwang, J. Lee, W. Tavanapong, J. Wong, and P. C. de Groen, "Informative frame classification for endoscopy video," *Med. Image Anal.*, vol. 11, no. 2, pp. 110–127, 2007.
- [68] R.-M. Menchón-Lara and J.-L. Sancho-Gómez, "Fully automatic segmentation of ultrasound common carotid artery images based on machine learning," *Neurocomputing*, vol. 151, pp. 161–167, 2015.
- [69] R.-M. Menchón-Lara, M.-C. Bastida-Jumilla, A. González-López, and J. L. Sancho-Gómez, "Automatic evaluation of carotid intima-media thickness in ultrasounds using machine learning," in *Natural and Artificial Computation in Engineering and Medical Applications*. New York: Springer, 2013, pp. 241–249.
- [70] S. Petroudi, C. Loizou, M. Pantziaris, and C. Pattichis, "Segmentation of the common carotid intima-media complex in ultrasound images using active contours," *IEEE Trans. Biomed. Eng.*, vol. 59, no. 11, pp. 3060–3069, Nov. 2012.
- [71] X. Xu, Y. Zhou, X. Cheng, E. Song, and G. Li, "Ultrasound intima-media segmentation using Hough transform and dual snake model," *Comput. Med. Imag. Graphics*, vol. 36, no. 3, pp. 248–258, 2012.
- [72] J. Liang, T. McInerney, and D. Terzopoulos, "United snakes," *Med. Image Anal.*, vol. 10, no. 2, pp. 215–233, 2006.
- [73] H. Sharma *et al.*, "ECG-based frame selection and curvature-based ROI detection for measuring carotid intima-media thickness," in *Proc. SPIE Med. Imag.*, 2014, pp. 904 016–904 016.
- [74] H. Lee, R. Grosse, R. Ranganath, and A. Y. Ng, "Convolutional deep belief networks for scalable unsupervised learning of hierarchical representations," in *Proc. 26th Annu. Int. Conf. Mach. Learn.*, 2009, pp. 609–616.
- [75] O. Abdel-Hamid *et al.*, "Convolutional neural networks for speech recognition," *IEEE/ACM Trans. Audio, Speech, Language Process.*, vol. 22, no. 10, pp. 1533–1545, Oct. 2014.
- [76] D. Wulsin, J. Gupta, R. Mani, J. Blanco, and B. Litt, "Modeling electroencephalography waveforms with semi-supervised deep belief nets: Fast classification and anomaly measurement," *J. Neural Eng.*, vol. 8, no. 3, p. 036015, 2011.