Long Form Torque vs. Position Report - Ankle Plantar/Dorsiflexion Supine

 Name:
 Ruttencutter, Taylor ID:
 HS375017
 Right/Left:
 1/17/2025 1/17/2025

 Birth date:
 12/1/2005
 Involved Side:
 Left
 Group 1:

 Height:
 65 Inches
 Preferred Side:
 Right
 Group 2:

Weight: 160 Pounds Doctor: Gender: Female Tester:

Diagnosis: Surgery:

Long Form Torque vs. Position Report - Ankle Plantar/Dorsiflexion Supine Name: Ruttencutter, Taylor ID: HS375017 Right/Left: 1/17/2025 1/17/2025 Plantarflexors (Con) Dorsiflexors (Con) 30 30 25 25 20 20 Torque (Foot-Pounds) Torque (Foot-Pounds) 10 10 0--30 20 -20 -10 20 30 40 50 60 Angle (Degrees) Angle (Degrees) **Right Side Curves** Left Side Curves Isokinetic Con/Con Plantarflexors (Con) Dorsiflexors (Con) Speed 60/60 deg/sec 5 Reps Value Cof Var %BW Value Cof Var %BW Ratio **TORQUE PARAMETERS** Peak Torque (Foot-Pounds - Best Repetition) 13 0.10 8 72 Right 18 0.17 11 Left 15 0.07 9 60 25 0.33 16 Deficit -13 Work per Repetition (Foot-Pounds - Best Repetition) Right 9 7 79 14 0.16 11 0.15 0.26 0.05 6 Left 17 11 10 59 Deficit -18 9 Average Power per Repetition (Watts - Best Repetition) 7 11 Right 16 10 0.16 69 0.28 12 60 Left 20 12 0.05 8 Deficit -20 -8 **POSITION PARAMETERS** Joint Angle at Peak Torque (Degrees) 1.19 31 0.17 Left -2 -2.4320 0.13 Range of Motion (Degrees) Right 56 0.01 -16 -0.1242 Left 0.00 -24 -0.06 TIME PARAMETERS Time to Peak Torque (Seconds) 0.54 0.46 0.48 0.22 Right Left 0.37 0.42 0.11 0.10 Time Peak Torque Held (Seconds) Right 0.02 1.70 0.02 1.99 Left 0.03 1.05 0.05 1.42 Force Decay Time (Seconds) 0.09 Right 0.73 0.32 0.78 0.72 0.17 0.71 0.09 Left Reciprocal Delay (Seconds) Right 0.09 0.14 0.07 0.15 0.09 0.09 Left 0.14 0.58 **Delay Time (Seconds)** -0.04-0.12-0.04 -0.12Right Left -0.05 0.00 -0.03 -0.68 HUMAC® /2009 Version: 10.000.0059 Copyright Computer Sports Medicine, Inc., 1982-2013. www.csmisolutions.com

Long Form Torque vs. Position Report - Ankle Plantar/Dorsiflexion Supine Ruttencutter, Taylor **ID**: Name: HS375017 Right/Left: 1/17/2025 1/17/2025 Plantarflexors (Con) Dorsiflexors (Con) 30 30 25 25 20 20 Torque (Foot-Pounds) Forque (Foot-Pounds) 10 10 0--30 -10 -30 -20 -10 10 20 Angle (Degrees) 40 50 60 Angle (Degrees) **Right Side Curves** Left Side Curves Isokinetic Con/Con Plantarflexors (Con) Dorsiflexors (Con) Speed 180/180 deg/sec 10 Reps Value Cof Var %BW Value Cof Var %BW Ratio **TORQUE PARAMETERS** Peak Torque (Foot-Pounds - Best Repetition) 6 14 0.29 9 140 Right 10 0.17 Left 10 6 0.07 5 0.16 8 80 Deficit 43 Work per Repetition (Foot-Pounds - Best Repetition) Right 6 7 0.20 4 0.18 4 86 0.20 2 6 4 4 67 Left 0.10 Deficit 14 33 Average Power per Repetition (Watts - Best Repetition) Right 11 16 0.22 10 94 7 69 Left 16 0.24 10 11 0.14 31 Deficit 6 **POSITION PARAMETERS** Joint Angle at Peak Torque (Degrees) -0.3252 0.09 Left -16 -0.2937 0.07 Range of Motion (Degrees) 0.00 0.00 Right 56 -18 Left 41 0.00 -26 0.00 TIME PARAMETERS Time to Peak Torque (Seconds) 0.09 0.92 0.17 0.09 Right Left 0.17 0.12 0.25 0.41 Time Peak Torque Held (Seconds) Right 0.02 1.15 0.03 1.04 Left 0.00 2.11 0.05 2.28 Force Decay Time (Seconds) 0.15 Right 0.39 0.15 0.45 0.38 0.39 0.09 Left 0.17 Reciprocal Delay (Seconds) Right 0.06 0.09 0.05 0.14 0.05 0.06 Left 0.08 0.11 **Delay Time (Seconds)** -0.03-0.35-0.03 Right -0.18Left -0.03 -0.21-0.03 -0.29HUMAC® /2009 Version: 10.000.0059 Copyright Computer Sports Medicine, Inc., 1982-2013. www.csmisolutions.com

Long Form Torque vs. Position Report - Knee Extension/Flexion Ruttencutter, Taylor ID: HS375017 Right/Left: 1/ **Right/Left:** 1/17/2025 1/17/2025 Name: Birth date: 12/1/2005 Involved Side: Left Group 1: Height: 65 Inches **Preferred Side:** Right Group 2:

Weight: 160 Pounds **Doctor:** Gender: Tester: Female

Diagnosis: Surgery:

Long Form Torque vs. Position Report - Knee Extension/Flexion Ruttencutter, Taylor **ID**: Name: HS375017 Right/Left: 1/17/2025 1/17/2025 Flexors (Con) Extensors (Con) 140 140 130 130 120 120 110 110 100 100 90 90 Torque (Foot-Pounds) Torque (Foot-Pounds) 80 80 70 70 60 60 50 50 40 40 30 30 20 20 10 10 0 60 Angle (Degrees) 80 100 20 60 Angle (Degrees) 80 100 **Right Side Curves** Left Side Curves Isokinetic Con/Con Extensors (Con) Flexors (Con) Speed 60/60 deg/sec 5 Reps Value Cof Var %BW Value Cof Var %BW Ratio **TORQUE PARAMETERS** Peak Torque (Foot-Pounds - Best Repetition) 85 76 0.10 48 Right 136 0.30 56 Left 90 57 0.05 36 0.08 56 63 Deficit 25 Work per Repetition (Foot-Pounds - Best Repetition) Right 84 0.07 52 140 0.35 88 60 0.10 97 62 39 Left 61 0.06 64 Deficit 26 31 Average Power per Repetition (Watts - Best Repetition) 74 Right 128 80 0.12 46 58 0.13 Left 88 55 58 0.07 36 66 22 Deficit 31 **POSITION PARAMETERS** Joint Angle at Peak Torque (Degrees) 0.14 40 0.18 Left 52 0.13 20 0.37 Range of Motion (Degrees) 0.04 Right 15 0.30 105 Left 1 0.90 88 0.06 TIME PARAMETERS Time to Peak Torque (Seconds) 0.69 0.31 0.50 0.27 Right Left 0.58 0.37 0.20 0.38 Time Peak Torque Held (Seconds) Right 0.04 1.16 0.05 1.39 Left 0.04 0.86 0.01 0.91 Force Decay Time (Seconds) Right 0.80 0.15 1.03 0.12 0.82 0.13 1.08 Left 0.15 Reciprocal Delay (Seconds) Right 0.05 0.23 0.05 0.16 0.05 0.00 Left 0.07 0.24 **Delay Time (Seconds)** -0.03-0.27-0.03 -0.24Right Left -0.03 0.00 -0.03 -0.16HUMAC® /2009 Version: 10.000.0059 Copyright Computer Sports Medicine, Inc., 1982-2013. www.csmisolutions.com

Long Form Torque vs. Position Report - Knee Extension/Flexion Name: Ruttencutter, Taylor ID: HS375017 Right/Left: 1/17/2025 1/17/2025 Flexors (Con) Extensors (Con) 140 140 130 130 120 120 110 110 100 100 90 90 Torque (Foot-Pounds) Torque (Foot-Pounds) 80 80 70 70 60 60 50 50 40 40 30 30 20 20 10 10 20 0 60 Angle (Degrees) 80 100 20 60 80 100 Angle (Degrees) **Right Side Curves** Left Side Curves Isokinetic Con/Con Extensors (Con) Flexors (Con) Speed 180/180 deg/sec 10 Reps Value Cof Var %BW Value Cof Var %BW Ratio **TORQUE PARAMETERS** Peak Torque (Foot-Pounds - Best Repetition) 50 41 0.12 26 51 Right 80 0.33 Left 39 0.08 24 71 55 0.21 34 5 Deficit Work per Repetition (Foot-Pounds - Best Repetition) Right 54 97 0.35 61 0.12 34 56 24 59 0.24 38 64 Left 37 0.13 Deficit 30 39 Average Power per Repetition (Watts - Best Repetition) 102 Right 183 114 0.13 64 56 62 Left 135 0.27 84 84 0.13 52 Deficit 18 26 **POSITION PARAMETERS** Joint Angle at Peak Torque (Degrees) 0.12 45 0.23 Left 64 0.07 26 0.22 Range of Motion (Degrees) -2 109 Right -0.03 0.01 Left 1 0.03 94 0.00 TIME PARAMETERS Time to Peak Torque (Seconds) 0.33 0.14 0.33 0.19 Right Left 0.18 0.21 0.20 0.14 Time Peak Torque Held (Seconds) Right 0.01 0.29 0.01 0.94 Left 0.02 1.01 0.00 2.25 Force Decay Time (Seconds) Right 0.39 0.11 0.39 0.16 0.38 0.06 0.41 0.08 Left Reciprocal Delay (Seconds) Right 0.05 0.21 0.04 80.0 0.04 Left 0.04 0.20 0.12 **Delay Time (Seconds)** -0.03-0.21-0.02-0.21Right Left 0.02 0.93 -0.03 -0.21HUMAC® /2009 Version: 10.000.0059 Copyright Computer Sports Medicine, Inc., 1982-2013. www.csmisolutions.com