

30. Lasso Regression

November 24, 2025 9:42 AM

Last time (1970): Ridge Regression

$$\text{Solve: } \hat{\beta}_\lambda^R = \underset{\tilde{\beta} \in \mathbb{R}^p}{\operatorname{argmin}} \left\{ \sum_{i=1}^n (\underbrace{Y_i - X_i^\top \tilde{\beta}}_{\text{Squared Error}})^2 + \lambda \sum_{j=1}^p \tilde{\beta}_j^2 \right\}$$

Quadratic Penalty

- Closed form solution

$$\begin{aligned}\hat{\beta}_\lambda^R &= (X^\top X + \lambda I_p)^{-1} X^\top Y \\ \hat{\beta} &= (X^\top X)^{-1} X^\top Y\end{aligned}$$

- Shrinkage Estimator, send the estimator towards zero
→ Variance ↓ bias ↑
- Sometimes called L^2 -regularization
- If Doesn't do variable selection ↗ Hard to interpret

Lasso (1996) \Rightarrow Least absolute Selection + Shrinkage operator

$$\hat{\beta}_\lambda^L = \underset{\tilde{\beta} \in \mathbb{R}^p}{\operatorname{argmin}} \left\{ \sum_{i=1}^n (\underbrace{Y_i - X_i^\top \tilde{\beta}}_{\text{Squared error}})^2 + \lambda \sum_{j=1}^p |\tilde{\beta}_j| \right\}$$

Absolute / linear penalty

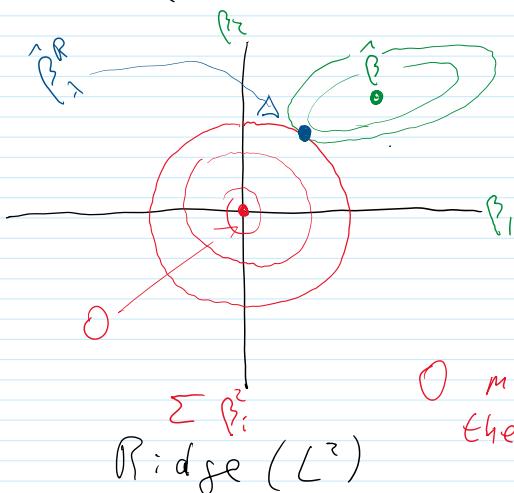
(also called L^1 -regularization)

- Why is it interesting?
 - Does Both Shrinkage + Selection at same time
 - Convex optimization Problem (Easier to solve than non-convex)
 - No closed form solution.
- * OLS and Ridge are unique in that most Statistical Machine Learning Methods do not have a nice closed form solution \Rightarrow i.e. Need a Computer!
- This work spawned countless

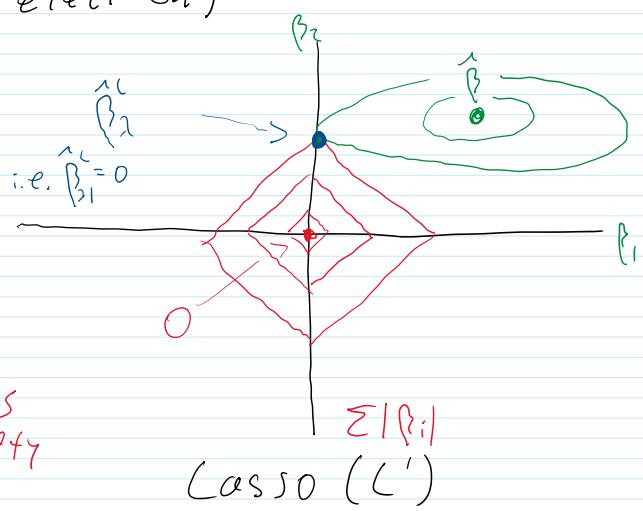
Computer:

→ This work spawned countless follow up papers on Theory.

Picture version of why Lasso sets some $\hat{\beta}_j = 0$ (i.e. does variable selection)



minimizes the penalty



Lasso (L_1)

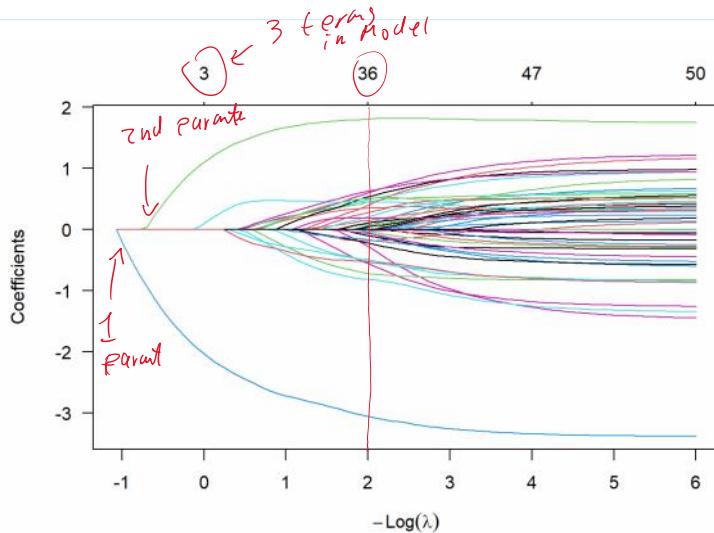
$\hat{\beta}$ (least squares) so it is the "best" point
to minimize $\sum (Y_i - X_i^\top \hat{\beta})^2$

Elastic Net (2005): Zou + Hastie

why not do both Lasso + Ridge!

$$\hat{\beta}_{EN} = \underset{\hat{\beta} \in \mathbb{R}^p}{\operatorname{argmin}} \left\{ \underbrace{\sum_{i=1}^n (Y_i - X_i^\top \hat{\beta})^2}_{\text{squared Error}} + \lambda_1 \underbrace{\sum_{j=1}^p |\hat{\beta}_j|}_{\text{penalty}} + \lambda_2 \underbrace{\sum_{j=1}^p \hat{\beta}_j^2}_{\text{penalty}} \right\}$$

Claim: "Better" than Lasso but still does Shrinkage + Selection



"Lasso Paths"

- Each line is a parameter that "enters" the model as $\lambda \downarrow$ or $-\log \lambda \uparrow$
- Every choice of λ (cross section of plot) is a Lasso regression model.

$$\hat{\beta}^R = (\mathbf{V}^\top \mathbf{V} + \gamma I)^{-1} \mathbf{V}^\top \mathbf{y}$$

$$\text{or } \frac{\sum x_i y_i}{\sum x_i^2} \text{ or } \frac{\sum x_i y_i}{n}$$

$$\hat{\beta}_\lambda^R = (X^\top X + \underbrace{2I}_{\text{like adding } 2})^{-1} X^\top Y, \text{ e.g. } \frac{\sum x_i y_i}{\sum x_i^2} \text{ or } \frac{\sum x_i y_i}{\sum x_i^2 + 2}$$

↑ like adding 2 to each term in the denominator

People have proven "Sparsistency" \rightarrow Sparse + consistency

if the true β has, say, $\beta_i = 0$

then $\hat{\beta}_\lambda^R$; will = 0 For large enough sample n.