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```
In [1]: import pandas as pd from xgboost import XGBClassifier from sklearn.model_selection import train_test_split from sklearn.metrics import classification_report, confusion_matrix from sklearn.utils.class_weight import compute_sample_weight import joblib
 In [2]: # Load the final features with labels
df = pd.read_csv("final_labeled_features.csv")
                   # Convert multi-class labels to binary:
# 1 = has symptoms, 0 = no symptoms
dfl'label'] = dfl'label'].replace({
    'no symptoms': 0,
    'stress': 1,
    'axiaty': 1,
    'depression': 1
}}
                   3.)
                   # Drop non-numeric columns (text and patient ID)
X = df.drop(columns=['label', 'utterance', 'patient_id'], errors='ignore')
y = df['label']
 )
 In [4]: # Compute weights for each sample to balance classes
sample_weights = compute_sample_weight(class_weight='balanced', y=y_train)
In [26]: xgb_model = XGBClassifier(
                           n_estimators=200,
learning_rate=0.1,
max_depth=6,
objective='binary:logistic',
eval_metric='logloss',
use_label_encoder=False,
random_state=42
                   xgb_model.fit(X_train, y_train, sample_weight=sample_weights)
print(xgb_model.get_params())
                   /Users/Saravanan/opt/anaconda3/lib/python3.9/site-packages/xgboost/core.py:158: UserWarning: [21:17:27] WARNING: /Users/runner/work/xgboost/xgboost/xgboost/src/learner.cc:740: Parameters: { "use_label_encoder" } are not used.
                  warnings.warn(smsg, UserWarning)
{'objective': 'binary:logistic', 'base_score': None, 'booster': None, 'callbacks': None, 'colsample_bylevel': None, 'colsample_bynode': None, 'colsample_bytree': None, 'device': None, 'tearling_round s': None, 'nearling_round s': None, 'max_cat_threshold': None, 'max_cat_threshold': None, 'learning_rate': 0.1, 'max_depth': 6, 'max_depth': 6, 'max_deves': None, 'max_cat_threshold': None, 'max_cat_to_onehot': None, 'max_delta_step': None, 'max_depth': 6, 'max_deves': None, 'min_child_weight': None, 'missing': nan, 'monotone_constraints': None, 'mult_istrategy': None, 'n_estimators': 200, 'n_jobs': None, 'num_parallel_tree': None, 'random_state': 42, 'reg_alpha': None, 'reg_lambda': None, 'sampling_method': None, 'scale_pos_weight': None, 'use_label_encoder': false)
None, 'tree_method': None, 'validate_parameters': None, 'verbosity': None, 'use_label_encoder': false)
                   above are the available parameters of the respective model. And Only a few key parameters are usually set manually. that is { 'n_estimators': 200, 'learning_rate': 0.1, 'max_depth': 6, 'objective': 'binary:logistic', 'use_label_encoder': False,
                    'random_state': 42, 'eval_metric': 'logloss', ... }
 In [6]: y_pred = xgb_model.predict(X_test)
                    print(" Classification Report:"
                    print(classification_report(y_test, y_pred, digits=3))
                   print(" Confusion Matrix:")
print(confusion_matrix(y_test, y_pred))
```

localhost:8888/nbconvert/html/patient data/labeled_model_final.ipynb?download=false

```
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```

```
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                                                                                                                                                                                              labeled_model_final
                       id Classification Report:

precision recall f1-score support
                      accuracy
macro avg 0.854
weighted avg 0.908
                       Confusion Matrix:
[[ 50 65]
[ 14 814]]
         In [7]: joblib.dump(xgb_model, "xgboost_depression_model.pkl")
print(" Model saved as xgboost_depression_model.pkl")

■ Model saved as xgboost_depression_model.pkl

        In [8]: import matplotlib.pyplot as plt
import xgboost as xgb
                       xgb.plot_importance(xgb_model, max_num_features=15, importance_type='gain')
plt.title("Top 15 Feature Importances")
plt.show()
                                                 Top 15 Feature Importances
                                                                 73,97:
46.7078399658207
42.2696418762207
40.17570495605469
38.74855041503906
30.81551742553711
28.614818572998047
28.491127014160156
                          651
619
                                         25.992109298706055
25.63591766357422
                                           24.75697135925293
23.285369873046875
22.58714485168457
                                                        60
F sc
                                                40
```

```
accuracy = accuracy_score(y_test, y_pred)
print(ff overall Accuracy: {accuracy:.4f}")

verall Accuracy: 0.9162

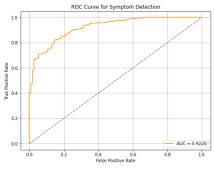
In [30]: from sklearn.metrics import classification_report, confusion_matrix, accuracy_score

# Predictions
y_pred = xgb_model.predict(X_test)

# Evaluation
print("MI Classification_report(y_test, y_pred, digits=3))
print(classification_report(y_test, y_pred, digits=3))
print("G Confusion Matrix:")
print(confusion_matrix(y_test, y_pred))

# Overall Accuracy
accuracy = accuracy_score(y_test, y_pred)
print(fforeall Accuracy; (accuracy:.4f)")
```

In [31]: from sklearn.metrics import accuracy score



The plot will show:

TPR (True Positive Rate) vs. FPR (False Positive Rate)

AUC score tells how well your model distinguishes between the two classes

 $local host: 8888/nbconvert/html/patient\ data/labeled_model_final.ipynb?download=false$

20/05/2025, 21:40 labeled_model_final 0.5 = random guessing

.> 0.9 = excellent model

🖈 Title:

Detection of Stress, Anxiety, and Depression from Transcripts and Voice Data using Machine Learning

© Objective:

To develop an ML model that predicts whether a patient exhibits symptoms of mental health issues (stress, anxiety, depression) based on both **textual transcripts** and **acoustic voice features**, using **unlabeled datasets** and zero-shot classification.

Dataset Description:

Each patient has three types of files:

- 1. FORMANT.csv 5 formant frequency values per row (speech-related acoustic features).
- 2. COVAREP.csv Rich set of low-level descriptors (voice features).
- 3. TRANSCRIPT.csv Contains timestamped speech by 'Ellie' (Al interviewer) and the 'Participant'.

Example format:

- 335_FORMANT.csv
- 335_COVAREP.csv
- 335_TRANSCRIPT.csv

PHASE 1: Preprocessing and Feature Engineering

1. Transcript Processing

- Extracted utterances spoken by the Participant
- \bullet Synced utterances to their <code>start_time</code> and <code>stop_time</code>

2. Audio Feature Extraction

- Extracted Formant and COVAREP values aligned to each utterance's timestamp.
- $\bullet~$ Calculated $\mathbf{mean},\,\mathbf{std},\,\mathbf{and}\,\,\mathbf{range}$ for each segment.

3. Text Embedding

• Used all-MiniLM-L6-v2 model from sentence-transformers to convert utterances into 384-dimensional vector embeddings

4. Feature Merging

- Combined all features (formant + covarep + text embedding) into a single flat vector.
- Created a DataFrame where each row = one utterance's full feature set.

5. Zero-Shot Labeling

- Used Hugging Face's facebook/bart-large-mnli to classify each utterance as:
- stress, depression, anxiety, or no symptoms.
- ullet Mapped all mental-health-related labels into a single class: 1 = symptoms , 0 = no symptoms .
- 6. Final dataset: final_labeled_features.csv
 - ~4,700 utterances × ~860 features + binary label.

PHASE 2: Model Training

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1. Model Chosen:

• XGBoost (XGBClassifier) — selected for its performance on tabular, high-dimensional, and imbalanced data.

80/20 train-test split (stratified by label).

3. Class Imbalance Handling:

Used compute_sample_weight to address class imbalance during training.
 Training Parameters:

```
XGBClassifier(
    n_estimators=200,
    learning_rate=0.1,
    max_depth=6,
    objective='binary:logistic',
    eval_metric='logloss',
    use_label_encoder=False,
    random_state=42
})
```

5. Model saved: xgboost_depression_model.pkl

PHASE 3: Evaluation

1. Metrics Used:

- Accuracy
 Precision, Recall, F1-Score
- Confusion Matrix
 ROC Curve & AUC Score

2. Sample Output:

```
Classification Report:
    precision recall f1-score
no symptoms 0.74 0.42 0.53
symptoms 0.92 0.98 0.95
Accuracy: 0.9118
AUC Score: 0.94
```

3. ROC Curve: Visualized using matplotlib, clearly showed strong separation between the two classes.

Tools & Libraries Used

- Python, Pandas, NumPy
- XGBoost
- Scikit-learn
- SentenceTransformers

- Hugging Face Transformers
 Matplotlib, Seaborn (for visualizations)
- Joblib (for model saving)